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1. Geographical location

Nairobi is the capital and biggest city of Kenya and the second-biggest city by population in the African Great Lakes area after Dar es Salaam, Tanzania. The name "Nairobi" originates from the Maasai expression Enkare Nairobi, which means "cool water". The expression is likewise the Maasai name of the Nairobi River, which thus gave its name to the city. In any case, it is famously known as the "Green City in the Sun".



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2. Neighbouring cities/countries

The Major Cities Close To Nairobi, Kenya Are Kandara Which Is At An Approximate Distance Of 64.1 Kilometers, Makuyu Which Is At An Approximate Distance Of 75.9 Kilometers, Dar Es Salaam Which Is At An Approximate Distance Of 900.5 Kilometers.



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3. Significance

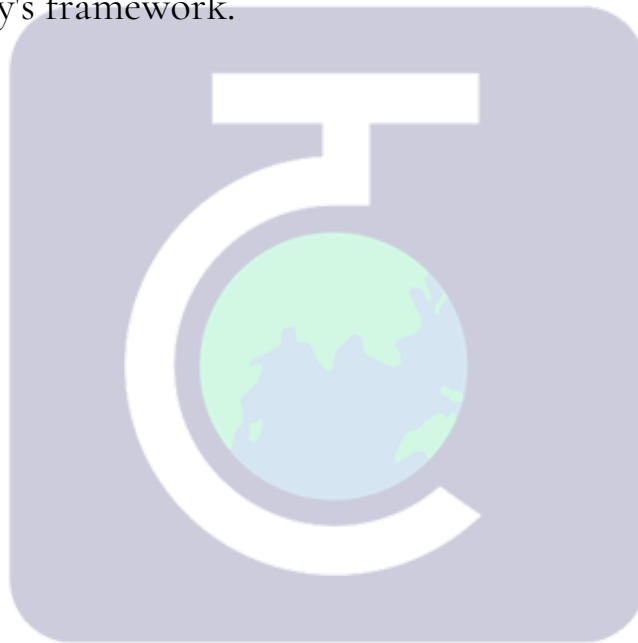
Nairobi was established in 1899 by the colonial regime in British East Africa, as a rail terminal on the Uganda Railway. The town rapidly developed to replace Machakos as the capital of Kenya in 1907. After liberalisation in 1963, Nairobi turned into the capital of the Republic of Kenya. Amid Kenya's pilgrim period, the city turned into a middle for the province's espresso, tea and sisal industry. It is also the home to a Contact of international offices and organisations.



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4. History

The area around the present day Nairobi was basically uninhabited grassland until a supply warehouse of the Uganda Railway was implicit 1899, which soon turned into the railroad's central command. In 1905, Nairobi replaced Mombasa as capital of the British colony and the city developed around organizations and tourism. After autonomy in 1963, Nairobi became quickly and this development put weight on the city's framework.



Index**5. Cultural identity**

Nairobi has a glorious and rich history. A number of immigrants settled in Nairobi from the other British colonies of the world predominantly India and Pakistan. The city has a number of churches, mosques, temples and worship places. Safari tourism is an important part of Nairobi and thus is sometimes also called “The Safari Capital of the World”.



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6. Natural resources

Kenya is a mineral rich nation with reserves of gold, iron ore and titanium available in its reserves. Scale of gold is small and artisanal. Kenya has a capacity of 220000 metric tonnes of iron ore per annum. Some of the other natural resources found in Kenya include limestone, soda ash, zinc and gypsum.



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7. Key site seeing places (paid and free)

7.1. Paid

7.1.1. Nairobi National Museum

The Nairobi National Museum was founded in 1910 by a group of naturalists as a place to store their specimens. It reopened in 2008 after a modernization project and now presents Kenya's rich heritage to tourists. The museum depicts the country's dramatic trail of history and also exhibits the art and culture of the Kenya.

Address : Education Department, Nairobi, Kenya

Zipcode : -

Location : -1.273966, 36.814487999999998

Contact : +254 20 3742131

Nearest Public Transport : Museum bus station

Entry Fee : Price ranges from 600 KSH to 1500 KSH

Open & Close Timing : Daily: 08:30hrs-17:30hrs

Time Required : 2

Expected Wait Time : 5 minutes

Buy Ticket : No

7.1.2. David Sheldrick Wildlife Trust - Elephant Orphanage

The Sheldrick Wildlife Trust (also referred to as the David Sheldrick Wildlife Trust, or DSWT) is located in Nairobi Game Park and serves as an orphanage for baby elephants as well as some rhinos. Established in 1977, the Trust has played a significant role in raising these animals and has worked relentlessly towards their conservation and welfare.

