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### 1. Geographical location

Banff is a town located within the Banff National Park in Alberta, Canada. It is located in Alberta's Rockies approximately 56 km. east of Lake Louise and 120 km. west of Calgary, and Banff is one of the most popular tourist destinations in Canada because of the hot springs and mountainous surroundings like Mount Rundle, Mt. Norquay, Cascade Mountain and Sulphur Mountain.



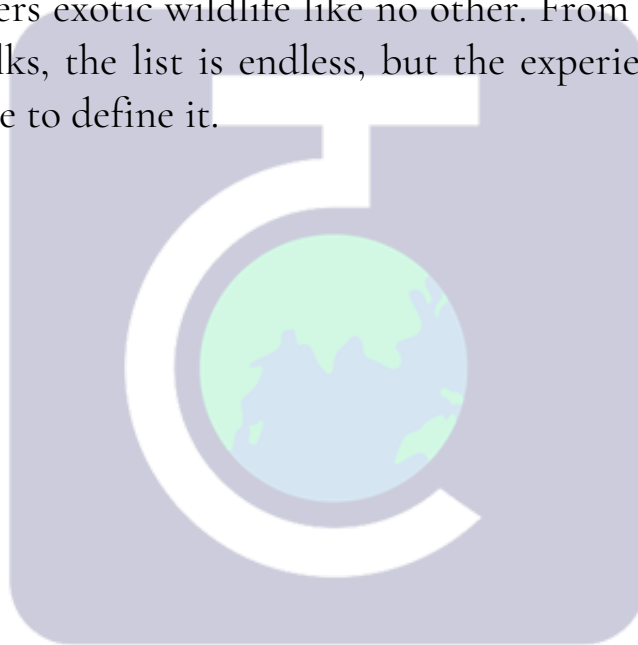
## 2. Neighbouring cities/countries

Banff, Being One Of The Tourist Destinations In Canada, Is Accessible To Its Nearby Cities Within Alberta. Among These Cities Are Edmonton, Calgary, And Brooks. Edmonton Is Situated 413 Km. Away From Banff, Calgary Is 127 Km. Away And Brooks Is 329 Km From Banff. Vancouver In British Columbia Is 847 Km Away From Banff. Saskatoon Located In Saskatchewan Is 714 Km Away From Banff.



### 3. Significance

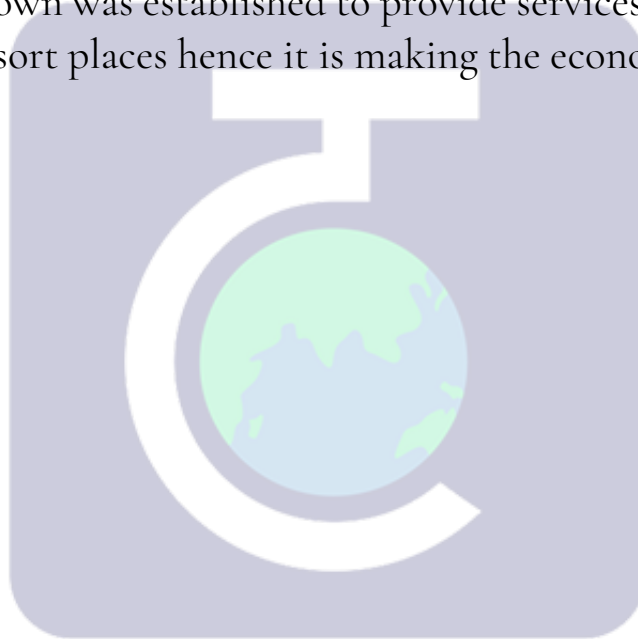
With over one thousand miles of trails for you to hike on, Banff is a place that is most ideal for the lovers of nature and the wild in every measure. It has several climbing peaks and forests with hiking trails that allow you to not only enjoy the walks but the view of beautiful scenes and a chance to spot various rare animals. For instance, if you decide to visit the Banff National Park, you can be assured of seeing a rich and divers exotic wildlife like no other. From moose, to coyotes, to bighorn sheep and elks, the list is endless, but the experience is memorable by every term you choose to define it.



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### 4. History

It is a town in the Banff National Park that is in Alberta, Canada. The region had its first settlements in 1880. It was after the building of the transcontinental railway through it. It was called Banff by President of Canadian Pacific Railway, George Stephen in 1884. The president named it after his birth town Banff in Scotland. Due to the railway construction, a lot of hotels were built near it. Additionally, Banff town was established to provide services to the tourists. Banff has more than one resort places hence it is making the economic status of the city to revolve around it.



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### 5. Cultural identity

Summer season comes with many cultural practices expectation in this city. There is Edinburg international festival that starts from the last days of July and ends in the first days of September. It is the largest festival in the entire Europe. It is a festival that concentrates on remembering several productions; there are live musical performances that bring back their traditional culture. The second art festival that upholds their culture is Edmonton. It is a festival that brings together largest parents' celebrations and multicultural events. Moreover, there is a Caribbean holiday in the city. These events are there to outline their cultural activities and their passion for entertainment.





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### 6. Natural resources

Banff is endowed with innumerable natural resources. One of its largest and most essential natural resources is the forest that forms a great part of the Banff National Park. The forest is home to thousands of animals and plants that are exploited by local communities for food and medicine. It is also instrumental in allowing for lumbering by the Banff community and local authorities. Banff is also endowed with natural gas deposits which are yet to be fully exploited. Coal is the major product mined within the Banff region. The coal can be found within and around the Banff Natural Park.



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### 7. Key site seeing places (paid and free)

#### 7.1. Paid

##### 7.1.1. Banff National Park

One of the world's most splendid national parks, Banff National Park, found in 1886, is the country's first and the world's third national park. A part of the UNESCO World Heritage list of the Canadian Rocky Mountain Parks, it was formed when 3 construction workers of Canadian Pacific Railway unexpectedly stumbled upon a cave crusted with minerals and hot springs, on the eastern slopes of the Rocky Mountains in the state of Alberta. This park offers the mesmerizing sight of ice fields, glaciers, glacier-fed lakes, sunshine meadows, mountainous terrain, and alpine landscapes, along with recreational activities like hiking, camping, horseback riding and skiing. On one of your scenic drives or hikes, spot the iconic wildlife of the park including the elks, grizzly bears, moose, wolverines and more.

Address : Improvement District No. 9, AB ToL, Canada

Zipcode : ToL 1E0

Location : 51.4968464, -115.92805609999999

Contact : +1 403-762-1550

Website : <http://www.pc.gc.ca/pn-np/ab/banff/index.aspx>

Nearest Public Transport : Banff Train Station Elk Street Bus Station

Entry Fee : Adults (17-64years): CAD \$9.80 Senior ( 65years and above): CAD \$8.30 Youth (6-16years): CAD \$4.90 Family/Group (seven people arriving in a single vehicle in the park): CAD \$19.60

Open & Close Timing : Banff Information Centre Hours of Operation: Hours of operations vary depending on the day of the week/month. The information centre usually opens at 09:00hrs and closes anywhere between 17:00hrs-20:00hrs depending on season. It is advisable to check the same once you finalize the day of visit.

Time Required : 12

Expected Wait Time : 15 minutes

Buy Ticket : Yes

##### 7.1.2. Banff Upper Hot Springs

Located in Banff National Park, Banff Upper Hot Springs is Canada's highest thermal mineral spring, and a great destination to unwind in the city. Soak into the steaming hot waters of the only hot spring pool of the park that bubbles through the Sulphur Mountain Thrust Fault with Sulphur Mountain or Mount Rundle being the origin. Visit this famous recreational tourist landmark in Banff for an authentic heritage experience.

