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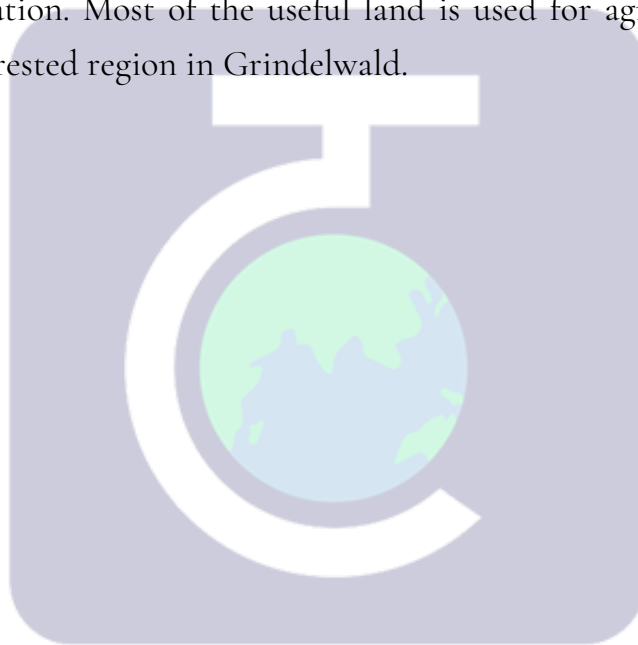
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1. Geographical location

Grindelwald is one of the largest municipalities in the Canton of Berne with an area of 171 square kilometres. The village is located in the Bernese Alps at an altitude of 1034 m. The mountains of Faulhorn, Schwarzhorn, Wellhorn, Wetterhorn, Schreckhorn, Lauteraarhorn, Agassizhorn, Fiescherhorn, Monch, Eiger, Lauberhorn, and Mannlichen surround the village. More than half of the land in the village remains unproductive covered mainly by glaciers, rocks, and unproductive vegetation. Most of the useful land is used for agriculture. There is also a substantial amount of forested region in Grindelwald.



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2. Neighbouring cities/countries

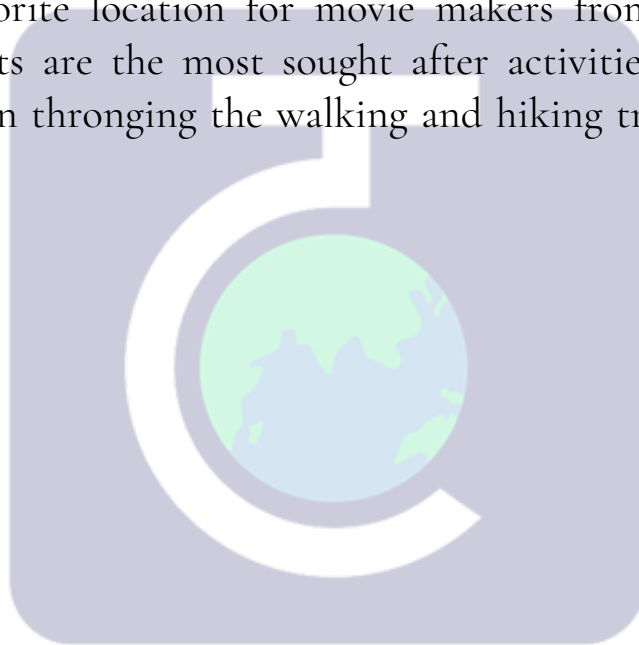
Being An Important Tourist Destination, Grindelwald Is Well Connected To All Major Cities In Switzerland. The Capital City Bern Is About 75 Km Away From The Village. The Nearest Major City Is Thun At A Distance Of Around 50 Km. Interlaken, Another Tourist Village Lies Close By And Can Be Reached Under Half An Hour. Grindelwald Is Bordered By The Canton Of Valais On The South. Italy Is The Nearby Country Which Can Be Reached In About 10 Hours From Grindelwald. France Is Approximately 7 Hours Away From The Village.



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3. Significance

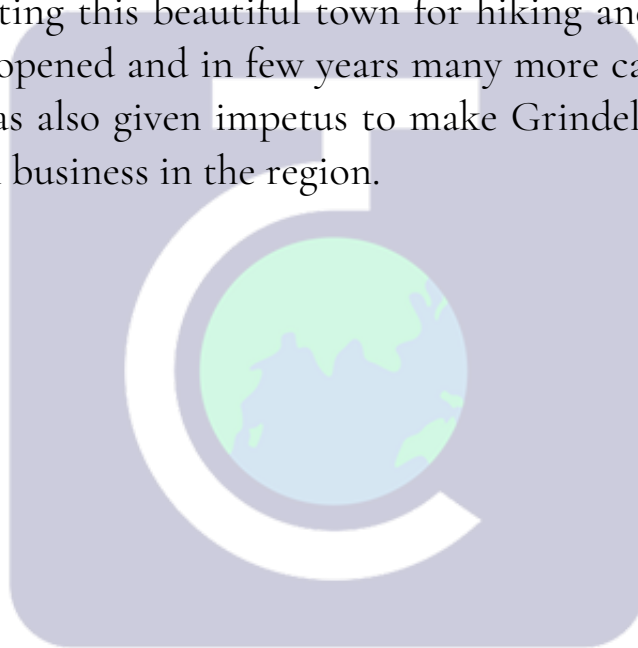
Grindelwald is a popular winter tourist destination in the Alps. The small town has been a centre of holiday and excursions since the 18th century. The skiing regions of Grindelwald offer the most stunning views along with adrenaline pumping adventures and fun in the snow covered slopes of the Eiger Mountain. The small town thrives on tourism and related businesses. The mountainous region is also a favorite location for movie makers from around the world. Though winter sports are the most sought after activities, summer time sees families with children thronging the walking and hiking trails and parks in the region.



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4. History

The oldest human settlements have been traced to Neolithic ages. Several coins belonging to Roman era have been found in Grindelwald. Several estates in Grindelwald were donated to the Monastery in Interlaken. In 12th century first wooden church came in to being. On the ruins of this church present church was built in 1793. The tourism evolved in Grindelwald in the late 18th century when outsiders started visiting this beautiful town for hiking and mountaineering. In 1888, first hotel was opened and in few years many more came up. Development of Transportation was also given impetus to make Grindelwald more accessible and promote tourism business in the region.