Address : KWS Central Workshop Gate, off, Magadi Rd, Nairobi, Kenya

Zipcode : -

Location : -1.3769672, 36.773750800000016

Contact : +254 20 2301396

Website : <https://www.sheldrickwildlifetrust.org/asp/faq.asp>

Nearest Public Transport : Multimedia University Bus Station

Entry Fee : 500 KSH per person

Open & Close Timing : Monday to Saturday: 11:00hrs-12:00hrs Sunday: Closed

Open & Close Timing : Monday to Saturday: 09:30hours-17:30hours Sunday: Closed

Time Required : 2

Expected Wait Time : 10-15 minutes

Buy Ticket : No

7.1.5. Uhuru Gardens

This is Kenya's largest memorial park and was declared a national monument in 1966. The first Kenyan national flag was hoisted here and showcases the country's struggle for independence through the 24-meter high monument commemorating the same.

Address : B14, Nairobi, Kenya

Zipcode : -

Location : -1.3262379, 36.790673800000036

Nearest Public Transport : kirush bus station

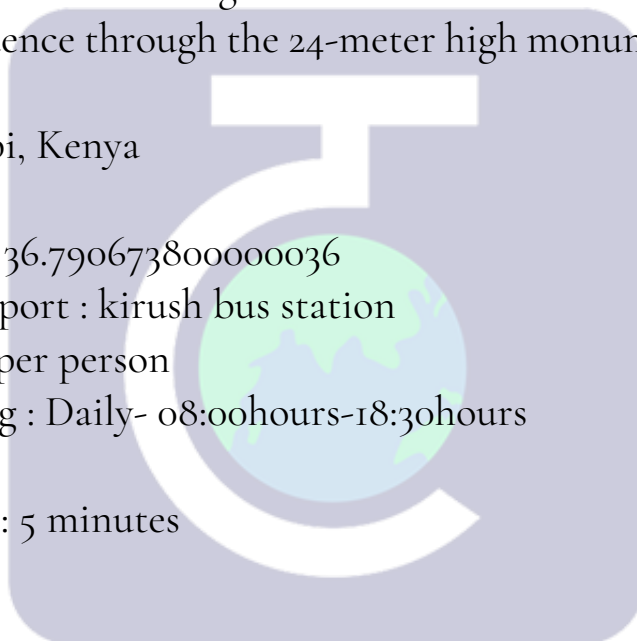
Entry Fee : 200 KSH per person

Open & Close Timing : Daily- 08:00hours-18:30hours

Time Required : 2

Expected Wait Time : 5 minutes

Buy Ticket : No



7.1.6. The Nairobi Arboretum

Nairobi Arboretum was set up in 1907 by Mr. Batiscombe, then Deputy Conservator of Forests, to experiment with forestry in Kenya. It was gazetted as a national store in 1932 and in 1996 it was titled as a public reserve. The arboretum is a plot for quickly developing tree species, to take care of the popularity of fuel wood and thus help save Kenya's indigenous forests.

Address : Arboretum Road, Nairobi, Kenya

Zipcode : -

Location : -1.2785331, 36.80332720000001

Contact : +254 733 823045

Website : http://nairobiarboretum.org/?page_id=244

Nearest Public Transport : Shell/Arboretum Bus station

Entry Fee : Ranges between 20 KSH to 50 KSH

Open & Close Timing : Daily: 06:00hours-18:15hours

Time Required : 2

Expected Wait Time : 15-20 minutes

Buy Ticket : No

7.1.7. Bomas of Kenya

Located in the Langata district, Bomas (residences) shows customary towns having a place with the few Kenyan tribes. It was built in 1971 as an initiative under the Kenya Tourist Development Corporation as a vacation destination and also to promote the rich and differing social estimations of several tribal gatherings of the country.

