

# Module 1: What is Research and What Makes a Good Research Question

## Overview

- Presented by **Dr. Simon Rofo** and various academics.
  - Focuses on defining **what research is**, **what it means to be a researcher**, and **how to create a good research question**.
  - Emphasizes the importance of **systematic inquiry**, **original contribution**, and **relevance**.
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## 1 Understanding Research

### General Meaning

- **Research** is not just about reading or collecting existing information.
- It is about **making an original contribution**, even if small, to existing knowledge.
- It involves **asking a meaningful question** and finding an answer through **systematic and organized investigation**.

### Key Characteristics

Aspect	Explanation
<b>Purpose</b>	To add new insight or understanding, not just summarize what is known.
<b>Systematic Inquiry</b>	Research must follow clear, structured methods to ensure reliability.
<b>Balance</b>	Good research balances what's <b>achievable</b> with what's <b>meaningful</b> .
<b>Finite Process</b>	Research projects must have an <b>end point</b> where conclusions are drawn.

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## 2 Perspectives from Academics



**Dr. Sandra Halperin (Author of *Political Research Methods and Practical Skills*)**

### Definition:

“Research is systematic inquiry that helps to make sense of the world and the debates of contemporary significance.”

### Key Points:

1. **Systematic Inquiry** – not just reading or collecting facts; research organizes knowledge meaningfully.
  2. **Research Question** – central to all research because it:
    - Guides what to include or exclude.
    - Helps manage time, scope, and focus.
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## 3 What Makes a Good Research Question?



### Three Main Attributes (Sandra Halperin)

Attribute	Description
1. <b>Significance</b>	The question must address an important issue or puzzle that matters to a broad community or real-world problem.
2. <b>Researchable</b>	It must be answerable through systematic methods (not too broad or metaphysical).
3. <b>Not Definitively Answered</b>	Should explore areas where knowledge is incomplete, uncertain, or can be re-examined in light of new trends.

### Additional Notes:

- Avoid “reinventing the wheel.”

- Good research builds on prior knowledge but adds something **new or applied** to a **different context**.
  - Research should be **cumulative**, helping knowledge grow over time.
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## 4 Other Expert Views



### Rob Denny (Lecturer in Research Methods)

#### Definition:

“Research is the process of collecting information about the world and using it to answer questions.”

#### Main Ideas:

- **Systematic Process:** Data should be collected and analyzed methodically.
- **Goes Beyond Data:** Researchers interpret, explain, or describe findings, not just report them.
- **Communication:** Findings must be shared — e.g., through books, articles, or other media.

#### Simplified Definition (as he told his daughter):

“Finding out stuff and telling people about it.”

#### Personal Insight:

- Started with a narrow, society-specific focus (Nepal) but moved toward **universal themes** that are **relevant globally**.
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## 5 Example: Linking Research to Real-World Problems



### Ethnographic Research Example

- A teacher studied **immigrant youth** who struggled in school despite motivation.
- Conducted **3 years of ethnographic research** — observing, interviewing, understanding from students' perspectives.
- Result: Research helped develop **practical tools for teachers** to support similar students.

# Module 2: What Is a Literature Review and Why You Need to Make One

## Overview

- Presented by **Yenn** and **Dr. Simon Rofo** with contributions from several academics.
  - Focuses on understanding **why literature reviews matter**, **how they connect to research questions**, and **how to approach them effectively**.
  - Central metaphor: **joining a conversation or roundtable** of scholars to contribute your own ideas.
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## What Is a Literature Review?

### Definition

A **literature review** is a *systematic examination and discussion* of existing research relevant to your topic or research question.

It involves **analyzing**, **summarizing**, and **critiquing** previous work to show:

- What is already known
- What debates exist
- What *gaps* remain to be explored

“A literature review is not just about reading mountains of books — it’s about being part of a broader dialogue.”

