Docetaxel-loaded solid lipid nanoparticles prevent tumor growth and lung metastasis of 4T1 murine mammary carcinoma cells

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• Nanoparticle: SLN-DTX (Fig. 1a)
    - SLN = solid lipidic nanoparticles
        * Lipidic matrix = Compritol 888 ATO
        * Surfactants = Pluronic F127 + Span 80
    -DTX = docetaxel (chemotherapeutic agent, Fig. 1b)
• Preparation: high-energy method
• Characterization:
    - DLS
        * zeta potential (\zeta)
        * hydrodynamic diameter (HD)
        * polydispersity index (PDI)
    - Stability
        * time (Fig. 2a)
        * storage (varying temperatures, Fig. 2b)
        * biological media (water, PBS, cell media, and serum)
    - SLN-DTX morphology and mean size (TEM, Fig. 2c)
    - Drug release (Fig. 2d)
        * pH 7.4 (physiological environment)
        * pH 5.0 (acidic tumor cell intracellular environment)
    - Presence/absence of DTX in SLN-DTX
        * FTIR (Fig. 3a)
        * Raman (Fig. 3b)
        * DSC (Fig. 3c, Table 1)
    - Cytotoxicity
        * MTT: 24 h and 48 h incubation
        * Cancer cells: 4T1 (Fig. 4a, b) and MCF7 (Fig. 5a, b)
        * Healthy cells: NIH-3T3 (Fig. 4c, d) and HNTMCs (Fig. 5c, d)
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- Cell morphology (healthy and 4T1, before and after exposure to DTX or SLN-DTX)
 - * Light (phase contrast) microscopy (Fig. 6a)
 - * SEM (**Fig. 6b**)
- Cell cycle arrest (G2/M phase, **Fig. 7a**)
- Number of apoptotic cells (Annexin V | propidium iodide, Fig. 7b)
 - * viable: | -
 - * necrosis: | +
 - * early apoptosis: + | -
 - * late apoptosis: + | +
- Cell morphology (4T1 cells, untreated or treated with DTX or SLN-DTX)
 - * Immunofluorescence staining (Fig. 8)
 - * tubulin (cytoskeleton)
 - * DAPI (nucleus)
- In vitro uptake
 - * Internalization and ultrastructure features (TEM, Fig. 9a)
 - * HPLC method for quantifying the amount of DTX uptaken by the cells (Fig. 9b)
- Entrapment efficiency (EE%)

Entrapment efficiency (EE%) =
$$\frac{\text{mass of DTX in SLNs}}{\text{mass of DTX used in SLNs preparation}} \times 100$$

- Drug loading (DL%)

Drug loading (DL%) =
$$\frac{\text{mass of DTX in SLNs}}{\text{mass of SLNs}} \times 100$$

- In vivo assays (female Balb/c mice with subcutaneously induced 4T1 solid tumors)
 - * 5 groups (healthy, PBS, DTX, SLN, and SLN-DTX)
 - * 5 doses (1 every 4 days)
 - * Tumor growth over time (Fig. 10a)
 - * Animal mass (index of systemic toxicity, **Fig. 10b**)
 - * Hematological and biochemical assays
 - * Lung metastasis (number of visible nodules + histopathology, Fig. 11a-c)
 - * IL-6 expression: pro-inflammatory cytokine, biomarker for cancer in development, progress, and metastasis (Fig. 11d)
 - * Ki-67 expression: cell cycle regulatory protein, biomarker for cell proliferation (lungs, Fig. 12a-c; tumor: Fig. 12d-f)
 - * Bcl-2 expression: protein encoded by *Bcl-2* protooncogene, biomarker for advanced metastatic cancer (lungs, **Fig. 12a-c**; tumor: **Fig. 12d-f**)