5. Cultural identity

Since Grindelwald is a popular tourist destination for a long time, the cultural make-up of the place is varied. You can find people from almost every part of the world who are settled here and have their business setup. The place also boasts of a unique culture local to this place perfectly signified by the heritage building and sites. For example, The Jungfraubahn, a mountain railway system has been designated as the world heritage site. Also the region surrounding Kleine Scheidegg is part of rich Swiss cultural history.



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6. Natural resources

The snow covered slopes of the Alpine mountains have been transformed into ski resorts and hiking tracks that provide year round adventures for all levels of skiers. The land provides ample scope for agricultural activities like farming and cattle breeding. The upper alpine meadows are excellent for dairy farming.



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7. Key site seeing places (paid and free)

7.1. Paid

7.1.1. Heimatmuseum Grindelwald

With their collections scattered over 2 floors, Heimatmuseum exhibits several mountaineering objects. Each floor is known to depict a different era, where the first floor is called "Mythos Eiger" which translates to Listening Room. Don't be surprised if you find exhibits of alpine textile, farming and agriculture. The 2nd floor is dedicated to winter sports, Sonderausstellung and Stiche, whereas the ground floor is completely dedicated to crafts, technology and railways.

Address : 3818 Grindelwald, Switzerland

Zipcode : 3818

Location : 46.624996, 8.046259599999985

Contact : +41 33 853 43 02

Website : http://www.grindelwald-museum.ch/Grindelwald_Museum/Willkommen_beim_Grindelwald_Museum.html

Nearest Public Transport : Garching (Alz) Train Station (Not Recommended)

Entry Fee : Adults: 7 CHF Guest Card: 5 CHF Children: 2 CHF Guided Tours by appointment (up to 10 people): 70 CHF Additional person: 7 CHF

Open & Close Timing : Tuesday to Friday & Sunday 15:00hrs-18:00hrs Saturday & Monday Closed

Time Required : 2

Expected Wait Time : 5 minutes

Buy Ticket : No

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7.2. Free

7.2.1. Trümmelbachfäll

Labeled as Europe's largest subterranean falls, Trümmelbachfäll rumble and thunder on the inside of the mountain and are known to form frothy and churning waters. Embark upon an underground journey through tunnel, paths, galleries, lift, and platforms to stumble upon this majestic glacier waterfalls. A part of Lauterbrunnen Valley's 72 glorious waterfalls, Trümmelbach gush down on an average 20,000 liters of water every second.

Address : Trümmelbachfäll, Lauterbrunnen, Switzerland, 3824

Zipcode : 3824

Location : 46.5693113, 7.91451040000004

Nearest Public Transport : Stechelberg, Sandbach Bus Station

Open & Close Timing : Open 24 hours

Time Required : 2

Buy Ticket : No

7.2.2. Staubbachfall

Above the Lutschine River ending up in a protruding cliff, Staubbachfall plops its water to approximately 300 meters and looks like a spray before it reaches down on the land. Tagged as one of the tallest single unbroken falls across Switzerland, it has formed a cascade that rises up to 99 feet. Don't miss out on this nature's beauty while visiting Grindelwald.

Address : Staubbachfall, Lauterbrunnen, Switzerland, 3822

Zipcode : 3822

Location : 46.5896318, 7.905293199999996

Nearest Public Transport : Lauterbrunnen, Schützenbach Bus Station (Not Recommended)

Open & Close Timing : Open 24 hours

Time Required : 2

Buy Ticket : No

7.2.3. Alpiglen

Finding its way into dense and dark woods and wildflower meadows, Alpiglen

runs parallel to the railway line and provides beautiful views of the mountains. You can continue your journey along the snow-melt fed streams or grab a bite at the restaurant situated in the hypnotic highland oasis. Be sure to stop and behold the stunning views of Eiger and Wetterhorn as well as the mesmerizing sunset.

Address : 3806 Grindelwald, Switzerland

Zipcode : 3806

Location : 46.6794823, 7.93798070000000255

Nearest Public Transport : Alpiglen Train Station

Open & Close Timing : Open 24 hours

Time Required : 4

Buy Ticket : No

7.2.4. First Cliff Walk by Tissot

The finest location for thrill-seekers and mountain aficionados in Switzerland, First Cliff Walk by Tissot of Grindelwald is a narrow winding platform above the vast pastures and valleys offering you unparalleled views of the Swiss landscape. Rising to a height of 45 meters out into the void, you will reach an observation point at the edge from where you can experience the Eiger slopes encircled by alpine pastures, forests and a waterfall.

Address : 3818 Grindelwald, Switzerland

Zipcode : 3818

Location : 46.6597318, 8.0533450000000036

Contact : +41 33 828 73 80

Nearest Public Transport : First Gondola Lift Station

Open & Close Timing : April to October and December to March: Daily 06:00hrs-19:30hrs

Time Required : 3

Buy Ticket : No

7.2.5. Montbell Grindelwald Store

Situated in the scenic town of Grindelwald embraced by the Alps, Montbell Store offers a wide variety of latest products, ranging from outdoor clothing to backpacks. You can also find down jackets, travel accessories, sleeping bags and much more. They also exhibit historical artefacts from Tatsuno's climb of the

Eiger.

Address : Dorfstrasse 107, 3818 Grindelwald, Switzerland

Zipcode : 3818

Location : 46.624274799999999, 8.035828799999999

Time Required : 0

Buy Ticket : No

7.2.6. Vogts Corner AG

Help yourself keep a track of time by investing in an exquisite Swiss watch. Easily available at Vogts Corner AG, this store is popular for an amazing collection of watches and is frequented by a large number of tourists to take back home some souvenirs.

Address : Dorfstrasse 111, 3818 Grindelwald, Switzerland

Zipcode : 3818

Location : 46.623922099999999, 8.0360484000000027

Time Required : 0

Buy Ticket : No

7.2.7. Kirchhofer - Collections

A famous watch store in the stunning resort town of Grindelwald, it has on display an elegant collection of the world-renowned Swiss watches. Do visit this store to fill your bags and take back home a Swiss watch.

