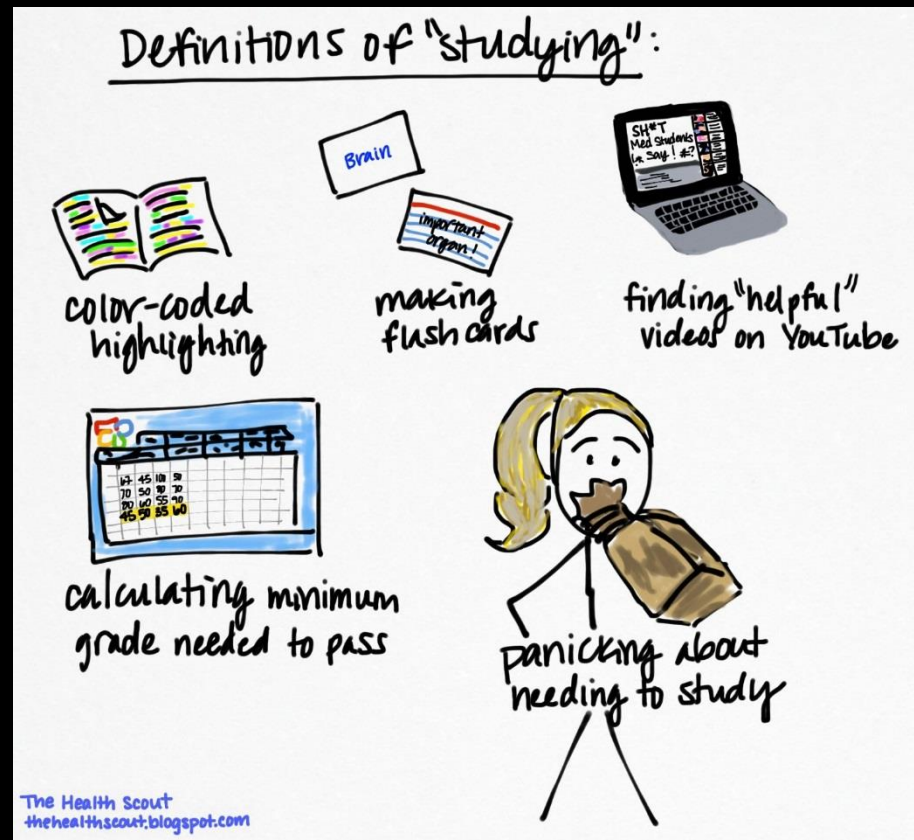


# Study Skills Workshop I

# What Will You Do Today?

- Learn what type of learner you are
- Learn how to utilize flashcards
- Learn how to set a schedule



Before we get started.....

Did you bring your homework???



## THE STYLES OF LEARNING



**Visual Learners**



**Auditory Learners**



**Read/Write Learners**

Some also believe that there's another type of learner called "Read/Write", who prefers to learn and memorize things by reading and writing.



