



Att: Café One

WEEK 32 MONDAY MEAL SCHEDULE					
No	Name	Breakfast		Early Dinner	
		Sausage & Fried Eggs Pancakes & Beverage	Toast / Tuna Drinks	Beef Efo Riro Semo	Spaghetti Bolognese
1	Ozoeze Boniface Utobonny	SELECTED			SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED			SELECTED
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul	SELECTED		SELECTED	
6	Bankole Oyewole	SELECTED			SELECTED
7	Patrick Ada	SELECTED		SELECTED	
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham	SELECTED			SELECTED
10	Akanowo Ekarika	SELECTED		SELECTED	
11	Jennifer Oliseyenum	SELECTED			SELECTED
12	Muoghalu Chidinma Esther	SELECTED			SELECTED
13	Nnamdi Osuji				SELECTED
14	Adeola Adefuye	SELECTED			
15	Hassan				
16	Oluwasanmi	SELECTED			SELECTED
17	Taiwo	SELECTED			SELECTED
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED		SELECTED	
21	Annabel				
22	Samuel Osinloye	SELECTED		SELECTED	
23	Ehizojie	SELECTED		SELECTED	
24	Temitayo				
25	David	SELECTED		SELECTED	
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED			SELECTED
31	King				SELECTED
32	Demilade				
33	Stanley	SELECTED		SELECTED	
34	Oluwasegun		SELECTED		SELECTED



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WEEK 32 TUESDAY MEAL SCHEDULE					
No	Name	Breakfast		Early Dinner	
		Egg Sauce	Toast / Eggs	Fried Turkey	Chicken Efo Elegusi Soup
		Fried Plantains (dodo)	Drinks	Jollof Rice	Eba
1	Ozoeze Boniface Utobonny	SELECTED		SELECTED	
2	Omosanya Abidemi	SELECTED		SELECTED	
3	Ebie Osadome	SELECTED		SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul	SELECTED			SELECTED
6	Bankole Oyewole	SELECTED		SELECTED	
7	Patrick Ada	SELECTED		SELECTED	
8	Stephen Ohaeri	SELECTED		SELECTED	
9	Omale Emmanuel Abraham	SELECTED		SELECTED	
10	Akanowo Ekarika	SELECTED		SELECTED	
11	Jennifer Oliseyenum	SELECTED		SELECTED	
12	Muoghalu Chidinma Esther	SELECTED		SELECTED	
13	Nnamdi Osuji	SELECTED		SELECTED	
14	Adeola Adefuye		SELECTED	SELECTED	
15	Hassan				
16	Oluwasanmi	SELECTED		SELECTED	
17	Taiwo	SELECTED		SELECTED	
18	Chibueze			SELECTED	
19	Ibrahim				
20	Goodness	SELECTED			SELECTED
21	Annabel				
22	Samuel Osinloye	SELECTED		SELECTED	
23	Ehizojie		SELECTED	SELECTED	
24	Temitayo				
25	David	SELECTED		SELECTED	
26	Daniel	SELECTED		SELECTED	
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED		SELECTED	
31	King	SELECTED		SELECTED	
32	Demilade			SELECTED	
33	Stanley	SELECTED			SELECTED
34	Oluwasegun	SELECTED		SELECTED	



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**WEEK 32 WEDESDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		English Brreakfast	Toast & Club Drink	Suya / Chili Sauce Dundun	Beef Vegetable Soup
					Poundo
1	Ozoeze Boniface Utobonny		SELECTED		SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED		SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul		SELECTED	SELECTED	
6	Bankole Oyewole	SELECTED		SELECTED	
7	Patrick Ada	SELECTED			SELECTED
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham	SELECTED		SELECTED	
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum	SELECTED		SELECTED	
12	Muoghalu Chidinma Esther	SELECTED		SELECTED	
13	Nnamdi Osuji		SELECTED	SELECTED	
14	Adeola Adefuye				SELECTED
15	Hassan				
16	Oluwasanmi	SELECTED			SELECTED
17	Taiwo		SELECTED	SELECTED	
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED		SELECTED	
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie	SELECTED		SELECTED	
24	Temitayo				
25	David	SELECTED		SELECTED	
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED		SELECTED	
31	King				SELECTED
32	Demilade	SELECTED			SELECTED
33	Stanley		SELECTED		SELECTED
34	Oluwasegun	SELECTED		SELECTED	

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WEEK 32 THURSDAY MEAL SCHEDULE