Address : Dorfstrasse 155, 3818 Grindelwald, Switzerland

Zipcode : 3818

Location : 46.623603999999999, 8.039066999999932

Time Required : 0

Buy Ticket : No

8. Key sites sports & adventure

Other adventures this Alpine land offers include hiking in summer, winter hiking, tobogganing, sledging, walking, mountaineering, and much more.

- **Multi-sport -**

Address : Grundstrasse 32, 3818 Grindelwald, Switzerland

Location : 46.624336,8.02214500000002

Contact No : +41 (0)33 854 16 16

Website : <https://www.grindelwaldbus.ch/en>

Nearest Public Transport : Grindelwald, Grund Bus Station

Entry Fees : 11 CHF to 100 CHF

Open / Close Time : Daily 07:00hrs-18:00hrs

Time Required : 4

- **Paragliding -**

Address : Paragliding Jungfrau GmbH, Tandemflüge, Postfach 545, 3818 Grindelwald

Location : 46.6249686,8.04157980000002

Contact No : +41 (0) 79 77 99 000

Website : <http://www.paragliding-jungfrau.ch/wp/>

Nearest Public Transport : Grindelwald, Firstbahn Bus Station

Entry Fees : 180 CHF to 600 CHF

Time Required : 6

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9. Adventure sports, Local sports, stadiums

Grindelwald is the land of winter sports. The slopes provide the best skiing experience for skiers of all levels.



10. Spas and relaxation

The spa and relaxation center of the town offers various beauty treatments and sauna baths to keep your body warm from the cold.

- **Sunstar Alpine Hotel Grindelwald:**

Address : Sunstar Alpine Hotel Grindelwald, Dorfstrasse 168, 3818 Grindelwald, Switzerland

Location : 46.6237915,8.042048900000054

Contact No : +41 33 854 77 77

Website : <http://grindelwald.sunstar.ch/wellness-en-US/overview/>

- **Eiger Selfness Hotel:**

Address : Eiger Selfness Hotel, Heller Gastro AG, Dorfstrasse 133, Postfach 92, CH-3818 Grindelwald

Location : 46.624043,8.039094999999975

Contact No : +41 33 854 31 31

Website : <http://www.eiger-grindelwald.ch/en/selfness-spa/>

- **Belvedere Swiss Quality Hotel Grindelwald:**

Address : Eiger Selfness Hotel, Heller Gastro AG, Dorfstrasse 133, Postfach 92, CH-3818 Grindelwald

Location : 46.62514700000001,8.029731999999967

Contact No : +41 33 854 31 31

Website <https://www.belvedere-grindelwald.ch/en/spa-and-wellness/spa-area/>

11. Events calendar

Month

Events

World Snow Festival (16th to 22nd)

Ice sculpting festival when Swiss and international artists create the most amazing ice figures. The event started in the year 1983 where a huge sculpture of Heidi was hewn.

Eiger Ultra Trail (15th to 16th)

A fantastic trail running experience that covers challenging trails in high altitudes. The view of the city through the entire run of 101 km is unbelievable.

Eiger Bike Challenge (13th)

A thrilling bike race through 3 challenging routes on the Alps offers exciting moments to the spectators. The circuit for biking is about 88 km with 3900 altitude meters.

Christmas (25th)

The city boasts the celebration of Christmas by lighting the churches, public places and

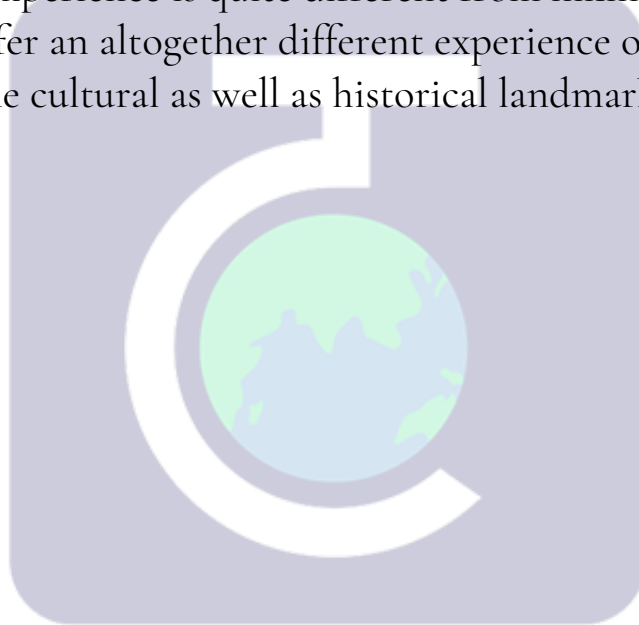
houses. There are offers and discounts along with various events lined up at almost every corner of the city.



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12. Key local guides and tours

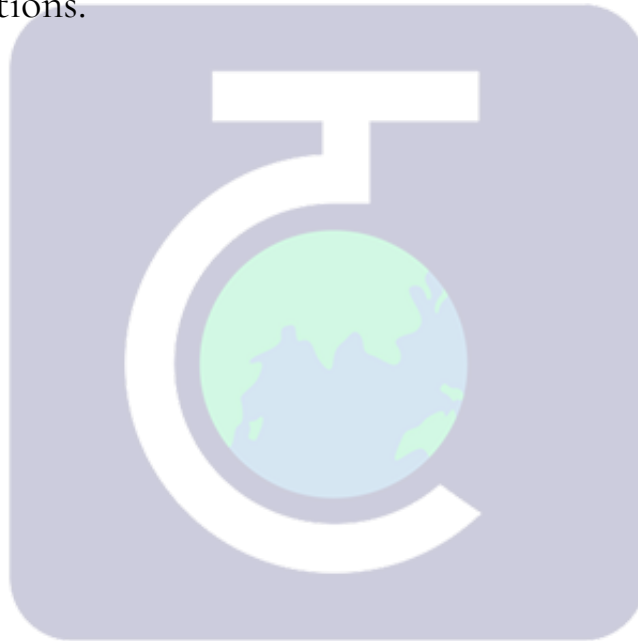
Though skiing is the primary goal of almost all tourists to Grindelwald, there is much more than the slopes for the adventure seekers and nature lovers to explore. Walking tours are the most sought after ones by the non-skiers and families. There are numerous walking trails that offer breathtaking views and different levels of adventures. Hiking trips can be arranged both in summer and winter. The winter walking experience is quite different from hiking in summer. Culture and heritage tours offer an altogether different experience of the town. The tours take the visitors to the cultural as well as historical landmarks in the region.



