

# Subject\_21

| Type      | Your Average | Total Average |
|-----------|--------------|---------------|
| CALORIES  | NA           | 2080.11       |
| PROTEIN   | NA           | 88.57         |
| TOTAL FAT | NA           | 89.97         |
| CARBS     | NA           | 225.55        |
| FIBER     | NA           | 21.96         |

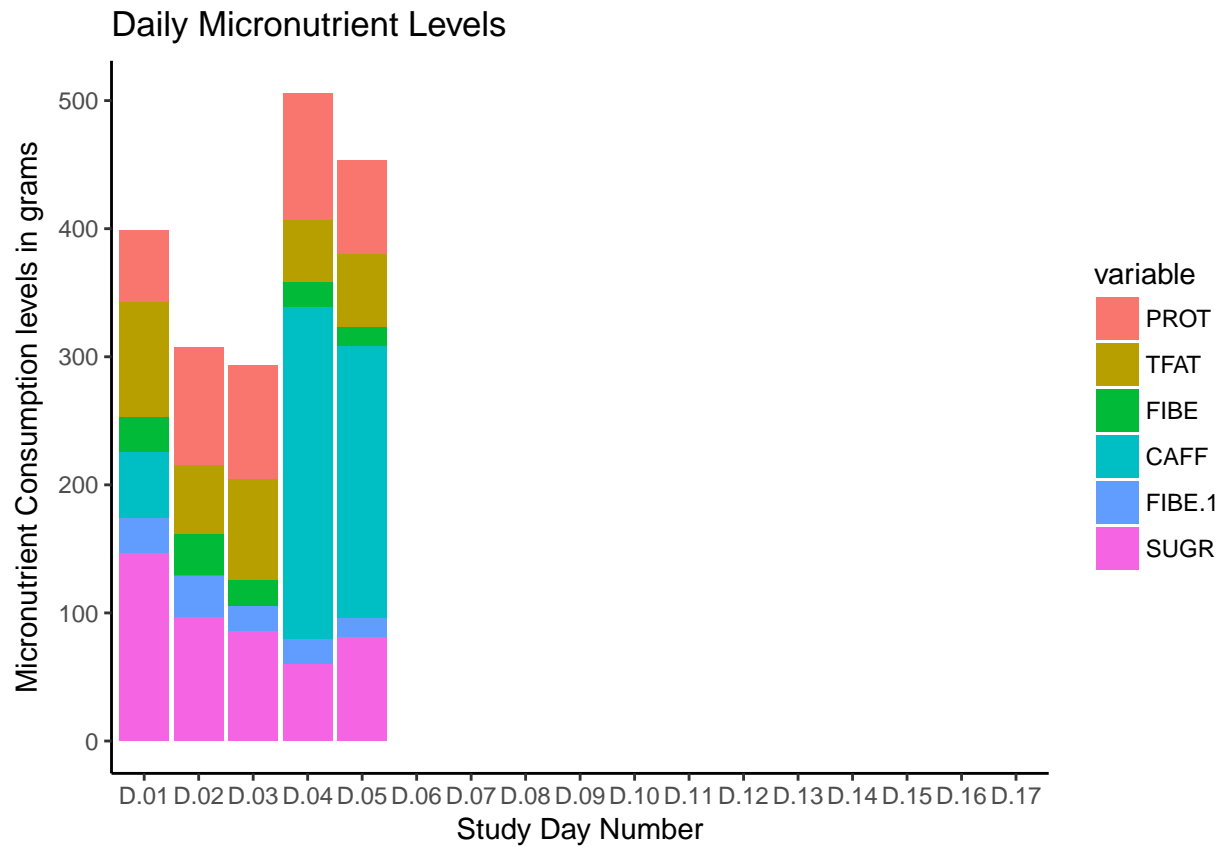


Figure 1: Figure 1 visualizes your variation in micronutrient consumption on a day-to-day basis.

