**Week 5 Assignment**

Aayush K.C.

Presidential Business School, Kathmandu, Nepal

IST 301: Speech, Debate and Ethics

Prof Shrestha

July 31,2022

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| Resolution | Marijuana should be legalized. |
| Case line | The benefits of marijuana ranges from health to wealth. |
| Argument 1 | A: Marijuana should be legalized.  R: Marijuana is a recreational drug which has medical benefits. People having mental health problems like anxiety disorder can use medical marijuana to relax and clam themselves.  E: In a study conducted in California with a sample of 1746 patients it was found that 37.8% found marijuana to relive anxiety, 16.9% to relive panic attacks and 55.1% to improve relaxation (Stoner, S., 2017).  I: Adults suffering from mental health problems like anxiety, panic attacks can use marijuana to be relived. |
| Argument 2 | A: Marijuana should be legalized.  R: Legalization of marijuana can stop black market trading and can contribute to the economy of the country.  E: According to data provided by Narcotics Control Bureau of Nepal police seized 1970 kg of marijuana in the first five months of fiscal year 2019-2020 (Lamichhane, R., 2021). A kilo of marijuana costs around 7000 rupees.  I: Legalization could stop the black mart trade and reduce the price, increasing the economy benefits to the farmers as well as the country in whole. |

**References**

Lamichhane, R. (2021, April 21). *Opinion | Legalise marijuana*. The Kathmandu Post. https://kathmandupost.com/columns/2021/04/21/legalise-marijuana

Stoner, S. (2017, June). *Effects of Marijuana on Mental Health: Anxiety Disorders*. University of Washington. https://adai.uw.edu/pubs/pdf/2017mjanxiety.pdf