Address : 1 Mountain Ave, Banff, AB T1L 1K2, Canada

Zipcode : T1L 1K2

Location : 51.1511404, -115.5610282999999

Contact : +1 800-767-1611

Website : <http://www.hotsprings.ca/banff-upper-hot-springs>

Nearest Public Transport : Banff Upper Hot Springs Bus Station

Entry Fee : Adult (18-64years): CAD \$7.30 Youth (3-17years) & Seniors (above 65years): CAD \$6.30 Child (under 3years): Free Family (2 adults & 2 youth): CAD \$22.50

Open & Close Timing : October 28th, 2016 to May 18th, 2017- Sunday-Thursday 10:00hrs-22:00hrs, Friday-Saturday: 10:00hrs-23:00hrs. May 19th, 2017 to October 15, 2017- Daily 09:00hrs-23:00hrs. October 16, 2017 to October 29, 2017- Closed for maintenance (subject to change)

Time Required : 2.5

Expected Wait Time : 10 minutes

Buy Ticket : Yes

### 7.1.3. Cave and Basin National Historic Site

Memorializing the birthplace of Canada's National Park system which commenced in 1885, the Cave and Basin National Historic Site of Canada is the lowest element of 9 sulfurous hot springs which are assembled into 3 groups on the northeast flank of Sulphur Mountain. It is the only underground cavern that can conveniently accommodate many people. You can also experience the warm mineral springs that occur naturally inside the cave, and in a basin colored emerald, outside the cave.

Address : 311 Cave Ave, Banff, AB T0L 0C0, Canada

Zipcode : T0L 0C0

Location : 51.169031, -115.5914649999999

Contact : +1 403-762-1566

Website : <http://www.pc.gc.ca/eng/lhn-nhs/ab/caveandbasin/index.aspx>

Nearest Public Transport : Cave & Basin Bus Station

Entry Fee : Adult (17-64years): CAD \$3.90 Senior (65+years): CAD \$3.40 Youth (6-16years): CAD \$1.90 Family/Group (maximum 2 adults and upto 7 people in total visiting the site together): CAD \$9.80

Open & Close Timing : Hours of operations vary depending on the day of the week/month. The site usually opens anywhere between 10:00hrs-11:00hrs and closes at 17:00hrs depending on the day of the week. It is advisable to check the same once you finalize the day of visit.

Time Required : 2.5

Expected Wait Time : 15 minutes

Buy Ticket : Yes

#### **7.1.4. Whyte Museum of the Canadian Rockies**

Inspiring discovery and wonder, the Whyte Museum of the Canadian Rockies houses an archive and library that preserves an extensive collection of articles exploring the historic and cultural heritage of Canada's Rocky Mountains. Bearing the name of the alpine artists and philanthropists Peter and Catharine Whyte, the museum organizes various exhibitions and programs where you can discover interesting artifacts, documentations, heritage homes and artworks while getting acquainted with the important chronicles related to the history and beauty of the region.

Address : 111 Bear St, Banff, AB T1L 1A3, Canada

Zipcode : T1L 1A3

Location : 51.1752319, -115.573053

Contact : +1 403-762-2291

Website : <http://www.whyte.org/>

Nearest Public Transport : Buffalo Street Bus Station

Entry Fee : Adults: CAD \$10 Senior: CAD \$9 Students and Locals (Lake Louise to Morley): CAD \$4 Children (under 12years): Free

Open & Close Timing : Daily: 10:00hrs-17:00hrs

Time Required : 1.5

Expected Wait Time : 10 minutes

Buy Ticket : Yes

### 7.1.5. Banff Centre for Arts and Creativity

Situated in the forest on campus, the Banff Centre for Arts and Creativity proffers various programs on the performing and fine arts with the aim of motivating the aspiring artists and leaders to excel in their field by providing them with an opportunity to grow. The centre supports the artists across all disciplines by housing a collection of objects specifically related to visual arts. It also includes a Film Media that is dedicated to content creation. The famous facilities to visit are Walter Phillips Gallery and Conference Facilities.

Address : 107 Tunnel Mountain Dr, Banff, AB T1L 1H5, Canada

Zipcode : T1L 1H5

Location : 51.1703848, -115.5598041

Contact : +1 403-762-6100

Website : <https://www.banffcentre.ca/>

Nearest Public Transport : Otter Street Bus Station

Entry Fee : Adults: CAD \$15.00 Youth & Senior ( 60+years): CAD \$8.00

Open & Close Timing : Daily 09:00hrs-23:00hrs

Time Required : 1.5

Expected Wait Time : 10 minutes

Buy Ticket : No

### 7.1.6. Banff Park Museum National Historic Site

Established in 1895, the Banff Park Museum National Historic Site is a museum that exhibits the specimens of animals, plants, and minerals by preparing, stuffing and mounting their dead skins or shells with lifelike effect. The museum was announced to be a National Historic Site as the displays here image the primitive approach to the interpretation of natural history in the country. The museum building often referred to as "railway pagoda", captivates the tourists with its rustic style of architecture and austereness.

Address : 91 Banff Ave, Banff, AB T1L 1K2, Canada

Zipcode : T1L 1K2

Location : 51.17378699999999, -115.57161

Contact : +1 403-762-1558

Website : <http://www.pc.gc.ca/eng/lhn-nhs/ab/banff/index.aspx>

Nearest Public Transport : Bow River Bridge West Side Bus Station

Entry Fee : Adult (17-64years): CAD \$3.90 Senior (65+years): CAD \$3.40 Youth (6-16): CAD \$1.90 Family/Group (maximum 2 adults and upto 7 people in total visiting the site together): CAD \$9.80

Open & Close Timing : October 10 to December 31: Closed January 1 to October 9 Hours of operations vary depending on the day of the week/month. The museum usually opens at 10:00hrs and closes anywhere between 17:00hrs-18:00hrs depending on the day of the week. It is advisable to check the same once you finalize the day of visit.

Time Required : 1.5

Expected Wait Time : 15 minutes

Buy Ticket : Yes

### 7.1.7. Buffalo Nations Luxton Museum

Take a journey into the phenomenal heritage of the First Nations People of the Northern Plains and Canadian Rockies at the Buffalo Nations Luxton Museum. Devoted to the display of the beliefs, customs, arts and values of the First Nations of North America and their trading partners, the museum will quench your thirst for knowledge about the people of this land, how they lived and adapted to their surroundings and each other prior to their interaction with the European culture.

Address : 1 Birch Ave, Banff, AB T0L 0C0, Canada

Zipcode : T0L 0C0

Location : 51.172324, -115.576674

Contact : +1 403-762-2388

Website : <http://buffalonnationsmuseum.net/>

Nearest Public Transport : Luxton Museum North Bus Station

Entry Fee : Adults: CAD \$10.00 Seniors: CAD \$9.00 Youths (7-17years): CAD \$5.00 Children (under 7years): Free

Open & Close Timing : Summer Hours (May to September) Daily 10:00hrs-19:00hrs Winter Hours (October to April) Daily 11:00hrs-17:00hrs

Time Required : 2

Expected Wait Time : 15 minutes

Buy Ticket : Yes

### 7.1.8. Mount Norquay

Situated in Banff National Park, Mount Norquay Ski Resort is renowned for ski jumping and snow tubing. Along with endorsing winter tourism in the city by hosting the 1972 World Cup and other international competitions, this mountain ski resort supports the sport of Alpine Ski Racing. Skiers and snowboarders of all skill levels enjoy the facilities that are available at this lodge. The scenic Norquay also invites you to glide your way across the snowy peaks in a snow tube. You can also grab your snowshoe rentals and walk through the sunny terrains of this winter wonderland.

