

Main species within your gut per day

Relative Abundance

Bacterial Species

- Ruminococcus callidus
- Roseburia intestinalis
- Parasutterella excrementihominis
- Faecalibacterium prausnitzii
- Bifidobacterium adolescentis
- Bacteroides vulgatus
- Bacteroides uniformis
- Alistipes putredinis
- <10% abundance

