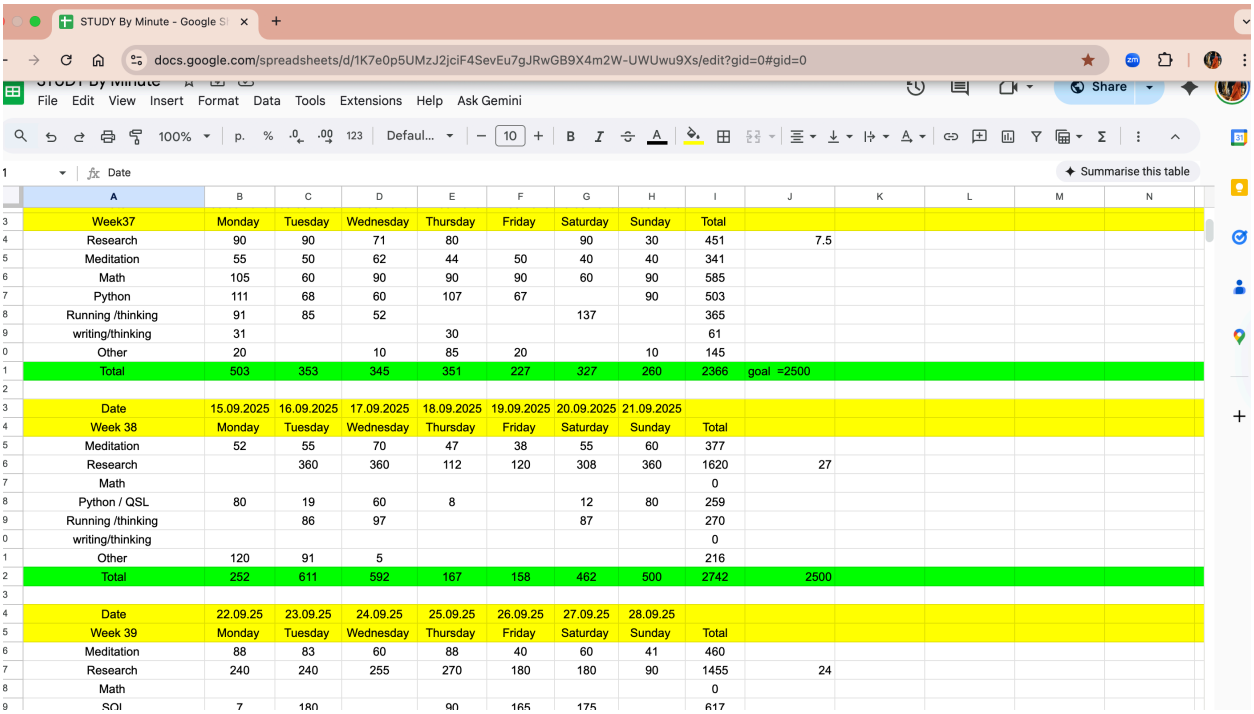
Study minutes project

I track my study or learning periods every day to see my progress visually.

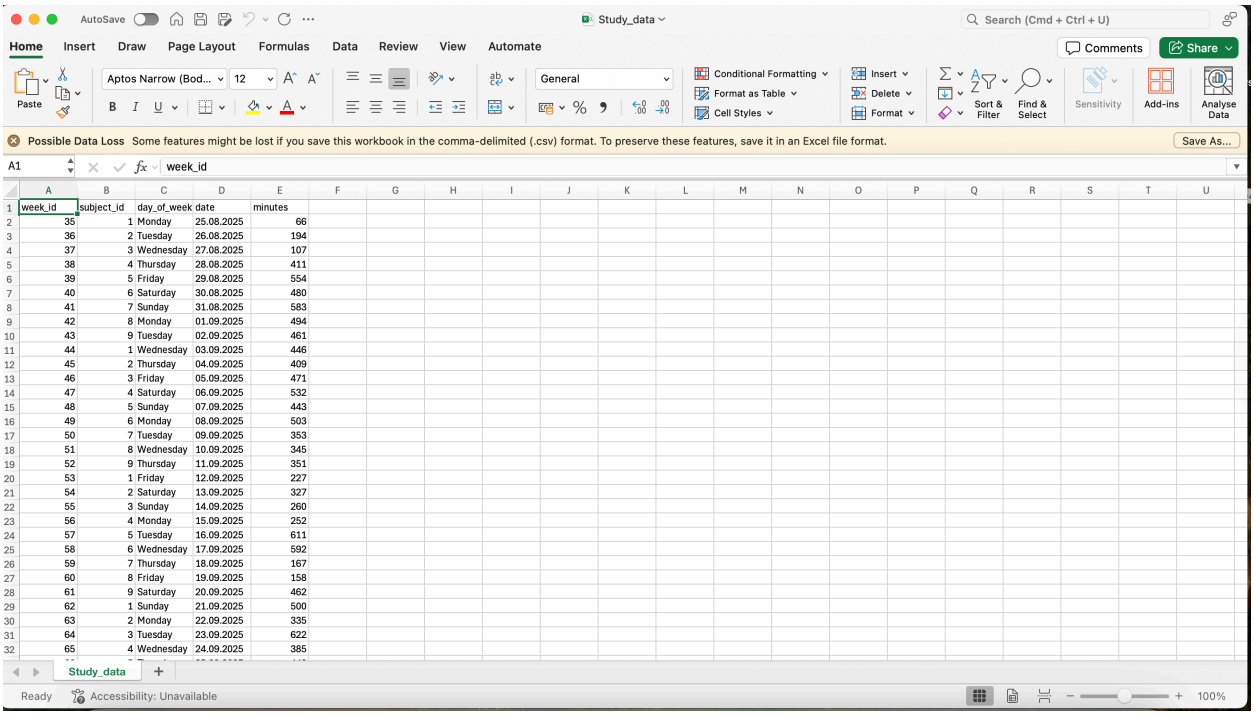
I decided to visualise more efficiently using MySQL.

