

## CTQ

**The following questions ask about some of your experiences growing up as a child and a teenager. Although these questions are of a personal nature, please try to answer as honestly as you can. For each question, circle the response that best describes how you feel. Your answers will be kept confidential.**

<b>When I was growing up...</b>	<b>Never True</b>	<b>Rarely True</b>	<b>Sometimes True</b>	<b>Often True</b>	<b>Very Often True</b>
1. I didn't have enough to eat.	1	2	3	4	5
2. I knew there was someone to take care of me and protect me.	1	2	3	4	5
3. People in my family called me things like "stupid," "lazy," or "ugly."	1	2	3	4	5
4. My parents were too drunk or high to take care of the family.	1	2	3	4	5
5. There was someone in my family who helped me feel that I was important or special.	1	2	3	4	5
6. I had to wear dirty clothes.	1	2	3	4	5
7. I felt loved.	1	2	3	4	5
8. I thought my parents wished I had never been born.	1	2	3	4	5
9. I got hit so hard by someone in my family that I had to see a doctor or go to the hospital.	1	2	3	4	5
10. There was nothing I wanted to change about my family.	1	2	3	4	5
11. People in my family hit me so hard that it left me with bruises or marks.	1	2	3	4	5
12. I was punished with a belt, a board, a cord, or some other hard object.	1	2	3	4	5
13. People in my family looked out for each other.	1	2	3	4	5
14. People in my family said hurtful or insulting things to me.	1	2	3	4	5
15. I believe that I was physically abused.	1	2	3	4	5
16. I had the perfect childhood.	1	2	3	4	5
17. I got hit or beaten so badly that it was noticed by someone like a teacher, neighbor, or doctor.	1	2	3	4	5
18. I felt that someone in my family hated me.	1	2	3	4	5
19. People in my family felt close to each other.	1	2	3	4	5
20. Someone tried to touch me in a sexual way, or tried to make me touch them.	1	2	3	4	5
21. Someone threatened to hurt me or tell lies about me unless I did something sexual with them.	1	2	3	4	5
22. I had the best family in the world.	1	2	3	4	5

23. Someone tried to make me do sexual things or watch sexual things.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
24. Someone molested me.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
25. I believe that I was emotionally abused.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
26. There was someone to take me to the doctor if I needed it.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
27. I believe that I was sexually abused.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
28. My family was a source of strength and support.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>