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## The Purpose and Value of a Literature Review

Purpose

Explanation

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| <b>1. Join the Academic Conversation</b> | Imagine pulling up a chair to a roundtable of scholars. You “listen” (read) their ideas and then “speak” (write) your response. |
| <b>2. Situate Your Work</b>              | Helps you identify where your research fits in existing knowledge.  |
| <b>3. Identify Gaps</b>                  | Reveals what hasn’t been fully explored — this is where your research can contribute something new.                             |
| <b>4. Avoid Duplication</b>              | Prevents repeating what has already been done.  |
| <b>5. Guide Your Research Design</b>     | Influences your research question, data collection, and analysis.   |
| <b>6. Demonstrate Expertise</b>          | Shows that you know the key authors, theories, and debates in your area.  |
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### **3 Relationship Between Literature Review and Research Question**

- The **literature review and research question are closely connected.**
- Your **question leads you** into the conversation, but your **reading helps refine the question.**
- As you engage with other scholars’ views, you **reformulate or sharpen** your question to ensure it remains relevant and original.

“Your research question is a gateway into the conversation, but it must be re-articulated as you read and learn more.”

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## 4 Key Metaphors Explained

Metaphor	Meaning
<b>Roundtable Conversation</b>	The literature review is like joining a table of scholars — understanding their perspectives and adding your own.
<b>Fancy Dinner Party</b>	You listen respectfully, respond intelligently, and add value to the discussion without dominating it.
<b>Movie Backstory</b>	The literature review provides background and setting — showing why your “story” (research) matters and what gap it fills.

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## 5 Insights from Different Academics

### Dr. Simon Rofe

- Literature reviews are **not about quantity of reading** but about **engagement** and **understanding dialogue** in the field.
  - Emphasizes **awareness of different perspectives** and positioning your own within that space.
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### Dr. Sandra Halperin

“The term ‘literature review’ sounds dull, but it’s actually one of the most creative and satisfying parts of research.”

#### Her Key Points:

1. It’s where you engage directly with other experts.

2. You highlight both **strengths and weaknesses** in their work.
  3. You identify **what still needs to be done** — what questions remain open.
  4. You demonstrate **why your work matters** and **how it adds value**.
  5. The literature review shows your research question is **not definitively answered** yet.
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## Reza (Contributor)

### Main Ideas:

- Academic research is an **ongoing global conversation** among scholars.
  - A **good literature review** ensures you understand others' work deeply enough to engage critically and meaningfully.
  - It helps determine if your project is **worth pursuing** and guides the direction of your **data collection and analysis**.
  - The literature review should be **driven by your research question**, not just by what literature exists.
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## Other Contributors

### Key Observations:

- A literature review shows that the researcher:
  - Understands **key debates, authors, and ideas**.
  - Can **compare and contrast** different approaches.
  - Can identify **regional or temporal differences** (e.g., how European, American, or Korean scholars view the same topic differently).
- It helps trace **the evolution of ideas** — how questions, methods, and terminology have changed over time.



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## 6 Common Misunderstandings Clarified

### Misunderstanding

### Reality

"It's just a summary of books and articles."

✗ It's actually **critical engagement** — comparing, evaluating, and identifying what's missing.

"It's separate from my research question."

✗ It's **deeply connected** — your review shapes and refines your question.

"It's done once at the start."

✗ It's **ongoing** — as you read more, you adapt your question and arguments.

# Module 3: Why Are Planning and Management Important in Research?

## Overview

- Led by **Dr. Simon Rofo** and other academics.
  - Focuses on the **importance of planning, time management, and organizational skills** in conducting successful research.
  - Emphasizes that **research is not a neat, 9-to-5 process** — it requires flexibility, foresight, and structured thinking.
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## The Core Idea: Why Planning Matters

Key Point	Explanation
<b>Research is unpredictable</b>	You may face unexpected delays, changing directions, or new findings that alter your plan.
<b>Good planning reduces stress</b>	A structured plan helps accommodate changes without panic or disorganization.
<b>Time management is crucial</b>	Research almost always takes longer than expected — account for revisions, setbacks, and reflection time.
<b>Critical thinking requires space</b>	You need time to <i>think</i> , not just to <i>write</i> — planning allows for that intellectual space.

