$$f(a + h/2) = f(a) + f(a)(a + h/2 - a)$$

$$+ \frac{f^{(2)}(a)}{2}(a + h/2 - a)^{2} + \dots$$

$$= f(a) + f'(a) \frac{h}{2} + \frac{f^{(2)}(a)}{2!} \frac{h^{2}}{2^{2}} + \frac{f^{(3)}(a)}{3!} \frac{h^{3}}{2^{3}} + \dots$$

$$= f(a) + \frac{h}{2} f(a) + \left(\frac{h}{2}\right)^2 \frac{f^{(2)}(a)}{2!} + \left(\frac{h}{2}\right)^3 \frac{f^{(3)}(a)}{3!} + \dots$$

$$= f(a) + f'(a)(a - \frac{h}{2} - a) + \frac{f^{(2)}(a)}{2!}(a - \frac{h}{2} - a)^{2} + \dots$$

$$= f(a) - \frac{h}{2}f'(a) + (\frac{h}{2})^{2} \frac{f^{(2)}(a)}{2!} - (\frac{h}{2})^{3} \frac{f^{(3)}(a)}{3!} + \dots$$

$$f(a + \frac{h}{2}) = f(a) + \frac{h}{2}f(a) + (\frac{h}{2})^{2}\frac{f^{(2)}(a)}{2!} + (\frac{h}{2})^{3}\frac{f^{(3)}(a)}{3!} + O(h^{4})$$

$$f(a - \frac{h}{2}) = f(a) - \frac{h}{2}f(a) + (\frac{h}{2})^{2}\frac{f^{(2)}(a)}{2!} - (\frac{h}{2})^{3}\frac{f^{(3)}(a)}{3!} + O(h^{4})$$

$$f(a+h/2)-f(a-h/2)=hf'(a)+\frac{h^3}{4}\frac{f^{(3)}(a)}{3!}+O(h^5)$$

Thus,
$$f(a+\frac{1}{2}) - f(a-\frac{1}{2}) = \frac{1}{2}f(a) + \frac{h^2}{48}f(a) + O(h^4)$$

That is,

$$\frac{f(a+h/2)-f(a-h/2)}{2h}=\frac{1}{2}f(a)+\frac{h^2}{48}f(a)+O(h^4)$$

Hence, the error between $\frac{1}{2}f(a)$ and the approximation $\frac{1}{2}h\left(f(a+h/z)-f(a-h/z)\right)$ is

$$= \left| \frac{h^2}{48} f^{(2)}(a) + O(h^4) \right| = \frac{h^2}{48} |f^{(2)}(a)| + O(h^4)$$

The dominant term is he, thus, the order of the error is