# Practical Machine Learning Course Project Report

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These is a file produced during a homework assignment of Coursera's MOOC Practical Machine Learning from Johns Hopkins Bloomberg School of Public Health.

For more information about the several MOOCs comprised in this Specialization, please visit: https://www.coursera.org/specialization/jhudatascience/

The scripts have been solely produced, tested and executed on Windows 10 Pro and RStudio Version 1.0.136.

# Background

Using devices such as Jawbone Up, Nike FuelBand, and Fitbit it is now possible to collect a large amount of data about personal activity relatively inexpensively. These type of devices are part of the quantified self movement - a group of enthusiasts who take measurements about themselves regularly to improve their health, to find patterns in their behavior, or because they are tech geeks. One thing that people regularly do is quantify how much of a particular activity they do, but they rarely quantify how well they do it. In this project, our goal will be to use data from accelerometers on the belt, forearm, arm, and dumbell of 6 participants. They were asked to perform barbell lifts correctly and incorrectly in 5 different ways. More information is available from the website here: http://groupware.les.inf.puc-rio.br/har (see the section on the Weight Lifting Exercise Dataset).

#### **Data Sources**

The training data for this project is available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv

The test data is available here:

https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv

The data for this project comes from this original source: http://groupware.les.inf.puc-rio.br/har. If you use the document you create for this class for any purpose please cite them as they have been very generous in allowing their data to be used for this kind of assignment.

### **Intended Results**

The goal of this project is to predict the manner in which they did the exercise. This is the "classe" variable in the training set. You may use any of the other variables to predict with. You should create a report describing how you built your model, how you used cross validation, what you think the expected out of sample error is, and why you made the choices you did. You will also use your prediction model to predict 20 different test cases.

- 1. Your submission should consist of a link to a Github repo with your R markdown and compiled HTML file describing your analysis. Please constrain the text of the writeup to < 2000 words and the number of figures to be less than 5. It will make it easier for the graders if you submit a repo with a gh-pages branch so the HTML page can be viewed online (and you always want to make it easy on graders :-).
- 2. You should also apply your machine learning algorithm to the 20 test cases available in the test data above. Please submit your predictions in appropriate format to the programming assignment for automated grading. See the programming assignment for additional details.

# Reproducibility

In order to reproduce the same results, you need a certain set of packages as well as setting a pseudo random seed equal to the one I have used.

Note: To install, for instance, the rattle package in R, run this command: install.packages("rattle"). The following Libraries were used for this project, which you should install and load them in your working environment.

```
library(rattle)
## Rattle: A free graphical interface for data mining with R.
## Version 4.1.0 Copyright (c) 2006-2015 Togaware Pty Ltd.
## Type 'rattle()' to shake, rattle, and roll your data.
library(caret)
## Loading required package: lattice
## Loading required package: ggplot2
library(rpart)
library(rpart.plot)
library(corrplot)
library(randomForest)
## randomForest 4.6-12
## Type rfNews() to see new features/changes/bug fixes.
##
## Attaching package: 'randomForest'
## The following object is masked from 'package:ggplot2':
##
##
       margin
library(RColorBrewer)
Finally, load the same seed with the following line of code:
```

```
set.seed(56789)
```

# Getting Data

First of all, set your current working directory.

```
setwd("D:/Project-Practical-Machine-Learning")
```

The following code fragment downloads the dataset to the data folder in the current working directory.

```
trainUrl <-"https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv"
testUrl <- "https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv"
trainFile <- "./data/pml-training.csv"</pre>
testFile <- "./data/pml-testing.csv"</pre>
if (!file.exists("./data")) {
  dir.create("./data")
}
if (!file.exists(trainFile)) {
  download.file(trainUrl, destfile = trainFile, method = "curl")
```

```
}
if (!file.exists(testFile)) {
   download.file(testUrl, destfile = testFile, method = "curl")
}
rm(trainUrl)
rm(testUrl)
```

# Reading Data

After downloading the data from the data source, we can read the two csv files into two data frames.

```
trainRaw <- read.csv(trainFile)
testRaw <- read.csv(testFile)
dim(trainRaw)

## [1] 19622 160
dim(testRaw)

## [1] 20 160
rm(trainFile)
rm(testFile)</pre>
```

The training data set contains 19622 observations and 160 variables, while the testing data set contains 20 observations and 160 variables. The classe variable in the training set is the outcome to predict.

