

07/30/2024

Lauren Brunner

Reason for Appointment

1. Pt transfer
2. Med refills

History of Present Illness

Depression Screening:

• PHQ-9

Little interest or pleasure in doing things *Not at all*

Feeling down, depressed, or hopeless *Not at all*

Trouble falling or staying asleep, or sleeping too much *Not at all*

Feeling tired or having little energy *Not at all*

Poor appetite or overeating *Not at all*

Feeling bad about yourself or that you are a failure, or have let yourself or your family down *Not at all*

Trouble concentrating on things, such as reading the newspaper or watching television *Not at all*

Moving or speaking so slowly that other people could have noticed; or the opposite, being so fidgety or restless that you have been moving around a lot more than usual *Not at all*

Thoughts that you would be better off dead or of hurting yourself in some way *Not at all*

Total Score 0

History:

59-year-old female with history of hypothyroidism, insomnia, anxiety presenting for medication review and refills. Patient takes 25 mg of trazodone for sleep nightly, hopes to wean off this. Feels her mood overall is stable on current medication regimen.

Of note, patient had a hospitalization in April 2024 for bilateral frontoparietal craniotomies for chronic subdural hematomas. This was found on MRI of brain following a head trauma 2 months prior. Patient had been having extreme headaches and dizziness. During this time patient was also placed on Keppra for seizure prophylaxis as well as amlodipine for high blood pressure, she is off both of these now. Patient has residual hand weakness and continues to work with occupational therapy. She is back to regular exercise however still cannot hold weights or hold a tennis racquet due to her weakness.

Dr. Alexander Neurological Associates.

Current Medications

Taking

- Flonase 50 MCG/ACT Suspension 2 sprays in each nostril Nasally Once a day
- Mucinex 600 MG Tablet Extended Release 12 Hour 1 tablet as needed Orally every 12 hrs
- Hair Skin Nails - Capsule as directed Orally
- traZODone HCl 50 MG Tablet 1 tablet at bedtime as needed Orally Once a day , Notes to Pharmacist: 1/2 tab
- DULoxetine HCl 60 MG Capsule Delayed Release Particles take one capsule by mouth one time daily Orally Once a day , Notes to Pharmacist: LAST FILL KEEP UPCOMING APPT
- Synthroid 112 MCG Tablet 1 tablet Orally Once a day , Notes to Pharmacist: BRAND ONLY!
- valACYclovir HCl 500 MG Tablet TAKE ONE TABLET BY MOUTH ONE TIME DAILY Oral

Progress Note: Lauren Brunner 07/30/2024

Note generated by eClinicalWorks (http://www.eClinicalWorks.com)

Generated for Printing/Faxing/eTransmitting on: 08/01/2024 02:23 PM EDT

Hemoglobin	12.5 (Ref Range: 11.5-16.0 g/dL)	12.4 (Ref Range: 11.5-16.0 g/dL)	12.7 (Ref Range: 11.5-16.0 g/dL)	11.9 (Ref Range: 11.5-16.0 g/dL)	13.0 (Ref Range: 11.5-16.0 g/dL)
Hematocrit	38.4 (Ref Range: 35.0-47.0)	36.5 (Ref Range: 35.0-47.0)	38.5 (Ref Range: 35.0-47.0)	35.5 (Ref Range: 35.0-47.0)	38.9 (Ref Range: 35.0-47.0)
Platelet Count	233 (Ref Range: 130-400 K/uL)	233 (Ref Range: 130-400 K/uL)	229 (Ref Range: 130-400 K/uL)	219 (Ref Range: 130-400 K/uL)	240 (Ref Range: 130-400 K/uL)
RDW-CV%	12.8 (Ref Range: 11.5-14.5)	12.7 (Ref Range: 11.5-14.5)	12.7 (Ref Range: 11.5-14.5)	12.5 (Ref Range: 11.5-14.5)	13.8 (Ref Range: 11.5-14.5)
MCV	91.6 (Ref Range: 80.0-99.0 fL)	91.7 (Ref Range: 80.0-99.0 fL)	93.0 (Ref Range: 80.0-99.0 fL)	94.4 (Ref Range: 80.0-99.0 fL)	93.1 (Ref Range: 80.0-99.0 fL)
MCH	29.8 (Ref Range: 26.0-34.0 pg)	31.2 (Ref Range: 26.0-34.0 pg)	30.7 (Ref Range: 26.0-34.0 pg)	31.6 (Ref Range: 26.0-34.0 pg)	31.1 (Ref Range: 26.0-34.0 pg)
MCHC	32.6 (Ref Range: 31.0-35.0 g/dL)	34.0 (Ref Range: 31.0-35.0 g/dL)	33.0 (Ref Range: 31.0-35.0 g/dL)	33.5 (Ref Range: 31.0-35.0 g/dL)	33.4 (Ref Range: 31.0-35.0 g/dL)
Lymphocyte s%	30.2 (Ref Range: 17.4-51.7)	31.5 (Ref Range: 17.4-51.7)	37.5 (Ref Range: 17.4-51.7)	38.4 (Ref Range: 17.4-51.7)	29.0 (Ref Range: 17.4-51.7)
Mono%	6.8 (Ref Range: 4.5- 12.5 %)	8.3 (Ref Range: 4.5- 12.5 %)	6.6 (Ref Range: 4.5- 12.5 %)	7.0 (Ref Range: 4.5- 12.5 %)	5.3 (Ref Range: 4.5- 12.5 %)
EOS%	2.6 (Ref Range: 0.5- 5.8 %)	3.3 (Ref Range: 0.5- 5.8 %)	3.1 (Ref Range: 0.5- 5.8 %)	2.5 (Ref Range: 0.5- 5.8 %)	2.0 (Ref Range: 0.5- 5.8 %)

