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1. Geographical location

Cape Town, also called the City Bowl is surrounded by the Table Mountains with its vertical cliffs and flat topped summit, Devil's Peak and the Lion's head on either side and forms a beautiful backdrop for Central Cape Town. Majority of Cape Town's suburbs lies in an area called Cape Flats and connects the mainland to the peninsula. The region is majorly characterised by a Mediterranean climate, extended coastline, valleys and tough mountain ranges.



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2. Neighbouring cities/countries

The Major Cities Close To Cape Town, South Africa Are Port Elizabeth (754.2 Kilometres), Paarl (61.9 Kilometres), Piketberg (129.8 Kilometres), Vredenburg (145.2 Kilometres). Other Cities Neighbouring Cape Town Are Atlantis Which Is At A Distance From 641.8 Kilometres, Worcester Which Is At A Distance Of 112 Kilometres.



3. Significance

Cape Town is the second most populous urban area in South Africa after Johannesburg. It is the legislative capital of the country and houses the National Parliament too. It is known for a lot of landmarks on the Western Cape; the Table Mountains and the Cape Point. It was also named as the International Design Capital in 2014. It has been a cultural and economic hub for the Cape Colony Cape Town was also reported as the Best Place to Visit on Earth by the New York Times and the Daily Telegraph.



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4. History

Cape Town became an important town during the colonisation of the Dutch East India Company in 1652 to find a sea route for trade. The Dutch were instrumental in changing the biodiversity forever for the region. The British captured it in 1795 and returned it to the Dutch in 1803 again by a treaty and finally ceded to the British by the Anglo Dutch Treaty of 1814. The discovery of diamonds in 1867 led to a flood of immigrants into South Africa. The British established the Union of South Africa in 1910 with Cape Town as the capital. Cape Town was also the epicentre for Apartheid in South Africa and housed many political prisoners for many years.



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5. Cultural identity

Cape Town is a historically rich city. Having been amidst the history of South Africa at all times and also remaining in the centre of the protests against Apartheid in South Africa has given it a multi-cultural flavour. Creative people, places and exhibitions are a plentiful and there is never a shortage for music in the city. It also has a bustling art culture with world class galleries and exhibitions happening round the year. Museums in Cape Town trace Cape Town's journey from slavery to maritime warfare, apartheid and democracy. It also prides itself by being a multi-cultural tourist destination with all faiths co existing in absolute harmony.



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6. Natural resources

South Africa is the continent's largest producer of gold and also the fifth largest producer of diamonds in the world. This also contributes to a large part of their exports. Some of the key natural resources include gold, diamonds, silver, phosphate, iron ore, manganese and phosphate. This has led to the blossoming of many industries including mining of gold and platinum, petroleum refining, chemicals and fertilizers.



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7. Key site seeing places (paid and free)

7.1. Paid

7.1.1. Castle of Good Hope

The Castle of Good Hope is one of the oldest colonial buildings in the country. Built by the Dutch East India Company, the building was used as a fort of defense. Today, the castle houses a military and Iziko Museum, making it a great place to explore the Cape Town of the 17th and the 18th century. NOTE: Visit early morning for a peaceful and less-crowded stroll.

Address : Darling St & Buitenkant St, Cape Town, 8001, South Africa

Zipcode : 8001

Location : -33.926046, 18.428058100000044

Contact : +27 21 787 1260

Website : <http://www.castleofgoodhope.co.za/>

Nearest Public Transport : the castle bus station

Entry Fee : Adults: R30 Children/Seniors: R15

Open & Close Timing : Daily- 09:00hrs-16:00hrs

Time Required : 1

Expected Wait Time : 15-20 minutes

Buy Ticket : Yes

7.1.2. Kirstenbosch National Botanical Garden

The Botanical Gardens, established in 1913, lies in an area that spreads across 528 hectares and contains different fynbos greenery and forests. Likewise, the Peninsula Garden, which contains a portion of the 2,500 plant species, can also be found on the Cape Peninsula. Kirstenbosch NBG is the most beautiful garden in Africa and is definitely worth a visit while in Cape Town.