# Cleaning Data

In this step, we will clean the dataset and get rid of observations with missing values as well as some meaningless variables.

1. We clean the Near Zero Variance Variables.

```
NZV <- nearZeroVar(trainRaw, saveMetrics = TRUE)
head(NZV, 20)</pre>
```

```
##
                           freqRatio percentUnique zeroVar
## X
                           1.000000
                                      100.00000000
                                                     FALSE FALSE
## user_name
                           1.100679
                                        0.03057792
                                                     FALSE FALSE
## raw_timestamp_part_1
                           1.000000
                                        4.26562022
                                                     FALSE FALSE
## raw_timestamp_part_2
                           1.000000
                                       85.53154622
                                                     FALSE FALSE
## cvtd_timestamp
                                                     FALSE FALSE
                           1.000668
                                        0.10192641
## new_window
                           47.330049
                                        0.01019264
                                                     FALSE TRUE
## num_window
                                                     FALSE FALSE
                           1.000000
                                        4.37264295
## roll_belt
                           1.101904
                                        6.77810621
                                                     FALSE FALSE
## pitch_belt
                           1.036082
                                        9.37722964
                                                     FALSE FALSE
## yaw belt
                           1.058480
                                        9.97349913
                                                     FALSE FALSE
## total_accel_belt
                                                     FALSE FALSE
                           1.063160
                                        0.14779329
## kurtosis_roll_belt
                        1921.600000
                                        2.02323922
                                                     FALSE TRUE
## kurtosis_picth_belt
                          600.500000
                                        1.61553358
                                                     FALSE
                                                            TRUE
## kurtosis_yaw_belt
                           47.330049
                                        0.01019264
                                                     FALSE
                                                            TRUE
## skewness_roll_belt
                        2135.111111
                                        2.01304658
                                                     FALSE TRUE
## skewness_roll_belt.1
                         600.500000
                                        1.72255631
                                                     FALSE TRUE
## skewness_yaw_belt
                           47.330049
                                        0.01019264
                                                     FALSE TRUE
```

```
## max_roll_belt
                            1.000000
                                         0.99378249
                                                       FALSE FALSE
                                         0.11211905
## max_picth_belt
                            1.538462
                                                       FALSE FALSE
                                                       FALSE TRUE
## max_yaw_belt
                          640.533333
                                         0.34654979
training01 <- trainRaw[, !NZV$nzv]</pre>
testing01 <- testRaw[, !NZV$nzv]</pre>
dim(training01)
## [1] 19622
dim(testing01)
## [1] 20 100
rm(trainRaw)
rm(testRaw)
rm(NZV)
```

2. Removing some columns of the dataset that do not contribute much to the accelerometer measurements.

```
regex <- grepl("^X|timestamp|user_name", names(training01))
training <- training01[, !regex]
testing <- testing01[, !regex]
rm(regex)
rm(training01)
rm(testing01)
dim(training)</pre>
```

```
## [1] 19622 95
dim(testing)
```

## [1] 20 95

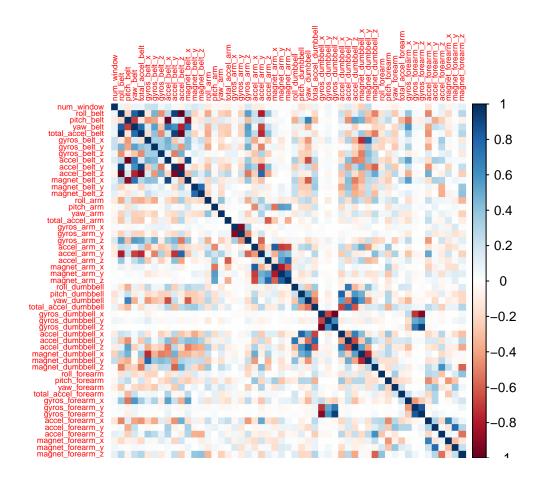
3. Removing columns that contain NA's.

```
cond <- (colSums(is.na(training)) == 0)
training <- training[, cond]
testing <- testing[, cond]
rm(cond)</pre>
```

Now, the cleaned training data set contains 19622 observations and 54 variables, while the testing data set contains 20 observations and 54 variables.

