

What is First Aid?

First Aid is emergency care or treatment to an injured or ill person using readily available materials before regular medical attention can be obtained. First Aid is intended to preserve life, prevent further injury and promote recovery.

Anyone can take charge of an emergency scene and provide first aid.

Ambulance personnel, police officers, and firefighters may be called to the scene of an emergency and are known as “first responders”. It is their job to respond to an emergency. They are trained to take charge of a scene as soon as they arrive. You can expect them to ask direct questions about the scene,