Address : Rhodes Dr, Newlands, Cape Town, 7735, South Africa

Zipcode : 7735

Location : -33.9875011, 18.432722000000012

Contact : +27 21 799 8783

Nearest Public Transport : Claremont train station

Entry Fee : Adults- R50 Children/Seniors: R25

Open & Close Timing : Daily: 09:00hrs-17:00hrs

Time Required : 2

Expected Wait Time : 15 minutes

Buy Ticket : Yes

7.1.3. District Six Museum

District Six, so named when it turned into the Sixth Municipal District of the city in 1867. Initially settled as a blended group of liberated slaves, shippers, artisans, workers and migrants, District Six was a lively center with close connections to the city and the port. With an end goal to save the recollections of District Six, including the forcible migration of a huge number of individuals around the nation, the District Six Museum Foundation was set up in 1989. In 1994, the museum was launched and now houses a great collection of authentic materials including photos, works of art and ancient rarities.

Address : 25A Albertus St & Buitenkant Street, Cape Town, 8000, South Africa

Zipcode : 8000

Location : -33.9277222, 18.423676999999998

Contact : +27 21 466 7200

Website : <http://districtsix.co.za/>

Nearest Public Transport : Lower Buitenkant bus station

Entry Fee : Adults: R30 Children: R5 Guide Charges: R15

Open & Close Timing : Monday to Saturday: 09:00hrs-16:00hrs Sunday: Closed

Time Required : 1.5

Expected Wait Time : 10 minutes

Buy Ticket : No

7.1.4. South African Museum & Planetarium

Being one of the oldest institutions, this museum was started by Lord Charles Somerset in South Africa. Tracing back to the earliest origins, the museum depicts the cultural history of South Africa and the collections are a result of the research done by students and scientists from around the world. The museum now comprises of fossils that date back to 700 million years and other displays from that era.

Address : 25 Queen Victoria Street, cape town city centre, Cape Town, 8001, South Africa

Zipcode : 8001
Location : -33.9287112, 18.415267900000003
Contact : +27 21 481 3800
Nearest Public Transport : Michaelis Bus Station
Entry Fee : Adults: R30 Children: R15
Open & Close Timing : Daily: 10:00hrs-17:00hrs
Time Required : 2
Expected Wait Time : 15 minutes.
Buy Ticket : Yes

7.1.5. South African Jewish Museum

The Jewish Museum is a popular attraction for both domestic and international tourists. It has bold architectural designs along with engaging accounts of the country's Jewish history. Inaugurated by Nelson Mandela in 2000, the museum has some of the greatest works chiefly directed towards civil and human rights that the South African Jews fought for.

Address : 88 Hatfield St, Cape Town City Centre, Cape Town, 8000, South Africa

Zipcode : 8000
Location : -33.9299197, 18.417008600000003
Contact : +27 21 465 1546
Website : <http://www.sajewishmuseum.org.za/>
Nearest Public Transport : roodehek bus station
Entry Fee : Adults: R40
Open & Close Timing : Sunday to Thursday: 10:00hrs-17:00hrs Friday: 10:00hrs-14:00hrs Saturday closed
Time Required : 2
Expected Wait Time : 10-15 minutes
Buy Ticket : Yes

7.1.6. Table Mountain Aerial Cableway

This cableway provides you with the best view to see the city in one go. Built on 2 elevations, it is recommended that you try the higher elevation because of the spellbinding view it offers.

Address : Tafelberg Rd, Gardens, Cape Town, 8001, South Africa

Zipcode : 8001

Location : -33.94831300000001, 18.403185000000008

Contact : +27-214248181

Website : <http://www.tablemountain.net/>

Nearest Public Transport : Cape Town upper tafelberg bus station

Entry Fee : One way trip- Adults: R125 Children: R60 Round trip- Adults: R240 Children: R115

Open & Close Timing : Sunday to Thursday: 08:00hrs–18:30hrs Friday & Saturday: Closed

Time Required : 1

Expected Wait Time : 15 minutes

Buy Ticket : Yes

7.1.7. Cape Town Diamond Museum

Located in the heart of the Gateway to Robben Island and the iconic Clock Tower, the museum is known to store world's most precious stone, the diamond. The museum cum non-profit institution is dedicated to creating a new esteem for diamonds and was a gift from Shimansky to Cape Town.

