

5000 Questions & Answers on Ayurveda

Basic Principles of Ayurveda

Q1: What does Ayurveda say about basic principles of ayurveda?

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A1000: Ayurveda teaches that basic principles of ayurveda is crucial for maintaining balance, preventing

Q1001: What does Ayurveda say about doshas (vata, pitta, kapha)?

A1001: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

A1002: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

A1003: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

A1004: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

A1005: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

A1006: Ayurveda teaches that doshas (vata, pitta, kapha) is crucial for maintaining balance, preventing

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Q2111: What does Ayurveda say about herbal medicines & remedies?

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Q2118: What does Ayurveda say about herbal medicines & remedies?

Q2119: What does Ayurveda say about herbal medicines & remedies?

Q2120: What does Ayurveda say about herbal medicines & remedies?

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Q2301: What does Ayurveda say about herbal medicines & remedies?

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Q2584: What does Ayurveda say about herbal medicines & remedies?

Q2585: What does Ayurveda say about herbal medicines & remedies?

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Q2601: What does Ayurveda say about herbal medicines & remedies?

Q2602: What does Ayurveda say about herbal medicines & remedies?

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A2736: Ayurveda teaches that herbal medicines & remedies is crucial for maintaining balance, preventing

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Q2926: What does Ayurveda say about herbal medicines & remedies?

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A2983: Ayurveda teaches that herbal medicines & remedies is crucial for maintaining balance, preventing

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Q3001: What does Ayurveda say about ayurvedic diet & nutrition?

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Q3401: What does Ayurveda say about ayurvedic diet & nutrition?

Q3402: What does Ayurveda say about ayurvedic diet & nutrition?

Q3403: What does Ayurveda say about ayurvedic diet & nutrition?

Q3404: What does Ayurveda say about ayurvedic diet & nutrition?

Q3405: What does Ayurveda say about ayurvedic diet & nutrition?

Q3406: What does Ayurveda say about ayurvedic diet & nutrition?

Q3407: What does Ayurveda say about ayurvedic diet & nutrition?

Q3408: What does Ayurveda say about ayurvedic diet & nutrition?

Q3409: What does Ayurveda say about ayurvedic diet & nutrition?

Q3410: What does Ayurveda say about ayurvedic diet & nutrition?

Q3411: What does Ayurveda say about ayurvedic diet & nutrition?

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A4000: Ayurveda teaches that ayurvedic diet & nutrition is crucial for maintaining balance, preventing d

Q4001: What does Ayurveda say about disease prevention & treatment?

A4001: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4002: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4003: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4007: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4008: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4066: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4067: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4068: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4069: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4070: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4071: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4074: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4075: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4353: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

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A4356: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4357: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4358: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4359: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health and well-being.

A4360: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4361: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4362: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4363: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4364: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4365: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health and well-being.

A4366: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

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A4368: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4380: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

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A4693: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4694: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4700: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4702: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

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A4806: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4959: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4960: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

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A4976: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4977: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4997: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

A4998: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A4999: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing disease, and promoting overall health.

A5000: Ayurveda teaches that disease prevention & treatment is crucial for maintaining balance, preventing

Q5001: What does Ayurveda say about panchakarma & detoxification?

A5001: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5002: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5003: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5004: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5005: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5006: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5007: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5008: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5009: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5010: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5011: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5012: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5013: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5014: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5015: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

Q5415: What does Ayurveda say about panchakarma & detoxification?

Q5416: What does Ayurveda say about panchakarma & detoxification?

Q5417: What does Ayurveda say about panchakarma & detoxification?

Q5418: What does Ayurveda say about panchakarma & detoxification?

Q5419: What does Ayurveda say about panchakarma & detoxification?

Q5420: What does Ayurveda say about panchakarma & detoxification?

Q5421: What does Ayurveda say about panchakarma & detoxification?

Q5422: What does Ayurveda say about panchakarma & detoxification?

Q5423: What does Ayurveda say about panchakarma & detoxification?