Address : Nairobi, Kenya

Zipcode : -

Location : -1.3368097, 36.769094499999994

Contact : +254 20 891391

Website : <http://www.bomasofkenya.co.ke/>

Nearest Public Transport : Hostel Bus station

Entry Fee : Ranges between 300 KSH to 600 KSH

Open & Close Timing : Daily- 08:00hours-17:00hours

Time Required : 4

Expected Wait Time : 10 minutes

Buy Ticket : No

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7.2. Free

7.2.1. Kenyatta International Convention Centre

Named after the Republic's First President, Jomo Kenyatta, the tube-shaped Kenya International Conference Center (KICC) is a universally acclaimed venue for gatherings and shows. Though it isn't the tallest structure in Kenya, it rules the horizon with a 28-storey tower with a vast amphitheater.

Address : Harambee Ave, Nairobi City 00100, Kenya

Zipcode : 00100

Location : -1.2886292, 36.8229759999999926

Contact : +254 20 2214535

Website : <http://kicc.co.ke/>

Nearest Public Transport : Machakos Bus station

Open & Close Timing : Daily- 12:00hours-19:00hours

Time Required : 3

Buy Ticket : No

7.2.2. Moi International Sports Center

Zipcode : 0

Location : -1.2279931, 36.890643800000002

Time Required : 0

Buy Ticket : No

7.2.3. Nairobi City Stadium

Zipcode : 0

Location : -1.2938474, 36.842243899999997

Time Required : 0

Buy Ticket : No

7.2.4. Yaya Shopping Centre

Located in Central Nairobi, Yaya Centre is a huge shopping mall that caters to all your retail needs. It has over 100 different store and offices. Spend a day filling

your shopping bags while you enjoy the elegance of this mall.

Address : Argwings Kodhek Rd, Nairobi, Kenya

Zipcode : -

Location : -1.2929594, 36.787841399999934

Time Required : 0

Buy Ticket : No

7.2.5. The Village Market

Zipcode : 0

Location : -1.2286308, 36.805057300000044

Time Required : 0

Buy Ticket : No

7.2.6. Westgate Mall

Zipcode : 0

Location : -1.2568306, 36.803115599999956

Time Required : 0

Buy Ticket : No



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8. Key sites sports & adventure

Kenya is not only a great destination for African Safari, but also hosts spectacular locations that one can enjoy activities such as white water rafting safari, white water kayaking safari, skydiving and the likes. It is a nice break during a long African holiday to try out these adventure activities and take yourself away from all the wildlife around you.

- **Skydiving -**

Address : Suite 4, Sukamba Court, Ngong Rd, Nairobi, Kenya, Nairobi, Kenya

Location : -1.299675,36.7934679999999

Contact No : +254 726 042 070

Website : <http://www.flashmctours.com/contact-us/>

Nearest Public Transport : Uchumi bus station

Entry Fees : Adults- 30000 KSH

Open / Close Time : Daily: Open 24 hours

Time Required : 3

Wait Time : 20-25 minutes

- **White Water Rafting -**

Address : Sagana Muranga Road, Sagana, Kenya

Location : -0.6950521,37.2429104999999

Contact No : +254 722 308 026

Website : <http://www.raftinginkenya.com/contacts.html>

Nearest Public Transport : Sagana Bus Station

Entry Fees : Call to check for prices

Open / Close Time : Daily- 09:00hours-14:00hours

Time Required : 4

Wait Time : 15 minutes



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9. Adventure sports, Local sports, stadiums

Football, athletics and cricket are the most leading outdoor sports in the country. Some of the key sports stadiums in Nairobi are: 1. Moi International Sports Centre (MISC) 2. Nairobi City Sports Stadium



10. Spas and relaxation

Nairobi is known for its high intensity outdoor locations and safaris. It is advised that you take some time off post these adventure trips to relax and enjoy the spa offerings that the city has to offer.

- **Serenity Spa:**

Address : 412 UN Crescent, Box 1934, Nairobi, Kenya

Location : -1.234592,36.80715399999997

Contact No : +254 708 202020

Website : <http://serenityspa.co.ke/>

- **Wild earth day spa:**

Address : The Oval Building, Parklands Rd Nairobi, Kenya

Location : -1.23519,36.77826600000003

Contact No : +254 203007264

Website : <http://www.wildearthdayspa.com/#!contact/c2q4>

- **Devarana Spa:**

Address : 14 Riverside Dr (Off Riverside Drive), Nairobi, Kenya

Location : -1.270061,36.803517000000056

Contact No : +254 204 233 000

Website : <http://www.devaranaspa.com/en/nairobi.html>

11. Events calendar

Month

Events

Marala Camel Derby

The Maralal Camel Derby is an annual event, held mid-year just outside of Maralal town. This is Kenya's best known and most prestigious camel race.

