

Subject_45

| Type | Your Average | Total Average |
|-----------|--------------|---------------|
| CALORIES | 2479.31 | 2080.11 |
| PROTEIN | 69.39 | 88.57 |
| TOTAL FAT | 105.94 | 89.97 |
| CARBS | 303.19 | 225.55 |
| FIBER | 19.61 | 21.96 |

MicroNutrients



Daily Calorie Intake