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13. Transportation hubs

The nearest airport to Grindelwald is the Berne Airport located around 67 km away from the town. It is a 1 hour drive from the airport to Grindelwald. Trains are available from Interlaken, the nearby city which forms the base to explore Grindelwald which charges around CHF 8. The central railway station in the town is the Grindelwald Railway Station. The municipality of Grindelwald has five other railway stations.



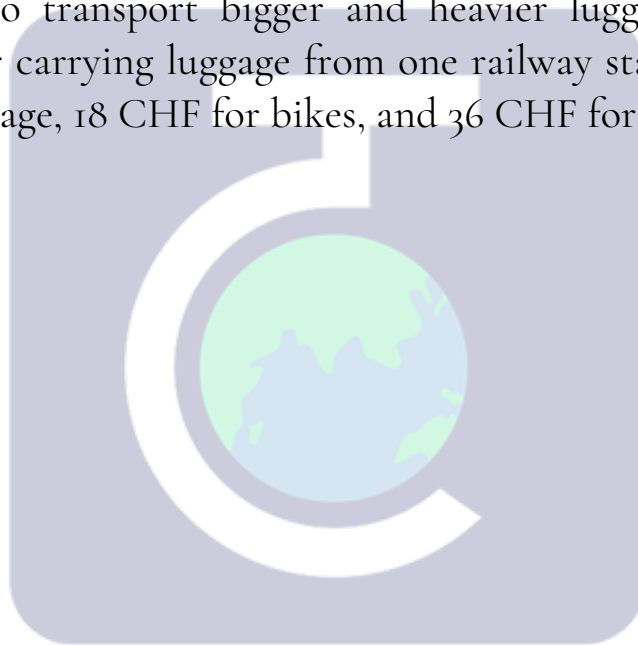
14. Transportation cost

Much of the town can be covered on foot. There are bus services available to the more distant areas. Gondola lifts and cable cars that charges approximately 5.60 CHF to 48 CHF provide access to the higher regions. Holders of Swiss Rail Pass (181 CHF to 704 CHF) can get discounts in cable cars and sometimes the rides are free. Taxis from Grindelwald to Interlaken cost around 96 CHF. The fare for a bus ride for the same distance is about 13 CHF. A train ride from the town to Interlaken costs around 15 CHF.



15. Baggage allowance

Luggage is not charged extra on trains in Switzerland. However, the size and number of luggage have to meet the requirements laid down by the railway. Smaller bags and suitcases can fit into the luggage racks above seats or between the backrests. Bigger luggage pieces can be kept at the end of the coach though there is the risk of them being left unattended thus exposing them to theft. There is also the option to transport bigger and heavier luggage through luggage services. The cost for carrying luggage from one railway station to another is 12 CHF for normal luggage, 18 CHF for bikes, and 36 CHF for special bikes.



Index**16. Must try food and local savouries**

Cheese, cream, chocolates and fondues are the must try food items here.



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17. Restaurant & Nightlife

The restaurants here are very famous for its unique interior and the memorable view each one of them offers. Many of them are located at Dorfstrasse area.

Food -

The restaurants here are very famous for its unique interior and the memorable view each one of them offers. Many of them are located at Dorfstrasse area.

- **Bistro Memory:**

Address : Dorfstrasse 133, Postfach 92, CH-3818 Grindelwald

Location : 46.6234398,8.0381227999999996

Contact No : +41 33 854 31 31

Website : <http://www.eiger-grindelwald.ch/en/food-drinks/memory/>

Open / Close Time : Daily 09:00hrs-23:30hrs

- **Grindel Lounge & Deko:**

Address : Dorfstrasse 119, 3818 Grindelwald, Switzerland

Location : 46.6238572,8.036555300000032

Contact No : +41 33 853 88 80

Website : <http://www.grindellounge.com/>

Open / Close Time : Tuesday to Saturday 09:00hrs-00:00hrs Sunday 10:00hrs-18:30hrs

- **Café 3692:**

Address : Terrassenweg 61, 3818 Grindelwald, Switzerland

Location : 46.6296388,8.038773699999979

Contact No : +41 33 853 16 54

Website : <http://www.cafe3692.ch/>

Open / Close Time : Sunday to Tuesday 08:30hrs-18:00hrs; Wednesday & Thursday Closed Friday and Saturday 08:30hrs-00:00hrs

- **Hotel Kreuz & Post:**

Address : Dorfstrasse 85, 3818 Grindelwald, Switzerland

Location : 46.6245477,8.03421789999993

Contact No : +41 33 854 54 92

Website : <http://www.kreuz-post.ch/>

- **Romantik Schweizerhof Grindelwald:**

Address : Swiss Alp Resort 1, 3818 Grindelwald, Switzerland

Location : 46.6255709,8.031884499999933

Contact No : +41 33 854 58 58

Website : <http://www.hotel-schweizerhof.com/>

- **Onkel Tom's Hütte:**

Address : 3818 Grindelwald, Switzerland

Location : 46.6243462,8.043353900000056

Contact No : +41 33 853 52 39

Website : <http://onkel-toms.ch/>

Open / Close Time : Friday to Monday 12:00hrs-22:00hrs; Tuesday 12:00hrs-21:00hrs; Wednesday & Thursday Closed

- **C und M:**

Address : Almisgässli 1, 3818 Grindelwald, Switzerland

Location : 46.6234878,8.04080769999996

Contact No : +41 33 853 07 10

Website : <https://www.cundm-grindelwald.ch/>

Open / Close Time : Daily 09:00hrs-23:00hrs; Sunday 09:30hrs-23:00hrs

- **Hotel Restaurant Bellevue-Pinte:**

Address : Dorfstrasse 157, 3818 Grindelwald, Switzerland

Location : 46.623618,8.039568499999973

Contact No : +41 33 853 12 34

Website : <http://www.bellevue-pinte.ch/>

- **Avocado Bar:**

Address : Dorfstrasse 158, 3818 Grindelwald, Switzerland

Location : 46.6234268,8.039710300000024

Contact No : +41 79 955 27 04

Open / Close Time : Daily 15:00hrs-00:30hrs

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18. Average meal cost

Tourists who are on a budget trip can try some of the inexpensive restaurants where a regular meal can be bought for 18 CHF. Or, they could go to mid-range restaurants that serve a three-course meal for 2 persons for 100 CHF. There is also the option to have a Combo Meal from McDonalds which is available for 15 CHF. For 4.49 CHF, you can get your daily dose of caffeine with a regular cappuccino. And, if you need some water, small bottles that contain 0.33 liters of water can be bought for 2.09 CHF.