Chemistry	1740
Sodium (136 - 145 mmol/L)	138
Potassium (3.5 - 5.1 mmol/L)	4.5
Chloride (98 - 107 mmol/L)	102
Carbon Dioxide (21 - 32 mmol/L)	27
Anion Gap (5 - 15)	9
BUN (7 - 18 mg/dL)	11
Creatinine (0.55 - 1.02 mg/dL)	0.64
Estim Creat Clear Calc (mL/min)	95.5
Est GFR (CKD-EPI) (> 59 mL/min)	101.741
Glucose (74 - 106 mg/dL)	93
Calcium (8.5 - 10.1 mg/dL)	9.2
Hematology	
WBC (3.70 - 11.50 10 ³ /uL)	7.44
RBC (3.70 - 5.17 10 ⁶ /uL)	4.26
Hgb (11.0 - 15.1 g/dL)	12.8
Hct (30.4 - 44.6 %)	38.4
MCV (75.6 - 97.8 fL)	90.1
MCH (24.3 - 33.2 pg)	30.0
MCHC (31.9 - 35.1 g/dL)	33.3
RDW Coeff of Var (12.1 - 16.8 %)	12.5
Plt Count (156 - 380 10 ³ /uL)	315
MPV (7.0 - 10.7 fL)	10.0
Immature Gran % (Auto) (0.0 - 0.6 %)	0.3
Neut % (Auto) (%)	61.7
Lymph % (Auto) (%)	29.6
Mono % (Auto) (%)	5.4
Eos % (Auto) (%)	2.2
Baso % (Auto) (%)	0.8
Nucleat RBC Rel Count (NONE SEEN /100 WBC)	0.0
Neut # (Auto) (1.70 - 8.00 10 ³ /uL)	4.60
Lymph # (Auto) (1.10 - 3.80 10 ³ /uL)	2.20
Mono # (Auto) (0.30 - 0.90 10 ³ /uL)	0.40
Eos # (Auto) (0.00 - 0.50 10 ³ /uL)	0.16
Baso # (Auto) (0.00 - 0.10 10 ³ /uL)	0.06
Immature Gran # (Auto) (10 ³ /uL)	0.02
Absolute Nucleated RBC (10 ³ /uL)	0.00

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
LAB	CBC W/O DIFF	20240404-0245	04/04/24	0400	R		E		CMP	GILRI1
Other Provider :		Sig Lvl Provider :								

Order's Audit Trail of Events

1	04/03/24	1553	AP.GILRI	Order ENTER in POM
2	04/03/24	1553	AP.GILRI	Ordering Doctor: Gilliam,Richard R NP
3	04/03/24	1553	AP.GILRI	Order Source: EPOM
4	04/03/24	1553	AP.GILRI	Signed by Gilliam,Richard R NP
5	04/03/24	1623	3BAZ0038	order acknowledged
6	04/04/24	0001	interface	cc'd doctors edited in LAB
7	04/04/24	0001	interface	order's status changed from TRANS to LOGGED by LAB
8	04/04/24	0611	interface	order's status changed from LOGGED to IN PRO by LAB
9	04/04/24	0616	interface	order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
LAB	BASIC METABOLIC PROF W/REFLEX	20240404-0246	04/04/24	0400	R		E		CMP	GILRI1
Other Provider :		Sig Lvl Provider :								

Order's Audit Trail of Events

1	04/03/24	1553	AP.GILRI	Order ENTER in POM
2	04/03/24	1553	AP.GILRI	Ordering Doctor: Gilliam,Richard R NP
3	04/03/24	1553	AP.GILRI	Order Source: EPOM
4	04/03/24	1553	AP.GILRI	Signed by Gilliam,Richard R NP
5	04/03/24	1623	3BAZ0038	order acknowledged
6	04/04/24	0001	interface	cc'd doctors edited in LAB
7	04/04/24	0001	interface	order's status changed from TRANS to LOGGED by LAB
8	04/04/24	0611	interface	order's status changed from LOGGED to IN PRO by LAB
9	04/04/24	0634	interface	order's status changed from IN PRO to COMP by LAB

