

Career Exploration and Planning

Dhidib Foundation

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1. Introduction to Career Development

Career development is a lifelong process of managing your work, learning, and life choices to achieve your goals.

Why Career Planning Matters:

- Helps you make informed decisions about your future
- Increases your chances of job satisfaction
- Provides direction and purpose
- Helps you develop relevant skills and experience
- Enables you to adapt to changing job markets
- Builds confidence and self-awareness

Career Development Stages:

- Exploration: Discovering interests and options
- Preparation: Building skills and qualifications
- Entry: Starting your first job or career
- Advancement: Growing and progressing
- Transition: Changing careers or roles

2. Self-Assessment and Discovery

Understanding yourself is the foundation of effective career planning. Here's how to assess your interests, strengths, and values.

Interest Assessment:

- What activities do you enjoy most?
- What subjects or topics fascinate you?
- What hobbies or extracurricular activities do you pursue?