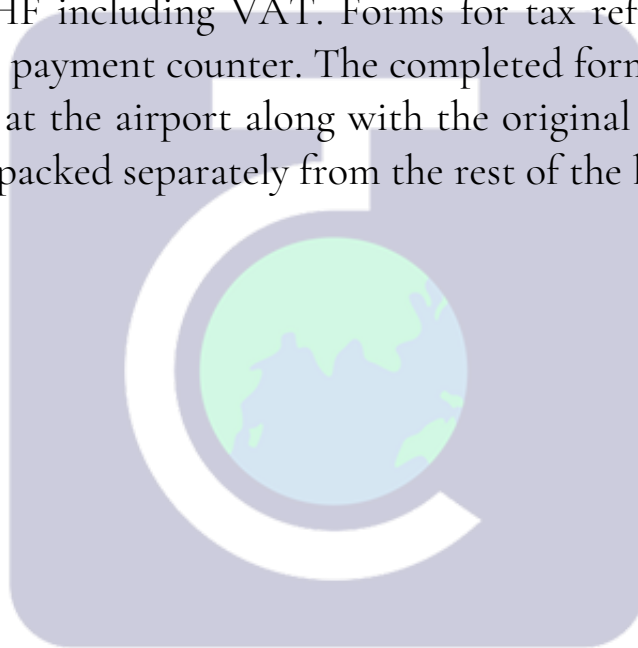
Index**19. Shopping**

There are various options for shopping in this tiny town due to large influx of tourist every year. Most of these stores sell Swiss specialties like Swiss knife, chocolates, sporting goods and other souvenirs that can be taken back as memory. Some really important places to check out while you are in Grindelwald are Mont-Bell Grindelwald, Vogts Corner and Kirchhofer collection.



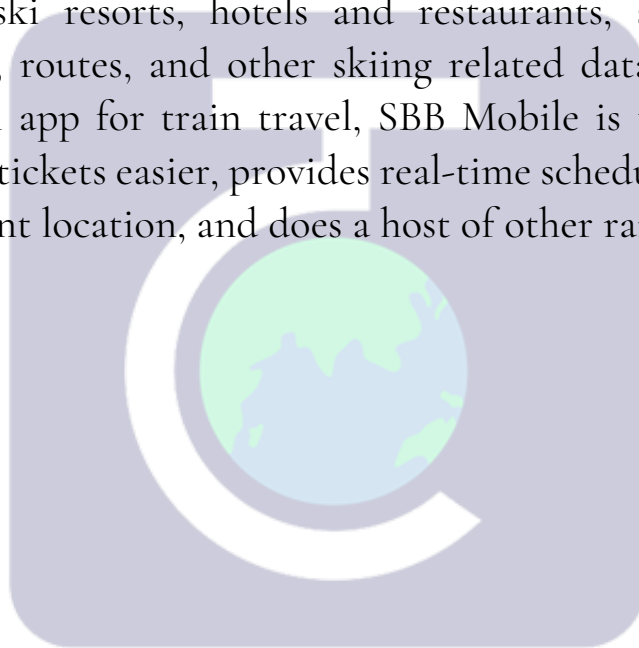
20. Tourist benefits

Foreign tourists can enjoy tax free shopping in Switzerland. The maximum amount of VAT refund is 8% of the purchase price. The refund is made at the international airports at the time of leaving the country. Shops that participate in the tax refund program display the tax free sign at the store front. Tax refund is possible only if the minimum amount of purchase made in a single day at the same store is 300 CHF including VAT. Forms for tax refund can be obtained from the shops at the payment counter. The completed form has to be submitted at the Customs desk at the airport along with the original purchase receipt and the purchased goods packed separately from the rest of the luggage.



21. Essential local apps

Apps that help in navigation through the skiing areas can be quite useful for Swiss holidays. An essential app for skiers in the mountains is the Rega app from the Swiss air rescue department. This can be used in emergency situations during skiing, hiking, or mountaineering to call for help. Another app for skiers that provide all the required information is the iSKI Swiss app. It has detailed information about ski resorts, hotels and restaurants, ski schools, weather forecast, slopes, lifts, routes, and other skiing related data. For those who are looking for a helpful app for train travel, SBB Mobile is the best choice. This makes booking train tickets easier, provides real-time schedules, finds connection trains from the current location, and does a host of other railway related services.



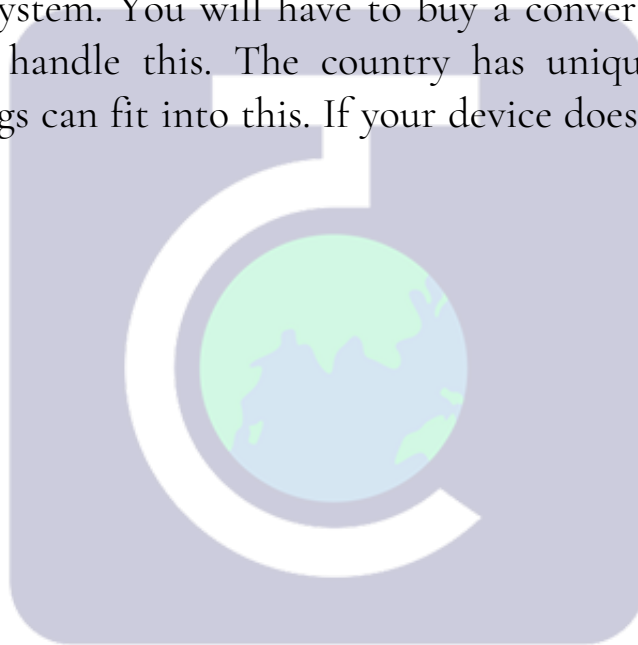
22. Driving

Visitors from other countries can drive around in Switzerland if they have a valid driving license from their countries of origin provided the licenses are in any one of the official languages of Switzerland. If the license is not in French, German, Italian, or English, an International Driving Permit is required. A certified translation of the national license in any of the Swiss official languages can also be used. The legal age for driving is 18 years. Seatbelts are compulsory at all times. It is mandatory to use lights at all times, regardless of whether it is day or night.



