

# 2018 Fall Fling

**REGISTRATION OPENS EACH EVENT DAY AT 8:00 AM**  
**REGISTER ONLINE NOW & SAVE YOURSELF THE \$5 LATE FEE!**



**DAILY PRIZES AND THE FAMOUS TEAM COMPETITION!**  
**MORE INFO AT [WWW.ABDCYCLING.COM](http://WWW.ABDCYCLING.COM)**

## FEES

**Adults: \$30/event (\$35 day of)**  
**Juniors: \$20/event (\$25 day of)**  
**\$15/each additional race (day of)**

## 3-RACE DEAL!

**Adults: \$800**  
**Juniors: \$50**



If only registering for the time-trial, feel free to use TrueSport, click on image below!



To **pre-register**, online go to  
[www.bikereg.com](http://www.bikereg.com), or via **US Mail**  
 send a standard

**ABR Release Form**

for **EACH CATEGORY** w/check or  
 money order payable to **ABD**  
**Cycle Club** to the following  
 address:

**ABD Cycle Club**  
**27W181 Geneva Rd.**  
**Winfield, IL 60190**

## DECENCY

Please respect residents and  
 families when changing for your  
 event. Riders breaking decency laws  
 (ie. nudity) will be DQ'ed, ticketed, &  
 possibly arrested.

### SUNDAY, SEPTEMBER 23, 2018 EVENT #1 - WOOD DALE SOUTH LOOP CRITERIUM

| TIME     | CATEGORIES  | DISTANCE |
|----------|---|----------|
| 9:00 AM  | Men's Master 60+/65+/70+/75+/80+<br>Women's Master 40+/50+/60+/65+/70+/75+/80+<br>Women's Cat 4<br>Women's Cat 5/Beginner | 35 Min.  |
| 9:45 AM  | Men's Master 50+/55+<br>Women's Cat 1/2/3   | 45 Min.  |
| 10:40 AM | Men's Cat 4/5<br>Men's Master 40+ Cat 4   | 45 Min.  |
| 11:35 AM | Men's Cat 1/2<br>Men's Cat 3<br>Men's Master 40+ Cat 1/2/3  | 75 Min.  |

### SATURDAY, SEPTEMBER 29, 2018 EVENT #2 - GENEVA MILL CREEK CRITERIUM

| TIME     | CATEGORIES  | DISTANCE |
|----------|---|----------|
| 9:00 AM  | Men's Master 60+/65+/70+/75+/80+<br>Women's Master 40+/50+/60+/65+/70+/75+/80+<br>Women's Cat 4<br>Women's Cat 5/Beginner | 35 Min.  |
| 9:45 AM  | Men's Master 50+/55+<br>Women's Cat 1/2/3   | 45 Min.  |
| 10:40 AM | Men's Cat 4/5<br>Men's Master 40+ Cat 4   | 45 Min.  |
| 11:35 AM | Men's Cat 1/2<br>Men's Cat 3<br>Men's Master 40+ Cat 1/2/3  | 75 Min.  |

### SUNDAY, SEPTEMBER 30, 2018 EVENT #3 - MAPLE PARK TIME TRIAL

**REGISTRATION OPENS AT 8:00 AM**  
**FIRST RIDER OFF AT 9:01 AM**

Registration will be held in the basement of the Civic Center at  
 302 Willow Street, Maple Park, IL

**PLEASE RESPECT ALL NO PARKING SIGNS & LOCAL TRAFFIC!**

**COURSE:** Approximately 9.5 miles with 2x 180-degree turnarounds



**MAP & DIRECTIONS**

