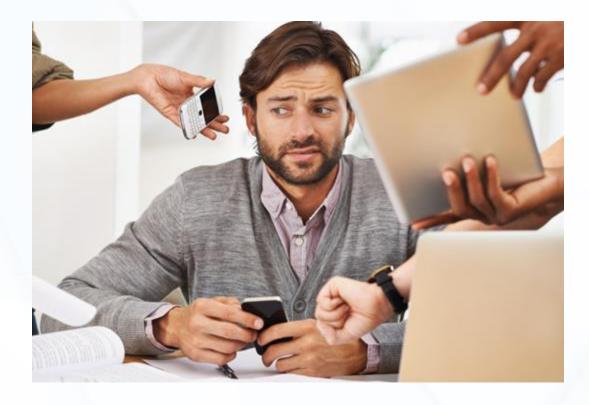
abaconf2025

mit Apventas

04. Juni 2025 Hamburg





20% of IQ

Burnout

Unstructured code











20-25 min. to "deep focus"



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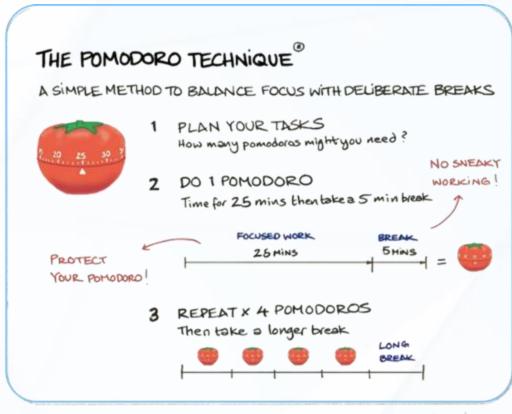
Principle #1 – Avoid distractions and gain focus

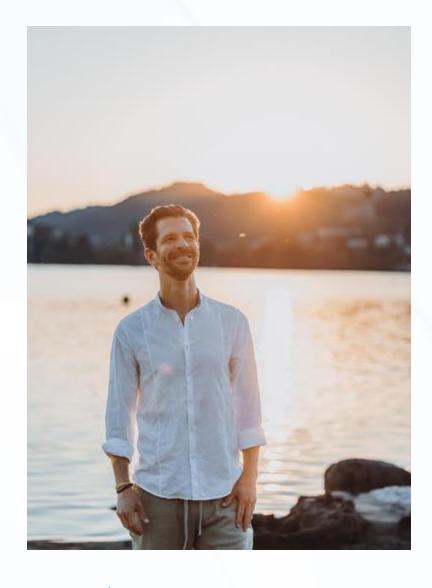
© Goal: High Focus => Higher code quality

- \rightarrow 20 25 min to "deep focus"
- → 20% IQ drop by "just" having phone on your table

Actions:

- Ban your "mobile phone" (flight mode, out of focus)
- Time fixed slots for focus work
 - Use POMODORO





Martin Jonen

SAP Consultant & Developer | SAP Software Engineering Coach

My journey so far ...

- Freelance SAP Consultant & Developer (15+ years)
- Certified 'Exponential' SAP ABAP Software Engineering Coach
 - ASE Coaching (<u>www.ase-coaching.com</u>)
 - Collaboration with Damir Majer & Prof. Dr. Christian Drumm
 - ABAP Clean Coder Academy
 (http://www.martinjonen.com/academy)
- Author (Online Courses)
- · Hobbies: Running, Health, Yoga



At the end of this presentation

... You will have learned ...

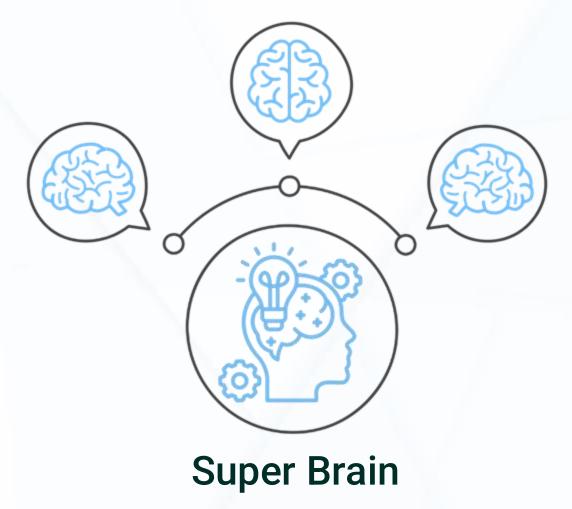
- 7 principles, which help ...
 - You structure your coding
 - You calm your mind and gain more focus
 - Your colleagues and future-self to read and understand your coding faster and easier ("audience in mind")

