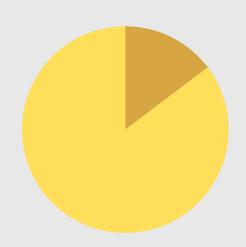
National Hockey League – First Round Picks

How Often Are they MVPS?

25/34

Chosen in the First Round

Since 1990, 25 out of 34 Hart Memorial Trophy winners (given annually to the NHL's Most Valuable Player) were first-round draft picks



Chosen in the First Three Rounds

25 of the MVP recipients were first round picks, two were 2nd round picks, and three were 3rd round picks, meaning 29/34 MVPs have been first 3 round picks since 1990 (85%)



14 First Overall Picks

Being chosen in the first round is one thing, but only one player each year can say they were drafted 1st overall. Of the last 34 MVPs, 14 of them were chosen as the first overall pick in their respective drafts



Recent MVPS

In the last 4 years, ALL of the Hart Trophy recipients have been 1st overall picks. (2024- MacKinnon, 2023- McDavid, 2022 - Matthews, 2021 - McDavid)