Address : Mt Norquay Rd, Banff, AB T1L 1B4, Canada

Zipcode : T1L 1B4

Location : 51.200043, -115.59498

Contact : +1 403-762-4421

Website : <http://winter.banffnorquay.com/>

Nearest Public Transport : Banff Train Station Elk Street Bus Station (Not Recommended)

Entry Fee : Daily Admission: Adult (18+years): CAD \$69 Youth (13-17years): CAD \$53 Child (6-12years): CAD \$27 Senior (65+years): CAD \$53

Open & Close Timing : Daily: 09:00hrs-16:00hrs

Time Required : 5

Expected Wait Time : 30 minutes

Buy Ticket : Yes

### 7.1.9. Banff Gondola

Gear up for an incomparable indoor experience in Banff, as you enjoy the new Banff Gondola ride that takes you through the length of 1,560 meters (5,120 feet). 40 gondolas, accommodating 4 people each, offer breathtaking 360-degree panoramas of the 6 snow-clad Canadian Rockies mountain ranges. This 8-minute ride provides for ample of enjoyment options on the top of the mountain as the visitors get to experience the various eateries, trails and observation decks.

Address : 1 Mountain Ave, Banff, AB T1L 1B2, Canada

Zipcode : T1L 1B2

Location : 51.1479733, -115.5555355



Contact : +1 403-762-7475

Website : <https://www.brewster.ca/attractions-sightseeing/banff-gondola/#/0>

Nearest Public Transport : Banff Gondola Bus Station

Entry Fee : SEASONAL RATES Adults (16+years): CAD \$49.00 Child (6-15years):

CAD \$25.00 Infant (0-5years): Free Note: The above rates are subject to change

Open & Close Timing : Hours of operations vary depending on the day of the week/month. The gondola rides usually start somewhere between 08:00hrs-10:00hrs and shut anywhere between 16:30hrs-20:30hrs depending on the day of the week. It is advisable to check the same once you finalize the day of visit.

Time Required : 0.5

Expected Wait Time : 30 minutes

Buy Ticket : Yes





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### 7.2. Free

#### 7.2.1. Bow Falls

A relatively accessible, but an absolute must-see attraction in Banff, Bow Falls is a major waterfall on the Bow River that is situated in the town's rear end. Featured in several Hollywood movies, the falls pull many tourists from every nook and corner of the world with its stellar vistas and winsomeness. The serenity you sense here is incomparable with any other attraction in the city.

Address : Bow River Ave, Banff, AB ToL oCo, Canada

Zipcode : ToL oCo

Location : 51.1668676, -115.5605034

Contact : +1 403-762-1550

Website : <https://www.banff.ca/index.aspx?NID=654>

Nearest Public Transport : Fairmont Banff Springs Hotel Bus Station

Time Required : 1

Buy Ticket : No

#### 7.2.2. Lake Minnewanka

Located in the Banff National Park, Lake Minnewanka is formed by glaciers that are fed by the Cascade River, and it is the longest lake in the Canadian Rockies. Labeled as the 'Water of the Spirits' by the first inhabitants, the lake offers excellent fishing experience in the city. The other famous recreational activities you can enjoy here include picnicking, canoeing, snowshoeing, hiking and so on. It is also a renowned spot for viewing the Northern Lights during winter.

Address : Lake Minnewanka, Improvement District No. 9, AB, Canada

Zipcode : T1L 1H8

Location : 51.26406859999999, -115.37456739999999

Nearest Public Transport : Tunnel Mountain Campground Bus Station (Not recommended)

Time Required : 2

Buy Ticket : No

#### 7.2.3. Tunnel Mountain Drive

The Tunnel Mountain Drive is a picturesque route where you can enjoy a quieter

drive while admiring the nature as it comes alive around you. If you are lucky enough, you can also spot animals like the deer, elk and bear on this path. Take a halt at the viewpoint to experience the gorgeous panorama of Banff city. Ascend to the top of this mountain to get a bird's eye view of the city, Spray River Valley, Bow River and the surrounding peaks and glaciers.

Address : Banff National Park, Banff, Alberta, Canada

Zipcode : T0L 0C0

Location : 51.1755453, -115.5592055

Nearest Public Transport : Otter Street Bus Station (Not Recommended)

Time Required : 2.5

Buy Ticket : No

#### 7.2.4. Vermilion Lakes

Located at the Trans-Canada Highway, Vermilion Lakes is a cluster of 3 lakes, which combines with other tributaries to form Bow Valley's largest wetland area. A scenic wonder, Vermilion Lakes provide opportunities for wildlife viewing, photography, bird-watching, kayaking, paddleboarding and canoeing. To get a better glimpse of the exquisite Mt. Rundle, head to Vermilion Lakes either during sunrise or sunset.

Address : Improvement District No. 9, AB, Canada

Location : 51.1807714, -115.5941733999999

Website : <http://www.pc.gc.ca/pn-np/ab/banff/visit/lesio-topio/vermilion.aspx>

Nearest Public Transport : Banff Train Station Bus Station

Time Required : 2.5

Buy Ticket : No

#### 7.2.5. Sulphur Mountain

A mountain with 2 hot springs, Cave and Basin National Historic Site and the Banff Upper Hot Springs, Sulphur Mountain is located in the Banff National Park and offers thrilling views of the Bow Valley. Amaze yourself with the awe-inspiring landscape of the town from this mountain, either by hiking your way to the top or by taking a gondola ride.

Address : Sulphur Mountain, Improvement District No. 9, AB T0L, Canada

Zipcode : T1L 1K2

Location : 51.12361110000001, -115.5555554999999

Contact : +1 877-565-9372

Nearest Public Transport : Fairmont Banff Spring Hotels Bus Station

Time Required : 3

Buy Ticket : No

### 7.2.6. Surprise Corner

Located only 5 minutes away from the downtown of the city on the Tunnel Mountain Road, Surprise Corner is a postcard location in the city. This iconic spot is renowned as a perfect place to click beautiful pictures of the historic Fairmont Banff Springs Hotel. Visit the corner in the morning or mid-day for better photographs of the imposing hotel building or “Castle Of The Rockies” that is situated on the backdrop of the Sulphur mountain. You can also enjoy the splendid views of the Bow river that flows down into the Bow falls.

Address : Banff, AB, Canada

Zipcode : T0L 0C0

Location : 51.1673692, -115.5592742

Contact : +1 403-762-1550

Nearest Public Transport : Bow River Bridge West Side Bus Station

Open & Close Timing : Open 24 hours

Time Required : 0.5

Buy Ticket : No

### 7.2.7. Banff Avenue

Encompassed with mountainous landscapes, Banff Avenue is a beautiful main street situated in the downtown, enticing tourists with numerous stores, coffee shops and restaurants. The avenue is heavily visited by tourists to enjoy activities like skiing, climbing, along with spending some time marveling at the Cave and Basin National Historic Site of Canada II, Banff Upper Hot Springs and the Surprise Corner. The picturesque sites and splendid views make the atmosphere very romantic in the evening.

Address : Banff, AB, Canada

Zipcode : T1L 1H8

Location : 51.18611929999999, -115.5547189999999

Contact : +1 403-762-1550

Nearest Public Transport : Marmot Crescent Bus Station

Time Required : 1.5

Buy Ticket : No

### 7.2.8. Cascade Gardens

Speckled with well-tended flowers, greens, gazebos and lawns, the Cascade Gardens is a favourite among the locals as a picnic and barbeque spot in the city. Spend quality time with your friends or family, take a stroll around the garden or watch a quiet sunset here.

