

SAS-SR: Short™ Item Booklet

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We are interested in finding out how you have been doing in the last 2 weeks. We would like you to answer some questions about your work, your spare time, and your family life. There are no right or wrong answers to these questions.

Answer the questions by circling your response on the **Response Sheet**.

A. Work for Pay

Do you work 15 hours or more per week for pay?

If **YES**, please answer question 1. If **NO**, skip to section B. Housework (unpaid).

1. How many days did you miss from work in the past 2 weeks?

- a. I didn't miss any days.
- b. I missed one day.
- c. I missed about half the time.
- d. I missed more than half the time but did work at least 1 day.
- e. I did not work any days.
- f. I did not work any days because of scheduled vacation.

Did you work any days in the last 2 weeks?

If **YES**, please answer questions 2 and 3. If **NO**, skip to section B. Housework (unpaid).

2. How well have you been able to do your work in the last 2 weeks?

- a. I did my work very well.
- b. I did my work well but had some minor problems.
- c. I needed help with work and did not do well about half the time.
- d. I did my work poorly most of the time.
- e. I did my work poorly all the time.

3. How often have you been ashamed of how you did your work in the last 2 weeks?

- a. I have never felt ashamed.
- b. Once or twice I felt a little ashamed.
- c. About half the time I felt ashamed.
- d. I felt ashamed most of the time.
- e. I felt ashamed all the time.

B. Housework (unpaid)

Is unpaid housework a significant activity in your life?

If YES, please answer question 4 through 6. If NO, skip to section C. Student.

4. How often did you do some unpaid housework (e.g., cooking, cleaning, laundry, grocery shopping, and errands) in the past 2 weeks?
- I did the housework every day.
 - I did the housework almost every day.
 - I did the housework about half the time.
 - I did not usually do the housework.
 - I was completely unable to do housework.
 - I was away from home all of the last 2 weeks.

Were you away from home all of the last 2 weeks?

If YES, skip to section C. Student. If NO, please answer questions 5 and 6.

5. During the last 2 weeks, how well did you do your housework?
- I did my work very well.
 - I did my work well but had some minor problems.
 - I needed help with work and did not do well about half the time.
 - I did my work poorly most of the time.
 - I did my work poorly all the time.
6. How often have you been ashamed of how you did your housework in the last 2 weeks?
- I have never felt ashamed.
 - Once or twice I felt a little ashamed.
 - About half the time I felt ashamed.
 - I felt ashamed most of the time.
 - I felt ashamed all the time.

C. Student

Do you attend school at least half-time?

If YES, please answer questions 7 through 9. If NO, skip to section D. Social and Leisure.

7. How many days of classes did you miss in the past 2 weeks?
- I didn't miss any days.
 - I missed 1 day.
 - I missed about half the time.
 - I missed more than half the time but did attend class at least 1 day.
 - I did not go to classes at all.
 - I was on vacation all of the last 2 weeks.



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8. How well have you been able to keep up with your schoolwork in the last 2 weeks?

- a. I did my schoolwork very well.
- b. I did my schoolwork well but had some minor problems.
- c. I needed help with schoolwork and did not do well about half the time.
- d. I did my schoolwork poorly most of the time.
- e. I did my schoolwork poorly all the time.

9. During the last 2 weeks, how often have you been ashamed of how you did your schoolwork?

- a. I never felt ashamed.
- b. Once or twice I felt a little ashamed.
- c. About half the time I felt ashamed.
- d. I felt ashamed most of the time.
- e. I felt ashamed all the time.

D. Social and Leisure

Everyone please answer questions 10 through 12.

10. How many friends have you seen or been in contact with (e.g., on the telephone, via e-mail, etc.) in the last 2 weeks?

- a. Nine or more friends.
- b. Five to eight friends.
- c. Two to four friends.
- d. One friend.
- e. No friends.

11. How often have you felt lonely and wished for more friends during the last 2 weeks?

- a. I have not felt lonely.
- b. I have felt lonely a few times.
- c. I felt lonely about half the time.
- d. I usually felt lonely.
- e. I always felt lonely and wished for more friends.

12. How often have you felt bored in your spare time during the last 2 weeks?

- a. I never felt bored.
- b. I did not usually feel bored.
- c. About half the time I felt bored.
- d. Most of the time I felt bored.
- e. I was constantly bored.



