



Certificate no: UC-e39c1556-fa4d-4f4f-b3e6-22b678522eb0

Certificate url: ude.my/UC-e39c1556-fa4d-4f4f-b3e6-22b678522eb0

Reference Number: 0004

CERTIFICATE OF COMPLETION

Stress Management: 40+ easy ways to deal with stress

Instructors **Gregory Caremans - Brain Academy**

Aayank Singhai

Date **May 10, 2022**

Length **1 total hour**