

users		
PK	<u>user_id</u>	<u>int</u>
	user_name	varchar
	user_goal	decimal
	daily_proteins	decimal
	daily_fats	decimal
	daily_carbos	decimal
	user_age	int
	user_height	int
	user_weight	decimal
	user_email	varchar
	user_country	varchar

analytics		
FK	<u>user_id</u>	<u>int</u>
	date	timestampz
	summ_kcal	decimal
	summ_proteins	decimal
	summ_fats	decimal
	summ_carbos	decimal

meals		
FK	<u>user_id</u>	<u>int</u>
PK	<u>meal_id</u>	<u>int</u>
	meal_date	date
	meal_time	time
	meal_type	enum

meal_items		
PK	<u>meal_item_id</u>	<u>int</u>
FK	<u>meal_id</u>	<u>int</u>
FK	<u>product_id</u>	<u>int</u>
	product_quantity	decimal

products		
PK	<u>product_id</u>	<u>int</u>
	product_name	varchar
	product_kcal	decimal
	product_proteins	decimal
	product_fats	decimal
	product_carbos	decimal

