



Att: Café One

WEEK 33 MONDAY MEAL SCHEDULE					
No	Name	Breakfast		Early Dinner	
		Sausage & Fried Eggs Pancakes & Beverage	Toast / Club	Beef Efo Riro Semo	Catfish pepper soup
			Drinks		White Rice
1	Ozoeze Boniface Utobonny		SELECTED		SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED			SELECTED
4	Abdulkabir Abdulwasiu	SELECTED			SELECTED
5	Paul	SELECTED			SELECTED
6	Bankole Oyewole	SELECTED			SELECTED
7	Patrick Ada	SELECTED			SELECTED
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham	SELECTED			SELECTED
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum	SELECTED			SELECTED
12	Muoghalu Chidinma Esther	SELECTED			SELECTED
13	Nnamdi Osuji	SELECTED			SELECTED
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi		SELECTED		SELECTED
17	Taiwo	SELECTED			SELECTED
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED			SELECTED
21	Annabel				
22	Samuel Osinloye	SELECTED		SELECTED	
23	Ehizojie	SELECTED			
24	Temitayo				
25	David				
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED			SELECTED
31	King				SELECTED
32	Demilade				
33	Stanley	SELECTED		SELECTED	
34	Oluwasegun	SELECTED			SELECTED



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**WEEK 33 TUESDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		Moi Moi Fish	Toast / Egg Mayonnias	Efo Elegusi / Chicken	Fried Chicken
				Eba	Jollof
1	Ozoeze Boniface Utobonny	SELECTED			SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED			SELECTED
4	Abdulkabir Abdulwasiu	SELECTED			SELECTED
5	Paul	SELECTED		SELECTED	
6	Bankole Oyewole		SELECTED		SELECTED
7	Patrick Ada	SELECTED			SELECTED
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham	SELECTED			SELECTED
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum		SELECTED		SELECTED
12	Muoghalu Chidinma Esther	SELECTED			SELECTED
13	Nnamdi Osuji	SELECTED			SELECTED
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi		SELECTED		SELECTED
17	Taiwo		SELECTED		SELECTED
18	Chibueze	SELECTED			SELECTED
19	Ibrahim				
20	Goodness	SELECTED		SELECTED	
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie		SELECTED	SELECTED	
24	Temitayo				
25	David		SELECTED		SELECTED
26	Daniel				
27	Ifechukwu				
28	Chidi		SELECTED		SELECTED
29	Jeff				
30	KC	SELECTED			SELECTED
31	King				SELECTED
32	Demilade				
33	Stanley	SELECTED			SELECTED
34	Oluwasegun	SELECTED			SELECTED



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**WEEK 33 WEDESDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		English Brreakfast	Toast & Club	Suya / Chili Sauce	Chicken Curry
		Apples		Dundun	White Rice
1	Ozoeze Boniface Utobonny		SELECTED		SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED			SELECTED
4	Abdulkabir Abdulwasiu	SELECTED		SELECTED	
5	Paul	SELECTED		SELECTED	
6	Bankole Ovwole	SELECTED		SELECTED	
7	Patrick Ada	SELECTED			SELECTED
8	Stephen Ohaeri	SELECTED		SELECTED	
9	Omale Emmanuel Abraham				
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum		SELECTED	SELECTED	
12	Muoghalu Chidinma Esther	SELECTED			SELECTED
13	Nnamdi Osuji	SELECTED			SELECTED
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi	SELECTED		SELECTED	
17	Taiwo		SELECTED	SELECTED	
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED			SELECTED
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie	SELECTED			SELECTED
24	Temitavo				
25	David	SELECTED		SELECTED	
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED			SELECTED
31	King				SELECTED
32	Demilade	SELECTED			SELECTED
33	Stanley		SELECTED		SELECTED
34	Oluwasegun	SELECTED		SELECTED	



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**WEEK 33 THURSDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		Fried Chicken	Sardine Sandwich (not toasted)	Beef & shaki Ogbono	Chili Fried chicken
		Dodo		Eba	Basmati Fried Rice
1	Ozoeze Boniface Utobonny	SELECTED			SELECTED
2	Omosanya Abidemi	SELECTED			SELECTED
3	Ebie Osadome	SELECTED			SELECTED
4	Abdulkabir Abdulwasiu	SELECTED			SELECTED
5	Paul	SELECTED			SELECTED
6	Bankole Oyewole	SELECTED			SELECTED
7	Patrick Ada	SELECTED		SELECTED	
8	Stephen Ohaeri	SELECTED		SELECTED	
9	Omale Emmanuel Abraham				
10	Akanowo Ekarika	SELECTED		SELECTED	
11	Jennifer Oliseyenum		SELECTED		SELECTED
12	Muoghalu Chidinma Esther	SELECTED			SELECTED
13	Nnamdi Osuji	SELECTED			SELECTED
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi	SELECTED			SELECTED
17	Taiwo	SELECTED		SELECTED	
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED			SELECTED
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie	SELECTED		SELECTED	
24	Temitayo				
25	David	SELECTED			SELECTED
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED			SELECTED
31	King			SELECTED	
32	Demilade	SELECTED			
33	Stanley	SELECTED		SELECTED	SELECTED
34	Oluwasegun	SELECTED			SELECTED