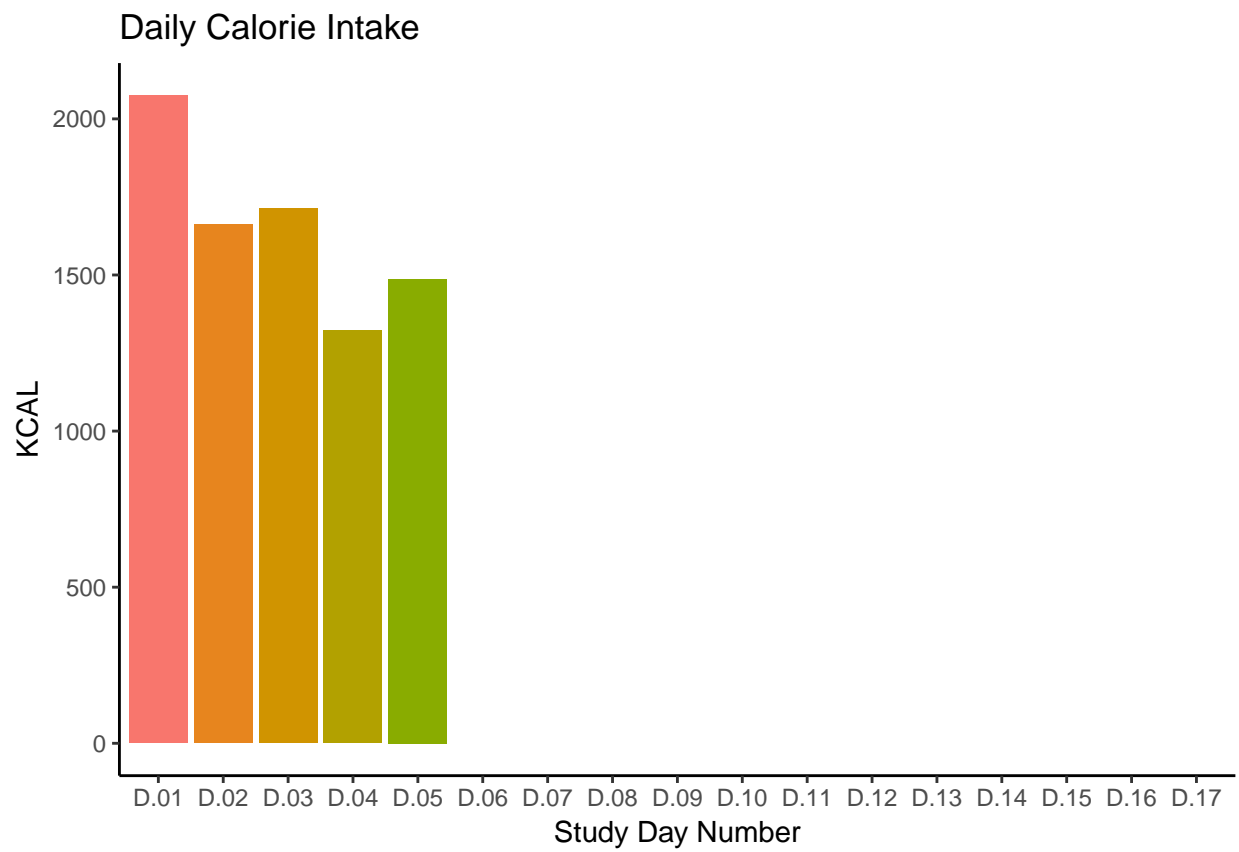


Figure 2: Figure 2 visualizes your calorie intake on a day-to-day basis.

