**Services**

*Therapy*

For the treatment of diverse conditions, including anxiety, mood disorders, attention deficit hyperactivity disorder (ADHD), right hemisphere disorders (e.g., nonverbal learning disorder, Asperger’s and autism spectrum disorders) that often emerge in the context of family and relationship difficulties, academic and professional struggles.

Across the lifespan: children (age 5 and up), adolescents and adults

For: individuals, couples, families, and groups

*Evaluations*

Include: Comprehensive Neuropsychological, Educational (Psychodiagnostic), and Psychological Assessment

Across the lifespan: children (age 5 and up), adolescents and adults

To evaluate:

* Learning, executive function and attention disorders
* Developmental and acquired cognitive disorders
* Cognitive and psychosocial difficulties related to medical and psychiatric disorders
* Differential diagnosis of cognitive and psychiatric disabilities
* Integrative understanding of concerns
* Implications for real life functioning
* Comprehensive treatment and educational recommendations
* Detailed school, college and testing accommodations
* Qualifications for gifted and advanced studies programs and schools
* Guide the family towards best resources

The Neuropsychological Evaluation

The purpose of a neuropsychological evaluation is to understand the relationship between a person’s brain functioning and his/her behavior through a standardized and individually tailored process of assessment. Such evaluations seek to identify and integrate the neurocognitive and psychological issues that disrupt optimal functioning. This service may be requested to help diagnose or gain a greater understanding of the impact of acquired, genetic, neurologic or developmental disorders, injuries, and/or ongoing physiological influences (such as sleep disturbance and drugs).

The evaluation includes a thorough review of background information and relevant records, current information from those close to and familiar with the individual when available, testing of discrete areas of cognitive functioning (including attention and concentration, executive function, memory, language, visuospatial processing, and other skills), assessment of achievement (academic) skills, and assessment of social/emotional functioning. The quantitative data is closely examined in the context of the individual’s history combined with a qualitative analysis of *how* the individual approaches and solves problems.

The results reveal an integrated picture of the individual to clarify strengths and challenges that affect functioning. Comprehensive treatment recommendations are provided to address areas of relative weakness in effort to improve abilities at school, work and home.

The Educational Assessment (also referred to as Psychoeducational Testing)

A student’s intellectual, educational and cognitive abilities are assessed in depth to understand strengths and weaknesses that are affecting learning and school performance. Specific achievement skills are examined (that include reading, spelling, written language, and mathematics) to determine whether a student meets criteria for special education services due to a learning disability. Comprehensive educational recommendations are provided that include the need for accommodations (such as extended time) for school work and standardized tests (such as SAT, GRE, MCAT and others, as well as licensing exams and certificates for social work and other specializations), teaching strategies, learning strategies, and targeted interventions that depend on the nature of the identified areas of weakness.

The Psychological Assessment

Psychological testing is performed to better understand how an individual thinks, feels, and relates to the world. This evaluation is based on the integration of diverse data that includes scores, response content and themes, style and process of responses, and the interpersonal interaction. The goal is to generate a meaningful description of personality functioning to provide diagnostic clarification, determine the best form of treatment, guide the process of therapy, and help elucidate the areas that merit focus. Some measures of psychological functioning are incorporated in other evaluations because emotional and adaptive difficulties impact cognitive abilities.

*Forensic Consultations, including Independent Medical Examinations (IMEs) and Professional Consultations*

*Forensic consultations* involve specialized forensic services tailored to assess psychological and cognitive factors resulting from an injury or condition in children, adolescents and adults. Dr. Findler works with defense and plaintiff attorneys, governmental agencies, insurance companies, businesses and educational agencies to provide evaluation and consultation.

Services are in the following areas:

* Independent Medical Evaluation
* Neuropsychological testing
* Disability determination and workman’s compensation
* Fitness-for-duty evaluation and return to work strategies
* Decision-making capacity
* Guardianship
* Competency to stand trial and testimentory capacity

*Professional Consultations* regarding work performance and relationships within the work environment to provide a clinical opinion; includes a review of records and information obtained from interviews and/or observation.

*Diagnostic Consultation* to render a diagnostic opinion; includes a review of records and past evaluations, and information obtained from interviews and/or observation.

*Treatment Consultation* to provide suggestions regarding treatment methods and interventions; includes a review of records and past evaluations, observation if needed and consultation with treating therapist(s).