

Standardized Assessment of Personality Abbreviated Scale

Only circle Y (yes) or N (no) in the case of question 3) if the patient thinks that the description applies most of the time and in most situations.

1. In general, do you have difficulty making and keeping friends? Y / N
(yes=1, no=0)
2. Would you normally describe yourself as a loner? Y / N
(yes=1, no=0)
3. In general, do you trust other people? Y / N
(yes=1, no=0)
4. Do you normally lose your temper easily? Y / N
(yes=1, no=0)
5. Are you normally an impulsive sort of person? Y / N
(yes=1, no=0)
6. Are you normally a worrier? Y / N
(yes=1, no=0)
7. In general, do you depend on others a lot? Y / N
(yes=1, no=0)
8. In general, are you a perfectionist? Y / N
(yes=1, no=0)