### Quote:

“Research is not a nine-to-five exercise; it’s full of uncertainties. Good planning allows you to stay critical and flexible.”

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## 2 Simon Rofe & Yenn's Introduction

- Emphasize that **time management** and **planning** are *among the most important elements* of good research.
- Researchers must **set aside sufficient time** to:
  - Accommodate changes.
  - Reflect critically on the project.
  - Maintain organized progress.
- Reminder: *Research always takes longer than you expect.*

### Practical Tip:

Build extra time into your schedule for unexpected issues or revisions.

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## 3 Advice from Researchers and Academics

### General Research Advice

1. **Set specific milestones** (e.g., finish readings by a certain date, begin writing on another).
2. **Stay flexible** — revisit your plan and adjust it as your research evolves.
3. **Avoid last-minute rush** by leaving *contingency time* for things that don't go as planned.
4. **Record citations immediately** — even for sources you disagree with; they might become useful later.

### Quote:

“A research project rises or falls with how well you've thought through your time.”

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## Writing and Documentation Tips

- Write **footnotes and references as you go** — don't delay them until the end.
- Practice **daily writing**, even if brief — it strengthens your ideas gradually.
- The best writers maintain consistent, structured writing routines.

### Quote:

"If you haven't had time to write sufficient drafts, it will never be a good piece of writing, no matter how good the idea."

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## Dr. Sandra Halperin – Structural Planning and Integration

### Her Approach to Planning

Sandra explains that **research planning** means developing all the **key elements of research simultaneously**, adjusting them as you go.

Element	Description
Research Question	Must be clear, justified, and relevant.
Rationale / Importance	Why the question matters; its link to contemporary debates.
Literature Review	Tests if your question adds something new or addresses a gap.
Theoretical Framework	Defines assumptions and key concepts; should align with your question.

**Methodology**

Ensures your question is demonstrable and researchable.

**Key Strategy:**

Keep all these elements “in the air” — develop them **in tandem**, revisiting and refining each as the others evolve.

**Outcome:**

- Prevents wasted time or mismatched sections.
  - Ensures coherence across the entire research process.
  - Maintains a **systematic logic of inquiry**.
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## **5 Dr. Reza’s Perspective – Management & Communication**

**Key Insights**

- Research is **multidimensional** — involves participants, funders, stakeholders, and ethical considerations.
- Without **planning and management**, projects can quickly fall apart.
- **Communication skills** are part of good management — keeping all collaborators informed and aligned.

**Advice for Early Researchers:**

- Don’t assume you naturally have management or communication skills.
- Attend **workshops or classes** to build these skills deliberately.
- Research management is not “soft” — it’s *essential*.

**Quote:**

“Unless you could deliver a workshop on management skills, don’t assume you already have them.”

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## Perspective on Efficient Time Use

### Efficiency Through Prioritization

- The most successful researchers are often those with **busy lives** — they learn to:
  - Set clear **priorities**.
  - Work **efficiently** in limited time.
  - Recognize when something **isn’t worth pursuing** (e.g., a dead-end archive).

#### Practical Lesson:

Learn to see when a research path isn’t feasible within your timeframe — it’s better to redirect than to waste time.

#### Quote:

“It’s not something you do between nine and five. Research becomes part of your personality and instinct.”

## Module 4: How Do You Know You Have Been a Good Researcher at the End of Your Project?

### Overview

- Presented by **Dr. Yenn** and **Dr. Simon Rofo**, with contributions from several researchers.
  - Focuses on **evaluating your own performance** as a researcher when a project concludes.
  - Encourages **self-reflection**, **ethical accountability**, and **confidence in your process and impact**.
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## 1 Simon and Yenn's Introduction — Reflecting on the End of a Research Project

### Key Aspects to Reflect On:

#### 1. Personal Satisfaction

- Reflect on your **own sense of achievement** and growth.
- Consider how your skills and understanding evolved:
  - Did you develop a stronger research question?
  - Did you engage meaningfully with the literature?
  - Did you improve your time management and planning?