Rhino Charge

This unique off-road car rally is held every year to raise money for conservation of the Black Rhino.

Lamu Cultural Festival

Lamu Cultural Festival is a celebration of both the past and the future, and the beliefs and traditions that are the heart and soul of the Lamu community.

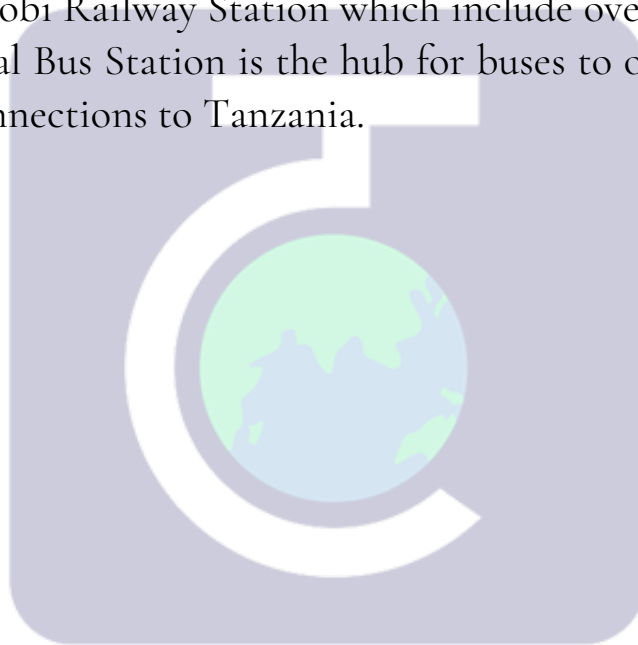
Index**12. Key local guides and tours**

Nairobi is rich in its history and the natural habitat around it. It can be explored in a Contact of ways on your own or through the help of well facilitated tour guides. It is advised that tourists take guided tours on vehicles and indulge in walking tours. 1. Nairobi City Tours (+254202696911) 2. Kenya Day Tours (+ 254 722 68 51 71)



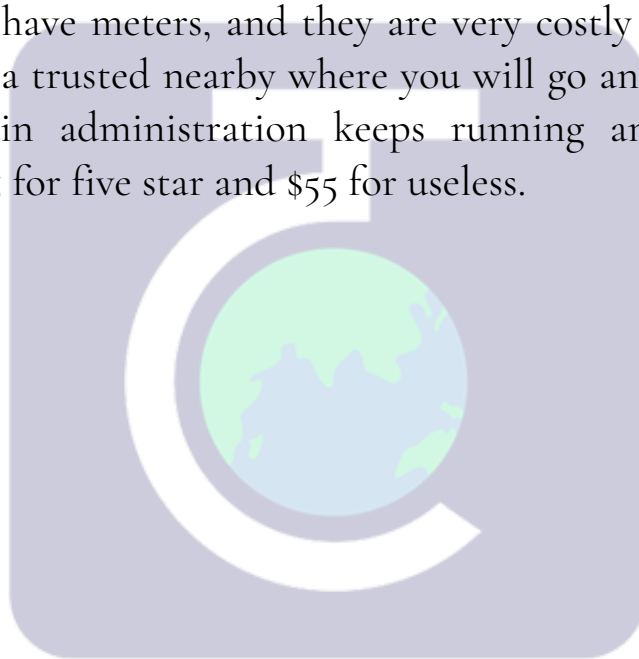
Index**13. Transportation hubs**

The closest airport to Nairobi is The Jomo Kenyatta International Airport. Airport transfers are available through private cars or shuttles to the city centre. The distance to the City Hall from the airport is about 20 kms. A six seater van for 5 passengers costs 4000 KSH. Regular shuttle services are also available and buses are available on charter at 6000 KSH to the City centre. Intercity trains depart from the Nairobi Railway Station which include overnight trains to cities in Kenya. The Central Bus Station is the hub for buses to operate both intercity and international connections to Tanzania.



