



Att: Café One

WEEK 31 TUESDAY MEAL SCHEDULE

| No | Name | Breakfast | | Early Dinner | |
|----|--------------------------|------------------------|--------------|---------------------------|---------------------|
| | | Egg Sauce | Toast / Eggs | Fried Fish in Chili Sauce | Beef Vegetable Soup |
| | | Fried Plantains (dodo) | Drinks | Yamarita | Eba |
| 1 | Ozoeze Boniface Utobonny | SELECTED | | SELECTED | |
| 2 | Omosanya Abidemi | SELECTED | | SELECTED | |
| 3 | Ebie Osadome | SELECTED | | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | SELECTED | | SELECTED | |
| 5 | Paul | SELECTED | | SELECTED | |
| 6 | Bankole Oyewole | SELECTED | | SELECTED | |
| 7 | Patrick Ada | SELECTED | | SELECTED | |
| 8 | Stephen Ohaeri | SELECTED | | SELECTED | |
| 9 | Omale Emmanuel Abraham | SELECTED | | SELECTED | |
| 10 | Akanowo Ekarika | SELECTED | | | SELECTED |
| 11 | Jennifer Oliseyenum | SELECTED | | SELECTED | |
| 12 | Muoghalu Chidinma Esther | SELECTED | | SELECTED | |
| 13 | Nnamdi Osuji | SELECTED | | SELECTED | |
| 14 | Adeola Adefuye | | SELECTED | | SELECTED |
| 15 | Hassan | | | | |
| 16 | Oluwasanmi | | | | |
| 17 | Taiwo | SELECTED | | SELECTED | |
| 18 | Chibueze | SELECTED | | | |
| 19 | Ibrahim | | | | |
| 20 | Goodness | SELECTED | | SELECTED | |
| 21 | Annabel | | | | |
| 22 | Samuel Osinloye | SELECTED | | SELECTED | |
| 23 | Ehizojie | SELECTED | | | SELECTED |
| 24 | Temitayo | | | | |
| 25 | David | | SELECTED | | SELECTED |
| 26 | Daniel | | | | SELECTED |
| 27 | Ifechukwu | | | | |
| 28 | Chidi | SELECTED | | SELECTED | |
| 29 | Jeff | | | | |
| 30 | KC | SELECTED | | SELECTED | |
| 31 | King | | | | SELECTED |
| 32 | Demilade | | | | |
| 33 | Ademola | | | | |
| 34 | Stanley | | SELECTED | SELECTED | |
| 34 | Oluwasegun | SELECTED | | SELECTED | |



Att: Café One

WEEK 31 WEDESDAY MEAL SCHEDULE

| No | Name | Breakfast | | Early Dinner | |
|----|--------------------------|-------------------|-----------------------|-----------------------------|------------------------|
| | | English Breakfast | Toast & Chicken Drink | Stewed Fried Chicken Iollof | Beef Okro Soup Swallow |
| | | | | | |
| 1 | Ozoeze Boniface Utobonny | | SELECTED | SELECTED | |
| 2 | Omosanya Abidemi | SELECTED | | | |
| 3 | Ebie Osadome | SELECTED | | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | SELECTED | | SELECTED | |
| 5 | Paul | | SELECTED | SELECTED | |
| 6 | Bankole Ovwole | | SELECTED | SELECTED | |
| 7 | Patrick Ada | SELECTED | | SELECTED | |
| 8 | Stephen Ohaeri | SELECTED | | SELECTED | |
| 9 | Omale Emmanuel Abraham | | SELECTED | SELECTED | |
| 10 | Akanowo Ekarika | SELECTED | | SELECTED | |
| 11 | Jennifer Oliseyenum | SELECTED | | SELECTED | |
| 12 | Muoghalu Chidinma Esther | SELECTED | | | |
| 13 | Nnamdi Osuji | SELECTED | | SELECTED | |
| 14 | Adeola Adefuwa | | SELECTED | | SELECTED |
| 15 | Hassan | | | | |
| 16 | Oluwasanmi | | | | |
| 17 | Taiwo | | SELECTED | SELECTED | |
| 18 | Chibueze | | | | |
| 19 | Ibrahim | | | | |
| 20 | Goodness | SELECTED | | SELECTED | |
| 21 | Annabel | | | | |
| 22 | Samuel Osinloye | SELECTED | | SELECTED | |
| 23 | Ehizojie | SELECTED | | | SELECTED |
| 24 | Temitayo | | | | |
| 25 | David | | | | |
| 26 | Daniel | | SELECTED | SELECTED | |
| 27 | Ifechukwu | | | | |
| 28 | Chidi | SELECTED | | SELECTED | |
| 29 | Jeff | | | | |
| 30 | KC | | SELECTED | SELECTED | |
| 31 | King | | | SELECTED | |
| 32 | Demilade | SELECTED | | SELECTED | |
| 33 | Ademola | | | | |
| 34 | Stanley | SELECTED | | SELECTED | |
| 34 | Oluwasegun | SELECTED | | SELECTED | |



Att: Café One

WEEK 31 THURSDAY MEAL SCHEDULE

| No | Name | Breakfast | | Early Dinner | |
|----|--------------------------|----------------|-------------|----------------------|--------------------|
| | | Beef Buka Stew | Toast / Egg | Chili Beef | Fish with Efo Riro |
| | | White Rice | Drink | Sweet Potato Pottage | Eba |
| 1 | Ozoeze Boniface Utobonny | SELECTED | | | SELECTED |
| 2 | Omosanya Abidemi | | SELECTED | | |
| 3 | Ebie Osadome | SELECTED | | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | SELECTED | | SELECTED | |
| 5 | Paul | SELECTED | | SELECTED | |
| 6 | Bankole Oyewole | SELECTED | | SELECTED | |
| 7 | Patrick Ada | SELECTED | | SELECTED | |
| 8 | Stephen Ohaeri | SELECTED | | SELECTED | |
| 9 | Omale Emmanuel Abraham | | SELECTED | SELECTED | |
| 10 | Akanowo Ekarika | SELECTED | | | SELECTED |
| 11 | Jennifer Oliseyenum | | SELECTED | | |
| 12 | Muoghalu Chidinma Esther | SELECTED | | SELECTED | |
| 13 | Nnamdi Osuji | SELECTED | | SELECTED | |
| 14 | Temitope Taiwo | | | | |
| 15 | Hassan | | | | |
| 16 | Oluwasanmi | | | | |
| 17 | Taiwo | SELECTED | | SELECTED | |
| 18 | Chibueze | | | | |
| 19 | Ibrahim | | | | |
| 20 | Goodness | SELECTED | | SELECTED | |
| 21 | Annabel | | | | |
| 22 | Samuel Osinloye | SELECTED | | SELECTED | |
| 23 | Ehizojie | | SELECTED | SELECTED | |
| 24 | Temitayo | | | | |
| 25 | David | | SELECTED | SELECTED | |
| 26 | Daniel | | | | |
| 27 | Ifechukwu | | | | |
| 28 | Chidi | | SELECTED | SELECTED | |
| 29 | Jeff | | | | |
| 30 | KC | SELECTED | | | SELECTED |
| 31 | King | | | SELECTED | |
| 32 | Demilade | | SELECTED | SELECTED | |
| 33 | Ademola | | | | |
| 34 | Stanley | SELECTED | | SELECTED | |
| 34 | Oluwasegun | SELECTED | | SELECTED | |



Att: Café One

WEEK 31 FRIDAY MEAL SCHEDULE

| No | Name | Breakfast | | Early Dinner | |
|----|--------------------------|---------------------------------|--|----------------------|---------------|
| | | Minced Meat Sauce Boiled Yam | Sardine Sandwich (Not Toasted) Drinks | Grilled Chicken | Oha Beef Stew |
| | | | | Fried Rice (Basmati) | Swallow |
| 1 | Ozoeze Boniface Utobonny | | SELECTED | SELECTED | |
| 2 | Omosanya Abidemi | | | SELECTED | |
| 3 | Ebie Osadome | | SELECTED | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | | SELECTED | SELECTED | |
| 5 | Paul | SELECTED | | | SELECTED |
| 6 | Bankole Oyewole | SELECTED | | SELECTED | |
| 7 | Patrick Ada | SELECTED | | | SELECTED |
| 8 | Stephen Ohaeri | | SELECTED | SELECTED | |
| 9 | Omale Emmanuel Abraham | SELECTED | | SELECTED | |
| 10 | Akanowo Ekarika | SELECTED | | SELECTED | |
| 11 | Jennifer Oliseyenum | | SELECTED | SELECTED | |
| 12 | Muoghalu Chidinma Esther | SELECTED | | SELECTED | |
| 13 | Nnamdi Osuji | | SELECTED | SELECTED | |
| 14 | Temitope Taiwo | | | | |
| 15 | Hassan | | | | |
| 16 | Oluwasanmi | | | | |
| 17 | Taiwo | | SELECTED | SELECTED | |
| 18 | Chibueze | | | | |
| 19 | Ibrahim | | | | |
| 20 | Goodness | SELECTED | | SELECTED | |
| 21 | Annabel | | | | |
| 22 | Samuel Osinloye | SELECTED | | SELECTED | |
| 23 | Ehizojie | | SELECTED | | SELECTED |
| 24 | Temitayo | | | | |
| 25 | David | | | | |
| 26 | Daniel | | | | |
| 27 | Ifechukwu | | | | |
| 28 | Chidi | SELECTED | | | SELECTED |
| 29 | Jeff | | | | |
| 30 | KC | SELECTED | | SELECTED | |
| 31 | King | | | SELECTED | |
| 32 | Demilade | | SELECTED | | |
| 33 | Ademola | | | | |
| 34 | Stanley | SELECTED | | | SELECTED |
| 34 | Oluwasegun | SELECTED | | SELECTED | |



