

Injury Prediction for Competitive Runners

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Introduction

Staying injury free is a major factor for success in sports. Our purpose was to use machine learning for the prediction of injuries in runners, based on detailed training logs.



Dataset

Injury Prediction In Competitive RunnersDataset

provided by Kaggle website

- Dataset was obtained from kaggle in form (.csv)
- Has 13 columns and 42766 rows.
- Include a binary column indicating whether this training setup resulted in an injury (1) or not (0).
- The target I want to predict is “injury”.



Cleaning data

01

Missing

Filling the missing
value

02

Unnecessary

Drop the unnecessary
features

03

Duplicate

Check for duplicates
data

04

Type

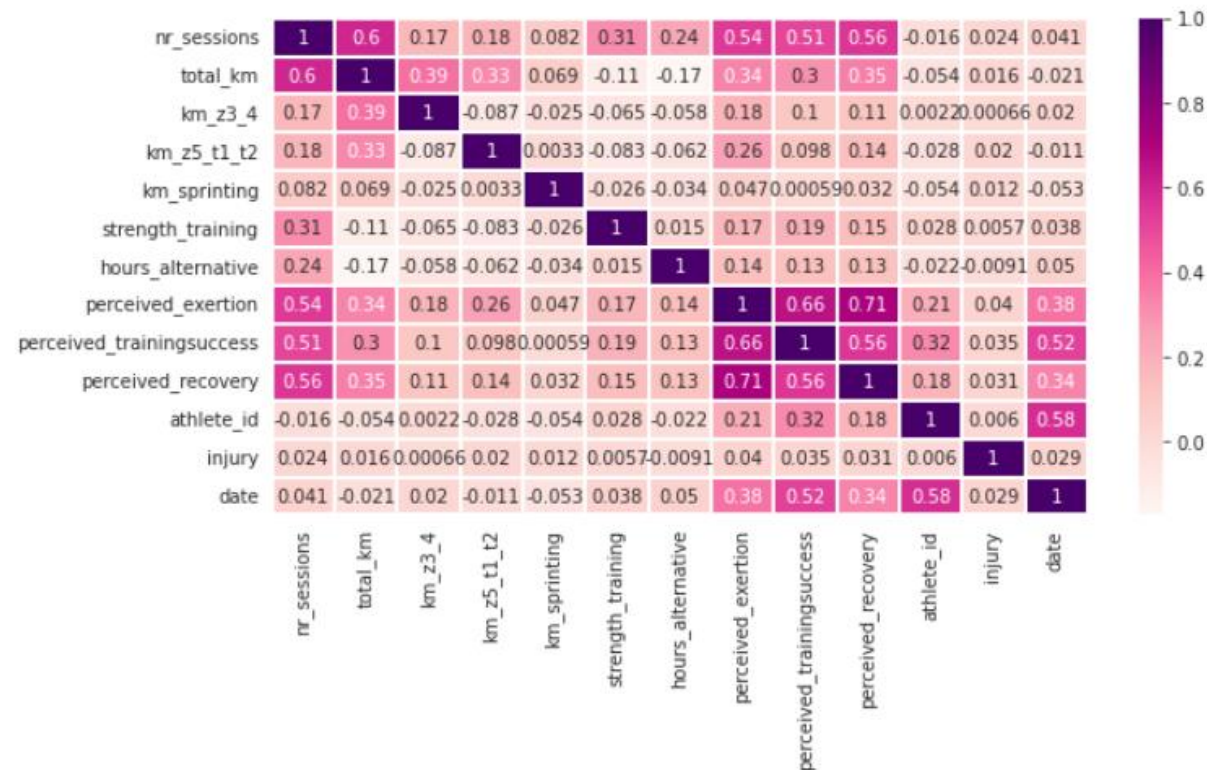
Checking features
type

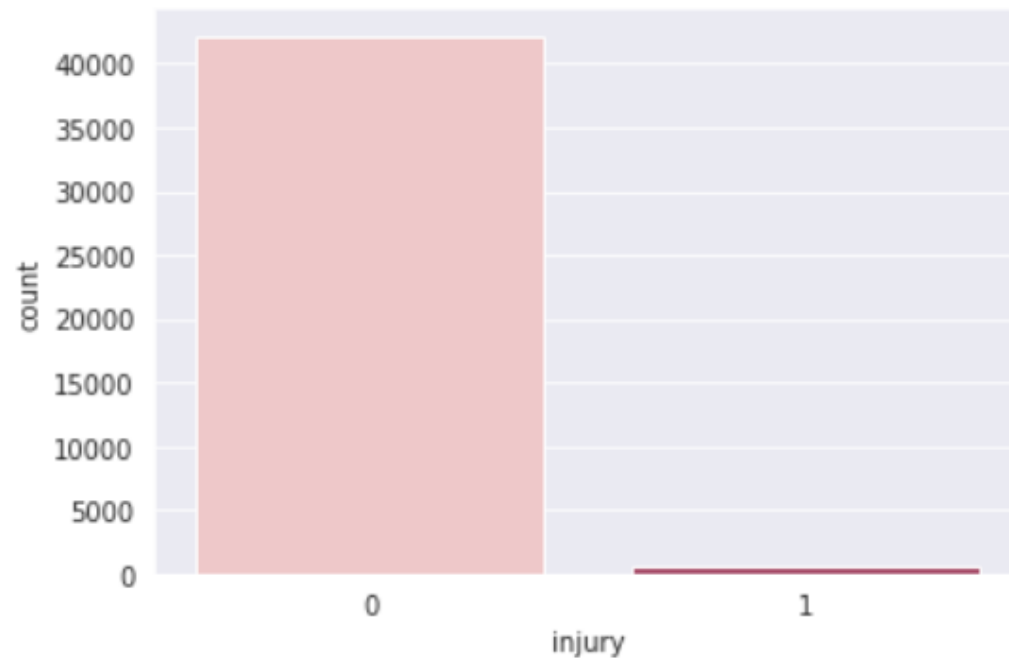
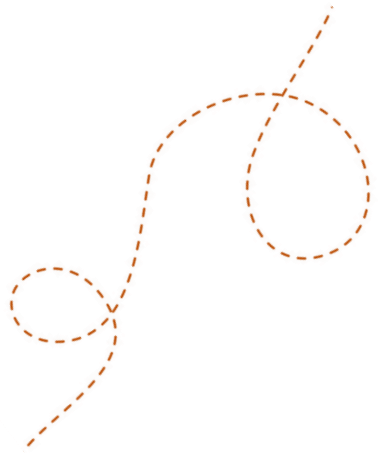