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E. Family Outside the Home

Answer questions 13 through 15 about your parents, brothers, sisters, in-laws, and children not living at home.

Have you been in contact with any of them in the last 2 weeks?
If YES, please answer questions 13 through 14. If NO, skip to question 15.

13. How often have you been able to talk about your feelings and problems with one of your relatives in the last 2 weeks?

- a. I was always able to talk about my feelings with at least one relative.
- b. I was usually able to talk about my feelings.
- c. About half the time I was able to talk about my feelings.
- d. I was not usually able to talk about my feelings.
- e. I was never able to talk about my feelings.

14. Have you avoided contact with your relatives these last 2 weeks?

- a. I have contacted relatives regularly.
- b. I have contacted a relative at least once.
- c. I have waited for my relatives to contact me.
- d. I have avoided my relatives, but they contacted me.
- e. I have had no contact with any relatives.

Everyone answer question 15, even if your relatives are not living.

15. During the last 2 weeks, have you been thinking that any of your relatives have let you down or have been unfair to you at any time?

- a. I never felt that they let me down.
- b. I felt that they usually did not let me down.
- c. About half the time I felt they let me down.
- d. I usually felt that they let me down.
- e. I feel bitter that they let me down.

F. Primary Relationship

Are you living with your spouse or have you been living with a partner in an intimate relationship?

If YES, please answer questions 16 through 18. If NO, skip to section G: Parental.

16. Have you had any open arguments with your partner in the last 2 weeks?

- a. We had no arguments, and we got along well.
- b. We usually got along well but had minor arguments.
- c. We had more than one argument.
- d. We had many arguments.
- e. We were constantly having arguments.

17. How often have you been able to talk about your feelings and problems with your partner during the last 2 weeks?

- a. I could always talk freely about my feelings.
- b. I could usually talk about my feelings.
- c. About half the time I felt able to talk about my feelings.
- d. I was not usually able to talk about my feelings.
- e. I was never able to talk about my feelings.

18. How have you felt about your partner during the last 2 weeks?

- a. I always felt affection.
- b. I usually felt affection.
- c. About half the time I felt dislike and half the time affection.
- d. I usually felt dislike.
- e. I always felt dislike.

G. Parental

Have you had unmarried children, stepchildren, or foster children living at home during the last 2 weeks?

If YES, answer questions 19 through 21. If NO, skip to Section H: Family Unit.

19. How often have you been interested in what your children are doing—school, play, or hobbies—during the last 2 weeks?

- a. I was always interested and actively involved.
- b. I was usually interested and involved.
- c. I was interested about half the time and uninterested half the time.
- d. I was usually uninterested.
- e. I was always uninterested.

20. Have you been able to talk and listen to your children during the last 2 weeks? (Include only children over the age of 2.)

- a. I was always able to communicate with them.
- b. I was usually able to communicate with them.
- c. About half the time I could communicate.
- d. I was not usually able to communicate.
- e. I was completely unable to communicate.
- f. Not applicable: No children over the age of 2.

21. How have you been getting along with your children during the last 2 weeks?

- a. I had no arguments and got along very well.
- b. I usually got along well but had minor arguments.
- c. I had more than one argument.
- d. I had many arguments.
- e. I was constantly having arguments.



H. Family Unit

Have you ever been married, ever lived with a partner in an intimate relationship, or ever had children?
If YES, please answer questions 22 and 23. If NO, skip to question 24.

- 22. Have you worried about your partner or any of your children without any reason during the last 2 weeks, even if you are not living together now?**
- a. I never worried.
 - b. Once or twice I worried.
 - c. About half the time I worried.
 - d. Most of the time I worried.
 - e. I always worried.
 - f. Not applicable: Partner and children not living.
- 23. During the last 2 weeks, have you been thinking that you have let down your partner or any of your children at any time?**
- a. I did not feel I let them down at all.
 - b. I did not usually feel that I let them down.
 - c. About half the time I felt I let them down.
 - d. Most of the time I felt that I let them down.
 - e. I let them down completely.

Everyone please answer question 24.

- 24. Have you had enough money to take care of your own and your immediate family's financial needs during the last 2 weeks?**
- a. I had enough money for needs.
 - b. I usually had enough money with minor problems.
 - c. About half the time I did not have enough money but did not have to borrow money.
 - d. I usually did not have enough money and had to borrow from others.
 - e. I had great financial difficulty.