

CCHS (2017-2018) Selected Variables

No.	CCHS Component	Number Variables	Role of Variable(s)
1	Alcohol use	1	Explanatory
2	Changes made to improve health	4	Explanatory
3	Consultation about mental health	6	Explanatory
4	Depression	1	Explanatory
5	Drug use	1	Explanatory
6	Dwelling and Households	5	Demographic
7	Educational attainment	1	Demographic
8	Food choices	1	Explanatory
9	Canada's Food Guide Use	1	Explanatory
10	Food security	1	Explanatory
11	Fruits and vegetables consumptions	1	Explanatory
12	General health	6	5 Explanatory, 1 Response
13	Geography	1	Demographic
14	Income	2	Demographic
15	Labour force	1	Demographic
16	Main activity	4	Demographic
17	Physical activities, adults 18 years and older	2	Explanatory
18	Satisfaction with life	9	Explanatory
19	Sedentary Behaviours	2	Explanatory
20	Sleep	2	Explanatory
21	Smoking	1	Explanatory
22	Socio-demographic characteristics	8	Demographic
23	Social provisions	10	Explanatory
24	Unmet health care needs	4	Explanatory
Total		75	

Response Variable

- General health:
 - GEN_015 Perceived mental health

Demographic Variables

- Dwelling and Households:
 - dhhdglvg Living / family arrangement of selected respondent - (D)
 - dhhgage Age
 - dhhgms Marital status
 - DHH_OWN Dwelling ownership - own or rent
 - DHH_SEX Sex
- Educational attainment:
 - EHG2DVR3 Highest level of education - respondent, 3 levels - (D)
- Geography:
 - GEO_PRV Province of residence of respondent
- Income:
 - incdghh Total household income - all sources - (D)
 - incdger Personal income - all sources - (D)
- Labour force:
 - lbfvdpft Full-time / part-time working status (for total usual hours) - (D)
- Main activity:
 - MAC_010 Worked at job / business - 12 mo
 - MAC_015 Currently attending school / college / CEGEP / university
 - MACG005 Main activity - last week
 - MACG020 Student status
- Socio-demographic characteristics:
 - SDC_015 Aboriginal identity - First nations / Métis / Inuk (Inuit)
 - SDC_025 Knowledge of official languages
 - sdcgcb Country of birth - grouped - (D)
 - sdcvimm Immigrant flag - (D)
 - sdcgres Length of time in Canada since immigration - (D)
 - sdcgcbgt Cultural / racial background - (D)
 - sdcgghm Language(s) spoken most often at home - (D)
 - sdcvfls First official language spoken - (D)

Explanatory Variables

- Alcohol use:
 - ALC_015 Drank alcohol – frequency – 12 mo
- Changes made to improve health:
 - CIH_005 Did something to improve health – 12 mo
 - CIH_015 Thinks should do something to improve health
 - CIH_020 Most important thing to do to improve health
 - CIHG010 Most important change to improve health
- Consultation about mental health:
 - CMH_005 Consulted mental health professional – 12 mo
 - CMH_015A Consulted mental health professional – family doctor
 - CMH_015B Consulted mental health professional – psychiatrist
 - CMH_015C Consulted mental health professional – psychologist
 - CMH_015D Consulted mental health professional – nurse
 - CMH_015E Consulted mental health professional – social worker
- Depression:
 - depdvsev Depression scale – severity of depression – (D)
- Drug use:
 - drgdvyac Illicit drug use - 12 mo (excluding "just once" marijuana) - (D)
- Food choices:
 - fdcdvcah Chooses / avoids certain foods because of health concerns - (D)
- Canada's Food Guide Use:
 - FGU_015A Used CFG - to choose foods
- Food security:
 - fscdvafs Food security - adult status - (D)
- Fruits and vegetables consumptions:
 - fvcdvgt Grouping of total daily consumption - fruits and vegetables - (D)
- General health:
 - GEN_005 Perceived health
 - GEN_020 Perceived life stress
 - GEN_025 Perceived stress at work
 - GEN_030 Sense of belonging to local community
 - gendvswl Satisfaction with life in general - (D)

- Physical activities, adults 18 years and older:
 - paadvacv Physical activity indicator - (D)
 - paadvdys Num of days - physically active - 7 d - (D)
- Sedentary Behaviours:
 - SBE_005: Time sitting / lying watching screen - school / workday - 7d
 - SBE_010: Time sitting / lying watching screen - not school / workday - 7d
- Sleep:
 - SLP_010 Trouble going to sleep or staying asleep – frequency
 - SLPG005 Number of hours per night usually spent sleeping
- Smoking:
 - SMK_005 Type of smoker (daily / occasionally / not at all) – presently
- Social provisions:
 - SPS_005 Relationships - people to depend on for help
 - SPS_010 Relationships - people who enjoy same social activities
 - SPS_015 Relationships - sense of emotional security and wellbeing
 - SPS_020 Relationships - someone to talk to about important decisions
 - SPS_025 Relationships - competence and skill are recognized
 - SPS_030 Relationships - trustworthy person for advice
 - SPS_035 Relationships - part of a group who share attitudes and beliefs
 - SPS_040 Relationships - strong emotional bond with a least one person
 - SPS_045 Relationships - talents and abilities are admired
 - SPS_050 Relationships - people to count on in an emergency
- Satisfaction with life:
 - SWL_005 Satisfaction - job / main activity
 - SWL_010 Satisfaction - leisure activities
 - SWL_015 Satisfaction - financial situation
 - SWL_020 Satisfaction - with oneself
 - SWL_025 Satisfaction - body image
 - SWL_030 Satisfaction - relationships with family members
 - SWL_035 Satisfaction - relationships with friends
 - SWL_040 Satisfaction – housing
 - SWL_045 Satisfaction – neighbourhood
- Unmet health care needs:
 - UCN_005 Unmet health care needs - self-perceived - 12 mo
 - UCN_010A Unmet health care needs - not available in area
 - UCN_010G Unmet health care needs – cost
 - UCN_020 Actively tried to obtain health care needed