



American Chop Suey



This is a quick recipe using 'canned' spaghetti. We always ate in on Friday nights before we would go to the football games. It is also excellent when served the next day, as the flavors have a chance to mix.

By Susan Wright

Prep: 5 mins

Cook: 15 mins

Total: 20 mins

Servings: 8

Yield: 8 servings



Ingredients

1 pound lean ground beef

½ cup chopped celery

½ cup chopped onion

1 (14.5 ounce) can stewed tomatoes

2 (15 ounce) cans spaghetti with sauce

Directions

Step 1

In a large skillet, brown the beef with the celery and onion until the onion is tender. Add the tomatoes and spaghetti and heat, stirring all together. Serve with garlic bread and a dinner salad if desired. SO easy!

Nutrition Facts

Per Serving:

249.2 calories; protein 13g 26% DV; carbohydrates 20.7g 7% DV; fat 12.5g 19% DV; cholesterol 45.8mg 15% DV; sodium 564.5mg 23% DV.

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