Correlation Matrix of Columns in the Training Data set.

```
corrplot(cor(training[, -length(names(training))]), method = "color", tl.cex = 0.5)
```



# Partitioning Training Set

we split the cleaned training set into a pure training data set (70%) and a validation data set (30%). We will use the validation data set to conduct cross validation in future steps.

```
set.seed(56789) # For reproducibile purpose
inTrain <- createDataPartition(training$classe, p = 0.70, list = FALSE)
validation <- training[-inTrain, ]
training <- training[inTrain, ]
rm(inTrain)</pre>
```

The Dataset now consists of 54 variables with the observations divided as following:

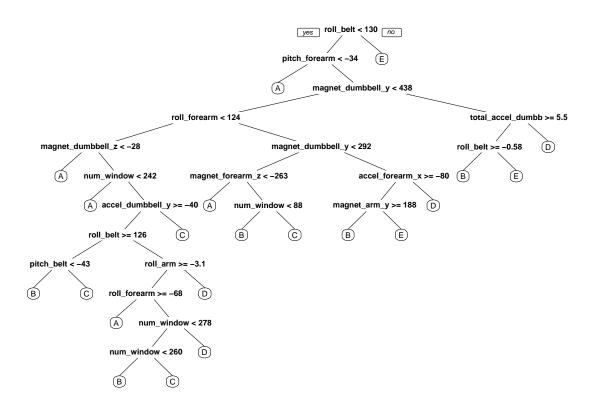
- 1. Training Data: 13737 observations.
- 2. Validation Data: 5885 observations.
- 3. Testing Data: 20 observations.

# **Data Modelling**

#### **Decision Tree**

We fit a predictive model for activity recognition using Decision Tree algorithm.

```
modelTree <- rpart(classe ~ ., data = training, method = "class")
prp(modelTree)</pre>
```



Now, we estimate the performance of the model on the validation data set.

```
predictTree <- predict(modelTree, validation, type = "class")
confusionMatrix(validation$classe, predictTree)</pre>
```

```
## Confusion Matrix and Statistics
##
##
              Reference
## Prediction
                       В
                            С
                                  D
                                       Ε
                  Α
##
             A 1526
                      41
                            20
                                 61
                                      26
##
             В
                264
                     646
                           74
                                126
                                      29
##
             С
                 20
                      56
                          852
                                 72
                                      26
             D
                 93
                          133
                                      42
##
                      31
                                665
##
             Ε
                 82
                      85
                                     694
                            93
                                128
##
  Overall Statistics
##
##
##
                   Accuracy : 0.7448
                     95% CI: (0.7334, 0.7559)
##
       No Information Rate: 0.3373
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
##
                      Kappa: 0.6754
##
    Mcnemar's Test P-Value : < 2.2e-16
##
## Statistics by Class:
##
```

```
##
                        Class: A Class: B Class: C Class: D Class: E
## Sensitivity
                                    0.7520
                                             0.7270
                                                       0.6321
                                                                0.8494
                           0.7688
## Specificity
                                    0.9019
                           0.9621
                                             0.9631
                                                       0.9381
                                                                0.9234
## Pos Pred Value
                           0.9116
                                    0.5672
                                             0.8304
                                                       0.6898
                                                                0.6414
## Neg Pred Value
                           0.8910
                                    0.9551
                                             0.9341
                                                       0.9214
                                                                0.9744
## Prevalence
                                             0.1992
                           0.3373
                                    0.1460
                                                       0.1788
                                                                0.1388
## Detection Rate
                           0.2593
                                    0.1098
                                             0.1448
                                                       0.1130
                                                                0.1179
## Detection Prevalence
                           0.2845
                                    0.1935
                                             0.1743
                                                       0.1638
                                                                0.1839
## Balanced Accuracy
                           0.8654
                                    0.8270
                                             0.8450
                                                       0.7851
                                                                0.8864
accuracy <- postResample(predictTree, validation$classe)</pre>
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictTree)$overall[1])
rm(predictTree)
rm(modelTree)
```

The Estimated Accuracy of the Random Forest Model is 74.4774851% and the Estimated Out-of-Sample Error is 25.5225149%.