Index**14. Transportation cost**

Matatus (Kenyan open small transports) are the fastest and least expensive approach to get around the enormous urban areas in Kenya, particularly Nairobi. Because of hoisted fuel costs, matatu rides cost a base of 30 KSH and are costlier relying upon the time or night and in addition course and request. Kenya Bus Service and Citi Hoppa buses additionally give transportation in and around Nairobi. Taxis don't have meters, and they are very costly in Nairobi. The best thing to do is to tell a trusted nearby where you will go and ask what a sensible rate would be. Train administration keeps running amongst Nairobi and Mombasa costing \$65 for five star and \$55 for useless.



15. Baggage allowance

Suburban and out bound trains from Nairobi have no limit on the baggage that can be carried on board. The recommendation is however that tourists travel light with minimum or light baggage.



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16. Must try food and local savouries

Kenya is known for a range of local dishes that find their roots in the various cultures that have existed and lived in the country for ages. Some of the key dishes that one must try while in Kenya are Kenyan pilau, sukuma wiki, nyama choma and matoke



17. Restaurant & Nightlife

Nairobi city post sunset becomes a party hub, loaded with revelers clamoring about, attempting to locate the ideal spot to while the night away. Music from the huge amounts of clubs all around appears to get louder as the weekend approaches, and there is no deficiency of beverages and snacks to enjoy on as you rave.

Food -

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- **The Carnivore Restaurant:**

Address : Langata Rd, Nairobi, Kenya

Location : -1.3293914,36.80092860000002

Contact No : +254 733 611608

Open / Close Time : Daily: 11:00hours-23:00hours

- **Habesha:**

Address : Argwings Kodhek Rd, Nairobi, Kenya

Location : -1.292383,36.779283999999996

Contact No : +254 733 730469

Open / Close Time : Daily: 09:00hours-00:00hours

- **The Talisman Restaurant:**

Address : Ngong Rd, Nairobi, Kenya
Location : -1.32328,36.70261700000003
Contact No : +254 705 999997
Website : <http://thetalismanrestaurant.com/>
Open / Close Time : Daily: 08:00hours-22:00hours

- **Dari Restaurant:**

Address : Ngong Rd, Nairobi, Kenya
Location : -1.318337,36.715652999999975
Contact No : +254 706 521573
Open / Close Time : Daily: 10:00hours-00:00hours

- **Java House:**

Address : Koinange Street, Uniafric House, Nairobi, Kenya
Location : -1.3228861,36.708023300000036
Contact No : +254 722 233112
Website : <http://javahouseafrica.com/>
Open / Close Time : Daily: 06:30hours-22:00hours

- **Mandhari Restaurant:**

Address : Processional Way, Nairobi City, Kenya
Location : -1.2870297,36.81452319999994
Contact No : +254 20 2822000
Website : <http://www.serenahotels.com/serenanairobi/mandharirestaurant-en.html/>

- **Fogo Gaucho:**

Address : Nairobi City, Kenya

Location : -1.2642746,36.8011736999999936

Contact No : +254 712 123456

Website : <http://www.fogogauch.co.ke/about-us.html>

Open / Close Time : Monday to Saturday: 12:00hours-22:30hours Sunday:
12:00hours-22:00hours

- **K1 KlubHouse:**

Address : Parklands Shades Hotel, Nairobi

Location : -1.268254,36.81146530000001

Contact No : +254 20 3749042

Website : <http://www.klubhouse.co.ke/>

Open / Close Time : Daily: Open 24 hours



Index**18. Average meal cost**

A three-course meal in Nairobi costs as following: • Expensive restaurant (expat area): KSH6000 • Inexpensive restaurant: KSH900 • Mid-range restaurant: KSH4000 • Alcohol Prices: Domestic Draught (0.5 litre): KSH160; Imported Beer (0.33 litre): KSH250



Index**19. Shopping**

Numerous new shopping centers have showed up in Nairobi as of late, and some more established ones have upgraded themselves to serve the developing working class and expat groups. Different independent expressions and specialties organizations offer an amazing choice of merchandise, and purchasing from nearby craftsmen is essential as it serves to bolster the local economy. Some of the key places to shop while in Nairobi are the Westgate Mall, Yaya Centre, The Village Market.



20. Tourist benefits

VAT in Kenya is at 16% of purchases and services. Foreign tourists are allowed to reclaim their value added tax on a collective purchase of less than KSH 1000000 as VAT at multiple offices for refund in the city. The VAT office for refund is also set up at the Nairobi International Airport.



