



Special Olympics
Illinois



1st Annual ABD eSports Winter Cycling Series and ABR eSports Illinois State Championships to benefit Special Olympics Illinois

This is a series of eSports indoor cycling events throughout January and February 2023. The first three events will be stages contested virtually from participants' own "pain caves". The series will culminate in an in-person day of eSports bike racing, season ending party and awards ceremony at the **Two Brothers Roundhouse** in Aurora. Proceeds will benefit **Special Olympics Illinois**. You can enter any event individually or the whole series. Note – the State Championship races on Feb. 25 will be broadcast live by Echelon Racing Promotions.

SCHEDULE

Date	Time	Course	Registration
Stage 1 January 14 Virtual	9am	~35K Road Race on RGT Magic Road finish at peak of Johnson's Mound	BikeReg
Stage 2 January 28 Virtual	9am	~10K TT on RGT Magic Road up and down Fox River	BikeReg
Stage 3 February 11 Virtual	9am	~20K Criterium on RGT Canary Wharf Course	BikeReg
February 25 In-Person	8am – 6pm	~10K TT and ~20K Criterium ABR State Championships at Two Brothers Roundhouse	BikeReg

LOCATION

First three events are virtual.
Feb 25 races will be at:
Two Brothers Roundhouse
205 N Broadway, Aurora, IL

FEES

\$25 per race (donation to
Special Olympics Illinois)

PRIZES

First three virtual races and
series – "Bragging Rights"
posting of results by ABR
Categories

Feb 25 Two Brothers Races –
Medals 5 deep and State
Championship Jersey for each
ABR category winner



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Additional Details

RGT download/set up – All of the races will be using the on-line platform RGT. We're using RGT because it offers a free version, it allows us to create, and schedule private races and it has a feature called "Magic Roads" that allows us to build, upload and race custom courses. Our TT and Road Race Courses are on familiar roads up and down our own Fox River starting and/or finishing at the Two Brothers Roundhouse in Aurora. You'll experience all the ups, downs, and turns of the course, just not our beautiful Midwest scenery.

You must download the free version of RGT to participate. If you already have the paid version of RGT, that works too. RGT is an on-line, virtual cycling platform like Zwift. It requires a smart trainer and computer, or phone connected to the internet. If you are running on Zwift, your set up should be able to support RGT too. Here's a link to [SYSTEM REQUIREMENTS](https://www.rgtcycling.com/system-requirements) for RGT. Here's a link to download the RGT platform - <https://www.rgtcycling.com/get-started/> and here's a link to a video introduction to RGT - "How to with Wahoo RGT" videos:

https://www.youtube.com/playlist?list=PLyZ4G63KYY2g6ASkASZcrhWemodKLG_yC

We highly recommend that you download, install and test RGT days before the races. While it's pretty straight forward, it is different from Zwift and other on-line cycling platform. Be sure to update your weight in the "Personal Details" tab in the menu ahead of time. No weight doping allowed! We're on the honor system. RGT allows free subscribers to ride a subset of their standard courses and we'll soon publish practice races where you can test the courses. You can make sure you are ready for race day, have your setup working correctly, all your sensors connected and become familiar with the interface.

Registration – Registration will be done through BikeReg. Once you register, you'll be emailed a link to join the specific race in RGT. Note that the your BikeReg fees will be passed on to Special Olympics Illinois and they will email you an acknowledgement letter for your donation.

Joining your races - Once you register through BikeReg, you'll be emailed a link to join your specific race. Make sure you've paired your trainer in RGT under MENU/SENSORS before beginning. Then, hit "RIDE NOW" to join the event and you'll be placed at the line before the start.

Notes about each race

January 14, 2023, 9am, ~35K Open Road Race – This will be a virtual race from your own "pain cave". It will be conducted on a RGT Magic Road which virtually starts at the Two Brothers Roundhouse and winds up the Fox River Valley climbing Wind Energy, Pine Street and others with a "mountain top" finish at the summit of Johnson's Mound. All categories and ages will race together but results will be published for overall and placings within each ABR category and age group.

January 28, 2023, 9am, ~10K Time Trial – This will be a virtual race from your own "pain cave". It will be conducted on a RGT Magic Road which will virtually start and finish at the Two Brothers Roundhouse. It's relatively flat and fast. All categories and age groups will race together utilizing the **MASS START/NO DRAFTING** format within RGT. Results will be published for overall and placings within each ABR category and age group.

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Additional Details Continued

February 11, 2023, 9am, ~20K Criterium - This will be a virtual race from your own "pain cave". It will be contested on the RGT Canary Wharf London course which is a flat and face .9 mile rectangle. All categories and ages will race together but results will be published for overall and placings within each ABR category and age group. NOTE: the top ten men and top ten women in this race will qualify for the Open eSports Criterium State Championship which will be conducted on February 25 at the Two Brothers Roundhouse in Aurora in-person.

Note: We'll also publish combined times across the first three stages by ABR category for the series winners.

February 25, 2023, Start times TBA, ~10K TT and ~20K Men's and Women's Criteriums – These races will be in-person on trainers (and computers/tablets) provided by ABD in the very cool Tavern Room at the Two Brothers Roundhouse in Aurora. You will need to bring your own bike and will need to know your own RGT userid and password. You'll need an ABR annual or one day license to compete in these races. The TT's will be conducted similar to the way we used to do the indoor TTs in Winfield with racers assigned into heats throughout the day. Finishing times will be published overall and by ABR categories and age groups. The top five finishers in each ABR category and age group will win medals and the winners of each category will be declared ABR Illinois State eSports Time Trial Champion and will be awarded ABR State Championship jerseys.

The top 10 men and top 10 women who qualified based upon their finish in the February 11 race will contest the ABR Open eSports State Championship Criterium races. The winners will also be awarded Illinois State Championship jerseys. These will be the feature races at the end of the day and we hope everyone will stay around to cheer on the racers. Echelon Racing Promotions will broadcast these races live with an announcer and the races will be archived to be watched later as well.

ABR/MATTS – The first three races will not be official ABR/MATTS races and no license is needed. The February 25 in-person races will require ABR season or race day licenses and will count for ABR/MATTS season series points. ABR will be on-site for you to get your license or you can do it [on-line](#). See more information on [MATTS](#) and [ABR](#).

Questions - Contact: daneluhrsen@gmail.com