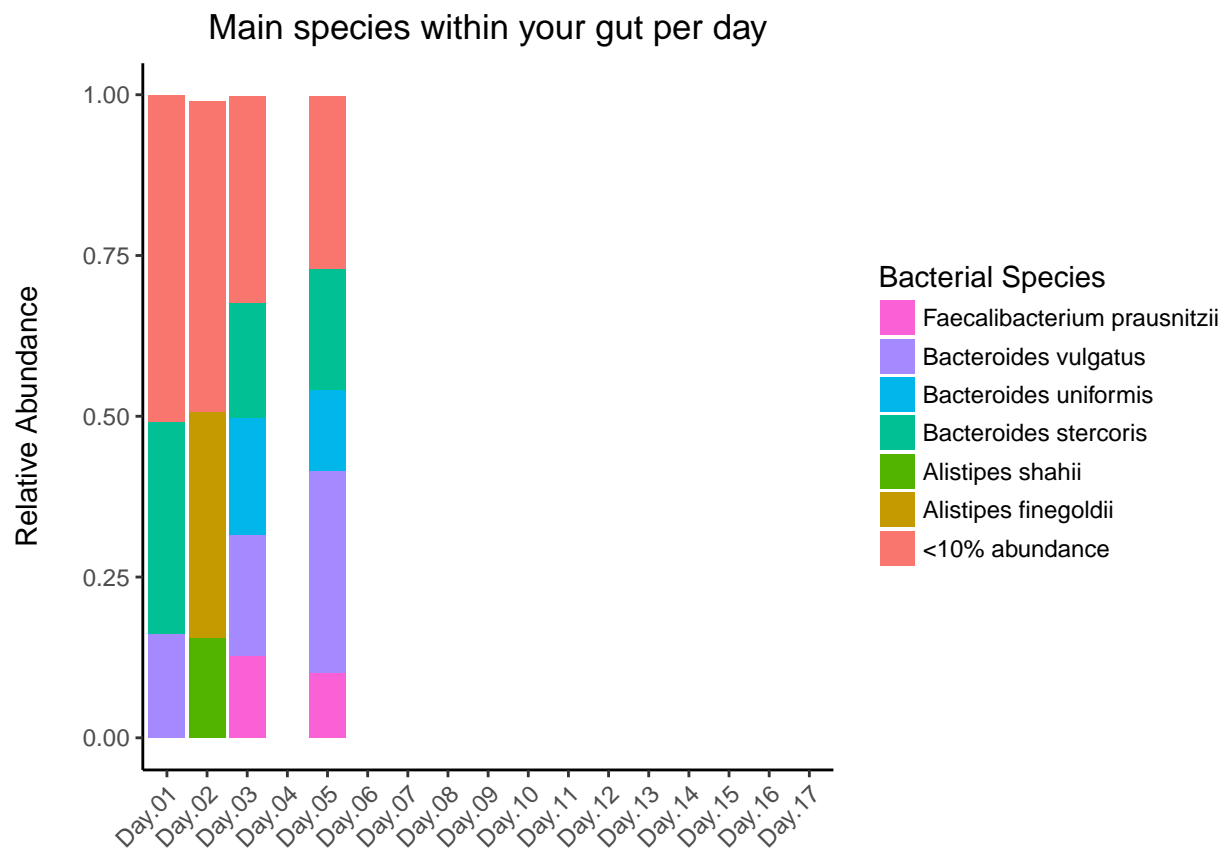


Figure 3: Figure 3 depicts the most abundant bacterial species within your gut per each day of the study. The “<10% abundance” column represents a sum of bacterial species that individually account for less than 10% of

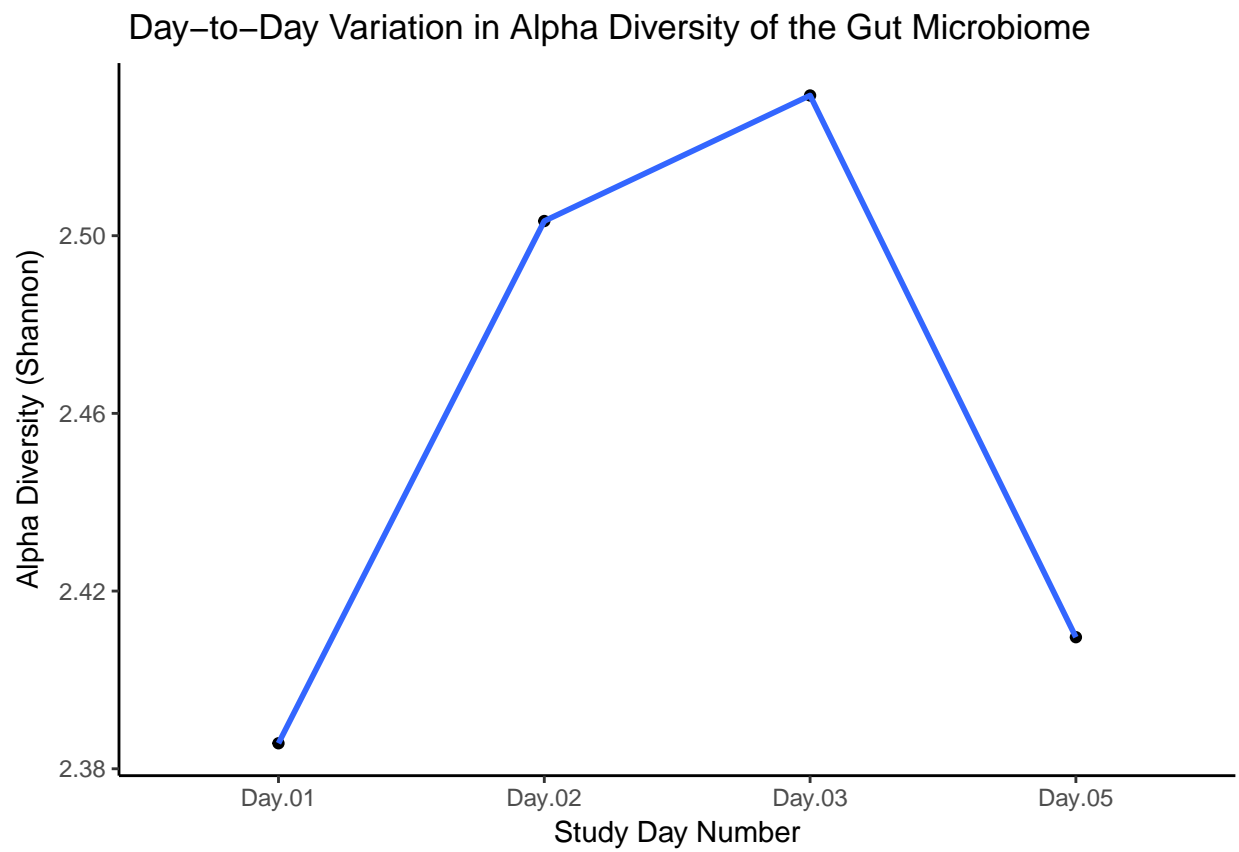


Figure 4: Figure 4 details how the bacterial diversity exhibited within your gut changes on a daily basis.



Figure 5: Figure 5 is a plot that represents how dissimilar certain individuals microbiomes are relative to each other. The shape corresponding to your (subject number) represents your microbiome - multiple of the same shapes correspond to each of the multiple days of testing.