In Figma, frames and groups are the same.

No. They both help organize your file by nesting or grouping layers together. However, frames supply a lot more functionality like independent sizing.

To create a fixed-size text box, you can click and drag to the size of the text box that you want.

Yes. I can click and drag to create a fixed text box with specific dimensions.

Do grids help organize content?

Yes. Grids organize the content on the page and create alignment and order.

When working with multiple elements, it's important to make sure they align precisely. You can achieve that by using the Design panel in the right sidebar.

Yes. Proper alignment is important in a design. You can align objects by using the tools in the design panel in the right sidebar.

When creating a mask in Figma, you select the shape and the image and make sure the shape is on top of the image. You can verify their positions in the right-side panel.

No. To create a mask in Figma, first you select the shape and the image. Then, you make sure that the image is on top of the shape. You can do that in the layers panel in the left sidebar.

When creating a wireframe it's important to include images and colors so that your user can better visualize your design and give you feedback.

No. The purpose of a wireframe is to create a basic structure for each screen in the design before things like branding, colors and images are considered. It provides a way of communicating ideas quickly, which can be refined later. You focus on the user experience and on what they need to accomplish a task.

When conducting usability testing, do you use personas?

No. Usability testing is the process of getting actual people to use a real website, app or other product you've designed while tracking their actions and reactions.