Address : 101 Mountain Avenue (behind Administration Building), Banff, Banff National Park, Alberta T0L 1A6

Zipcode : T0L 1A6

Location : 51.17137899999999, -115.57175159999999

Nearest Public Transport : Luxton Museum North Bus Station

Open & Close Timing : June to September- Daily: 08:00hrs-23:00hrs

Time Required : 1.5

Buy Ticket : No

### 7.2.9. Parkers Ridge

Head to the Parker Ridge Trail near the Columbia Icefields if you are looking for an electrifying hiking opportunity along with breathtaking views in the city. This must-see attraction is often crowded during the summers, making mornings and late evenings the most suitable time for a hike as well as photography. On reaching the top of the Parkers Ridge, the hikers are rewarded with the hypnotic panoramas of the Saskatchewan Glacier.

Address : Icefields Parkway 93, Banff, Banff National Park, Alberta T0L 0C0, Canada

Zipcode : T0L 0C0

Location : 52.175511, -117.15683

Contact : +1 403-762-1550

Time Required : 3

Buy Ticket : No

### 7.2.10. Fenland Trail

A pleasant timberland hoop, Fenland Trail never fails to amaze its visitors and is undoubtedly one of the most interesting trails for a short walk and wildlife-spotting. Winding through the white spruce forest to the banks of Forty Mile Creek, this trail provides for a good stroll along the edge of the town through the forest. Being connected to the Bow River Trail and Vermilion Lakes Drive, Fenland Trail is considered to be a great picnic spot. The brochure of an interpretative trail guide is made available for the visitors at the trailhead parking lot.

Address : Mount Norquay Road, Banff, Banff National Park, Alberta, Canada

Zipcode : T1L 1K2

Location : 51.4968464, -115.92805609999999

Nearest Public Transport : Banff Train Station Bus Station

Time Required : 1.5

Buy Ticket : No

### 7.2.11. Clock Tower Village Mall

Located in the mesmeric Banff Avenue, the Clock Tower Village Mall attracts lots of tourists. The mall features various retail outlets and dining opportunities, and it offers great discounts and sales throughout the year.

Address : 108 Banff Ave, Banff, AB T1L, Canada

Zipcode : T1L 1B1

Location : 51.1749026, -115.5706017

Time Required : 0

Buy Ticket : No

### 7.2.12. Bear Street

Bear Street, located parallel to the beautiful Banff Avenue, captivates the passerby with numerous local shops and eateries offering a one of a kind shopping experience to its visitors. Visit Bear Street to spend an interesting hour buying topical products and tasting local delicacies.

Address : Bear St, Banff, AB T1L, Canada

Zipcode : T1L 1C1

Location : 51.17669970000001, -115.5724539

Time Required : 0

Buy Ticket : No

### 7.2.13. Sundance Mall

Sundance Mall, conveniently situated at the famous Banff Avenue, features many striking retail outlets along with a number of restaurants and renowned food chains. Located in the heart of the city, this mall is a favourite shopping destination, especially for its wide variety of stores selling skateboards, sunglasses, apparels, sportswear and so on.

Address : 215 Banff Ave, Banff, AB T1L, Canada

Zipcode : T1L 1C2

Location : 51.17751159999999, -115.5710442

Time Required : 0

Buy Ticket : No

### 7.2.14. Moraine Lake

Snuggled in the Ten Peaks Valley, Moraine Lake in Banff National Park finds its origin in a melted glacier and encompasses beautiful walking and hiking trails. Renowned as the 'Twenty Dollar View', the backside of the lake offers a spellbinding scenery, allowing visitors to click absolutely enchanting photographs of the Moraine Lake from the top of the rockpile, which is also considered as one of the most photographed spots in Canada. Wind down at this jaw-dropping place, while enjoying the golden hiking.

Address : Moraine Lake, Improvement District No. 9, AB T0L, Canada

Zipcode : T0L 1E0

Location : 51.3217416, -116.1860049

Time Required : 2.5

Buy Ticket : No

### 7.2.15. Rocky Mountain Soap Company

Zipcode : 0

Location : 51.1768205, -115.5706466

Time Required : 0

Buy Ticket : No



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### 8. Key sites sports & adventure

For visitors interested in visiting Banff, they can be assured of innumerable memorable experiences in relation to sports adventures that a person can get involved in. Horse riding, which is offered at the Banff National Park, is one of the events that is on - going all-year-round except for specified days during winter. Beyond the sporting enthusiasm, the visitor can be assured that the 2-hour horse ride will offer more by allowing for nature viewing. The Banff Centre is another place with great experiences in arts, relaxation, extreme sports, and learning and watching music and well known plays.

- **River Rafting -**

Address : Sundance Mall, Box 308, 215 Banff Ave, Banff, AB T1L 1E3, Canada

Location : 51.1776555999999,-115.57130649999

Contact No : +1 403-763-2007

Website : <http://chinookrafting.com/plan-and-book/>

Nearest Public Transport : Caribou Street East Side Bus Station

Entry Fees : The price for various rafting activities ranges from CAD 109 to CAD 265.

Open / Close Time : Daily: 08:00hrs-15:00hrs (tentative timing)

Time Required : 3

Wait Time : 15 minutes

- **Hiking -**

Address : 1 Sunshine access Rd, Banff, AB T1L 1J5, Canada

Location : 51.1151858,-115.76327579999

Contact No : +1 403-762-7889

Nearest Public Transport : Fox Street West Side Bus Station (Not Recommended)



Time Required : 3

- **Fairmont Banff Springs Golf Course -**

Address : 405 Spray Ave, Banff, AB T1L 1J4, Canada

Location : 51.164322,-115.56182189999

Contact No : +1 403-762-2211

Website : <http://www.fairmont.com/banff-springs/golf/>

Nearest Public Transport : Fairmont Banff Springs Hotel Bus Station

Entry Fees : The green fees ranges from CAD 80 per person to CAD 239 per person.

