

God, my beloved, God, please	אל, חביבי, יהי, אנא
Settle me in pleasantness	בנעים הושיבני נא
God, to my dwelling at the right time	אל, למעוני במועדו
Will appear and reveal his glory	יראה ויגלה כבודו
Those who hope for His mercy will say	יאמרו המיחלים לחסדיו
"There is none but Him"	אין בלעדו
Why do you fight with me?	תריבון על מה עמדי
You will not be able to stand before me	לא תוכלו עמד נגדי
My God is a shield around me	אלי מגן בעדי
In troubled times there is none but Him	בעת צרה אין בלעדו
My people were redeemed in Nisan	עדותי בניסן נגאלו
Nations fell before them	עמים בפניהם נפלו
They shook and were frightened	רעדו וגם נבהלו
They were finished, destroyed	תמו, קלו
You have loved me from my youth	מילדותי אהבתני
Day and night You have not left me	יום וליל לא עזבתני
Now You have set me to distress	עתה למפריע שמתיני
Among the nations—Have mercy please	בין עמים חוסה נא

*Translated by Abigail Denemark with advisory support from Dr. Jonathan Decter*

Notes:

5. Psalms 147:11
7. See Exodus 17:2
9. Psalms 3:4
13. See Exodus 15:15
18. Piyut.org explains the last two lines as "You have set me to disturb the nations' rest", but if this is the case the request for mercy at the end is odd. I have left my translation ambiguous as to who is distressed to reflect this.