#### Random Forest

We fit a predictive model for activity recognition using Random Forest algorithm because it automatically selects important variables and is robust to correlated covariates & outliers in general. We will use 5-fold cross validation when applying the algorithm.

```
modelRF <- train(classe ~ ., data = training, method = "rf", trControl = trainControl(method = "cv", 5)
modelRF
## Random Forest
##
## 13737 samples
##
      53 predictor
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 10989, 10988, 10991, 10990, 10990
## Resampling results across tuning parameters:
##
##
     mtry Accuracy
                      Kappa
           0.9941763 0.9926330
##
     2
##
     27
           0.9966511 0.9957639
           0.9948310 0.9934612
##
     53
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was mtry = 27.
Now, we estimate the performance of the model on the validation data set.
predictRF <- predict(modelRF, validation)</pre>
confusionMatrix(validation$classe, predictRF)
```

```
##
            В
                  3 1136
                            0
                                  0
                       1 1022
            C
                                  3
                                       0
##
                  0
##
            D
                  0
                       0
                            3
                                961
                                       0
            E
##
                  0
                       0
                            0
                                  1 1081
##
## Overall Statistics
##
##
                   Accuracy: 0.9981
                     95% CI : (0.9967, 0.9991)
##
##
       No Information Rate: 0.285
##
       P-Value [Acc > NIR] : < 2.2e-16
##
##
                      Kappa: 0.9976
   Mcnemar's Test P-Value : NA
##
##
## Statistics by Class:
##
##
                         Class: A Class: B Class: C Class: D Class: E
                                     0.9991
                                              0.9971
                                                        0.9959
                                                                  1.0000
## Sensitivity
                           0.9982
## Specificity
                           1.0000
                                     0.9994
                                              0.9992
                                                        0.9994
                                                                  0.9998
## Pos Pred Value
                           1.0000
                                     0.9974
                                              0.9961
                                                        0.9969
                                                                  0.9991
## Neg Pred Value
                           0.9993
                                     0.9998
                                               0.9994
                                                        0.9992
                                                                  1.0000
## Prevalence
                           0.2850
                                     0.1932
                                               0.1742
                                                        0.1640
                                                                  0.1837
## Detection Rate
                           0.2845
                                     0.1930
                                               0.1737
                                                        0.1633
                                                                  0.1837
## Detection Prevalence
                           0.2845
                                     0.1935
                                               0.1743
                                                        0.1638
                                                                  0.1839
## Balanced Accuracy
                           0.9991
                                     0.9992
                                               0.9981
                                                        0.9976
                                                                  0.9999
accuracy <- postResample(predictRF, validation$classe)</pre>
ose <- 1 - as.numeric(confusionMatrix(validation$classe, predictRF)$overall[1])
rm(predictRF)
```

The Estimated Accuracy of the Random Forest Model is 99.8130841% and the Estimated Out-of-Sample Error is 0.1869159%.

Random Forests yielded better Results, as expected!

# Predicting The Manner of Exercise for Test Data Set

Now, we apply the Random Forest model to the original testing data set downloaded from the data source. We remove the problem\_id column first.

```
rm(accuracy)
rm(ose)
predict(modelRF, testing[, -length(names(testing))])
## [1] B A B A A E D B A A B C B A E E A B B B
## Levels: A B C D E
```

### Generating Files to submit as answers for the Assignment

Function to generate files with predictions to submit for assignment.

```
pml_write_files = function(x){
  n = length(x)
  for(i in 1:n){
```

```
filename = paste0("./Assignment_Solutions/problem_id_",i,".txt")
  write.table(x[i], file = filename, quote = FALSE, row.names = FALSE, col.names = FALSE)
}
```

Generating the Files.

```
pml_write_files(predict(modelRF, testing[, -length(names(testing))]))
rm(modelRF)
rm(training)
rm(testing)
rm(validation)
rm(pml_write_files)
```