Address : Level 1 Clock Tower, Clock Tower District, V & A Waterfront, Cape Town, 8001, South Africa

Zipcode : 8001

Location : -33.9071229, 18.422467200000003

Contact : +27 21 421 2488

Website : <http://www.capetowndiamondmuseum.org/>

Nearest Public Transport : Waterfront silo bus station

Entry Fee : Adults: R50 Seniors/Children: Free

Open & Close Timing : Daily: 09:00hrs-21:00hrs

Time Required : 1.5

Expected Wait Time : 10-15 minutes

Buy Ticket : Yes

7.1.8. World of Birds Wildlife Sanctuary

World of Birds Wildlife Sanctuary is the largest bird park in Africa. Over 3,000

small animals and birds of more than 400 different species are presented here, providing you with an experience of unparalleled closeness with nature. The bird park is a paradise for photographers and nature lovers.

Address : Valley Rd, Cape Town, 7806, South Africa

Zipcode : 7806

Location : -34.01679910000001, 18.361959800000022

Contact : +27 21 790 2730

Website : <http://www.worldofbirds.org.za/>

Nearest Public Transport : Camps bay bus station (not recommended)

Entry Fee : Adults: R95 Seniors: R65 Children: R45

Open & Close Timing : Daily- 09:00hrs-17:00hrs

Time Required : 2

Expected Wait Time : 15 minutes

Buy Ticket : Yes

7.1.9. Boulders Beach

Deriving its name from the granite boulders here, Boulders Beach is one of most famous beaches in the world. Located away from the city center and a part of the marine protected area, this beach is very clean and is perfect for swimming. The beach is also famous because of the local tuxedoed penguins, also known as the jackass penguins locally. Boulders Beach is a must-visit if you want to spend some time away from the city.

Address : Kleintuin Rd, Cape Town, 7995, South Africa

Zipcode : 7995

Location : -34.1972201, 18.4512850999999

Contact : +27 21 786 2329

Nearest Public Transport : Simon's Town train station (not recommended)

Entry Fee : R65 per person

Open & Close Timing : Daily: Open 24 hours

Time Required : 4

Buy Ticket : No

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7.2. Free**7.2.1. Hartleyvale Stadium**

Location : -33.939001, 18.4754

Time Required : 0

Buy Ticket : No

7.2.2. Blue Downs Stadium

Location : -33.939001, 18.4754

Time Required : 0

Buy Ticket : No

7.2.3. Tulfhall Stadium

Location : -33.987394, 18.513354

Time Required : 0

Buy Ticket : No

7.2.4. The Watershed

The Watershed is the major hub for shopping in Cape Town. Located in the Waterfront with more than 150 stalls is the newly renovated shopping plaza that offers a wide mix of locally produced jewelry, fashion, textiles and toys.

Address : V & A Waterfront, 17 Dock Rd, V & A Waterfront, Cape Town, 8002, South Africa

Zipcode : 8002

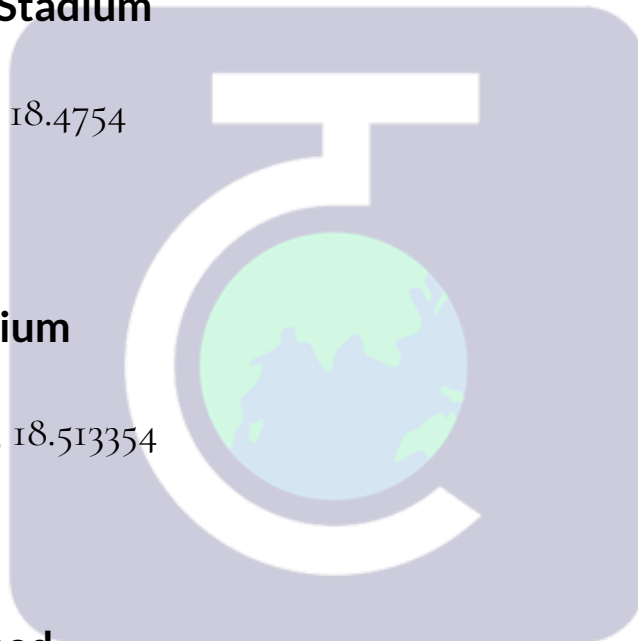
Location : -33.9070139, 18.4184350000000045