No	Name	Breakfast		Early Dinner	
		Fried Chicken	Sausage & Fried Eggs Pancakes & Beverage	Fish in Sauce Rice & Beans one Pot	Beef & shaki Ogbono
		Dodo			Eba
1	Ozoeze Boniface Utobonny	SELECTED		SELECTED	
2	Omosanya Abidemi		SELECTED	SELECTED	
3	Ebie Osadome	SELECTED		SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul	SELECTED		SELECTED	
6	Bankole Oyewole		SELECTED	SELECTED	
7	Patrick Ada	SELECTED		SELECTED	
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham		SELECTED		
10	Akanowo Ekarika	SELECTED		SELECTED	
11	Jennifer Oliseyenum		SELECTED	SELECTED	
12	Muoghalu Chidinma Esther	SELECTED		SELECTED	
13	Nnamdi Osuji	SELECTED		SELECTED	
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi		SELECTED		SELECTED
17	Taiwo	SELECTED			SELECTED
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED		SELECTED	
21	Annabel				
22	Samuel Osinloye	SELECTED		SELECTED	
23	Ehizojie	SELECTED			SELECTED
24	Temitayo				
25	David				
26	Daniel		SELECTED	SELECTED	
27	Ifechukwu				
28	Chidi	SELECTED			SELECTED
29	Jeff				
30	KC	SELECTED		SELECTED	
31	King			SELECTED	
32	Demilade	SELECTED		SELECTED	
33	Stanley	SELECTED			SELECTED
34	Oluwasegun		SELECTED	SELECTED	



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**WEEK 32 FRIDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		Minced Meat Sauce Boiled Yam	Chicken Sandwich (Toast0 Drinks	Titus Fish in Sauce	Beef Okro Soup
				Sweet Potato Pottage	Eba
1	Ozoeze Boniface Utobonny		SELECTED		SELECTED
2	Omosanya Abidemi		SELECTED		
3	Ebie Osadome		SELECTED	SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul	SELECTED			SELECTED
6	Bankole Oyewole	SELECTED		SELECTED	
7	Patrick Ada	SELECTED			SELECTED
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham	SELECTED		SELECTED	
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum		SELECTED		
12	Muoghalu Chidinma Esther	SELECTED		SELECTED	
13	Nnamdi Osuji	SELECTED		SELECTED	
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi		SELECTED	SELECTED	
17	Taiwo		SELECTED	SELECTED	
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED		SELECTED	
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie		SELECTED	SELECTED	
24	Temitayo				
25	David				
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED			SELECTED
29	Jeff				
30	KC	SELECTED			SELECTED
31	King			SELECTED	
32	Demilade				
33	Stanley	SELECTED			SELECTED
34	Oluwasegun		SELECTED	SELECTED	



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**WEEK 32 SATURDAY MEAL SCHEDULE**

No	Name	Early Dinner	
		Dodo + Beef Stew	Beef Stew & dodo
		Jollof	White Rice
1	Ozoeze Boniface Utobonny	SELECTED	
2	Omosanya Abidemi	SELECTED	
3	Ebie Osadome	SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED	
5	Paul	SELECTED	
6	Bankole Oyewole	SELECTED	
7	Patrick Ada	SELECTED	
8	Stephen Ohaeri	SELECTED	
9	Omale Emmanuel Abraham	SELECTED	
10	Akanowo Ekarika	SELECTED	
11	Jennifer Oliseyenum	SELECTED	
12	Muoghalu Chidinma Esther	SELECTED	
13	Nnamdi Osuji		
14	Temitope Taiwo		
15	Hassan		
16	Oluwasanmi	SELECTED	
17	Taiwo		SELECTED
18	Chibueze		
19	Ibrahim		
20	Goodness	SELECTED	
21	Annabel		
22	Samuel Osinloye	SELECTED	
23	Ehizojie	SELECTED	
24	Temitayo		
25	David		
26	Daniel		
27	Ifechukwu		
28	Chidi	SELECTED	
29	Jeff		
30	KC	SELECTED	
31	King	SELECTED	
32	Demilade		
33	Stanley		
34	Oluwasegun		SELECTED



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**WEEK 32 SUNDAY MEAL SCHEDULE**

Early Dinner			
No	Name	Shredded Beef Stir Fry Pasta	Assorted Ofe Oha Swallow
1	Ozoeze Boniface Utobonny		SELECTED
2	Omosanya Abidemi	SELECTED	
3	Ebie Osadome	SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED	
5	Paul		SELECTED
6	Bankole Ovwole	SELECTED	
7	Patrick Ada		SELECTED
8	Stephen Ohaeri		SELECTED
9	Omale Emmanuel Abraham	SELECTED	
10	Akanowo Ekarika		SELECTED
11	Jennifer Olisevenum	SELECTED	
12	Muoghalu Chidinma Esther	SELECTED	
13	Nnamdi Osuji		
14	Adeola Adefuye	SELECTED	
15	Hassan		
16	Oluwasanmi	SELECTED	
17	Taiwo		SELECTED
18	Chibueze		
19	Ibrahim		
20	Goodness	SELECTED	
21	Annabel		
22	Samuel Osinlove		SELECTED
23	Ehizojie	SELECTED	
24	Temitayo		
25	David		
26	Daniel		
27	Ifechukwu		
28	Chidi	SELECTED	
29	Jeff		
30	KC	SELECTED	
31	King		
32	Demilade		
33	Stanley		
34	Oluwasegun	SELECTED	