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**WEEK 33 FRIDAY MEAL SCHEDULE**

No	Name	Breakfast		Early Dinner	
		Pancake / Fried Eggs Sausages	Chicken Sandwich (Toast)	Chili Fried Croaker	Beef Okro Soup
				Sweet Potato Fries	Eba
1	Ozoeze Boniface Utobonny		SELECTED		SELECTED
2	Omosanya Abidemi	SELECTED			
3	Ebie Osadome	SELECTED		SELECTED	
4	Abdulkabir Abdulwasiu	SELECTED			
5	Paul	SELECTED		SELECTED	
6	Bankole Oyewole	SELECTED		SELECTED	
7	Patrick Ada	SELECTED		SELECTED	
8	Stephen Ohaeri	SELECTED			SELECTED
9	Omale Emmanuel Abraham				
10	Akanowo Ekarika	SELECTED			SELECTED
11	Jennifer Oliseyenum	SELECTED		SELECTED	
12	Muoghalu Chidinma Esther	SELECTED		SELECTED	
13	Nnamdi Osuji	SELECTED			
14	Temitope Taiwo				
15	Hassan				
16	Oluwasanmi		SELECTED		SELECTED
17	Taiwo	SELECTED			SELECTED
18	Chibueze				
19	Ibrahim				
20	Goodness	SELECTED			
21	Annabel				
22	Samuel Osinloye	SELECTED			SELECTED
23	Ehizojie	SELECTED			SELECTED
24	Temitayo				
25	David		SELECTED	SELECTED	
26	Daniel				
27	Ifechukwu				
28	Chidi	SELECTED		SELECTED	
29	Jeff				
30	KC	SELECTED		SELECTED	
31	King				SELECTED
32	Demilade				
33	Stanley	SELECTED			SELECTED
34	Oluwasegun	SELECTED		SELECTED	



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**WEEK 33 SATURDAY MEAL SCHEDULE**

No	Name	Early Dinner	
		Ofe Onugbu with Beef	Chili Fried
		Fufu	Coconut Rice
1	Ozoeze Boniface Utobonny	SELECTED	
2	Omosanya Abidemi		
3	Ebie Osadome		SELECTED
4	Abdulkabir Abdulwasia		SELECTED
5	Paul	SELECTED	
6	Bankole Oyewole		SELECTED
7	Patrick Ada	SELECTED	SELECTED
8	Stephen Ohaeri	SELECTED	
9	Omale Emmanuel Abraham		
10	Akanowo Ekarika	SELECTED	
11	Jennifer Oliseyenum		SELECTED
12	Muoghalu Chidinma Esther		SELECTED
13	Nnamdi Osuji		SELECTED
14	Temitope Taiwo		
15	Hassan		
16	Oluwasanmi		SELECTED
17	Taiwo	SELECTED	
18	Chibueze		
19	Ibrahim		
20	Goodness		SELECTED
21	Annabel		
22	Samuel Osinloye		
23	Ehizojie	SELECTED	
24	Temitayo		
25	David		
26	Daniel		
27	Ifechukwu		
28	Chidi		
29	Jeff		
30	KC	SELECTED	
31	King		SELECTED
32	Demilade		
33	Stanley		
34	Oluwasegun		SELECTED



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**WEEK 33 SUNDAY MEAL SCHEDULE**

No	Name	Early Dinner	
		Rice & Beans Fish sauce	Shawarma
1	Ozoeze Boniface Utobonny	SELECTED	
2	Omosanya Abidemi	SELECTED	
3	Ebie Osadome	SELECTED	
4	Abdulkabir Abdulwasiu		SELECTED
5	Paul	SELECTED	
6	Bankole Oyewole	SELECTED	
7	Patrick Ada	SELECTED	
8	Stephen Ohaeri		SELECTED
9	Omale Emmanuel Abraham		
10	Akanowo Ekarika		SELECTED
11	Jennifer Olisevenum	SELECTED	
12	Muoghalu Chidinma Esther	SELECTED	
13	Nnamdi Osuji		SELECTED
14	Temitope Taiwo		
15	Hassan		
16	Oluwasanmi		SELECTED
17	Taiwo	SELECTED	
18	Chibueze	SELECTED	
19	Ibrahim		
20	Goodness		SELECTED
21	Annabel		
22	Samuel Osinloye		
23	Ehizojie	SELECTED	
24	Temitayo		
25	David		
26	Daniel		
27	Ifechukwu		
28	Chidi		
29	Ieff		
30	KC		SELECTED
31	King	SELECTED	
32	Demilade		
33	Stanley		
34	Oluwasegun	SELECTED	