Open / Close Time : Daily: 07:00hrs-18:00hrs

Time Required : 3

Wait Time : 20 minutes

- **Skiing -**

Address : 1 Whitehorn Rd, Lake Louise, AB T0L 1E0, Canada

Location : 51.4419206,-116.16217169999

Contact No : +1 403-522-3555

Website : <http://www.skilouise.com/>

Nearest Public Transport : Fairmont Banff Springs Hotel Bus Station

Entry Fees : Season Pass for a day Youth or Senior: \$5.02 Adult: \$7.20

Open / Close Time : Daily: 08:00hrs-17:00hrs

Time Required : 4

Wait Time : 30 minutes

## 9. Adventure sports, Local sports, stadiums

- **Banff Recreation Centre:**

Address : 100 Mt Norquay Rd, Banff, AB T1L, Canada

Location : 51.181904,-115.57953700000002

Contact No : +1 403-762-1238

Website : <https://www.banff.ca/thefenlands>



## 10. Spas and relaxation

- **Mountain Spa:**

Address : 111 Banff Ave, Banff, AB T1L 1A2, Canada

Location : 51.17512199999999,-115.57151899999997

Contact No : +1 403-762-0473

Website : <http://www.mountainspa.ca/>

- **Red Earth Spa:**

Address : Banff Caribou Lodge & Spa, 521 Banff Ave, Banff, AB T1L 1H8, Canada

Location : 51.1843624,-115.56075609999999

Contact No : +1 403-762-9292

Website : <http://redearthspa.com/>

- **Willow Stream Spa at The Fairmont Banff Springs:**

Address : 405 Spray Ave, Banff, AB T1L 1J4, Canada

Location : 51.1645486,-115.56094150000001

Contact No : +1 403-762-1772

Website : <http://www.fairmont.com/banff-springs/willow-stream/>

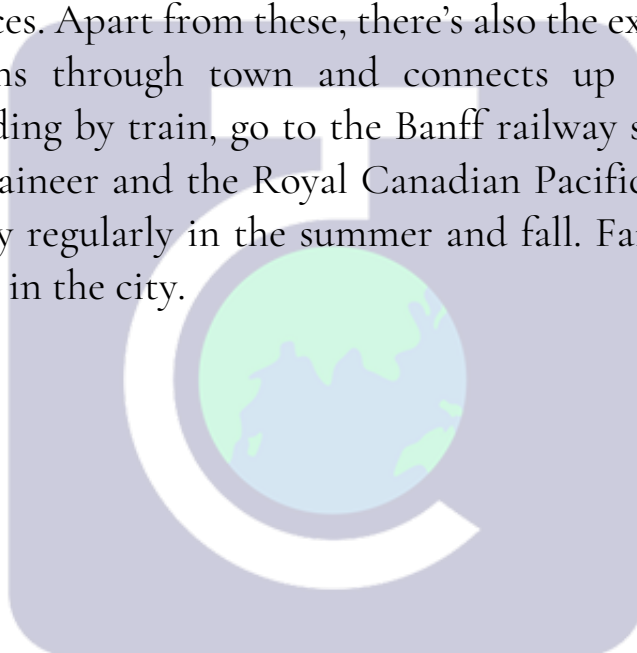
## 11. Key local guides and tours

Banff has a lot to offer to those who go knocking to its doors; it is highly unlikely that you will get to enjoy all its offerings if you choose to explore on your own. However, it is important to note that local guides and tours are available for you. For those who prefer the thrill of new experiences, they can choose to explore the museums, parks and restaurants on their own. It is important to carry along with you a map while exploring on your own to avoid getting lost or injuries more so considering the climate of the region. The tours, however, start from 36 CAD. A few of the local tours include Discover Banff Tours, Banff Adventures and Explore Rockies Activity Centre. The local guide Greg A., having more than a decade of experience in the Canadian Rockies, puts the safety and enjoyment of his guests first during all her trips. The other local guide is Terri H. who is a Certified Hiking Guide with the Association of Canadian Mountains Guides and is passionate about showing her customers the interesting places of the city in an interesting way.

## Index

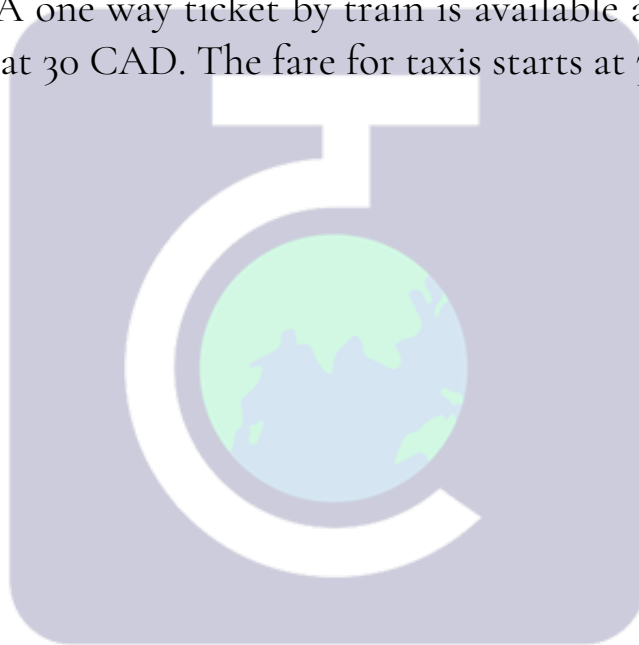
### 12. Transportation hubs

There are a lot of ways that you can get to Banff at a reasonable cost. By airplane, the major airports are the Calgary International Airport which takes an hour and 34 minutes to cover the 144.7 kilometre trip to the city centre of Banff, and the nearer local Banff Airport. With the former's distance, there are now available shuttle rides going to Banff like Banff Airporter Inc., Take the Roam Bus, and the Greyhound bus services. Apart from these, there's also the extensive public transit bus system that runs through town and connects up a lot of hotels and attractions. When riding by train, go to the Banff railway station, which is used by the Rocky Mountaineer and the Royal Canadian Pacific train service. Rocky Mountaineer stops by regularly in the summer and fall. Fairmont Banff Springs Hotel is a bus station in the city.



### 13. Transportation cost

You can contact Canmore Cabs or Banff Taxi that are available locally for an easy ride. The Roam Bus or Greyhound bus service runs daily around Banff, with fares usually starting at CAD 15, with a discount for seniors and persons with disabilities. For trains, the Banff railway station has the Rocky Mountaineer and the Royal Canadian Pacific train service, with fares at CAD 1,700 for 2 days from Vancouver to Banff. A one way ticket by train is available at 2 CAD. A monthly pass can be obtained at 30 CAD. The fare for taxis starts at 3.80 CAD.



## 14. Baggage allowance

The Banff region is served by trains, buses and taxis mainly because of the level of flexibility, convenience and its affordability. If you are a tourist, this is a plus on by all means considering that the public means of transport has baggage allowances of up to eighteen kilograms. This means that small luggage like back pack or anything that amounts to the stipulated weight is carried for free once the commuter fee has been paid. For personal pets no extra charge is incurred as well.



**Index****15. Must try food and local savouries**

Restaurants in Banff serve tempting and delicious Canadian gluten free cuisines. The must try dishes in the city are Alberta Beef, steaks, pasta and seafood dishes.





## Index

### 16. Restaurant & Nightlife

The city offers country music, good food and awesome views. Banff Avenue is the famous spot in the city for nightlife due to its restaurants, pubs, bars and the scenic surrounding that attracts the tourist who wish to enjoy the night in the city.

#### Food -

The city offers country music, good food and awesome views. Banff Avenue is the famous spot in the city for nightlife due to its restaurants, pubs, bars and the scenic surrounding that attracts the tourist who wish to enjoy the night in the city.

- **The Juniper Bistro:**

Address : 1 Juniper Way, Banff, AB T1L 1E1, Canada

Location : 51.187329,-115.5883544

Contact No : +1403-763-6219

Website : <http://thejuniper.com/dining/>

Open / Close Time : Breakfast Monday to Saturday: 07:00hrs-11:00hrs;  
Sunday: 07:00hrs-13:00hrs Dinner Sunday to Thursday: 17:00hrs-21:00hrs;  
Friday and Saturday: 17:00hrs-22:00hrs

- **Eden:**

Address : 300 Mountain Ave, Banff, AB T1L 1J2, Canada

Location : 51.1511429,-115.5591984

Contact No : +1 403-762-1865

Website : <http://www.banffeden.com/>

Open / Close Time : Daily: 18:00hrs-21:00hrs

- **Three Ravens Restaurant & Wine Bar:**

Address : 107 Tunnel Mountain Dr, Banff, AB T1L 1H5, Canada

Location : 51.171649799,-115.5611084

Contact No : +1 403-762-6300

Website : <https://www.banffcentre.ca/three-ravens-restaurant-wine-bar>

Open / Close Time : Daily: 17:00hrs-21:00hrs

- **The Bison:**

Address : 211 Bear St, Banff, AB T1L 1E4, Canada

Location : 51.1775378,-115.5725896

Contact No : +1 403-762-5550

Website : <http://www.thebison.ca/>

Open / Close Time : Monday to Saturday: 17:00hrs-22:00hrs; Sunday: 10:00hrs-14:00hrs, 17:00hrs-22:00hrs