\mathbf{V}	#1 Avoid distractions and gain focus
\bigcap	#2 Power of Three

- #3 Extract (functional) method
- #4 "Good" naming
- #5 Take a break
- #6 TEST first
- #7 Boy's Scout Rule meets KISS



Principle #2 – Power of Three





Principle #2 – Power of Three

Goal: Higher quality by challenging your ideas

- → Higher code quality
- → Avoid cognitive overload
- → Learning field



Actions:

- Pair Programming
 - → **POMODORO [©] 25 min:** 1 screen, 7-min. keyboard/buddy/keyboard, set timer
- Design 3 different solutions up front

Together Everyone Achieves More



) #3 Extract (fur	nctional) meth	noc
--	-------------------	----------------	-----

- #4 "Good" naming
- #5 Take a break
- #6 TEST first
- #7 Boy's Scout Rule meets KISS

Principle #3 – Extract (functional) method

```
▶ @ ZCL_VE_AVERAGE_RATING_MJ > ● IF_SADL_EXIT_CALC_ELEMENT_READ~CALCULATE
1/
180
     METHOD if_sadl_exit_calc_element_read~calculate.
       DATA products TYPE STANDARD TABLE OF Z_C_Product_M_MJ.
20
       products = CORRESPONDING #( it_original_data ).
21
22
       " Read the ratings for the product(s) from the Z C Product M MJ entity
23
       READ ENTITIES OF Z C Product M MJ
24
         ENTITY Product BY \ Rating
25
         FIELDS ( Rating )
26
         WITH CORRESPONDING #( products )
27
         RESULT FINAL(ratings).
28
29
       " Calculate the average rating for each product by DB select
130
       SELECT Product,
31
             AVG( rating AS DEC( 2, 1 ) ) AS average_rating
32
         FROM @ratings AS r
33
         GROUP BY Product
34
         INTO TABLE @DATA(average_product_ratings).
35
       " Map average ratings to the products (output)
370
       LOOP AT products ASSIGNING FIELD-SYMBOL(product>).
         READ TABLE average product ratings
38
39
           40
           INTO DATA(average_product_rating).
410
         IF sy-subrc = 0.
42
           43
         ENDIF.
44
       ENDLOOP.
45
       ct_calculated_data = CORRESPONDING #( products ).
     ENDMETHOD.
```

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Principle #3 – Extract (functional) method

```
METHOD if_sadl_exit_calc_element_read~calculate.
270
28
       DATA products TYPE STANDARD TABLE OF Z C Product M MJ.
29
       DATA average_product_ratings TYPE tt_average_product_ratings.
30
       products = CORRESPONDING #/ it original data )
540 METHOD map_average_ratings2products.
31
32
33
       " Read the ratings for 56
                                    result = products.
34
       READ ENTITIES OF Z C Pro7
35
                                    LOOP AT result ASSIGNING FIELD-SYMBOL(coduct>).
         ENTITY Product BY \ R580
                                      36
         FIELDS ( Rating )
                                    ENDLOOP.
37
         WITH CORRESPONDING #(61
38
         RESULT FINAL (ratings)52
                                  ENDMETHOD:
39
40
       " Calculate the average rating for each product by DB select
41
       SELECT Product,
42
43
              AVG( rating AS DEC( 2, 1 ) ) AS average rating
         FROM @ratings AS r
44
         GROUP BY Product
45
         INTO TABLE @average_product_ratings
46
47
       " Map average ratings to the products (output)
48
       products = map_average_ratings2products( average_product_ratings = average_product_ratings
49
                                                products
                                                                       = products ).
50
51
       ct calculated data = CORRESPONDING #( products ).
52
      ENDMETHOD:
```

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Principle #3 – Extract (functional) method

```
METHOD if_sadl_exit_calc_element_read~calculate.
   DATA(products) = CORRESPONDING tt_products( it_original_data ).

DATA(average_product_ratings) = read_average_rating4products( products ).

products = map_average_ratings2products( average_product_ratings = average_product_ratings products = products ).

ct_calculated_data = CORRESPONDING #( products ).

ENDMETHOD.
```



Fast entry points

Avoiding 'cognitive overload'

Principle #3 – Extract functional method

Why "functional" method?