**Kinesthetic Learners**



# VISUAL LEARNERS

## Best test type:

Diagramming, reading maps, essays, anything showing a process

## Worst test type:

Listen and respond tests



## CHARACTERISTICS



Tend to be fast talkers, may interrupt



Learn by seeing charts and diagrams



Need quiet study time



May think in pictures



Take detailed notes



Like to sit at the front of the class



# AUDITORY LEARNERS

## Best test type:

Writing responses to lectures they've heard; oral exams

## Worst test type:

Reading passages and writing answers in a timed test



## CHARACTERISTICS



Tend to speak slowly, explain things well



Tend to be natural listeners



Tend to repeat things aloud



Think linearly



Read slowly



Prefer to hear, rather than read, information

# KINESTHETIC LEARNERS

## Best test type:

Short definitions, fill-ins,  
multiple choice

## Worst test type:

Long essays, tests



## CHARACTERISTICS



Tend to be the  
slowest talkers



Learn by doing  
and solving real-life  
problems



Like hands-on  
approaches



Can't sit still  
for long,  
get fidgety



Take breaks  
when studying



Suffer from  
short attention  
spans

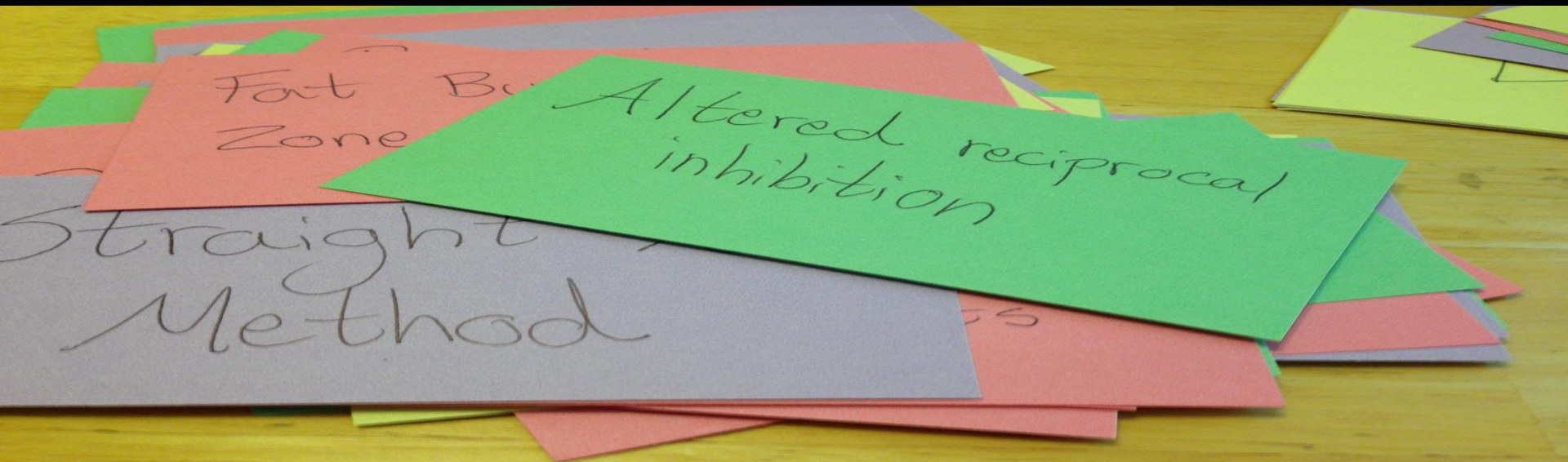
# PAUSE!

No matter what type of learner you are you should still try out the different tips and figure out what works best for you!





# How to Use Notecards!



# Why Use Notecards!

- Making the cards makes you an active learner

# Set up a Schedule with Your Mentor

1. Set up a meeting with your mentor to discuss your schedule and how you can best support your goals.

2. Create a schedule that works for you and your mentor, taking into account your other commitments and the time needed for your mentorship.

3. Communicate your schedule to your mentor and make sure they are aware of any changes or adjustments you need to make.

4. Review your schedule regularly with your mentor to ensure it is still working for you and make adjustments as needed.

5. Keep your mentor updated on your progress and any challenges you are facing, so they can provide support and guidance.

6. Be flexible and open to change, as your schedule and needs may evolve over time.



**KEEP  
CALM  
AND  
KEEP  
STUDYING**

# Resources

- Cuyamaca College. (2003). Visual learning. Retrieved July 3, 2008, from: <http://www.cuyamaca.edu/eops/DSPS/resourcesvis.asp>
- Landsberger, J. (n.d.). Study guides and strategies: Visual/spatial learning. Retrieved July 3, 2008, from: <http://www.studygs.net/visual.htm>
- Wong, L. (2006). Essential study skills (5th ed.). Boston, MA: Houghton Mifflin.
- <http://blc.uc.iupui.edu/AcademicEnrichment/StudySkills/LearningStyles/3LearningStyles.aspx>