- **Balkan Restaurant:**

Address : 120 Banff Ave, Banff, AB T1L 1B6, Canada

Location : 51.175436,-115.5706274

Contact No : +1 403-762-3454

Website : <http://www.banffbalkan.ca/#about>

Open / Close Time : Daily: 11:00hrs-22:00hrs

- **The Old Spaghetti Factory:**

Address : The Source, 317 Banff Ave, Banff, AB T1L 1C1, Canada

Location : 51.1788934,-115.5717085

Contact No : +1 403-760-2779

Website : <http://www.osf.ca/>

Open / Close Time : Sunday to Thursday: 11:30hrs-21:00hrs Friday and Saturday: 11:30hrs-22:00hrs

- **St James's Gate Irish Pub:**

Address : 207 Wolf St, Banff, AB T1L 1C2, Canada

Location : 51.1782967,-115.5717462

Contact No : +1 403-762-9355

Website : <http://www.stjamesgatebanff.com/>

Open / Close Time : Daily: 11:30hrs-23:30hrs

- **Dancing Sasquatch:**

Address : 120 Banff Ave, Banff, AB T1L 1A6, Canada

Location : 51.1754162,-115.5705433

Contact No : +1 403-762-4002

Website : <http://www.banffsasquatch.com/>

Open / Close Time : Wednesday, Friday, Saturday, and Sunday: 21:00hrs-02:00hrs; Monday, Tuesday, and Thursday: Closed

- **Rose & Crown:**

Address : 202 Banff Ave, Banff, AB T1L 1B5, Canada

Location : 51.17684,-115.5706457

Contact No : +1 403-762-2121

Website : <http://roseandcrown.ca/>

Open / Close Time : Daily: 11:00hrs-02:00hrs

**Index****17. Average meal cost**

Enjoying a meal while in Banff is affordable and easy even for tourist. The average cost of a meal in Banff ranges from 13 - 18 CAD. A dinner meal goes for up to 4 to 8 CAD. Alcohol lovers and drinkers can get a drink for as cheap as 6 CAD. For coffee lovers, a cup of cappuccino goes for minimum of 4 CAD and a maximum of 5.25 CAD.



## 18. Shopping

The thrill of shopping when visiting Banff can be experienced in the street shops and vendors or in the beautiful malls that encompass a myriad of goods and services under one roof. Shoes, clothes and electronics are some of the commodities that can be found in the shopping malls in Banff. The amount of money to be spent is dependent on the visitor, however, the prices of the commodities allow for the utmost purchasing experience.



## 19. Tourist benefits

Once you have completed your shopping expeditions and explorations while in Banff, the news of a possible value added tax refund on the goods that they purchase in Banff can never be better. Tourists visiting Banff are encouraged to apply for tax refunds while doing shopping in Banff. The minimum amount of money that must be spent before one can qualify for the refunds is 50 CAD per purchase. Tax incentives are however, liable to time frames that have to be observed if the refunds are to be awarded.



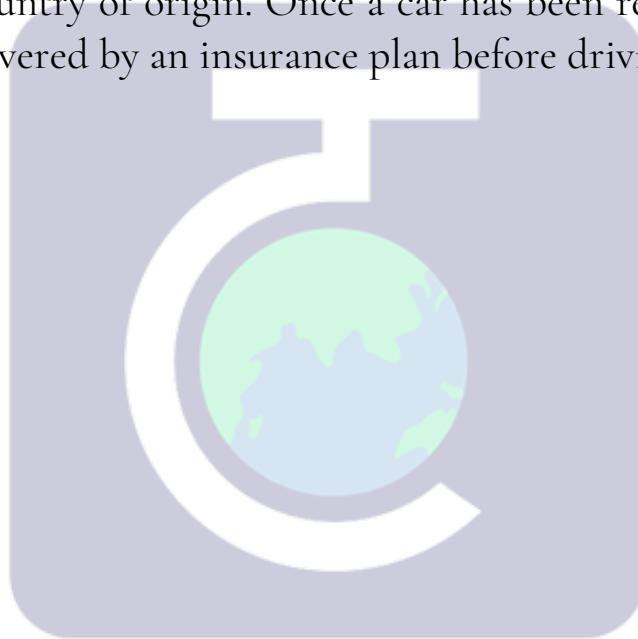
## 20. Essential local apps

AMA Alberta Motor Association app provides roadside assistance, information of the gas price, AMA approved auto repair locations, and insurance information in the state to the users. Alberta Emergency alert is another important app that provides the users with the information about immediate disasters, the place of its occurrence and what action plan can a person take to prepare himself.



## 21. Driving

Visitors and guests who are travelling to Banff in Canada are granted the opportunity and freedom to drive around on their own. However, they have to possess an International Drivers Permit which allows them not only to drive but also rent a car while in Banff. Another crucial requirement for a tourist is a travel insurance cover while in Canada. A visitor should also carry along their driving license from their country of origin. Once a car has been rented, it is important to ensure that it is covered by an insurance plan before driving it.





## 22. Travel essentials

Banff has a standard voltage with a frequency of 110 Volts and 60 Hertz with all its plugs as two pronged. Some travel plug adapters do not fit. A tourist might, therefore, need a voltage adapter or a transformer if any of the equipment that they have brought from their home town does not match to the standard voltage of the city. For those visitors travelling around with gadgets such as laptops and tablets, there is a need to have a sturdy carry case to avoid any breakages.



## 23. Essential clothes

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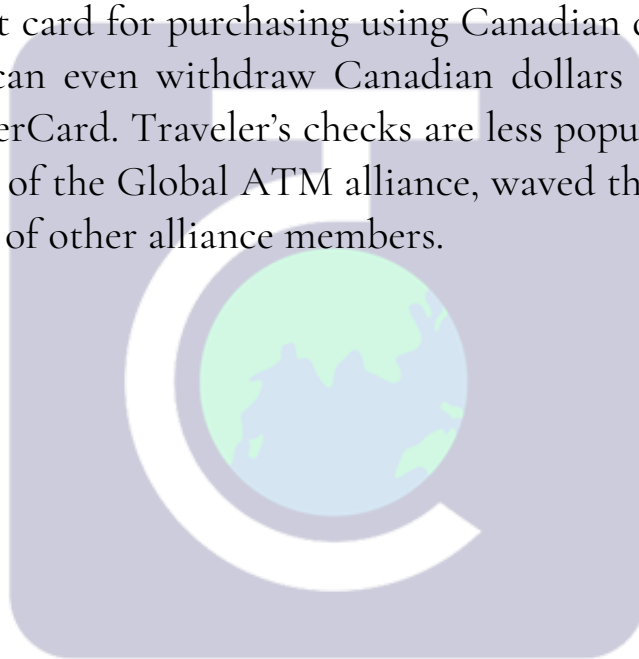
**Index****24. Local currency**

Canadian Dollar is the local currency of the city of Banff. It is coded as CAD. The currency exchange rate is 1 USD = 1.29 CAD.



