

## *The Tapping Solution*

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### **The Tapping Solution**

Learn Tapping Now Tapping is an extraordinarily simple technique and can be learned by anyone in minutes. Whatever life stress or challenge, learn how to use Tapping to release it and create the life experience you most want and deserve.

### **The Tapping Solution (EFT): How To Get Started**

The Tapping Solution DVD is an excellent introduction to EFT and clearly demonstrates what EFT can do. It shows real people with real issues, both physical and emotional, and the amazing transformations of those issues and their lives.

### **Amazon.com: The Tapping Solution: Nick Ortner, Jack ...**

"The Tapping Solution" by Nick Ortner - Official Book Trailer - Duration: 2 minutes, 29 seconds.

### **The Tapping Solution - YouTube**

The basic Tapping technique requires you to focus on the negative emotion at hand - a fear, a worry, a bad memory, an unresolved problem, or anything that's bothering you. While maintaining your mental focus on this issue, you use your fingertips to tap 5-7 times on each of the 9 specific meridian points of the body.

### **Tapping 101 - Learn the Basics of the Tapping Technique**

The Tapping Solution. At the time I found it, EFT was already being used by tens, if not hundreds, of thousands of people around the world. A thriving community existed, its members exploring these principles together and sharing the results. But there was still a tremendous amount of skepticism about the process.

### **The Tapping Solution by Nick Ortner - HealYourLife**

The Tapping Solution: A Revolutionary System for Stress-free Living is a self-help book by Nick Ortner, CEO of his company The Tapping Solution. Ortner made a documentary called The Tapping Solution, which inspired five online Tapping World Summits.

### **The Tapping Solution - Wikipedia**

The Tapping Solution also offers a lifetime subscription, which is a one-time only payment of \$399.99, giving you unlimited access to all of the tapping meditations inside the app forever. These prices are for United States customers.

### **The Tapping Solution on the App Store - itunes.apple.com**

Welcome to Tapping. The Tapping Solution App. My Account & Billing. Tapping Tips. Tapping Partnerships & Initiatives . App Content & New Features. Contact Us . We love to hear from you! Click the top Submit a Request link or email Support at [contact@thetappingsolution.com](mailto:contact@thetappingsolution.com)

### **The Tapping Solution, LLC**

What is Tapping? Tapping, also known as EFT (Emotional Freedom Technique), is a powerful holistic healing technique that has been proven to effectively resolve a range of issues. It is based on the combined principles of ancient Chinese acupressure and modern psychology.

### **The Tapping Solution App**

What Is Tapping and How Does It Work? TAPPING GIVES YOU THE POWER TO HEAL YOURSELF, PUTTING THE CONTROL OVER YOUR DESTINY BACK INTO YOUR OWN HANDS. The practice consists of tapping with your fingertips on specific meridian points while talking through traumatic memories and a wide range of emotions. What is a Meridian Point? ... Continue reading "What Is Tapping and How Does It Work?"

# The Tapping Solution

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