

# DIET SUMMARY REPORT - DISCHARGE

Diet Chart ID : 101  
Diet Chart Date : 2023-12-01  
Diet Advised : 1300  
Admission Date : 2023-12-01

Doctor Name : Dr. Denish  
Patient Name : Mrs.Reina jose  
Age : 28  
Gender : Female

Height : 155  
Weight : 50  
Next Visit : 2023-12-01  
Expires : 3 Months

Discharge Date : 2023-12-01  
Dietician : Sowmiya

Timing	Diet Plan	Restricted Diet	Calories
6.00 AM	Black coffee	without sugar	2
7.00 AM	Oats	Without milk	307
10.00 AM	Friuts(like Papaya,Apple)	Nil	129
12.00 PM	Rice with Vegetables	Lots of vegs	180
4.00 PM	Chickpea	Nil	370
6.00 PM	Fruit Salad	Nil	58
8.00 PM	Phulka with dal	without oil	254
10.00 PM	Green Tea	Nil	0
Total Calories			1300

Authorized Signatory