Time Required : 0

Buy Ticket : No

7.2.5. Green Market Square

Zipcode : 0



Location : -33.92269, 18.420122

Time Required : 0

Buy Ticket : No

7.2.6. Kloof Street

Location : -33.931754, 18.40884

Time Required : 0

Buy Ticket : No

7.2.7. Bree Street

Location : -33.921911, 18.417415

Time Required : 0

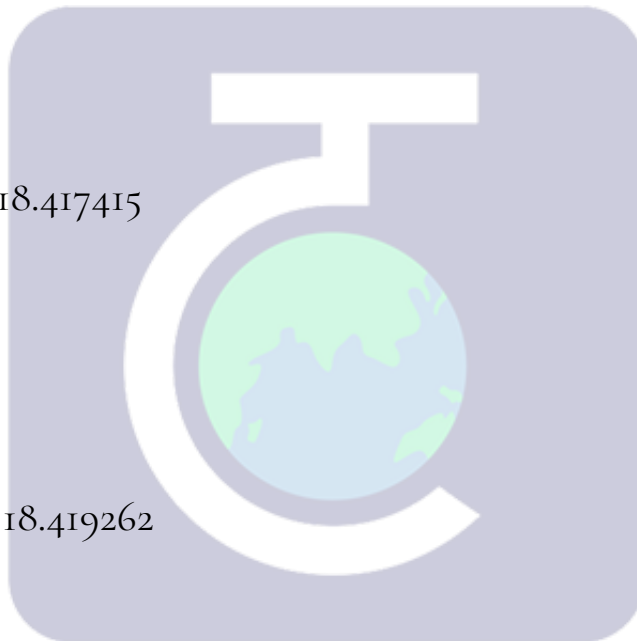
Buy Ticket : No

7.2.8. Loop Street

Location : -33.921198, 18.419262

Time Required : 0

Buy Ticket : No



7.2.9. Woodstock

Woodstock is a major hub for shopping for contemporary designs and edgy art.

Address : Cape Town 7925, South Africa

Zipcode : 7925

Location : -33.92415769999999, 18.454311299999972

Time Required : 0

Buy Ticket : No

7.2.10. City Center

City Centre offers a wide variety of retail options from personal boutiques to high-end African art.

Address : Keerom St, Cape Town City Centre, Cape Town, 8000, South Africa

Zipcode : 8000

Location : -33.9249359, 18.417464999999993

Time Required : 0

Buy Ticket : No

7.2.11. City Hall and Grand Parade

City Hall is built in Italian Renaissance style and one of the last few Victorian-styled buildings remaining in the mother city. It is home to the famous Cape Philharmonic Orchestra and also the same spot from where Nelson Mandela delivered a sermon to the world after 27 years in prison.

Address : Grand Parade Corner, Cape Town City Centre, Cape Town, 8000, South Africa

Zipcode : 8000

Location : -33.9253452, 18.423795899999996

Contact : +27 21 487 6800

Nearest Public Transport : darling bus station

Open & Close Timing : Daily: 07:45hrs-15.00hrs

Time Required : 1

Expected Wait Time : 5 minutes

Buy Ticket : No

7.2.12. Cape Town International Convention Centre

This is a modern conference and convention centre which has been regarded as one of the best of its kind in the southern hemisphere. Located in the hub of the city's entertainment and business district, the Cape Town International Convention Centre is known for hosting a number of concerts, stage shows and events.

