

# Managing Oneself

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## The Idea in Brief

If you have got ambition, drive and smarts you can rise to top of your field.

Cultivate deep understanding of yourself

- What are your most valuable strengths and most dangerous weaknesses?
- How do you learn and work with others?
- What are your most deeply held values?

Only when you operate from combination of your strengths and self-knowledge you can achieve true and lasting *excellence*

## The Idea in Practice

### What are my strengths

Everytime you make a key decision, write down outcome you expect.

Several months later, look for patterns in what you're seeing.

Don't waste time cultivating skill areas you have little competence. INstead concentrate on and build on *your strengths*

### How do I work

Understand how you work best.

- Reading
- Listening others discuss
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