# Answers By Heart Fact Sheets

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# **Answers By Heart Fact Sheets**

The American Heart Association offers these Answers by Heart patient information sheets address cardiovascular conditions, treatments and tests, and lifestyle and risk reduction. Some topics are also available in Spanish.

### Answers by Heart Fact Sheets | American Heart Association

Heart disease and stroke fact sheets. Links with this icon indicate that you are leaving the CDC website. The Centers for Disease Control and Prevention (CDC) cannot attest to the accuracy of a non-federal website.

# Heart Disease and Stroke Fact Sheets Data & Statistics ...

Do you need a reminder of what your health care provider advised during your last office visit? Here are over 200 free, downloadable print-outs that go over the main points your clinician wants you to know about your heart condition and related health concerns.

#### **CardioSmart Patient Fact Sheets**

About Heart Attack. A heart attack happens when the blood supply to the heart is cut off. Cells in the heart muscle that do not receive enough oxygen-carrying blood begin to die. The more time that passes without treatment to restore blood flow, the greater the damage to the heart.

# Know the Signs and Symptoms of a Heart Attack Fact Sheet ...

Download a pdf of this fact sheet here. Based on the extraordinary misinformation that appeared frequently in the popular press, many people believe that a pregnant woman who uses any amount of an illegal drug or alcohol will inevitably harm or even kill her fetus.

# **National Advocates for Pregnant Women: Fact Sheets**

FAQs and Fact Sheets FAQs and Fact Sheets. Additives ...

# FAQs and Fact Sheets - Vickerstaff Health Services ...

Tetanus is an acute infectious disease caused by spores of the bacterium Clostridium tetani. The spores are found everywhere in the environment, particularly in soil, ash, intestinal tracts/feces of animals and humans, and on the surfaces of skin and rusty tools like nails, needles, barbed wire, etc. Being very resistant to heat and most antiseptics, the spores can survive for years.

#### **Tetanus - who.int**

Heart attacks and strokes are usually acute events and are mainly caused by a blockage that prevents blood from flowing to the heart or brain. The most common reason for this is a build-up of fatty deposits on the inner walls of the blood vessels that supply the heart or brain. Strokes can also be ...

#### Cardiovascular diseases (CVDs) - who.int

In every pregnancy, a woman starts out with a 3-5% chance of having a baby with a birth defect. This is called her background risk. This sheet talks about nausea and vomiting during pregnancy (NVP).

# Nausea and Vomiting of Pregnancy (NVP) | MotherToBaby

2015-2020 Dietary Guidelines: Answers to Your Questions. What are "eating patterns" and why does the 2015-2020 Dietary Guidelines focus on them?. An eating pattern refers to the combination of all of the foods and beverages a person eats and drinks regularly over time. A large body of science now shows that healthy eating patterns and regular physical activity can help people achieve and ...

# 2015-2020 Dietary Guidelines: Answers to Your Questions ...

This sheet talks about exposure to lamotrigine in pregnancy and while breastfeeding. This information should not take the place of medical care and advice from your healthcare provider.

# Lamotrigine (Lamictal®) | MotherToBaby

Vitamin E is found naturally in some foods, added to others, and available as a dietary supplement. "Vitamin E" is the collective name for a group of fat-soluble compounds with distinctive antioxidant activities [1]. Naturally occurring vitamin E exists in eight chemical forms (alpha-, beta-, gamma ...

#### **Vitamin E — Health Professional Fact Sheet**

Heart to Horse Box . How would you and your horse enjoy a mystery box filled with surprise tack, treats, apparel, and more -- every month? Every Heart to Horse Box is specially packaged with handpicked items that will delight your horse and allow you both to try exciting new products.

#### Heart to Horse Box - Horse.com

Fun Facts on the Heart for Kids Discover some amazing facts and information in easy to understand terms - especially written for kids! Learn fun facts, trivia and discover the answers to these interesting questions; how big is the human heart?

#### Fun Facts on the Heart for kids

Approximately one in every six adults—16.3% of the U.S. adult population—has high total cholesterol. 1 The level defined as high total cholesterol is 240 mg/dL and above. People with high total cholesterol have approximately twice the risk of heart disease as people with optimal levels.

# **Answers By Heart Fact Sheets**

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