Att: Café One

WEEK 31 SATURDAY MEAL SCHEDULE

| No | Name | Early Dinner | |
|----|--------------------------|---------------------|------------------|
| | | Catfish Pepper Soup | Beef Ogbono Soup |
| | | White Rice | Eba |
| 1 | Ozoeze Boniface Utobonny | | SELECTED |
| 2 | Omosanya Abidemi | SELECTED | |
| 3 | Ebie Osadome | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | SELECTED | |
| 5 | Paul | SELECTED | |
| 6 | Bankole Oyewole | | SELECTED |
| 7 | Patrick Ada | SELECTED | |
| 8 | Stephen Ohaeri | | SELECTED |
| 9 | Omale Emmanuel Abraham | SELECTED | |
| 10 | Akanowo Ekarika | | SELECTED |
| 11 | Jennifer Oliseyenum | SELECTED | |
| 12 | Muoghalu Chidinma Esther | SELECTED | |
| 13 | Nnamdi Osuji | | |
| 14 | Temitope Taiwo | | |
| 15 | Hassan | | |
| 16 | Oluwasanmi | | |
| 17 | Taiwo | | SELECTED |
| 18 | Chibueze | | |
| 19 | Ibrahim | | |
| 20 | Goodness | SELECTED | |
| 21 | Annabel | | |
| 22 | Samuel Osinloye | | |
| 23 | Ehizojie | | SELECTED |
| 24 | Temitayo | | |
| 25 | David | | |
| 26 | Daniel | | |
| 27 | Ifechukwu | | |
| 28 | Chidi | | SELECTED |
| 29 | Jeff | | |
| 30 | KC | SELECTED | |
| 31 | King | | SELECTED |
| 32 | Demilade | | |
| 33 | Ademola | | |
| 34 | Stanley | | |
| 34 | Oluwasegun | | |



Att: Café One

WEEK 31 SUNDAY MEAL SCHEDULE

| No | Name | Early Dinner | |
|----|--------------------------|------------------------|-------------------------|
| | | Chili Beef Jollof Rice | Beef Banga Soup Pounded |
| 1 | Ozoeze Boniface Utobonny | SELECTED | |
| 2 | Omosanya Abidemi | SELECTED | |
| 3 | Ebie Osadome | SELECTED | |
| 4 | Abdulkabir Abdulwasiu | SELECTED | |
| 5 | Paul | SELECTED | |
| 6 | Bankole Oyewole | SELECTED | |
| 7 | Patrick Ada | SELECTED | |
| 8 | Stephen Ohaeri | SELECTED | |
| 9 | Omale Emmanuel Abraham | SELECTED | |
| 10 | Akanowo Ekarika | SELECTED | |
| 11 | Jennifer Olisevenum | SELECTED | |
| 12 | Muoghalu Chidinma Esther | SELECTED | |
| 13 | Nnamdi Osuji | | |
| 14 | Adeola Adefuye | SELECTED | |
| 15 | Hassan | | |
| 16 | Oluwasanmi | | |
| 17 | Taiwo | SELECTED | |
| 18 | Chibueze | | |
| 19 | Ibrahim | | |
| 20 | Goodness | SELECTED | |
| 21 | Annabel | | |
| 22 | Samuel Osinloye | | |
| 23 | Ehizojie | | SELECTED |
| 24 | Temitayo | | |
| 25 | David | | |
| 26 | Daniel | | |
| 27 | Ifechukwu | | |
| 28 | Chidi | SELECTED | |
| 29 | Ieff | | |
| 30 | KC | SELECTED | |
| 31 | King | | SELECTED |
| 32 | Demilade | | |
| 33 | Ademola | | |
| 34 | Stanley | | |
| 34 | Oluwasegun | | |