Address : Convention Square, 1 Lower Long St, Cape Town, 8001, South Africa

Zipcode : 8001

Location : -33.916442799999999, 18.4279755999999968

Contact : +27 21 410 5000

Website : <http://cticc.co.za/>

Nearest Public Transport : Convention Centre bus station

Open & Close Timing : Daily- Open 24 hours

Time Required : 2

Expected Wait Time : 5 minutes

Buy Ticket : No

7.2.13. Camps Bay Beach

Camps Bay Beach has long been a favored destination for overseas visitors to Cape Town. It is a family-friendly beach that remains vibrant throughout the year, especially in December. The beach is the blue flag beauty with its manicured shoreline and dazzling sunsets.

Address : 63 Victoria Road, Camps Bay, Cape Town, 8040, South Africa

Zipcode : 8040

Location : -33.9506622, 18.377642599999945

Nearest Public Transport : whale rock bus station

Open & Close Timing : Daily- Open 24 hours

Time Required : 2

Buy Ticket : No

7.2.14. Green Point Park

It is popularly known as the Moaning Minnie and houses the colorful and newly built Green Point Lighthouse. Around this area is the Cape Town Stadium and a people's park, which includes a lot of options for outdoor activities.

Address : 1 Fritz Sonnenberg Rd, Green Point, Cape Town, 8051, South Africa

Zipcode : 8051

Location : -33.904106800000001, 18.401096400000003

Contact : +27 21 417 0120

Website : <https://www.capetown.gov.za/en/CapeTownStadium3/Pages/Greenpoint-park.aspx>

Nearest Public Transport : three anchor bay bus station

Open & Close Timing : Daily- 07:00hrs–19:00hrs

Time Required : 2.5

Expected Wait Time : 15 minutes

Buy Ticket : No

7.2.15. Mariner's Wharf

Mariner's Wharf is Africa's first harbor front emporium and many maritime artefacts have been worked into its décor. The harbor comprises of small functional vessels and presents Cape Town's freshest catch of the day. The wharf is very popular for walks, water sports, fine white sand and a conveniently accessible beach. It also provides tourists with plenty options for enjoying fresh and sumptuous seafood and shopping for marine antiques.

Address : Harbour Rd, Hout Bay Harbour, Cape Town, 7806, South Africa

Zipcode : 7806

Location : -34.04752, 18.3483516

Contact : +27 21 790 1100

Website : <http://www.marinerswharf.co.za/>

Nearest Public Transport : North shore bus station

Open & Close Timing : Daily- Open 24 hours

Time Required : 2.5

Expected Wait Time : 10 minutes

Buy Ticket : No

7.2.16. Clifton Beaches

Located in an opulent neighborhood of Cape Town, Clifton Beach is one of the most immaculate beaches you will come across. It comprises of 5 shores that are frequented by travelers, one of which is immensely popular with the LGBT community.

Address : 67 fourth beach promenade, clifton, cape town, 8005, south Africa

Zipcode : 8005

Location : -33.9365305, 18.377349999999998

Nearest Public Transport : clifton 2nd bus station

Open & Close Timing : Daily- Open 24 hours

Time Required : 3

Expected Wait Time : 15 minutes

Buy Ticket : No

7.2.17. Robben Island Museum

Located 30 minutes from the city, is the Robben Island, which is known for its terrific museum. Out of his 27 years in prison, Nelson Mandela served 18 years in

this island's prison. The museum thus symbolizes human rights, self-sacrifice and justice. It signifies the diversity of culture, not only to the South African society but also to the world.

Address : Robben Island, Cape Town, 7400, South Africa

Zipcode : 7400

Location : -33.79975389999999, 18.372283400000015

Contact : +27 21 409 5100

Website : <http://robben-island.org.za/>

Nearest Public Transport : La Paloma bus station (not recommended)

Open & Close Timing : Daily: 07:30hrs-18:00hrs

Time Required : 2.5

Expected Wait Time : 10 minutes

Buy Ticket : No

7.2.18. V & A Waterfront

Located near the Gateway to Robben Island and Table Bay, the Victoria & Alfred Waterfront has a lot to see and do, making it a very popular destination amongst the tourists. It also has a number of different attractions and boat rides as well. You can nibble on some good food at the various restaurants and bars or visit an aquarium nearby.