Index**21. Essential local apps**

Local taxi app MARAMOJO is a trusted platform and network of taxi providers. Kenya Tourism's own app is also a good app to have in need. All these apps are available on all available and known platforms.



22. Driving

Driving in Nairobi is genuinely simple. Drivers either need a Kenyan Driving License or an International Driving License. Outside guests can drive in Kenya with their residential driver licenses and International driving grants for 90 days. For brief importation a foreign enrolled vehicle, an impermanent carnet is required. It is additionally required that it has a foreign vehicle license and an outsider protection spread.



Index**23. Travel essentials**

The standard electricity supply in the Kenya is 230 volt – 50 Hz AC, 15 A and plugs have two or three prong round pins. North American appliances that work only on 110V (most work on 110–240V) will also need a transformer. Remember to bring an adapter or converter if you need it.



Index**24. Essential clothes**

The standard electricity supply in the Kenya is 230 volt – 50 Hz AC, 15 A and plugs have two or three prong round pins. North American appliances that work only on 110V (most work on 110–240V) will also need a transformer. Remember to bring an adapter or converter if you need it.



25. Local currency

The local currency of Nairobi is the Kenyan Shilling. 1USD= 101.30 KSH.



26. Change vendor's commission, ATM charges

Since the Kenya shilling is a weaker currency, costs for anything associated with the traveler business have a tendency to be cited in US dollars. Money dollars, together with British pounds and euros, are constantly worthy, and regularly favored in transactions. In the event that you take \$100 bills to Kenya, make sure they are under five years of age as they won't be interchangeable in numerous spots otherwise. The machines differently acknowledge cards with Visa, Visa Electron, MasterCard, Plus or Cirrus images. You'll need to ask your own bank what charge they make per withdrawal: the expense differs. Numerous banks likewise give trade advances out Kenya shillings (and, in case you're in Nairobi or parts of the coast, in US dollars or pounds) on Visa and MasterCard Visas. The most extreme sum you can pull back every day is typically Ksh 40,000 from an ATM, or Ksh 50,000 over the counter. The vendor commission for local agents vary depending on the agent. It is advised that you confirm the rates before getting committed to any transaction. It is also advised that the rates are negotiated beforehand to get the best deal.

27. Staying connected

Most hostels, hotels, cafes and restaurants in Nairobi offer free wi-fi facility to their customers. As far as cell phone connectivity goes, the city is covered by the GSM 900/ 1800/ GPRS/ HSPDA network. There are three main operators in the city i.e MTN, Cell C and Virgin Mobile and Telkom.



28. Time Zone

Nairobi observes East Africa Time Zone. It is CET (UTC+3)



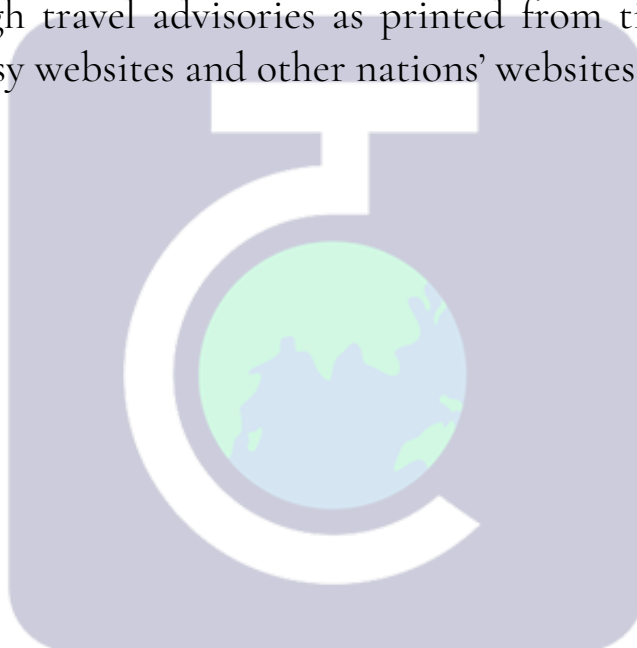
Index**29. Languages**

Kenya is a multilingual country. The Bantu Swahili language and English, the latter being inherited from colonial rule and are widely spoken. In total there are 68 languages spoken in Kenya and is a reflection of the diverse Kenyan population. Languages come from two broad families: Niger-Congo and Nilo-Saharan. English is an official language in Kenya and spoken with varying degrees of fluency.



