

#	Produce	Price
148	Anise / Fennel	\$1.50
101	Apples	\$0.10
102	Avocado large*	\$1.00
103	Avocado small*	\$0.50
104	Bananas	\$0.10
105	Blueberries / Blackberries	\$1.50
106	Broccoli	\$2.00
147	Brussel Sprouts	\$1.00
127	Cabbage*	\$2.00
107	Cantaloupe	\$1.50
108	Carrots	\$0.05
109	Cauliflower	\$2.50
110	Celery	\$1.50
111	Clementine	\$0.10
112	Corn	\$0.25
113	Cucumber	\$1.00
114	Cucumber Mini	\$0.05
115	Eggplant	\$0.10
116	Garlic*	\$0.25
117	Grapes*	\$1.00
118	Green Onions	\$0.25
119	Kale	\$0.50
120	Kiwi	\$0.25
121	Lemon*	\$0.25
122	Lettuce Romaine Hearts	\$0.50
123	Limes	\$0.05
124	Mango	\$1.00
125	Micro Greens	\$0.25
126	Mushrooms*	\$1.50
128	Onion	\$0.05
129	Oranges	\$0.20
130	Peaches/Nectarines	\$0.10
131	Pear	\$0.10
132	Peppers	\$0.50
133	Peppers Hot 3/0.05	\$0.05
134	Peppers Mini	\$0.05
135	Plums	\$0.05
136	Potatoes / Bag of Potatoes	0.05 / 1.50
137	Potatoes Baby Basket	\$0.50
138	Potatoes Sweet (Yam)	\$0.75
139	Raspberries	\$1.50
147	Shallots	\$0.05
140	Squash	
141	Strawberries	\$1.50
142	Swiss Chard	\$0.50
143	Tomato Cherry / Grape Basket	\$0.50
144	Tomatoes	\$0.10
145	Watermelon	\$2.50
146	Zucchini	\$0.50

#	Freezer	Price
201	Chicken Legs (2)	\$1.00
202	Chicken Drumsticks 4lbs	\$3.00
203	Chicken Thighs 4lbs	\$3.00
204	Chicken Wings 2lbs	\$2.00
205	Ground Beef	\$2.75
206	Veggie Burger 2pc	\$2.00
207	Fish (Haddock / Basa)	\$1.00

#	Dairy/Eggs/Bread	Price
301	Almond Milk 2L	\$2.00
323	Bread Commisso's	\$1.00
302	Bread Costco	\$0.50
303	Butter	\$1.00
304	Cheese Large	\$3.00
305	Cream Cheese	\$2.00
306	Eggs (12) / Eggs (18)	2.00 / 3.00
307	Goat Milk 1l	\$2.00
308	Hummus	\$2.50
309	Hummus Mini	\$0.25
310	Margerine	\$1.50
311	Milk - 1L	\$1.00
312	Milk - 4L	\$3.00
313	Oat Milk 1l	\$2.00
314	Orange Juice	\$2.00
315	Pizza Dough	\$2.00
316	Sour Crème	\$2.00
317	Soy Milk 1l	\$2.00
318	Tofu	\$2.50
319	Yogurt 4 pack	\$1.00
322	Yogurt 6 pack	\$1.50
320	Yogurt Greek	\$3.00
321	Yogurt Tub	\$2.00
322	Sliced Cheese	\$2.50

#### Specials:

Cat Food (wet)	\$0.50
Sweets (Costco)	
Drinks	\$0.50
GROW Soup	\$2.50
Deoderant	\$1.00
Polenta	\$3.00
Orzo	\$0.75
Ramen / Rice Krispies	\$0.25

#	Pantry	Price
401	Apple Sauce	\$1.00
402	Baking Powder	\$2.00
403	Bars Cereal, Protein, Cookie	\$0.50
404	BBQ Sauce	\$1.00
405	Bleach	\$2.00
406	Broth	\$1.00
407	Canned Beans, Veggies, and Fruit	\$0.75
408	Canola Oil	\$3.00
409	Cereal all other	\$2.00
410	Cereal Rice Krispies	\$3.00
445	Coconut Milk	\$1.00
445	Coffee	\$4.00
411	Crackers	\$2.00
412	Dried Legumes/Beans	\$1.50
413	Flour	\$2.00
414	Garden Cocktail	\$0.75
415	Granola Bars 6 pack	\$1.00
446	Gummies	\$0.10
416	Jam	\$2.00
417	Kraft Dinner	\$1.00
418	Laundry Soap large	\$6.00
419	Laundry Soap small	\$3.00
420	Miracle Whip	\$3.00
421	Nuts	\$2.00
422	Oats	\$2.00
423	Olive Oil	\$6.00
424	Passata	\$0.75
425	Pasta	\$0.75
426	Pasta Sauce	\$0.75
427	Peanut Butter	\$2.50
428	Polenta	\$3.00
445	Protein Drink	\$0.50
446	Raisins	\$4.00
429	Rice	\$1.50
430	Salad Dressing	\$1.00
445	Salsa	\$1.50
431	Soap	\$0.50
432	Soup Small	\$0.50
433	Spices	\$1.00
434	Sugar White and Brown	\$2.00
435	Tea	\$2.00
436	Tea Green Tea	\$4.50
437	Tea Orange Pekoe	\$3.00
438	Tea Red Rose	\$5.00
439	Toilet Paper	\$5.00
440	Tomato Paste	\$0.75
441	Tooth Paste / Brush / Floss	\$0.75
442	Tuna	\$1.00
443	Wild Rice Blend	\$0.25
444	Yeast	\$0.50

\* Limits

Market Day January 14, 2021