## $Subject\_33$

CALORIES 1456.16 2080.11 PROTEIN 68.09 88.57 TOTAL FAT 56.37 89.97	Type	Your Average	Total Average
	CALORIES	1456.16	2080.11
TOTAL FAT 56 37 89 97	PROTEIN	68.09	88.57
101HE 1H1 00.91 05.51	TOTAL FAT	56.37	89.97
CARBS 173.86 225.55	CARBS	173.86	225.55
FIBER 16.97 21.96	FIBER	16.97	21.96

## Daily Micronutrient Consumption as a percentage of Kilocalorie Intake

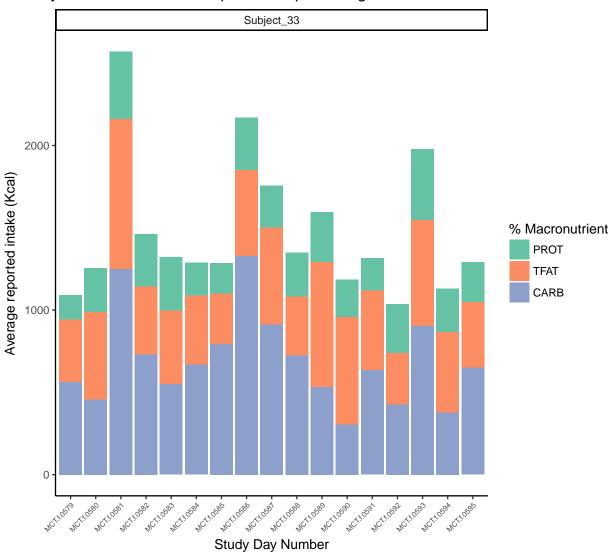


Figure 1: Figure 1 visualizes day to day variation in your consumption of micronutrients viewed as a percentage of total kilocalorie intake.

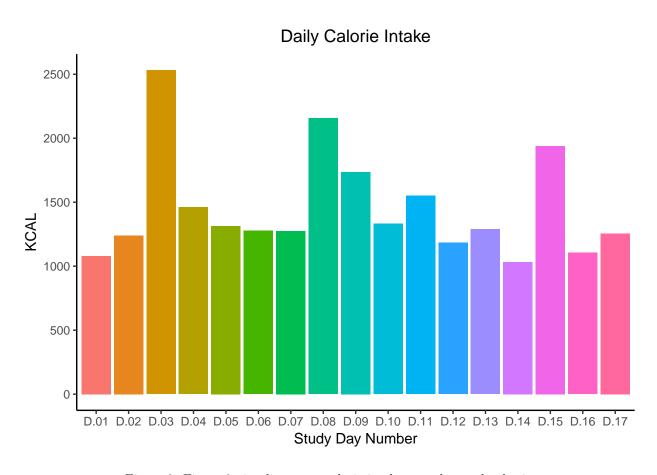


Figure 2: Figure 2 visualizes your calorie intake on a day-to-day basis.

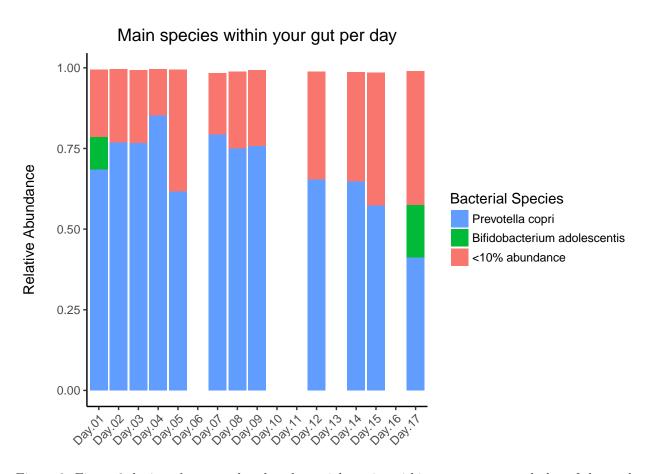


Figure 3: Figure 3 depicts the most abundant bacterial species within your gut per each day of the study. The "<10% abundance" column represents a sum of bacterial species that individually account for less than 10% of

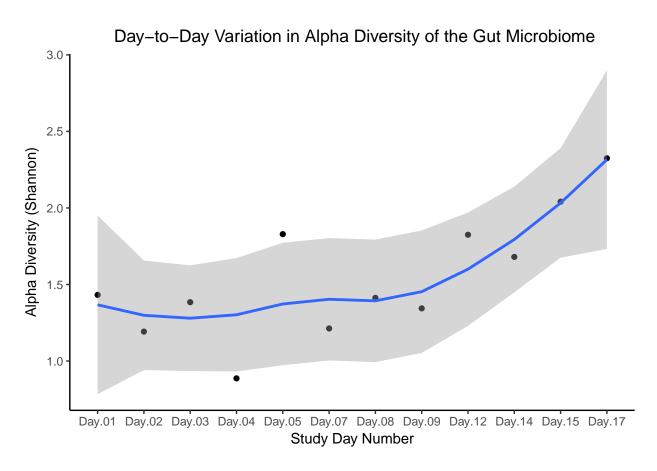


Figure 4: Figure 4 details how the bacterial diversity exhibited within your gut changes on a daily basis.



Figure 5: Figure 5 is a plot that represents how dissimilar certain individuals microbiomes are relative to each other. The shape corresponding to your (subject number) represents your microbiome - multiple of the same shapes correspond to each of the multiple days of testing.