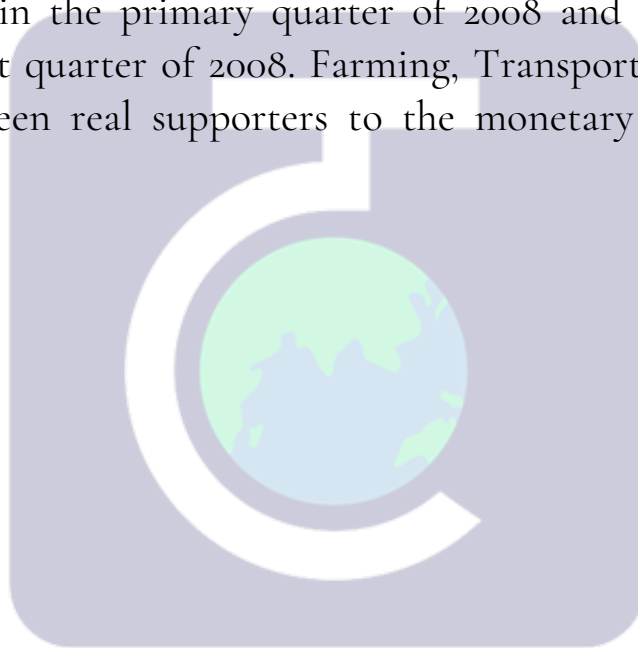
Index**30. Political Scenario**

Kenya has always been a centre of political tension both from external as well as internal sources. The presence of so many UN bodies is a testimony to that. Off late, tensions have been growing in Kenya regarding government performances which has moved to a more progressive government from the postelection violence 6 years ago fought mostly on ethnic lines. Travellers and tourists are advised to go through travel advisories as printed from time to time on their home country embassy websites and other nations' websites.



Index**31. Economic Scenario**

Kenya's economy was viewed as steady and solid in East Africa till 2008 when its development was hugely influenced by the fallout of elections in December 2007. As per the Central Bank of Kenya, the monetary development in the nation recorded fabulous figures from 0.5% in 2002 to 7.1% in 2007. In 2008, it dropped to 1.7% and the stifled development reflected antagonistic result impacts of post decision emergency in the primary quarter of 2008 and worldwide monetary emergency in the last quarter of 2008. Farming, Transport and correspondence and tourism have been real supporters to the monetary development in the nation.



Index**32. Religious belief**

The predominant Religion in Kenya is Christianity, which is followed and practised by an expected 82.6% of the aggregate population. Islam is the second biggest religion in Kenya, practised by around 11.1% of the aggregate population. Different beliefs rehearsed in Kenya are Baha'i, Buddhism, Hinduism and traditional religions. Nairobi is an exemplary case of how religions can exist together in a blended situation.



Index**33. Visa requirements**

The visa requirements are different for different countries of residence of the traveller. Visa requirements depending on the country of residence can be found on: <https://www.kenyaembassy.com/dcservices/appforvisaonline.aspx> It is advisable to keep 2 pages free in your passport for arrival and departure stamps. In certain cases, it has been observed that applying and receiving a visa can be a process of 20-30 days. Hence, it is essential that you check the timeline with the relevant authority in the country where you intend to make the visa application.



Index**34. Essential vaccination**

One does not need to take any specific vaccination before entering this country. Advice: There is no risk of yellow fever in Kenya. The government of Kenya requires proof of yellow fever vaccination only if you are arriving from a country with risk of yellow fever. This does not include the US. If you are traveling from a country other than the US, check this list to see if you may be required to get the yellow fever vaccine: <http://wwwnc.cdc.gov/travel/yellowbook/2016/infectious-diseases-related-to-travel/yellow-fever#4728>



Index**35. Theft and Safety**

Kenya is known for petty crimes and these happen in high density tourist areas mostly. Visitors run a risk of getting robbed in the first two days. Doping in buses, charity scams are some easy ways of robbing expats in Kenya. The police in Kenya is highly unresponsive and thus self-protection is the best option in Kenya.



