

# Adam Bailey

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## Software Engineer in St. Louis, MO

Transitioning advanced coaching skill set to a new career in cybersecurity, data protection and project development.

**PHONE** 512-517-4543 | **EMAIL** bailey.adam@gmail.com

**GITHUB** github.com/abailey76 | **LINKEDIN** linkedin.com/in/abailey76

## PROJECT EXPERIENCE

### Fitness Finder — Location-based fitness resource locator

- Subject to change as we finish this last stretch of LaunchCode

## WORK EXPERIENCE

### Head Strength Coach — St. Louis Battlehawks, St. Louis, MO

2019-2020

- Worked with the Head Coach/GM and the XFL Director of Sports Performance to develop and coordinate the entire program for the football team. Coordinate with the Sports Medicine Team on player rehabilitation and return-to-play protocols. Monitor and communicate with Nutritional consultants to maintain proper nutrition for the team.

### Assistant Strength Coach — St. Louis Rams, St. Louis, MO

2010-2016

- Assist Head Coach in developing and implementing year-round strength and conditioning program. Plan, organize and coordinate all facets of the program. Conduct assessments and devise individual and position specific strategies to ensure players achieve and maintain maximum competitive performance.

### Assistant Strength Coach — New Orleans Saints, New Orleans, LA

2004-2010

- Served as assistant to NFL Strength Coach of the Year (2009-2010), aiding in development and building of athletes who won Super Bowl XLIV. Played key role in working with athletic trainers to ensure smooth player transition from rehabilitation to full participation in training program. Implemented formal processes to maintain training records for all athletes, tracking nutritional supply inventory and working with vendors and suppliers to reorder as needed.

## EDUCATION

**LaunchCode**, LC101 Programming Course — 2021-2022

**Maryville University**, MS, Cyber Security — 2020

**University of Missouri**, MEd, Educational/Counseling Psychology — 2003

**University of Louisville**, BS, Physical Education — 1999

## SKILLS

### PROGRAMMING LANGUAGES

- C#
- JavaScript
- HTML
- CSS

### FRAMEWORKS

- .NET
- AngularJS

### DATABASES

- MySQL

### TOOLS

- Visual Studio

## AWARDS

**Coached for the Super Bowl-winning 2009 New Orleans Saints.**

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