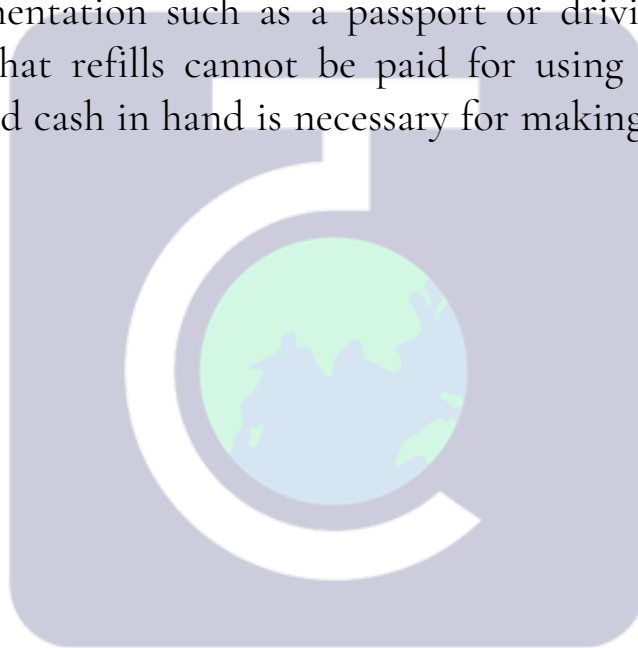
**Index****25. Change vendor's commission, ATM charges**

Most businesses accept credit cards in Banff. Visa and master cards are the most popular but American express card is not widely accepted. Most of the cards charges 3% transaction fee for foreign currency transactions. So it is advisable to carry cash with you to avoid the extra charges. A multi-currency account is a new bank account that allows you to convert currency online before your trip and you can use a global debit card for purchasing using Canadian dollars in your online bank account. You can even withdraw Canadian dollars from any ATM that accepts Visa or MasterCard. Traveler's checks are less popular. Scotiabank ATM of Banff is a member of the Global ATM alliance, waved the international ATM fee for the customers of other alliance members.



## 26. Staying connected

For internet connectivity and mobile communication, you can always use Rogers, Telus and Bell, which are the three major network providers in Banff. Since the migration to GSM/UMTS/LTE system, all mobile phones on CDMA have become obsolete in Banff and Canada at large; this means that you will need to get a new phone to remain connected. Purchasing a phone requires you to have identification documentation such as a passport or driving license. It is also important to note that refills cannot be paid for using foreign credit cards. Therefore having hard cash in hand is necessary for making emergency refills on the road.



## 27. Time Zone

The city follows Mountain Time Zone with UTC – 06:00 hours.



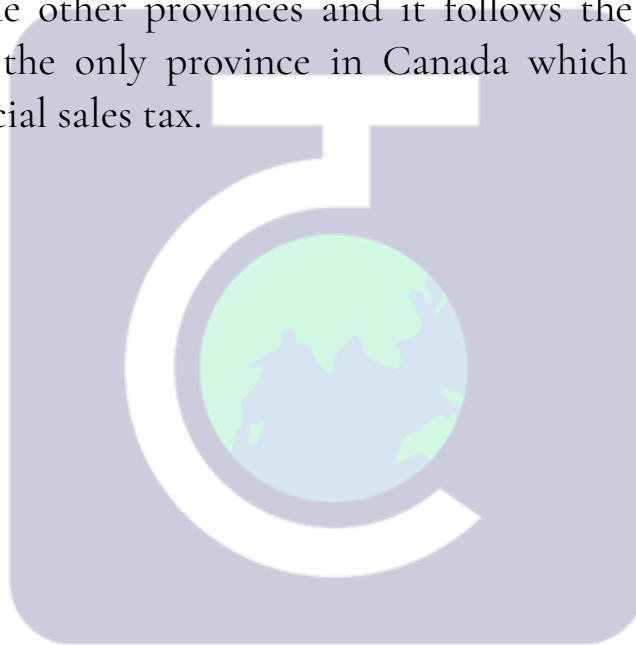
**Index****28. Languages**

English is the widely spoken language here. Other languages spoken are Tagalog, Japanese and French.



## 29. Political Scenario

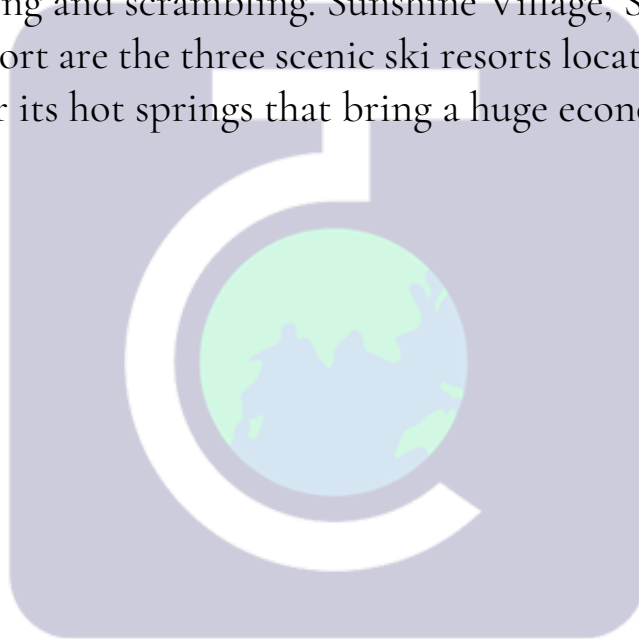
Until 1990, Banff was run by the Government of Canada's national parks system. Things changed in 1990, when the Town of Banff became the only incorporated municipality within a Canadian national park. Since that time, the Town of Banff is run by a Mayor with the able assistance of six councillors as provided under The Municipal Government Act of the Province of Alberta. It has a system similar to that of the other provinces and it follows the Westminster model. Notably, Alberta is the only province in Canada which does not subject its residents to a provincial sales tax.





### 30. Economic Scenario

Banff is a town within Banff National Park in Alberta, Canada. The Town was the first municipality to be set-up within a Canadian national park. Banff is a resort town and one of Canada's most popular tourist destinations. As a result of its location and picturesque view, its main economic activity is tourism. Its mountainous surroundings make it a perfect destination for outdoor sports such as skiing, hiking, biking and scrambling. Sunshine Village, Ski Norquay and Lake Louise Mountain Resort are the three scenic ski resorts located within the park. It is also well known for its hot springs that bring a huge economy to the city.



## Index

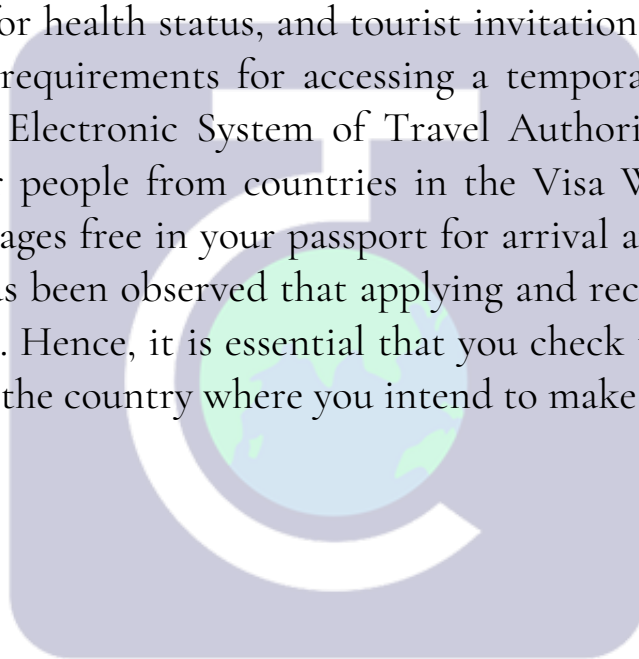
### 31. Religious belief

In Banff of Canada, 60.3% people identify as Christian and 32% people identify with no religion. In Christian group, 24.3% people are Catholic, 3.3% people are Lutheran, 1.9% people are affiliated to Baptist; 1.7% people are Pentecostal. 1.4% people are Christian Orthodox. 1.0% people are affiliated to Presbyterian and 15.2% people are affiliated to Other Christian group. In addition to this, 3.2% people are Muslim, 1.5%, 1.2%, 1.0%, 0.3%, people belongs to Sikh, Buddhist, Hindu and Jewish respectively.



