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## Nirdesh Silwal (Nepali: निर्देश सिलवाल)

**Nirdesh Silwal** (Nepali: निर्देश सिलवाल) is a Nepalese politician, academic ([Gold Medalist](#)), and political scientist. He is currently a doctoral candidate in [International Relations](#) at the [South Asian University](#) (SAU) in New Delhi<sup>[1]</sup> and serves as a Central Committee member (**CCM**) of the [Ujyalo Nepal Party](#).<sup>[2][3]</sup> Silwal previously served as the General Secretary (*Mahamantri*) of the [Bibeksheel Nepali Dal](#), a prominent alternative political force in Nepal, following its 2019 reformation.<sup>[4][5]</sup>

## Early Life and Education

Silwal's higher education spans institutions in Europe and South Asia, reflecting a focus on global governance and political systems.

- Undergraduate: He completed his undergraduate studies in Global Political Studies ([International Relations](#)) at [Malmö University](#) in Sweden.<sup>[6]</sup>
- Postgraduate: He obtained a Master's degree in [Political Science](#) from [Tribhuvan University](#), Nepal. He is distinguished as an [Academic Gold Medalist](#) for securing the highest academic rank in his graduating cohort.<sup>[7]</sup>
- Doctoral: As of 2024, Silwal is a PhD candidate at the Department of International Relations, [South Asian University \(SAU\)](#), New Delhi. His research focuses on democratization, geopolitical dynamics, and civic space in South Asia.<sup>[1]</sup>

**Nirdesh Silwal**

निर्देश सिलवाल



A Portrait of Nirdesh Silwal in 2025

**Central Committee Member  
Ujyalo Nepal Party**

**Incumbent**

**Assumed office**

November 2025

**Leader** [Kulman Ghising](#)

**Chief Advisor  
Ministry of Youth and Sports (Nepal)**

**In office**

6 March 2024 – 15 July 2024

**Minister** [Biraj Bhakta Shrestha](#)

**General Secretary  
Bibeksheel Nepali**

**In office**

October 2019 – 2021

**Lecturer of International Relations and Political Science**

## Academic Career

Silwal has an extensive background in academia, having lectured at prominent institutions in Nepal. From February 2018 to August 2024, he served as a Lecturer of International Relations and Political Science for the BALLB program at National Law College (<https://www.nalc.edu.np/>), affiliated with Tribhuvan University.<sup>[8]</sup> Additionally, he taught Political Science to BBA and BBIS students at Little Angels' College of Management (LACM) (<https://www.lacm.edu.np/>), affiliated with Kathmandu University. His research interests include democratization, civic space, and Nepal's geopolitical dynamics.<sup>[9]</sup>

He has contributed to academic discourse through various research papers and articles. His works include analyses of Nepal's democratic transition and the role of civil society. He had participated as a distinguished fellow in the Professional Fellows Program (PFP) (<https://exchanges.state.gov/non-us-program/professional-fellows-program>) in fall, 2019 in the USA.

## Political Career

Contesting twice for the federal elections in 2017 and 2022, he has expanded his leadership acumen and experiences of grassroot politics in Nepal. Silwal has already served in various capacities to the alternative political movement (Bibeksheel Nepali/ Bibeksheel-Sajha Party) in Nepal: elected Secretary-General, Coordinator of party's constitution drafting committee, Head of party's Negotiation Committee, and Head of the Central Organization Department, among others.

## Bibeksheel Nepali (2019–2021)

Silwal has been active in the alternative politics sphere since 2012–2013, involving himself early in the Bibeksheel Nepali movement. He formally entered electoral politics during the 2017 Nepalese general election, where he contested as a candidate for the House of Representatives from Lamjung District. Following the party's split from the Bibeksheel Sajha Party in early 2019, Silwal played a key role in

### In office

17 February 2018 – 1 August 2024

**Lecturer of Political Science**  
Little Angels' College of Management,  
Kathmandu University

### Personal details

<b>Born</b>	February 8, 1990 <u>Lamjung District, Nepal</u>
<b>Party</b>	<u>Ujyalo Nepal Party</u> (2025–present)
<b>Other political affiliations</b>	<u>Bibeksheel Sajha Party</u> (2019–2021)
<b>Education</b>	<u>South Asian University</u> (PhD candidate) <u>Tribhuvan University</u> (MA - Political Science) <u>Malmö University</u> (BA - Global Political Studies (International Relations))
<b>Alma mater</b>	<u>Malmö University</u> <u>South Asian University</u> <u>Tribhuvan University</u> <u>Nepal Law Campus</u> <u>National School of Sciences, Lainchour</u> <u>Bhu-Pu Sainik Awasiya Ma. Vi.</u>
<b>Occupation</b>	<u>Politician, Researcher, Academic</u>
<b>Awards</b>	<u>Gold Medal in Political Science, Tribhuvan University</u>
<b>Website</b>	<a href="https://www.facebook.com/nirdesh.silwal">www.facebook.com/nirdesh.silwal</a> ( <a href="https://www.facebook.com/nirdesh.silwal">https://www.facebook.com/nirdesh.silwal</a> ) <a href="https://www.linkedin.com/in/nirdeshsilwal/">www.linkedin.com/in/nirdeshsilwal/</a> ( <a href="https://www.linkedin.com/in/nirdeshsilwal/">https://www.linkedin.com/in/nirdeshsilwal/</a> )

reorganizing the Bibeksheel Nepali Dal. During the General Convention in Janakpur (October 2019), he was elected as the **General Secretary** (Mahamantri).<sup>[4]</sup> In this role, he advocated for "virtuous politics" (*Sanskritik Rajniti*) and structural reforms within the party.<sup>[5]</sup>

## Independent Activism (2021-2025)

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Following internal shifts in the alternative political landscape, Silwal remained active as an independent political voice. Reports indicate he has engaged in independent electoral activities prior to his current affiliation.<sup>[10]</sup>

## Advisor to the Ministry of Youth and Sports

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In March 2024, following the appointment of Biraj Bhakta Shrestha as the Minister of Youth and Sports, Silwal was appointed as an Advisor to the Ministry. He served in this capacity from March 6, 2024, until the change of government in July 2024. During his tenure, he was part of the core team responsible for policy formulation, focusing on sports governance reforms and youth engagement strategies. He worked closely with Minister Shrestha to address systemic issues within Nepal's sports administration, advocating for transparency and the depoliticization of sports bodies. His role often involved bridging the gap between political leadership and technical stakeholders in the sports sector.

## Ujyalo Nepal Party (2025–Present)

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In November 2025, Silwal formally joined the Ujyalo Nepal Party (Ujyalo Party), a newly consolidated political force associated with Energy Minister Kulman Ghising.<sup>[2]</sup> He was appointed as a Central Committee Member representing the party's technocratic and youth wing. Recent reports list Silwal as a **Central Committee Member** representing the Lamjung District.<sup>[3]</sup>

Silwal has publicly announced his intention to contest in upcoming legislative elections representing the Ujyalo Party. His political platform focuses on energy security, good governance, and evidence-based policymaking. The party, led officially by former secretary Anup Kumar Upadhyaya with the backing of Ghising, aims to consolidate independent political figures and technocrats. Silwal is one of the key office-bearers in the party's 51-member central committee.<sup>[2]</sup>

## See Also

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- Kulman Ghising
- Political Science
- South Asian University
- Politics of Nepal
- International Relations

## References

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