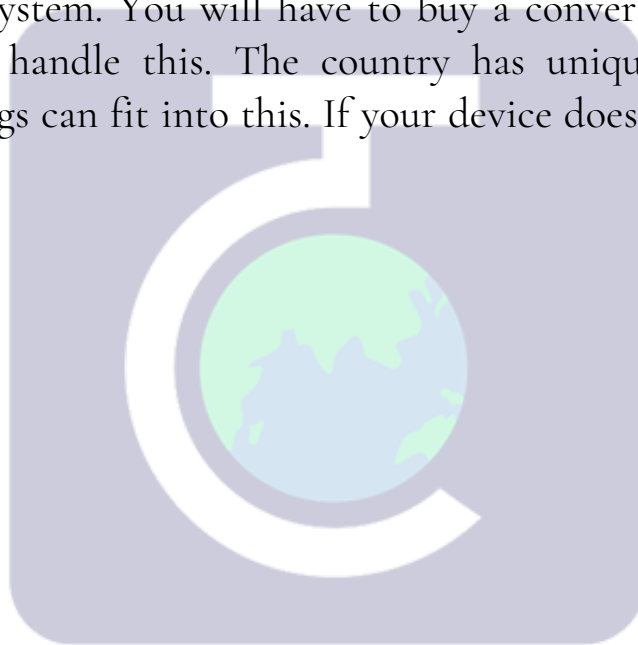
23. Travel essentials

Always check the weather condition of your destination before travel and pack weather friendly clothes accordingly. It is useful to have appropriate rain gear in the case of unexpected showers. Pack comfortable shoes if your travel involves a lot of walking or hiking. Do not forget to take chargers, memory cards, medicines, prescriptions, travel documents, and earphones. Switzerland has 230 V, 50 Hz electrical system. You will have to buy a converter if your electronic device is unable to handle this. The country has unique type J plugs. The European type C plugs can fit into this. If your device does not fit in, buy type J or C adapters.



Index**24. Essential clothes**

Always check the weather condition of your destination before travel and pack weather friendly clothes accordingly. It is useful to have appropriate rain gear in the case of unexpected showers. Pack comfortable shoes if your travel involves a lot of walking or hiking. Do not forget to take chargers, memory cards, medicines, prescriptions, travel documents, and earphones. Switzerland has 230 V, 50 Hz electrical system. You will have to buy a converter if your electronic device is unable to handle this. The country has unique type J plugs. The European type C plugs can fit into this. If your device does not fit in, buy type J or C adapters.



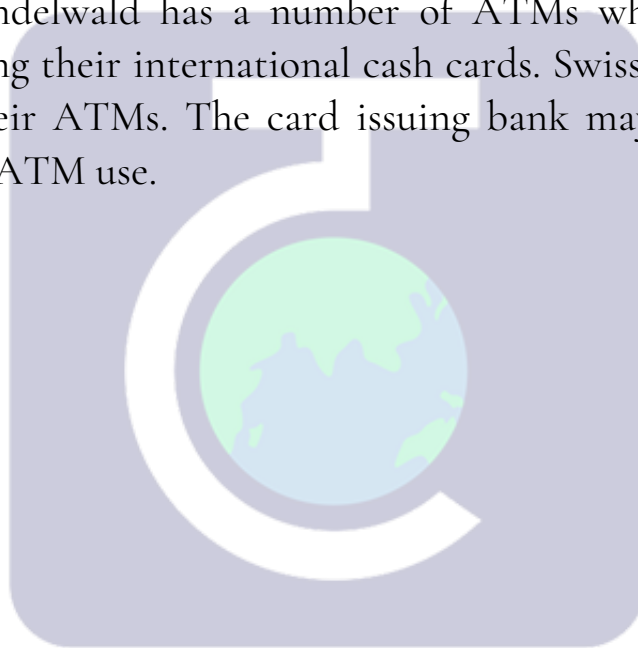
Index**25. Local currency**

Swiss Franc is the local currency of Grindelwald. It is denoted as CHF. 1 USD = 1.01 CHF



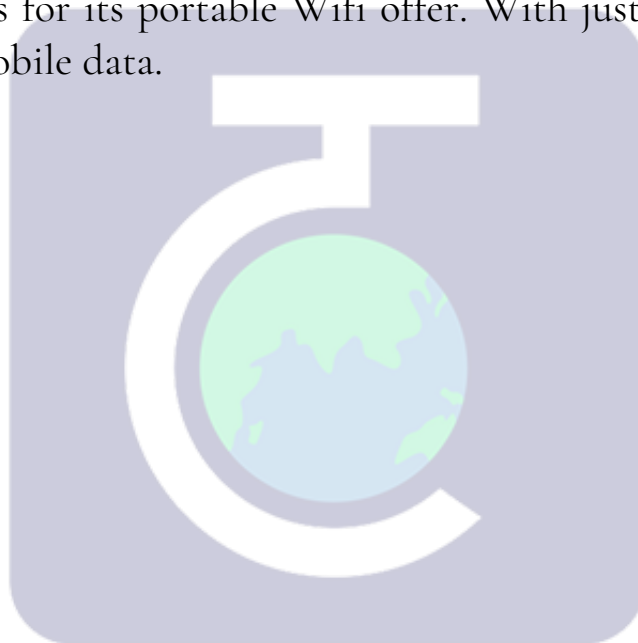
26. Change vendor's commission, ATM charges

There are plenty of banks and exchange bureaus in Grindelwald where the foreign tourists can exchange currency. Exchange facility is also available at the railway station and post office. Some upscale hotels have currency exchange desks for their guests. There is usually a commission charged by hotels and exchange offices at about 8-10% of the amount. Foreign currency can be exchanged at the airport as well. Grindelwald has a number of ATMs where the tourists can withdraw money using their international cash cards. Swiss banks do not charge any fee for using their ATMs. The card issuing bank may levy transaction or usage fee for foreign ATM use.