Electronically signed by Gilliam,Richard R NP on 04/03/24 at 1553

Order Date: 04/03/24

—Service—

Category	Procedure Name	Order Number	Date	Time	Pri	Qty	Ord	Source	Status	Ordered By
MED.COCHR	MULTIDOSE MEDICATIONS	20240404-0656	04/04/24	0600	R	1	Z		CMP	OSBER
Other Provider :		Sig Lvl Provider :								

—Service—

Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Order's Audit Trail of Events

Electronically signed by Williams,David G.A. MD on 04/04/24 at 0925

-----Service-----

Other Provider : Sig Lvl Provider :
Press (ENTER) for Order Details below

Order's Audit Trail of Events

PERMANENT MEDICAL RECORD COPY

Diagnosis/Problem/Outcome/Care Item Description										Sts	Frequency	From
Activity	Occurred	Recorded									Documented	
Type	Date	Time	by	Date	Time	by	Comment	Units	Change			

Activity Date: 04/03/24 Time: 2000

220430 Teach/Educate + A CP
 - Document 04/03/24 2000 CW 04/03/24 2327 CW
 - - PATIENT/FAMILY TEACHING - -
 Primary learner: Patient
 Primary learners preferred spoken language: ENG ENGLISH
 Primary learners preferred written language: ENG ENGLISH
 Physiological topics: Blood pressure
 Functional topics: Activity care
 Psychological topics: Neurological system care
 Coping support
 Health behavior topics: Medication actions
 Person(s) educated: Patient
 Readiness to learn: Cooperative
 Method of education: Verbal discussion
 Responsiveness to learning: Verbalized understanding
 Physical regulation topics: Blood pressure
 Activity topics: Activity care
 Cognitive/Neuro topics: Neurologic system care
 Coping topics: Coping support
 Medication topics: Medication actions

220700 Plan of Care + A CP
 - Document 04/03/24 2000 CW 04/03/24 2327 CW
 - - NEUROLOGICAL ALTERATION - -

Neurological alteration problem expected to: Improve/Resolve
 Target date: 04/30/24

Neurological alteration problem is: Stabilizing/Maintaining
 - - INFECTION ALTERATION - -

Infection alteration problem expected to: Improve/Resolve
 Target date: 04/30/24

Infection alteration problem is: Stabilizing/Maintaining
 - - ACTIVITY ALTERATION - -

Activity alteration problem expected to: Improve/Resolve
 Target date: 04/06/24

Activity alteration problem is: Stabilizing/Maintaining
 - - ANXIETY ALTERATION - -

Anxiety alteration problem expected to: Improve/Resolve
 Target date: 04/30/24

Anxiety alteration problem is: Stabilizing/Maintaining
 - - INJURY RISK PROBLEM - -

Injury risk problem expected to: Stabilize/Maintain
 Target date: 04/30/24

Injury risk problem is: Stabilizing/Maintaining
 - - MAIN SCREEN SELECTIONS - -

Physiological problem/alteration in: Infection
 Neurological

Functional problem/alteration in: Activity

Psychological problem/alteration in: Anxiety

Health behavior problem/risk: Injury risk

Diagnosis/Problem/Outcome/Care Item Description										Sts	Frequency	From
Activity	Occurred	Recorded									Documented	
Type	Date	Time	by	Date	Time	by	Comment	Units	Change			

Activity Date: 04/03/24 Time: 2015

220411 Clinical Monitor Interface + A MO
 - Document 04/03/24 2015 CW 04/04/24 0311 CW
 Pulse: 93
 Respiratory rate: 39
 Blood pressure: 126/61
 SP02 %: 100
 See next page
 See next page
 Mean arterial pressure: 86
 See next page

Activity Date: 04/03/24 Time: 2030

220411 Clinical Monitor Interface + A MO
 - Document 04/03/24 2030 CW 04/04/24 0311 CW
 Pulse: 84
 Respiratory rate: 21
 Blood pressure: 128/63
 SP02 %: 100
 See next page
 See next page
 Mean arterial pressure: 89
 See next page

Activity Date: 04/03/24 Time: 2045

220411 Clinical Monitor Interface + A MO
 - Document 04/03/24 2045 CW 04/04/24 0311 CW
 Pulse: 83
 Respiratory rate: 34
 Blood pressure: 125/63
 SP02 %: 100
 See next page
 See next page
 Mean arterial pressure: 87
 See next page

Activity Date: 04/03/24 Time: 2100

220281 Frequent Neuro Checks + A PS
 - Document 04/03/24 2100 CW 04/03/24 2156 CW
 - - FREQUENT NEURO CHECKS - -
 Level of consciousness: Awake/Alert
 - - GLASGOW COMA SCALE - -
 Document Glasgow coma scale: Yes
 Eye opening: 4
 Verbal response: 5
 Motor response: 6

