## 5000 Questions & Answers on Ayurveda

## **Basic Principles of Ayurveda**

- Q1: What does Ayurveda say about basic principles of ayurveda?
- A1: Ayurveda teaches that basic principles of ayurveda is crucial for maintaining balance, preventing di
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- Q916: What does Ayurveda say about basic principles of ayurveda?
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- Q930: What does Ayurveda say about basic principles of ayurveda?
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Q931: What does Ayurveda say about basic principles of ayurveda?

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Q1000: What does Ayurveda say about basic principles of ayurveda?

A1000: Ayurveda teaches that basic principles of ayurveda is crucial for maintaining balance, preventing

## Doshas (Vata, Pitta, Kapha)

Q1001: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1001: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1002: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1002: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1003: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1003: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1004: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1004: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1005: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1005: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1006: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1006: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1007: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1007: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1008: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1008: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1009: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1009: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1010: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1010: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1011: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1011: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1012: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1012: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1013: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1013: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1014: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1014: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1015: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1015: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1016: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1016: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1017: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1017: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1018: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1018: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1019: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1019: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1020: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1020: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1021: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1021: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1022: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1022: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1023: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1023: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1024: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1024: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1025: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1025: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1026: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1026: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1027: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1027: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1028: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1028: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1029: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1029: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1030: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1030: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1031: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1031: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1032: What does Ayurveda say about doshas (vata, pitta, kapha)?

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A1038: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

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- Q1168: What does Ayurveda say about doshas (vata, pitta, kapha)?
- A1168: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing
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Q1303: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1303: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1304: What does Ayurveda say about doshas (vata, pitta, kapha)?

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Q1305: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1305: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1306: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1306: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1307: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1307: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1308: What does Ayurveda say about doshas (vata, pitta, kapha)?

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Q1309: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1309: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1310: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1310: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

- Q1311: What does Ayurveda say about doshas (vata, pitta, kapha)?
- A1311: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing
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A1992: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

Q1993: What does Ayurveda say about doshas (vata, pitta, kapha)?

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## **Herbal Medicines & Remedies**

Q2001: What does Ayurveda say about herbal medicines & remedies?

A2001: Ayurveda teaches that herbal medicines & remedies is crucial for maintaining balance, preventi

Q2002: What does Ayurveda say about herbal medicines & remedies?

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Q2003: What does Ayurveda say about herbal medicines & remedies?

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## **Ayurvedic Diet & Nutrition**

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Q3991: What does Ayurveda say about ayurvedic diet & nutrition?

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## **Disease Prevention & Treatment**

Q4001: What does Ayurveda say about disease prevention & treatment?

A4001: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4002: What does Ayurveda say about disease prevention & treatment?

A4002: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

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A4003: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4004: What does Ayurveda say about disease prevention & treatment?

A4004: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, prevention

Q4005: What does Ayurveda say about disease prevention & treatment?

A4005: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4006: What does Ayurveda say about disease prevention & treatment?

A4006: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4007: What does Ayurveda say about disease prevention & treatment?

A4007: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, prevention

Q4008: What does Ayurveda say about disease prevention & treatment?

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Q4009: What does Ayurveda say about disease prevention & treatment?

A4009: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4010: What does Ayurveda say about disease prevention & treatment?

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Q4011: What does Ayurveda say about disease prevention & treatment?

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Q4101: What does Ayurveda say about disease prevention & treatment?

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Q4102: What does Ayurveda say about disease prevention & treatment?

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Q4108: What does Ayurveda say about disease prevention & treatment?

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Q4109: What does Ayurveda say about disease prevention & treatment?

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Q4110: What does Ayurveda say about disease prevention & treatment?

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Q4113: What does Ayurveda say about disease prevention & treatment?

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Q4297: What does Ayurveda say about disease prevention & treatment?

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Q4675: What does Ayurveda say about disease prevention & treatment?

A4675: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

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A4863: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, prevention

Q4864: What does Ayurveda say about disease prevention & treatment?

A4864: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4865: What does Ayurveda say about disease prevention & treatment?

A4865: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

Q4866: What does Ayurveda say about disease prevention & treatment?

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Q4867: What does Ayurveda say about disease prevention & treatment?

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Q4868: What does Ayurveda say about disease prevention & treatment?

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Q4869: What does Ayurveda say about disease prevention & treatment?

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Q4870: What does Ayurveda say about disease prevention & treatment?

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Q4871: What does Ayurveda say about disease prevention & treatment?

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Q4872: What does Ayurveda say about disease prevention & treatment?

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A4882: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, prevention

Q4883: What does Ayurveda say about disease prevention & treatment?

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Q4998: What does Ayurveda say about disease prevention & treatment?

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Q5000: What does Ayurveda say about disease prevention & treatment?

A5000: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preve

## Panchakarma & Detoxification

Q5001: What does Ayurveda say about panchakarma & detoxification?

A5001: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q5002: What does Ayurveda say about panchakarma & detoxification?

A5002: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q5003: What does Ayurveda say about panchakarma & detoxification?

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Q5004: What does Ayurveda say about panchakarma & detoxification?

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Q5005: What does Ayurveda say about panchakarma & detoxification?

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Q5006: What does Ayurveda say about panchakarma & detoxification?

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Q5007: What does Ayurveda say about panchakarma & detoxification?

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Q5008: What does Ayurveda say about panchakarma & detoxification?

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Q5009: What does Ayurveda say about panchakarma & detoxification?

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Q5010: What does Ayurveda say about panchakarma & detoxification?

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Q5011: What does Ayurveda say about panchakarma & detoxification?

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Q5047: What does Ayurveda say about panchakarma & detoxification?

A5047: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q5048: What does Ayurveda say about panchakarma & detoxification?

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- Q5112: What does Ayurveda say about panchakarma & detoxification?
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Q5215: What does Ayurveda say about panchakarma & detoxification?

A5215: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q5216: What does Ayurveda say about panchakarma & detoxification?

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Q5892: What does Ayurveda say about panchakarma & detoxification?

A5892: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q5893: What does Ayurveda say about panchakarma & detoxification?

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A5999: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

Q6000: What does Ayurveda say about panchakarma & detoxification?

A6000: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent