

Subject_45

Type	Your Average	Total Average
CALORIES	2479.31	2080.11
PROTEIN	69.39	88.57
TOTAL FAT	105.94	89.97
CARBS	303.19	225.55
FIBER	19.61	21.96

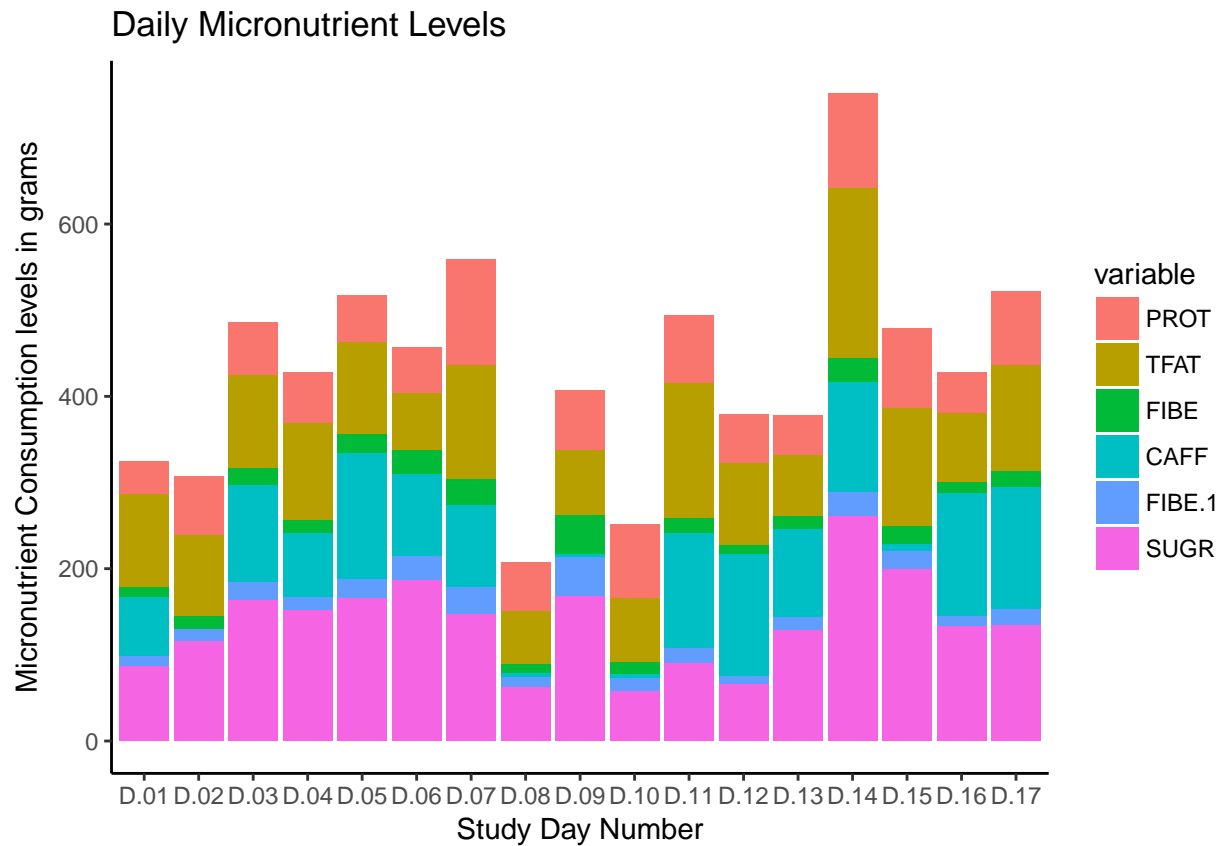


Figure 1: Figure 1 visualizes your variation in micronutrient consumption on a day-to-day basis.

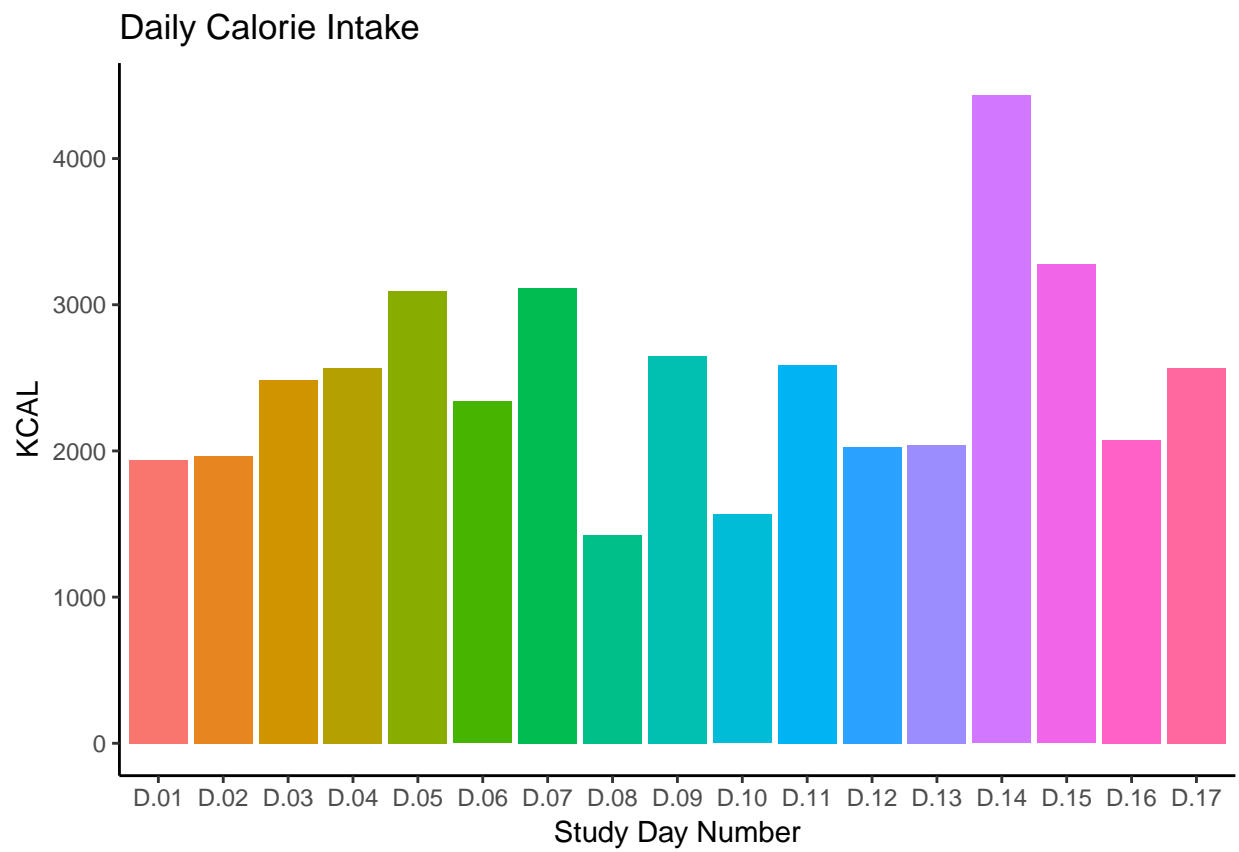


Figure 2: Figure 2 visualizes your calorie intake on a day-to-day basis.

