



## Campus Health

A healthy lifestyle is an important part of maintaining your grades, succeeding in your internship and growing at GW. We have plenty of resources to keep you healthy and active. Our [Student Health Center](#) offers confidential medical and mental health services, as well as health promotion and prevention services. You can exercise at our [Lerner Health & Wellness Center](#), which includes fitness programs and facilities to meet most every athletic interest.

Want to get active outdoors? You'll find athletic fields and tennis courts, a six-lane swimming pool and multiple green spaces on our [Mount Vernon Campus](#).

Our [Foggy Bottom Campus](#) is just blocks away from the National Mall's iconically beautiful [running and walking routes](#) and open lawns perfect for club sports like ultimate frisbee, softball and even cricket.

## Use Campus Resources to Stay Healthy



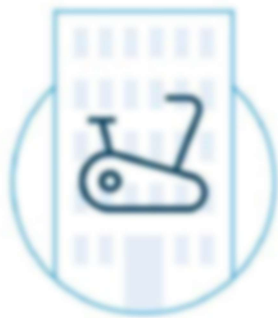
## **Student Health Center**

As a GW student, you can visit the Student Health Center for confidential services for your medical and mental health needs. You can also enroll in programs to learn more about health and prevention behaviors to enhance your quality of life. Our staff of medical providers have the training, experience and a commitment for service to college health.



## **Title IX Office**

The Title IX team is dedicated to providing members of the GW community with professional support regarding sexual assault, relationship abuse and harassment. Mandatory student trainings, workshops and other resources are also provided to ensure that the community is informed about ways to reduce risk and create a safe environment for all.



## **Lerner Health & Wellness Center**

If you want to work out on the Foggy Bottom campus, “Hel Well” has everything you need. You’ll find a variety of cardio and strength training equipment, two large gyms with a suspended track, a studio for group fitness, dance and sport conditioning, a lap pool, racquetball courts, a massage therapy space and more.

## Get Involved on Campus



Club & Intramural Sports



Recycle on Campus



[Volunteer in the GroW Garden](#)

[Find a Program](#)

[Interactive Campus Map](#)

[Athletics](#)

[Give to GW](#)



[Contact GW](#)

[Undergraduate Visits](#)

[Graduate Visits](#)

[Apply](#)

[GW Careers](#)

[Campus Advisories](#)

[Resources for Undocumented Individuals](#)

[Calendars](#)

[Accessibility](#)

[Consumer Information](#)

[GW Today](#)

[GW Magazine](#)

[Media Room](#)

[Copyright](#)

[Terms of Use](#)

GW is committed to digital accessibility. If you experience a barrier that affects your ability to access content on this page, let us know via the [Accessibility Feedback Form](#).

---

---

The George Washington University  
1918 F Street, NW  
Washington, DC 20052  
202-994-1000