- Messaging (IN and OUT)
- Makes clear WHAT WE NEED to receive FEEDBACK



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Principle #3 – Extract functional method

Goal: Create clear workflow

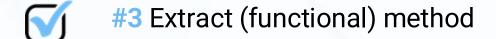
- → Higher code quality
- → Avoid 'cognitive overload'
 - Information hiding
- → Single Responsibility Principle (Do *one* thing and do it right)

Actions:

- If you can name the WHAT (one task), extract it
- Use ADT in Eclipse quick fix "Extract method" (mark coding and press CTRL + 1)

#1 Avoid distractions and gain	focus
--------------------------------	-------





- #4 "Good" naming
- #5 Take a break
- #6 TEST first
- #7 Boy's Scout Rule meets KISS

```
Name the WHAT
```

Comment the WHY

"Avg ratings should be displayed in the output

```
products = map_average_ratings2products( average_product_ratings = average_product_ratings = products ).
```

Use clear, specific names (make talking about coding effortless)

- LV_BUKRS \rightarrow COMPANY_CODE

- LV_GPART \rightarrow BUSINESS_PARTNER \rightarrow CUSTOMER or VENDOR?

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```
REPORT ZSAGESSE_ABAP_CODE_INJ.
                         * Program Name
                        DATA: gv_prg_name TYPE sy-repid VALUE 'ZREPORT1'.
 program_name
                         * Compiler Output
                         DATA: gv_msg TYPE string.
         message
                        DATA: gv_line TYPE string.
                         DATA: gv_word TYPE string.
                         DATA: gv_off TYPE string.
            offset
                         * Source Code of dynamically created ABAP Program ( Code Injection Example )
                        DATA: gt src TYPE STANDARD TABLE OF char1024.
source_code_list
                         * Add injected ABAP Source Code to internal table
                        APPEND | REPORT { gv_prg_name }. | TO gt_src.
                        APPEND | WRITE: / 'LogPoint for SAP Solutions protect your SAP Systems!'. | TO gt_src.
                         * Create a (TYPE '1')- Executable ABAP Program,
                        INSERT REPORT gv_prg_name FROM gt_src PROGRAM TYPE '1' UNICODE ENABLING 'X'.
                         * Compile the dynamically created ABAP Program
                         GENERATE REPORT gv_prg_name MESSAGE gv_msg LINE gv_line WORD gv_word OFFSET gv_off.
                         IF sy-subrc = \theta.
                         * Execute successfully generated ABAP program
                           SUBMIT (gv_prg_name) AND RETURN.
                         ENDIF.
                        * Delete dynamically created ABAP Program
                         DELETE REPORT gv_prg_name.
```

Be consistent

- All in German/English
- With/without 'Hungarian Notation'
- Align with the team

In 00:

Members: me->...

Locals: company_code, business_partner_list (without 'Hungarian Notation')

- **©** Goal: Reducing comments, make code "talkable"/ more understandable
 - → Name the WHAT, Comment the WHY
 - → Be consistent
 - → Align with the team

Actions:

- Apply the 'WHAT and WHY technique' to one method/class
- Talk about your coding. Is it "talkable"?
- Create a naming rulebook in your team





#2 Power of Three

#3 Extract (functional) method

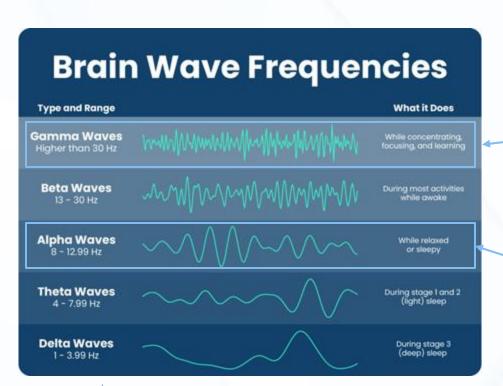
#4 "Good" naming

#5 Take a break

#6 TEST first

