

CS 411 B2

Team 3

User Stories

**User Story 4:** As a logged in user I want to do my workout for the day.

**Description:** The user will navigate to the workout page and will click a button to begin their workout routine for the day. The workout routine for the day will be a separate page with a list of all the exercises the user must complete for the day. The exercises will include the name of the exercise, video tutorials for the exercise if there is one provided by the API, diagrams/images for the exercise routine. There will be a button at the end of the page, "Completed Workout" that the user can click once they complete their workout for the day and their progress will be stored in the database and they will be automatically redirected to the home page.