27. Staying connected

Like everywhere in Switzerland, Wifi and mobile connectivity are is very effective. Internet connectivity is provided by not only the hotels but there are several wifi spots in the city also. If you are looking for Sim card, you can get them by submitting your residential documents. You only need your travel documents such as passport to purchase the SIM card. You shall try Traveler's Wifi which is famous for its portable Wifi offer. With just 6 CHF per day, you ought to enjoy 4G mobile data.



28. Time Zone

Grindelwald follows Central European Summer Time Zone with UTC + 02:00 hours.



Index**29. Languages**

German and Dutch are the main languages spoken here.



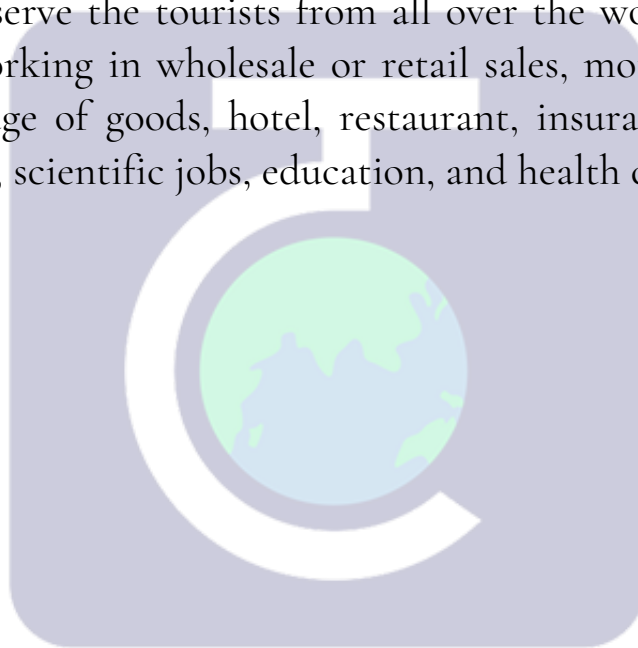
30. Political Scenario

Administration in the Municipality of Grindelwald is carried out by the Town Council and the Mayor. The council members are voted into office for a four year term. The major political parties that have members in the town council are FDP, SVP, and SP. The local authority community assembly determines the local by-laws. All citizens who are eligible to vote can take part in the assembly. The local authority is divided into seven alpine districts. Each of these has an alp that is taken care of on co-operative basis. The town council governs the local authority.



Index**31. Economic Scenario**

Most of the town's income comes from tourism and related businesses. The primary economic sector, however, is agriculture and forestry, mainly lumber production. The secondary employment sector includes manufacturing, mining, and construction. Most of the construction was a result of the boom in tourism, giving rise to the setting up of many hotels, restaurants, and other business establishments that serve the tourists from all over the world. The tertiary job sector has people working in wholesale or retail sales, motor vehicle repairing, movement and storage of goods, hotel, restaurant, insurance, financial sector, technical professions, scientific jobs, education, and health care.



Index**32. Religious belief**

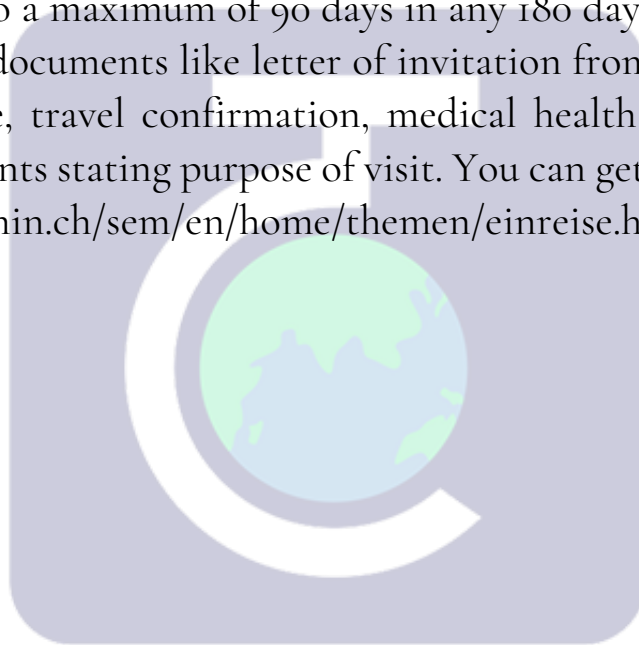
Christianity is the major religion in Grindelwald. Followers of the Swiss Reformed Church form the largest Christian group. Roman Catholics are the second largest Christian community in the region. Members of Orthodox Church, Christian Catholic Church, and other Christian Churches also constitute the Christian population of Grindelwald. There are other religions also in the village among which Islam has the largest number of followers. Buddhists, Jews, and followers of other churches also reside in Grindelwald.



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33. Visa requirements

For a short term stay as a tourist in Switzerland, foreign nationals require a Schengen Visa. There are exemptions granted to citizens of certain countries with regard to visa requirements. They can stay in Switzerland without a visa for a maximum period of 90 days provided they produce a valid passport and identification documents at the time of entry into the country. Schengen Visa holders can stay up to a maximum of 90 days in any 180 day period. They have to produce supporting documents like letter of invitation from a family member or sponsor if applicable, travel confirmation, medical health insurance, means of support, and documents stating purpose of visit. You can get more information at <https://www.sem.admin.ch/sem/en/home/themen/einreise.html>.