Initial Excel view of the table

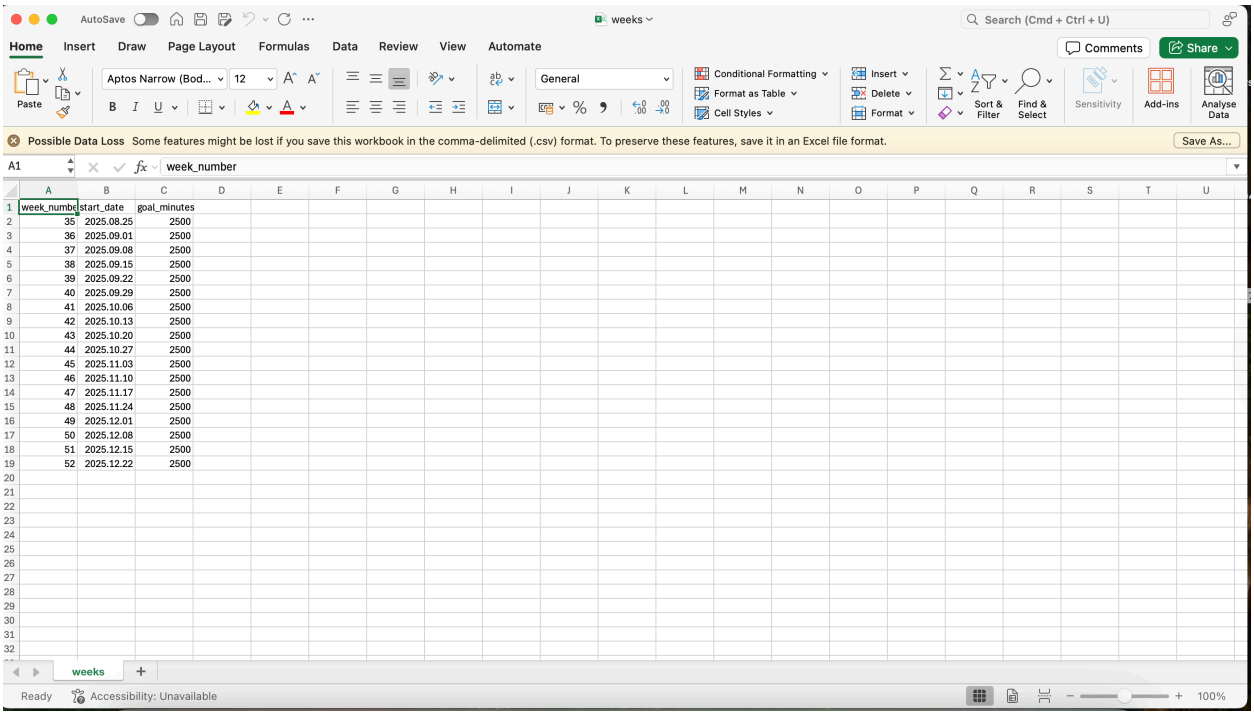


	A	B	C	D	E	F	G	H	I	J
3	Week37	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total	
4	Research	90	90	71	80		90	30	451	7.5
5	Meditation	55	50	62	44	50	40	40	341	
6	Math	105	60	90	90	90	60	90	585	
7	Python	111	68	60	107	67		90	503	
8	Running /thinking	91	85	52			137		365	
9	writing/thinking	31			30				61	
0	Other	20		10	85	20		10	145	
1	Total	503	353	345	351	227	327	260	2366	goal =2500
2										
3	Date	15.09.2025	16.09.2025	17.09.2025	18.09.2025	19.09.2025	20.09.2025	21.09.2025		
4	Week 38	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total	
5	Meditation	52	55	70	47	38	55	60	377	
6	Research		360	360	112	120	308	360	1620	27
7	Math								0	
8	Python / QSL	80	19	60	8		12	80	259	
9	Running /thinking		86	97			87		270	
0	writing/thinking								0	
1	Other	120	91	5					216	
2	Total	252	611	592	167	158	462	500	2742	2500
3										
4	Date	22.09.25	23.09.25	24.09.25	25.09.25	26.09.25	27.09.25	28.09.25		
5	Week 39	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total	
6	Meditation	88	83	60	88	40	60	41	460	
7	Research	240	240	255	270	180	180	90	1455	24
8	Math								0	
9	SQL	7	180		90	165	175		617	