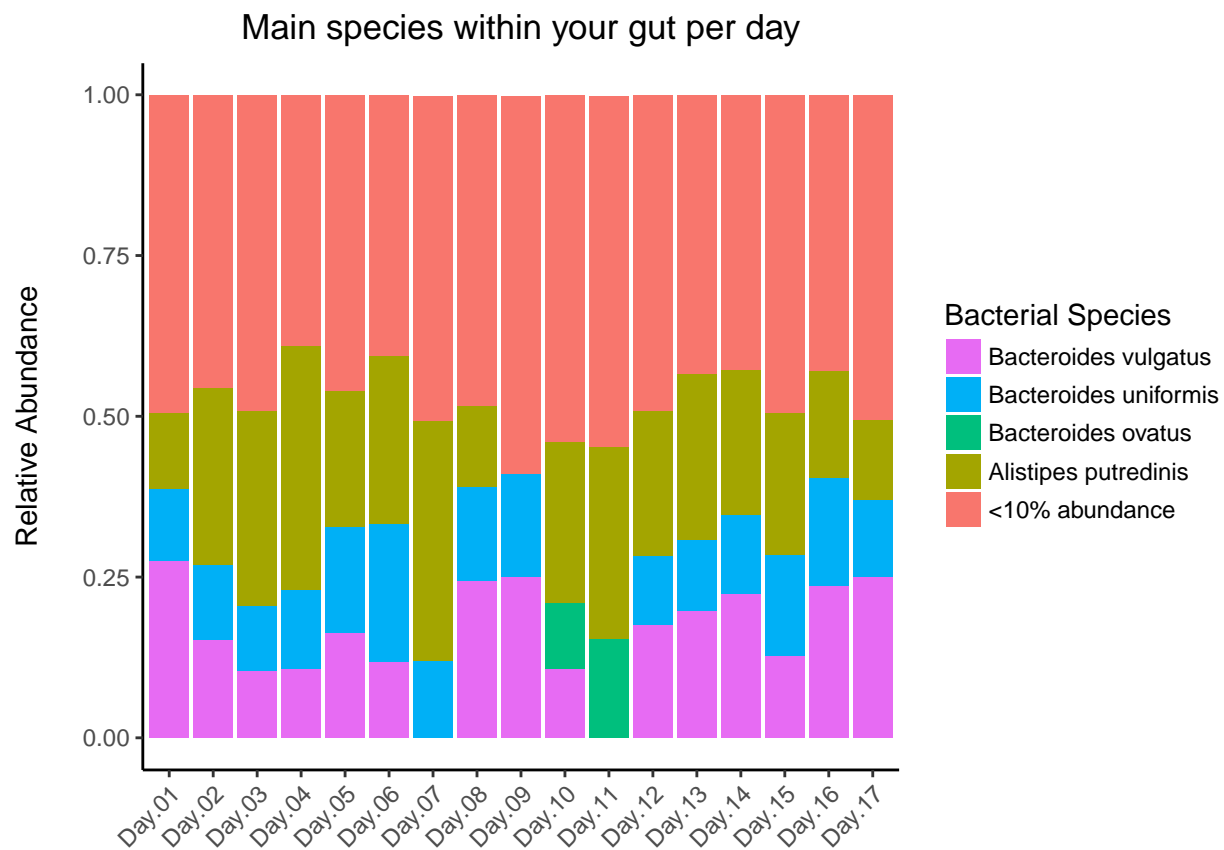


Figure 3: Figure 3 depicts the most abundant bacterial species within your gut per each day of the study. The “<10% abundance” column represents a sum of bacterial species that individually account for less than 10% of

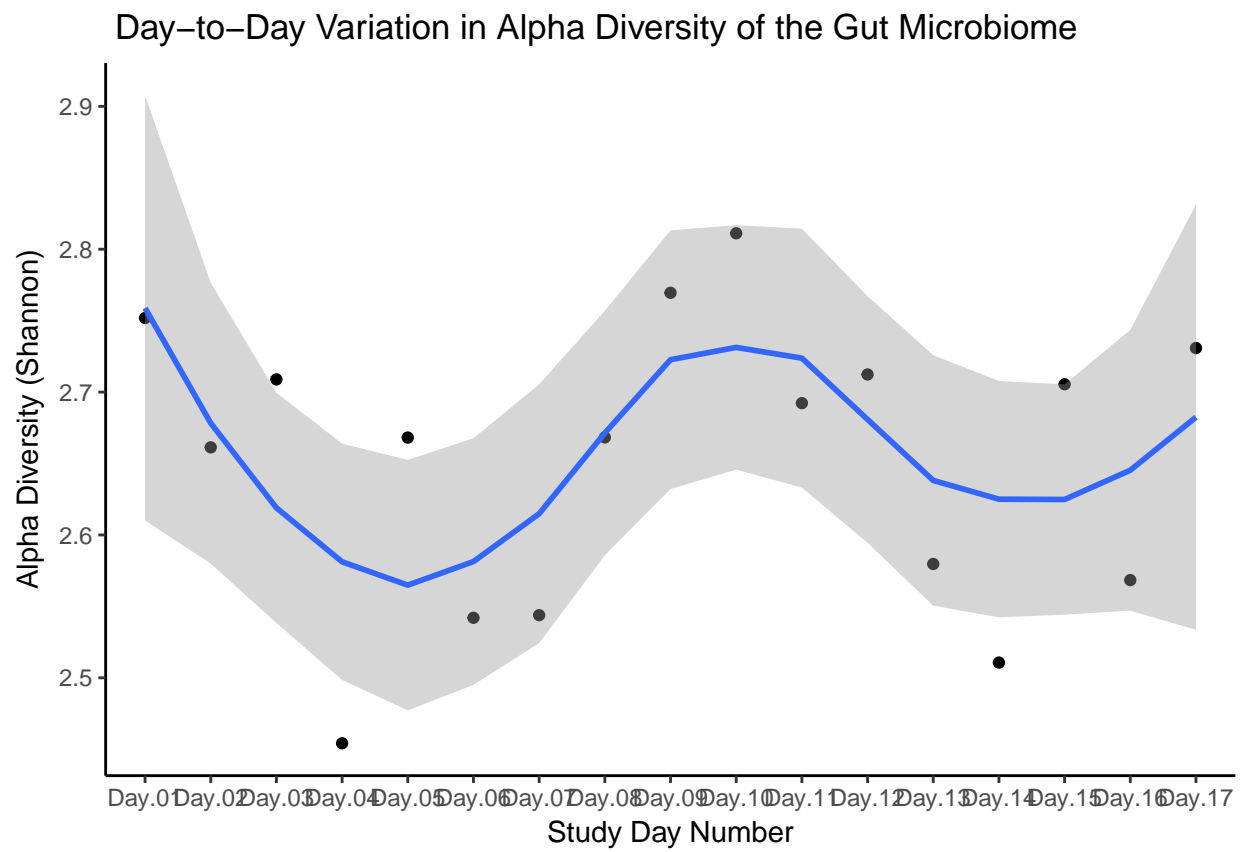


Figure 4: Figure 4 details how the bacterial diversity exhibited within your gut changes on a daily basis.



Figure 5: Figure 5 is a plot that represents how dissimilar certain individuals microbiomes are relative to each other. The shape corresponding to your (subject number) represents your microbiome - multiple of the same shapes correspond to each of the multiple days of testing.