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WORKERS FOUNDATION SERIES 3

3.0 QUIET TIME

Having become born again, you are now a new creature. Like a new born baby, you need to begin to learn how to work as a Christian. All you have at this stage is a divine seed (1 Peter 1:23, 1 John 3:9) which must be watered and nurtured to full growth so that you may discover and fulfill the purpose of your conversion. The only way you can enter into this experience is by entering into fellowship with the Lord through His Holy Spirit. You need to know how to talk to Him and how to hear Him.

A personal time with God is therefore essential to the realization of the Christian objective, which is to grow on, and up into Him in all things; thus

In this study, we want to prayerfully learn how to have an effective Quiet Time with God.

3.0.1 WHAT IS QUIET TIME?

3.0.2 Discuss the following passage: (Ps 5:2-3, 55:17, Prov. 8:17, Dan. 6:10, Luke 9:28-35, Mk. 1:35)

3.1 What is the goal of quiet time? (Gen. 1:26-28, Gen. 6:9, 17:1; Rom. 8:29, 2 Cor. 3:18, 1 Pet. 2:2-3, Eph. 4:11-14)

3.2 What do you do during quiet time: During quiet time you learn to develop a sweet, growing and lasting intimacy with the Lord. Discuss how the following can help to achieve that.

3.2.1. Praise and Worship: (Ps. 100:4, 107:21-22; Col. 1:12, Eph. 5:19-20)

3.2.2. Prayer : (Lk. 18:1, Phil. 2:4, 1 Thess. 5:17, 1 Tim. 2:1-4)

3.3 WHEN AND HOW LONG SHOULD ONE HAVE QUIET TIME?

Discuss the following passage: Ps. 55:17, Dan. 6:10, Matt. 14:23

3.3.1. Why is necessary to have fixed time?

3.3.2. Why is necessary to have quiet place?

3.3.3. In the light of Prov. 6:4-11, discuss the advantage(s) of raising early and how to conquer “sleep”

CONCLUSION

Quiet time is a time set apart to meet alone with God, to thank, praise, adore and worship Him. It is a time to commune with His word, and to talk to him about your needs and that of others. It is a place that God usually transform a man and molds him.

While it is good and necessary to have a set place it should never degenerate into a cold, ritualist, mechanical and formal exercise. The ultimate target is to help you develop a long life, filling intimate with God.

You need to ask God to grant you grace and help you to be diligent in this matter.

Note:
