



## Becky's Chicken Salad



A delicious, rich and tasty cold chicken salad! Whipped cream gives this a lift. Serve on a lettuce leaf or in sandwiches.

By Becky Riley

**Prep:** 20 mins

**Total:** 20 mins

**Servings:** 10

**Yield:** 10 servings



### Ingredients

2 ½ cups diced and chilled, cooked chicken meat  
1 cup chopped celery  
1 cup sliced, seedless grapes  
½ cup sliced almonds  
2 tablespoons chopped fresh parsley  
1 teaspoon salt  
1 cup mayonnaise  
¼ cup heavy whipping cream

### Directions

#### Step 1

In a medium bowl, whip cream to soft peaks.

#### Step 2

Combine meat, celery, grapes, almonds, parsley, salt, and mayonnaise with whipped cream. Chill.

### Editor's Note:

Try this recipe with leftover turkey, too.

### Nutrition Facts

#### Per Serving:

274 calories; protein 11g 22% DV; carbohydrates 5g 2% DV; fat 23.6g 36% DV; cholesterol 42.8mg 14% DV; sodium 388mg 16% DV.

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