#7 Boy's Scout Rule meets KISS

Principle #5 – Take a break



20% increased brain activity when standing

T max. 40 min

Reduce stress

Most creative

1000% increase if doing sports

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Principle #5 – Take a break

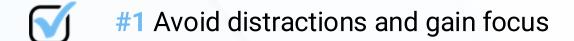
Goal: Staying focused throughout the day

- → Max. 40 min learning/working cycle
- → Alpha waves = creativity zone
- → Avoid being a "monitor zombie"

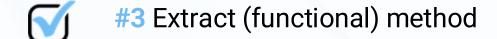
Actions:

- Take regular breaks (POMODORO)
- Move your body ("brain squats", "cross hand to knee")
- Take a walk ("fresh air")









#4 "Good" naming

#5 Take a break

#6 TEST first

#7 Boy's Scout Rule meets KISS



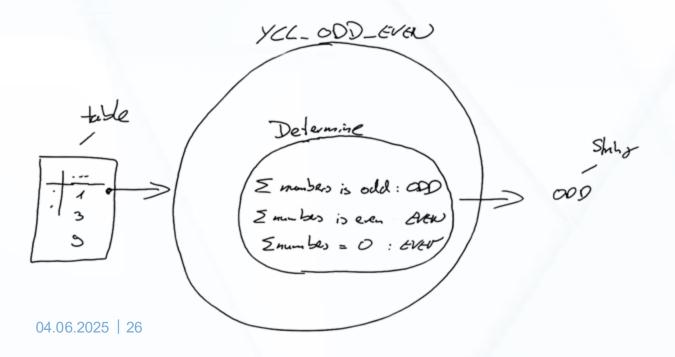
- Do not rush into programming
- What should your software achieve?
 - → Tests
- Sketch the solution (PEN & PAPER, best of Three)
 - → Acceptance criteria (tests)



Even or Odd

Given an array of numbers, determine whether the sum of all the numbers is odd or even.

Give your answer in string format as 'odd' or 'even'. If the input array is empty, consider it as: [0] (array with a zero).



Acceptance criteria:

- Sum is even
- → Output = "even"
- Sum is odd
- → Output = "odd"
- Sum is zero
- → Output = "even"

Goal: Focused, goal-oriented programming

- → Focus on "solving the task"
- → Give your workflow structure and orientation
- → Less 'deviation' (YAGNI)



Actions:

- Sketch the solution -> Acceptance criteria
- Optional: Create "scaffolding tests" → TDD

e.g. Sum (1) is odd
$$\rightarrow$$
 Output = "odd"

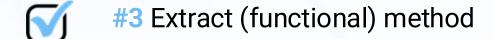
Free TDD-Challenge:

https://www.martinjonen.com/tdd-3-day-challenge











#5 Take a break

#6 TEST first

#7 Boy's Scout Rule meets KISS



Principle #7 – Boy's Scout Rule meets K.I.S.S.



"Always leave the **place** better than you found it."

"Always leave the **code** better than you found it." - Robert C. Martin

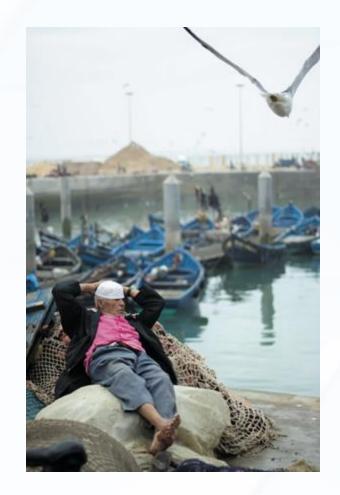


=> Invest 10% of time in refactoring

Principle #7 – Boy's Scout Rule meets K.I.S.S.

K.I.S.S.

- → Keep It Simple, Stupid
- \rightarrow "Do not overcomplicate things" \rightarrow Find the simplest solution



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Principle #7 – Boy's Scout Rule meets K.I.S.S.

Goal: Clean code base by regularly investing time in refactoring

- → "Leave it cleaner than you found it"
- → "Keep It Simple, Superstar"

Actions:

- Plan 10% time for refactoring
- Take the first baby step (smallest adjustment)



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#1 Avoid distractions and gain focus



#2 Power of Three



#3 Extract (functional) method



#4 "Good" naming



#5 Take a break



#6 TEST first



#7 Boy's Scout Rule meets KISS



Stay organised

Calm your mind

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Thank you for showing up!



Let's Make Clean ABAP Your New Standard

If you're ready to:

- reduce bugs
- write testable, future-proof code
- grow without burning out...



is open for **3 new members this month**

No pressure.

Just a conversation to see if it's the right fit for you.

Interested? Let's connect: •







in ps://www.martinjonen.com/academy http://linkedin.com/in/martin-jonen/

Or simply talk to me after the session

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Thank you!