## 32. Visa requirements

Banff Canada opens its facilities and experience to the outside world. For those who wish to visit the town, a number of requirements have to be met. For local Canadians, Canada PR cards and passports can be used as identification material to gain entry. However, tourists require a temporary resident visa if they want to visit the city as a tourist spot. A passport for personal identification, medical examination report for health status, and tourist invitation for the nature of the visit are mandatory requirements for accessing a temporary resident visa at a Canadian consulate. Electronic System of Travel Authorization, on the other hand, is required for people from countries in the Visa Waiver category. It is advisable to keep 2 pages free in your passport for arrival and departure stamps. In certain cases, it has been observed that applying and receiving a visa can be a process of 20-30 days. Hence, it is essential that you check the timeline with the relevant authority in the country where you intend to make the visa application.



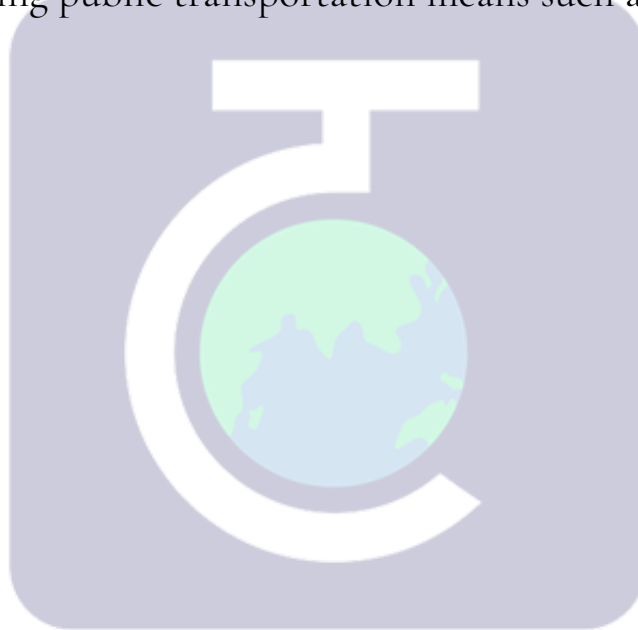
**Index****33. Essential vaccination**

There is no need to get vaccine for yellow fever. However, it is highly recommended to be immunized with the routine vaccines.



**Index****34. Theft and Safety**

For those tourists travelling to Banff, it is prudent to note that despite the low crime rates within the city, taking care of personal belongings is mandatory. It is advisable to leave valuables and other personal belongings in a hotel room while walking in the city at night. Petty theft as snatching and pickpocketing are some of the key threats that a tourist should look out for while in the city at all times, and more so while using public transportation means such as buses and trains.



**Index****35. Embassy/Consulate**

There are no foreign embassies and consulates in the city of Banff. However, it is spread through various other parts of Alberta. You can have more information at <http://embassy.goabroad.com/embassies-in/canada>.



## 36. Accessibility

Public utility areas such as shopping malls, hospitals and museums are built in accordance with the Accessibility for Canada with Disabilities Act, as a result visitors and tourists can rest assured of gaining access to all the areas within the city.



**Index****37. Emergencies**

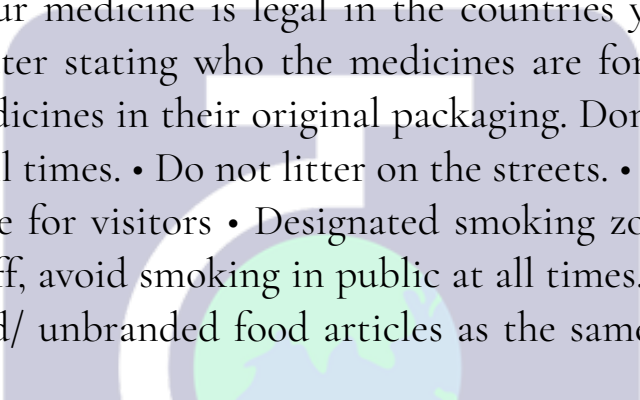
Medical attention health care can be accessed from the Banff - Mineral Springs Hospital that accepts overseas insurance cover. Banff Alpine Medical Clinic is another good public medical centre in the city. For any SOS services, call 911.





### 38. Do's and Don'ts

Do's: • To avoid incidences of theft and pickpocketing, it is advisable to leave your valuables in the hotel room. • Remember to carry your medical insurance cover card at all times just in case of medical emergencies. • It is advisable to note a cab number before getting inside one. • Arrange for sufficient medicines to meet your personal medical needs. Check with the embassy of the country you are visiting to ensure your medicine is legal in the countries you are travelling to. Obtain a doctor's letter stating who the medicines are for, what they are, the dosage, and leave medicines in their original packaging. Don'ts: • Avoid drinking alcohol in public at all times. • Do not litter on the streets. • Buying things on the street is not advisable for visitors • Designated smoking zones can be found in various places in Banff, avoid smoking in public at all times. • It is advisable that do not carry unsealed/ unbranded food articles as the same may be banned for import.



## **39.Tipping basics**

Banff, like the other cities in Canada observes some gratuity guidelines for tipping. A person who wishes to express their appreciation for services that have been accorded to them are welcome to make their tips based on their evaluation of the quality of service they have received. However, like courtesy would have it, observing the minimum 5-10% of their bill is highly welcomed.



**Index****40.Pet info**

Banff is a town that accepts the diversity of all the visitors that wish to experience its innumerable sites and attractions. However, documentation is required at the check points before entry can be granted, including documentation for pet owners. The paperwork required comprises of; a training certificate for their pet, vaccination history from diseases such as rabies, and more importantly, blood test results that have been conducted within the last ten days. Pet owners can also rest assured knowing that veterinary services are available within the city at all times of the day.



## Index

### Conclusion – Why to select this destination

*Innumerable attraction sites can be found in Banff City in Canada. Banff offers some of the best experiences that a person can have in Canada. Animal and nature lovers can be assured of having one of the most amazing experiences within the city. The Banff National Park is one of the amazing places that a visitor should aspire to visit once in a lifetime. It encompasses lakes, parks and glaciers and most importantly allows various hiking opportunities for those individuals who are out to have the most exhilarating moments. The cold climate and glaciers present some of the rarest fauna and flora not only in Canada but around the world. The unique patterns that are formed on the frozen lake surfaces are some of the amazing parts of nature. The huge and mountain-like glaciers are profound scenes for any person experiencing them for the first time. For people willing to go an extra mile, hiking in this region is another memorable experience that will make your visit very memorable. Fishing, mountain hiking and lake viewing are also another major attraction in Banff around the Vermillion Lakes. Natural historical and cultural exhibits can be viewed at the Banff Park Museum for tourists who are into culture. Another major attraction in Banff is the Banff Upper Hot Springs where tourists are sure to enjoy themselves in the hot mineral springs. This is a space that will renew and rejuvenate you in ways you have never experienced before in any natural setting.*

## Index

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