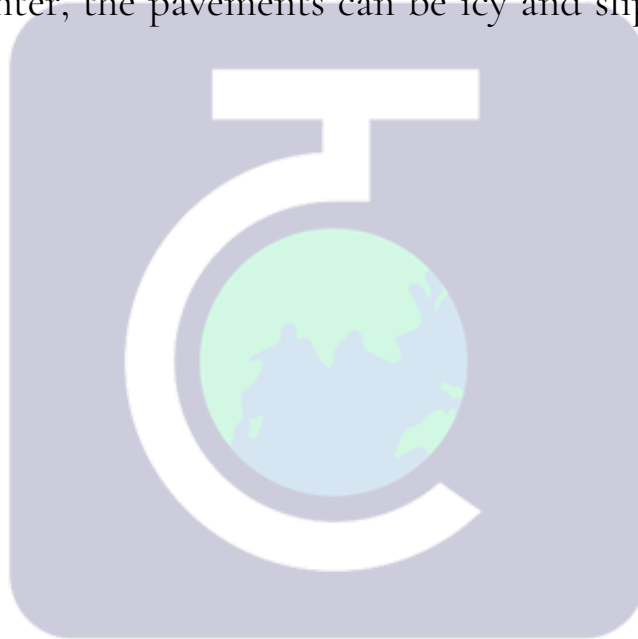
Index**34. Essential vaccination**

Though there are no vaccine requirements for Switzerland, it is advisable to make sure that your routine vaccinations like DTP or Td, Hib, MMR, polio, varicella, influenza, and pneumococcal are up-to-date. Vaccinations against Hepatitis A, Hepatitis B, and Rabies may be required for some tourists. Dental and medical check-ups before travel are also a good practice.



Index**35. Theft and Safety**

Grindelwald is a safe ski resort and tourists need not worry about serious crimes against foreign nationals. However, petty crimes can be expected anywhere. Theft of luggage from trains and railway stations is common. Never leave your luggage alone in crowded areas. Keep an eye on your wallet as pick pockets usually work in busy tourist spots. Always use the front pockets to store money and other valuables. During winter, the pavements can be icy and slippery. Walk carefully to avoid accidents.



Index**36. Embassy/Consulate**

260 foreign embassies and consulates are located in Switzerland. Most of these offices can be found in big cities like Bern and Geneva. For more information, visit <http://embassy.goabroad.com/embassies-in/switzerland>



37. Accessibility

Grindelwald is a disabled friendly place like the rest of Switzerland. Most of the tourist places, skiing areas, and other public places are accessible for people with limited mobility. Lifts and other modes of transport can accommodate wheelchair bound people.



Index**38. Emergencies**

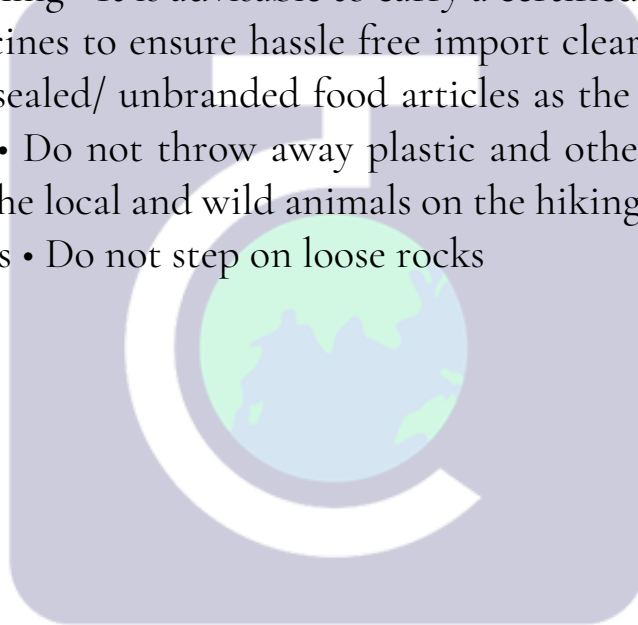
You can get the best medical care in Switzerland, and most hospitals accept travel insurance. Dial 144 for ambulance during medical emergencies. Police help can be obtained by dialling 117. Call 118 for fire emergencies. The Swiss rescue team can be contacted at 1414. Mr. Thomas Ihde-Scholl can aid you with travel insurance.



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39. Do's and Don'ts

Being a skiing region, most of the warnings and safety tips are related to the activities in snow and in the mountainous regions. Do's • Always keep contact numbers of emergency and rescue teams • Check weather conditions and snow and avalanche forecast before hiking and skiing • Always ski with a trained instructor • Look out for hanging icicles from the eaves of buildings near pavements while walking • It is advisable to carry a certified doctor's prescription along with the medicines to ensure hassle free import clearance. • It is advisable that do not carry unsealed/ unbranded food articles as the same may be banned for import. Don'ts - • Do not throw away plastic and other trash on the hiking trails • Do not scare the local and wild animals on the hiking trails • Do not throw rocks down the slopes • Do not step on loose rocks



Index**40.Tipping basics**

It is not necessary to tip your service providers in Switzerland as the bills already include service charge. But, if you want to make them happier, you can give a small amount as tip by paying to the next round figure of the bill amount or by leaving a few francs as tip. Hotel staff can be paid 1-2 francs. A tourist guide can be tipped 10-15% of the tour cost.



41. Pet info

Tourists can bring their pets with them to Switzerland provided the animals meet certain entry requirements. The pet has to be micro chipped at the country of origin before travel. A vaccination against rabies must be taken 21 days prior to entry into Switzerland. Dogs require an additional vaccination against distemper. In the case of pets coming from high rabies countries, a blood titer test must follow the rabies vaccination to be performed at a licensed lab to verify the level of rabies antibodies. An application for import permit must be submitted by the owner 21 days prior to entry.



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Conclusion – Why to select this destination

Situated in Bernese Oberland, it is a scenic mountain village in Swiss Alps. Grindelweld can be visited in winter as well as summer. Skiing is a major attraction during cold season and millions of tourists around the world throng Grindelwad to enjoy this sport. Similarly, in summer hiking tours are planned for tourists visiting this lovely village town. You can take ski and snowboarding lessons in Grindelwald where classes are held for people of all ages and gender and in various languages. The classes are conducted by professional instructors. Grindelwald is also a getaway to Jungfrau regions important being Gletscherschlucht, a glacial gorge characterised by amazing waterfalls and gigantic walls. If you plan to buy yourself something to take home something genuinely Swiss, then pick up a Swiss made knife or chocolates as they are perfect gifts for your family and friends. There are few restaurants, coffee shops and hotels for travellers but they are situated at fabulous locations. If you want to enjoy a perfect night out, you can visit bar and clubs which serve delectable food and great music. Perhaps all you need to do is just enjoy the monotonous scenic beauty of the place and just want to relax all day; you can rent one of the bedroom chalets in and around Grindelwald.

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