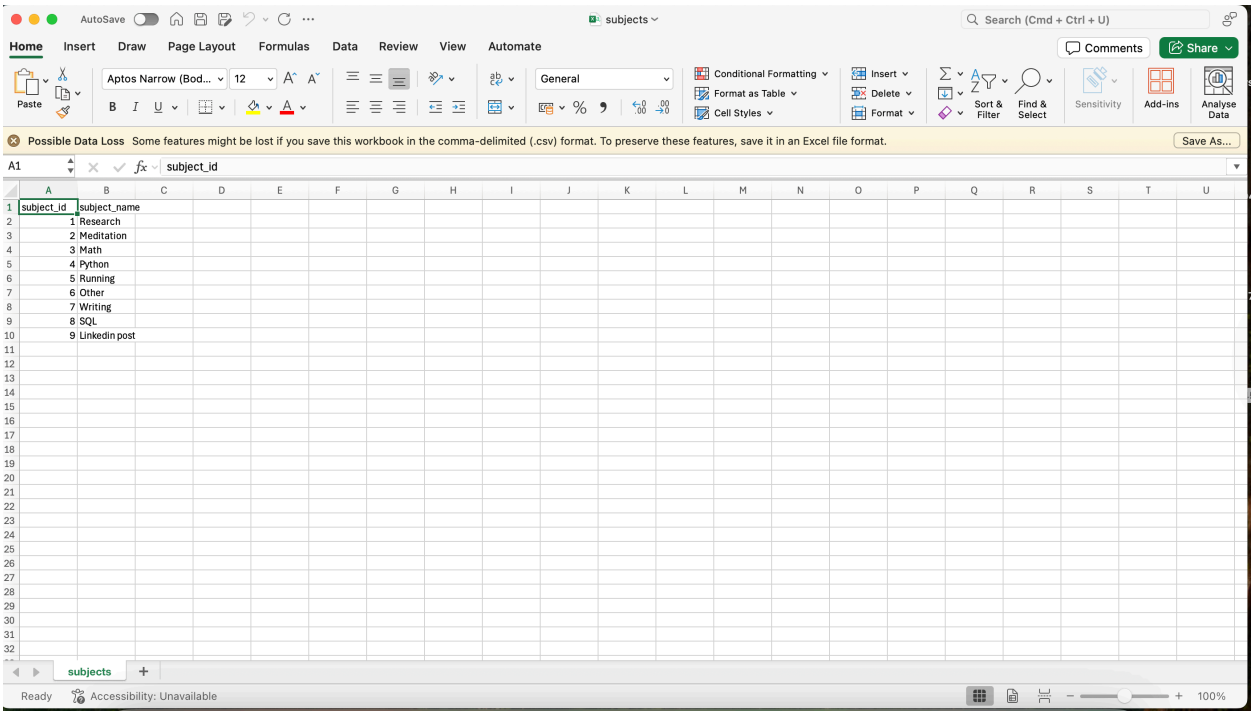
Then I turned it into 3 separate tabels



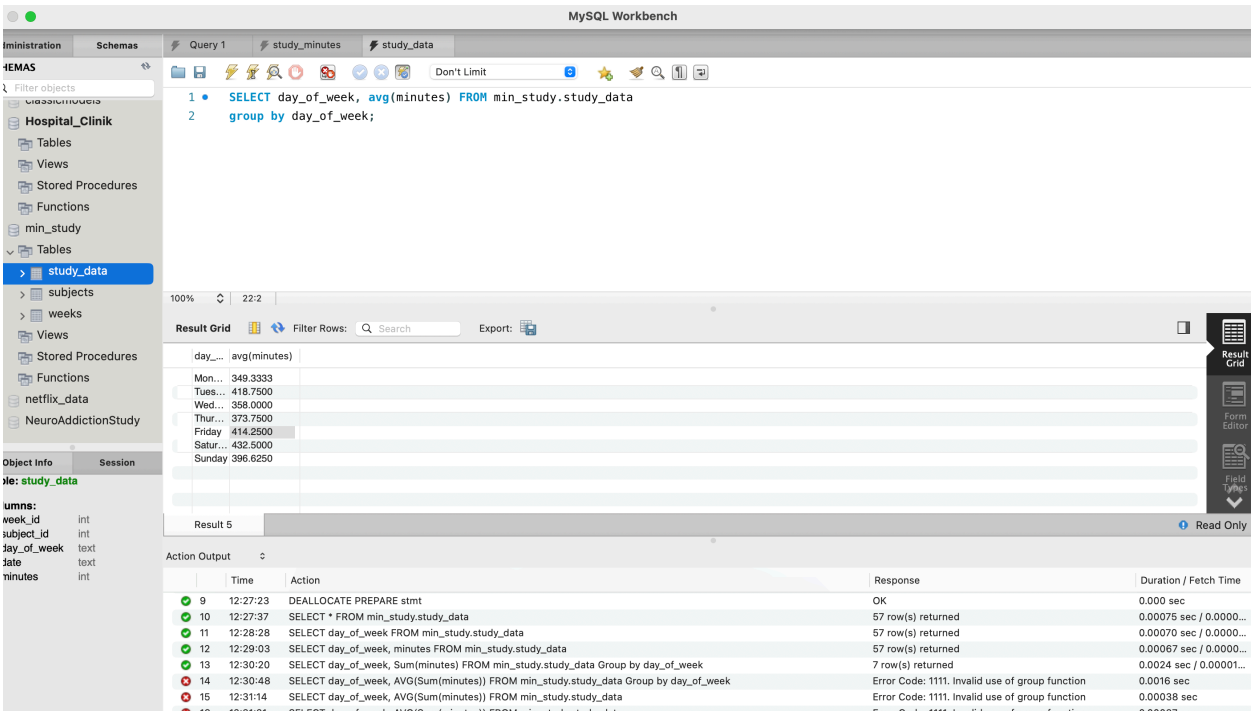
week_id	subject_id	day_of_week	date	minutes
35	1	Monday	25.08.2025	66
36	2	Tuesday	26.08.2025	194
37	3	Wednesday	27.08.2025	107
38	4	Thursday	28.08.2025	411
39	5	Friday	29.08.2025	554
40	6	Saturday	30.08.2025	480
41	7	Sunday	31.08.2025	583
42	8	Monday	01.09.2025	494
43	9	Tuesday	02.09.2025	461
44	1	Wednesday	03.09.2025	446
45	2	Thursday	04.09.2025	409
46	3	Friday	05.09.2025	471
47	4	Saturday	06.09.2025	532
48	5	Sunday	07.09.2025	443
49	6	Monday	08.09.2025	503
50	7	Tuesday	09.09.2025	353
51	8	Wednesday	10.09.2025	345
52	9	Thursday	11.09.2025	351
53	1	Friday	12.09.2025	227
54	2	Saturday	13.09.2025	327
55	3	Sunday	14.09.2025	260
56	4	Monday	15.09.2025	252
57	5	Tuesday	16.09.2025	611
58	6	Wednesday	17.09.2025	592
59	7	Thursday	18.09.2025	167
60	8	Friday	19.09.2025	158
61	9	Saturday	20.09.2025	462
62	1	Sunday	21.09.2025	500
63	2	Monday	22.09.2025	335
64	3	Tuesday	23.09.2025	622
65	4	Wednesday	24.09.2025	385



week_number	start_date	goal_minutes
35	2025.08.25	2500
36	2025.09.01	2500
37	2025.09.08	2500
38	2025.09.15	2500
39	2025.09.22	2500
40	2025.09.29	2500
41	2025.10.06	2500
42	2025.10.13	2500
43	2025.10.20	2500
44	2025.10.27	2500
45	2025.11.03	2500
46	2025.11.10	2500
47	2025.11.17	2500
48	2025.11.24	2500
49	2025.12.01	2500
50	2025.12.08	2500
51	2025.12.15	2500
52	2025.12.22	2500



After creating the schema, I created tables and column names and then imported the data into MySQL. Then I queried to find the average study minutes by day of the week. As it is shown in the picture, the most productive days of the week can be spotted



Although it was a relatively easy task, it was fun to see how in a real-life situation, Data Analytics can be used.