Index**36. Embassy/Consulate**

A list of foreign embassies and consulates of Nairobi, Kenya can be seen online at:
<http://embassy.goabroad.com/embassies-in/kenya>



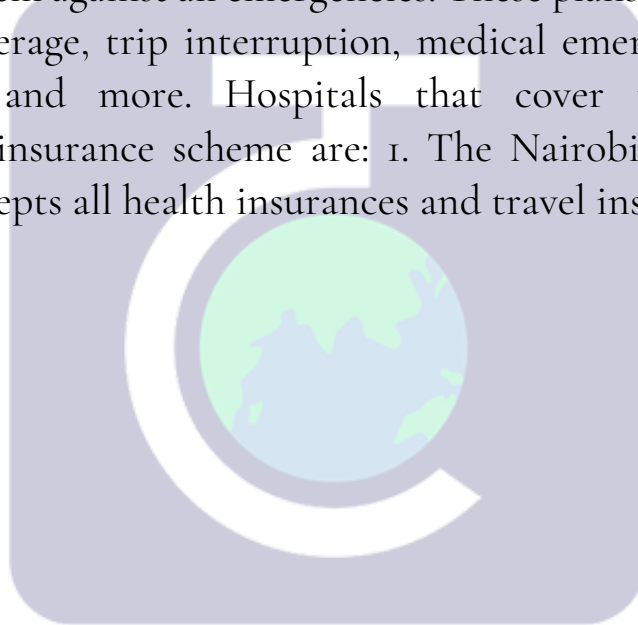
Index**37. Accessibility**

Nairobi does not pose major problems for people with disabilities in accessing places within the city. However, the role of the government is minimal in terms of revamping or developing the conditions and facilities for people with restricted accessibility.



38. Emergencies

Nairobi does not have a single Contact to report emergencies. The Nairobi Police can be reached on 2240000/0726-035455/020341411. Emergency ambulance services can be reported on 112/999. The hospitals in Nairobi are state of the art with complimentary pharmacies that also remain 24X7. These hospitals have highly trained doctors. Travelers are advised to carry medical insurance plans prior to the trip that cover them against all emergencies. These plans may include valuable medical expense coverage, trip interruption, medical emergency assistance and treatment services and more. Hospitals that cover travelers under the international travel insurance scheme are: 1. The Nairobi Hospital Note: The Nairobi Hospital accepts all health insurances and travel insurances



39. Do's and Don'ts

Do's • Do keep an eye on your belongings at all times, especially in the tourist areas. • Exchange greetings with everyone you meet. It lasts at least a minute or two. • When on a Safari, do not imitate animal sounds, throw objects, or corner a wild animal. • Ask permission before clicking someone's photograph • Do bargain at all shopping areas and carry change with you at all times. • It is advisable to carry a certified doctor's prescription along with the medicines to ensure hassle free import clearance. Don'ts • Do not get surprised by hissing. It is a common way of attracting strangers in Kenya • Do not say no to food offered by a Kenyan. • Do not smoke on Kenyan streets • Never count/ exchange your money on the street. • Don't flag down a taxi on the street buy book it from a reliable source beforehand. • Hire a self-drive car. It is expensive to drive and it is equally dangerous. • Do not use the words "Black" and "nigga". • It is advisable that do not carry unsealed/ unbranded food articles as the same may be banned for import.

Index**40.Tipping basics**

At inns, doormen can be tipped anything from 50 shillings to 100 shillings. In restaurants, the server serving you would commonly expect 10% of the bill to be offered as a tip. Make certain to hand the tip to the server in individual to guarantee that they get it, and not to abandon it on the table. It is exhorted that you pay the tip in Kenyan Shillings as they experience difficulty getting foreign currency traded.



Index**41. Pet info**

Kenya does not quarantine healthy pets if they meet the following requirements: • Import Permit • Airlines Captain Affidavit stating that your pet was on a direct flight to Kenya. • ISO compliant pet microchip (unless entering from a rabies free country where your pet has resided for 6 months) • Ticks and Tapeworm Test (completed within 48 hours of entry) • USDA (or CFIA) accredited veterinarian must complete a Veterinary Certificate for Kenya



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Conclusion – Why to select this destination

Nairobi is probably a must visit destination to experience Africa in its rustic avatar. Its history and beautiful natural sites offer travelers and tourists an excellent opportunity to experience Africa up close. From exploring wildlife in its raw form in the open and to experience a cosmopolitan environment, Nairobi is an offbeat destination. The cuisine that Kenya has to offer is a meat lover's dream. It is known for its Nyama Choma which is a world popular. With its sprawling savannas, incredible flora and fauna, as well as unique geology, Nairobi is a must visit off beat destination.



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