

# Integrated Pest Management (IPM)

## Comprehensive Approach to Pest Control

### What is IPM?

Integrated Pest Management combines multiple pest control strategies focusing on long-term prevention rather than just elimination. Uses least-toxic methods first and is environmentally responsible.

### Four Core IPM Principles

Principle	Description
<b>1. Prevention First</b>	Eliminate entry points, remove food/water sources, maintain cleanliness
<b>2. Monitoring</b>	Regular inspections, accurate identification, track population levels
<b>3. Action Thresholds</b>	Determine acceptable pest levels, not all pests require immediate action
<b>4. Control Methods</b>	Use multiple strategies, start with least-toxic, chemical as last resort

### IPM Implementation Stages

Stage	Activities
<b>Stage 1: Assessment</b>	Property inspection, identify problems, assess risk factors
<b>Stage 2: Prevention</b>	Seal cracks, install screens, fix leaks, proper storage
<b>Stage 3: Monitoring</b>	Set up stations, use traps, regular inspections, record data
<b>Stage 4: Treatment</b>	Targeted treatments, least-toxic first, minimize chemicals
<b>Stage 5: Evaluation</b>	Assess effectiveness, adjust strategies, continuous improvement

## IPM Strategies by Pest Type

Pest	Primary Method	Secondary Method	Prevention
Termites	Moisture control	Remove wood-soil contact	Regular inspections
Rodents	Exclusion primary	Seal 1/4 inch+ gaps	Trapping before poisoning
Cockroaches	Sanitation critical	Eliminate water	Gel baits strategically
Ants	Identify species	Locate colonies	Use baits for elimination
Bed Bugs	Heat treatment	Steam furniture	Mattress encasements

## IPM Benefits

Category	Benefits
Environmental	Reduced chemical usage, protects beneficial insects, sustainable
Health	Lower pesticide exposure, safer indoor air, better for children/elderly
Economic	Cost-effective long-term, prevents major infestations, increases property value

## IPM for Commercial Properties

Property Type	Focus Areas
Office Buildings	Common areas focus, kitchen management, employee education
Restaurants	Critical sanitation, daily monitoring, health code compliance
Warehouses	Perimeter protection, proper storage, loading dock management
Hotels	Guest room inspections, rapid response, public space maintenance

## Why Choose IPM with Eastern Services?

Advantage 1	Advantage 2
✓ Certified IPM specialists	✓ Reduced chemical dependency
✓ Customized programs	✓ Comprehensive documentation
✓ Regular monitoring	✓ Environmentally responsible
✓ Cost-effective solutions	✓ Long-term pest prevention

**Contact:** 0300-8484-486 | [info@easternservices.com.pk](mailto:info@easternservices.com.pk)