#### 2. Convincing an Audience

- Can you **clearly communicate and justify your research** to others — classmates, colleagues, or family?
- Can you explain *why* your research question matters and *how* your findings contribute?

### 3. Social Impact

- Even beginner researchers can make **meaningful change** — however small.
- Reflect on how your work **adds value to society, community, or academic debate**.

#### Quote:

“All of us have the capacity to make meaningful change in the world around us.”

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## 2 Rob’s Perspective — Systematic and Meaningful Research

### Criteria for Good Research

Criterion	Description
<b>Systematic Approach</b>	Followed a structured, logical, and organized process throughout.
<b>Clear Rationale</b>	Clearly justified <i>why</i> you chose your approach and <i>how</i> it addresses your question.
<b>Confidence and Pride</b>	Feel proud of your work and able to <i>stand by your conclusions</i> .
<b>Interest and Engagement</b>	A good project should be <i>interesting</i> — both to the researcher and to readers.

#### Quote:

“A good piece of research is one you are confident about — systematic, clear in its rationale, and something you’re proud of.”

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## 3 Reza's Perspective — Ethical and Methodological Integrity

### ✓ Three Indicators of a Good Researcher

#### 1. Ethical Soundness

- You maintained **integrity** and avoided unethical practices.
- At the end, you can look back and say:

“My ethical credentials are intact.”

#### 2. Validity and Reliability

- Your **research design was sound** — appropriate for your aims.
- You collected data properly and **triangulated** where necessary (i.e., cross-checked using multiple sources).

#### 3. Strong Data Support

- Your **findings and conclusions are supported by evidence**.
- Claims align with the data — whether theoretical, policy-based, or applied.

#### Quote:

“You know you’ve been a good researcher when your data strongly supports your arguments and your ethical standards remain intact.”

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## 4 Sandra's Perspective — Self-Reflection and Enduring Value

### 💡 Personal Measure of Success

- A unique test: reread your work after some time — if it **still interests or inspires you**, that's a good sign.
- If you can **reread your own paper and feel proud**, rather than embarrassed, that shows quality.

#### **Formal Measures (External Recognition):**

- Cited or referenced by others.
- Positively received by academic or professional audiences.

#### **Personal Measure (Internal Satisfaction):**

- You still find it meaningful, engaging, and well-written.

#### **Quote:**

"When I reread my work and still want to read it to the end — that's when I know it's good."

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## **5 Broader Reflections — Success Beyond Results**

<b>Aspect</b>	<b>Description</b>
<b>Success is not about having all the answers</b>	Sometimes you <i>can't</i> find every answer — that's the nature of research.
<b>Openness and Honesty</b>	Good researchers are transparent about limitations and unexpected results.
<b>Impact on Others</b>	Even if one person learns from your work, it's meaningful success.

## Learning Journey

Growth in skills, discipline, and understanding matters as much as the final outcome.

### Quote:

“If one person reads my research and takes something from it, that is success in itself.”

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## 6 Key Takeaways — Hallmarks of a Good Researcher

Quality	Description
<b>Ethical Integrity</b>	Acted responsibly, with honesty and respect for participants and data.
<b>Systematic Process</b>	Followed a clear and well-justified methodology.
<b>Validity &amp; Reliability</b>	Research design produced trustworthy and defensible results.
<b>Reflective Thinking</b>	Engaged critically with your own learning and performance.
<b>Communication Skill</b>	Explained your findings clearly to different audiences.
<b>Meaningful Contribution</b>	Created work that adds value, however small, to society or knowledge.
<b>Personal Pride</b>	Feel satisfied, confident, and proud of your work when you look back on it.

