Module 1

Inflammation Control and Cardio-Metabolic Disease Part A

I. POWERPOINTS



"It ain't what folks don't know that's the problem, its' what they know they ain't so"

Josh Billings (1818-1885)

Sick Care

Most of us doctors are compensated for exactly the wrong things: diagnosing and treating disease, rather than preventing and warding off illness (health-care).

Chronic Disease:

The Need for a New Health Model

- 78% of health care expenses are now for the treatment of preventable chronic disease (CMD)
- Most health professionals are not adequately trained to deal with CMD and Age
 Management
- CMD is due primarily to "insulin resistance" from overconsumption of sugar, grains and vegetable oils (not cholesterol) and a "dysfunctional microbiome"