Visualization

Exploring Data Analysis (EDA)

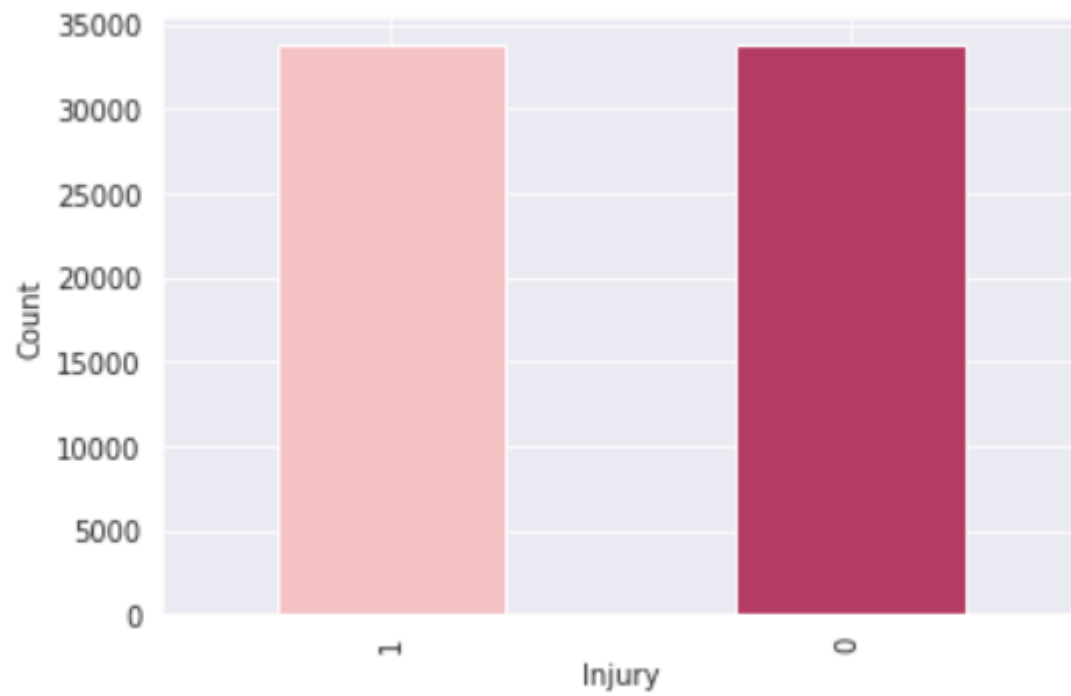
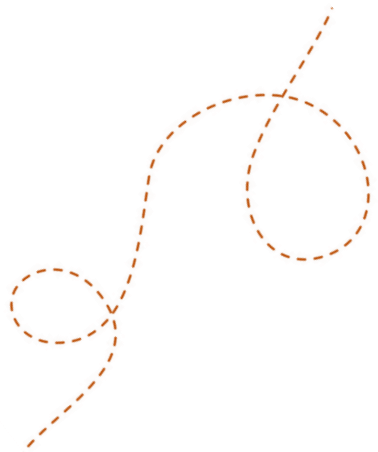
The correlation heatmap was used to find the correlation between factors





This plot shows there is unbalance between in the dataset so, in preprocessing part I will balance between them.





After balancing data.



The Model Used

- Logistic Regression.
- Xgboost.
- KNN.



Comparison Models

	Logistic Regression	xgboost	KNN
Accuracy	86%	62%	97%
Recall	0.63	0.87	0.96
f1-score	0.62	0.86	0.98



Conclusion

KNN

Is the best model to predict the possibility
of Injury for Competitive Runners.



Tools Used

- **For Data Processing**
Pandas, NumPy
- **For Building The Model**
Scikit-learn library
- **For Visualization**
 - Matplotlib
 - seaborn



A decorative dashed orange line in the top-left corner, forming a series of loops and curves.

Thanks!

Do you have any questions?