Q5424: What does Ayurveda say about panchakarma & detoxification?

Q5425: What does Ayurveda say about panchakarma & detoxification?

Q5426: What does Ayurveda say about panchakarma & detoxification?

Q5427: What does Ayurveda say about panchakarma & detoxification?

Q5428: What does Ayurveda say about panchakarma & detoxification?

Q5429: What does Ayurveda say about panchakarma & detoxification?

Q5430: What does Ayurveda say about panchakarma & detoxification?

Q5431: What does Ayurveda say about panchakarma & detoxification?

Q5432: What does Ayurveda say about panchakarma & detoxification?

Q5433: What does Ayurveda say about panchakarma & detoxification?

A5472: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5473: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5474: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5475: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5476: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5477: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5478: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5479: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5480: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5481: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5482: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5483: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5484: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5485: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5486: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5487: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5488: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5489: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5490: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5700: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5701: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5702: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5703: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5704: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5705: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5706: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5707: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5708: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5709: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5710: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5711: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5712: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5713: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5714: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5715: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5716: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5717: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5718: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

Q5719: What does Ayurveda say about panchakarma & detoxification?

Q5720: What does Ayurveda say about panchakarma & detoxification?

Q5721: What does Ayurveda say about panchakarma & detoxification?

Q5722: What does Ayurveda say about panchakarma & detoxification?

Q5723: What does Ayurveda say about panchakarma & detoxification?

Q5724: What does Ayurveda say about panchakarma & detoxification?

Q5725: What does Ayurveda say about panchakarma & detoxification?

Q5726: What does Ayurveda say about panchakarma & detoxification?

Q5727: What does Ayurveda say about panchakarma & detoxification?

Q5728: What does Ayurveda say about panchakarma & detoxification?

Q5729: What does Ayurveda say about panchakarma & detoxification?

Q5730: What does Ayurveda say about panchakarma & detoxification?

Q5731: What does Ayurveda say about panchakarma & detoxification?

Q5732: What does Ayurveda say about panchakarma & detoxification?

Q5733: What does Ayurveda say about panchakarma & detoxification?

Q5734: What does Ayurveda say about panchakarma & detoxification?

Q5735: What does Ayurveda say about panchakarma & detoxification?

Q5736: What does Ayurveda say about panchakarma & detoxification?

Q5737: What does Ayurveda say about panchakarma & detoxification?

Q5757: What does Ayurveda say about panchakarma & detoxification?

Q5758: What does Ayurveda say about panchakarma & detoxification?

Q5759: What does Ayurveda say about panchakarma & detoxification?

Q5760: What does Ayurveda say about panchakarma & detoxification?

Q5761: What does Ayurveda say about panchakarma & detoxification?

Q5762: What does Ayurveda say about panchakarma & detoxification?

Q5763: What does Ayurveda say about panchakarma & detoxification?

Q5764: What does Ayurveda say about panchakarma & detoxification?

Q5765: What does Ayurveda say about panchakarma & detoxification?

Q5766: What does Ayurveda say about panchakarma & detoxification?

Q5767: What does Ayurveda say about panchakarma & detoxification?

Q5768: What does Ayurveda say about panchakarma & detoxification?

Q5769: What does Ayurveda say about panchakarma & detoxification?

Q5770: What does Ayurveda say about panchakarma & detoxification?

Q5771: What does Ayurveda say about panchakarma & detoxification?

Q5772: What does Ayurveda say about panchakarma & detoxification?

Q5773: What does Ayurveda say about panchakarma & detoxification?

Q5774: What does Ayurveda say about panchakarma & detoxification?

Q5775: What does Ayurveda say about panchakarma & detoxification?

A5947: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5948: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5949: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5950: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5951: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

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A5954: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5955: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, prevent

A5956: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

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A5960: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5961: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5962: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5963: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5964: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

A5965: Ayurveda teaches that panchakarma & detoxification is crucial for maintaining balance, preventing