Address : V&A Waterfront, Cape Town, 8002, South Africa

Zipcode : 8002

Location : -33.9060766, 18.423153800000023

Contact : +27 21 408 7600

Website : <http://www.waterfront.co.za/>

Nearest Public Transport : Waterfront Silo bus station

Open & Close Timing : Daily- 09:00hrs-21:00hrs

Time Required : 2.5

Buy Ticket : No

7.2.19. Rhodes Memorial

Located on the northern flank of the Table Mountain, the Rhodes Memorial was built in the memory of Cecil John Rhodes who contributed greatly to the formation of the sub-continent. There is also a restaurant in the name of Cecil

John Rhodes by the name Rhodes Memorial Restaurant that you can grab a quick bite from.

Address : Rhodes Ave, Devil's Peak, Cape Town, 7700, South Africa

Zipcode : 7700

Location : -33.95236029999999, 18.459081299999998

Contact : +27 21 687 0000

Website : <http://rhodesmemorial.co.za/>

Nearest Public Transport : Upper roodebloem bus station (not recommended)

Open & Close Timing : Daily- Open 24 hours

Time Required : 1.5

Expected Wait Time : 10-15 minutes

Buy Ticket : No



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8. Key sites sports & adventure

Quench your thirst for adventure at the legislative capital city of South Africa. From Scuba Diving into the sea to shark cage diving, or race against the wind by kitesurfing, Cape Town has everything you'll need to experience that taste of thrill and adventure at South Africa.

- **Scuba Diving -**

Address : 38 Mountain Rd, Kommetjie, Cape Town, 7975, South Africa

Location : -34.1428794,18.3319716999999

Contact No : +27 72 603 8630

Website : <http://www.scubashack.co.za/>

Nearest Public Transport : fish hoek train station (not recommended)

Entry Fees : R1300

Open / Close Time : Daily- 08:00hrs-20:00hrs

Time Required : 3

Wait Time : 30 minutes

- **Shark Cage Diving -**

Address : 9 Kusfront, Van Dyks Bay, 7220, South Africa

Location : -34.6157776,19.35541

Contact No : +27 21 671 4777

Website : <https://www.sharkcagediving.co.za/>

Nearest Public Transport : gansbaai train station

Entry Fees : Adults R1600, Children: R1050

Open / Close Time : Daily- 07:00hrs-21:30hrs

Time Required : 3

Wait Time : 15 minutes

- **Kitesurfing -**

Address : 68 Beach Blvd, Table View, Cape Town, 7441, South Africa

Location : -33.81463,18.4724499

Contact No : +27 72 902 7899

Website : <http://high-five.co.za/welcome-at-high-five-kitesurfschool-outdoor-adventures>

Nearest Public Transport : seal bus station

Entry Fees : Adults R3700

Open / Close Time : Daily- 08:00hrs-20:00hrs

Time Required : 2.5

Wait Time : 10 minutes



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9. Adventure sports, Local sports, stadiums

Football, rugby and cricket are the most leading outdoor sports in the country. Some of the most prominent sport stadiums of Cape Town include the Cape Town Stadium, Hartleyvale Stadium, Blue Downs Stadium, Tulfhall Stadium.

- **Cape Town Stadium:**

Address : Fritz Sonnenberg Rd, Green Point, Cape Town, 8051, South Africa

Location : -33.904791,18.409845099999984

Contact No : +27 21 417 0120

Website : <http://capetown.gov.za/>



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10. Spas and relaxation

When in Cape Town for a vacation, it is advised that you escape from the chaos of the city at least once to relax and rejuvenate yourself. Some of the best spa and wellness centers in the city are:

- **Cape Grace Rooftop Spa:**

Address : Victoria & Alfred Hotel Waterfront, W Quay Rd, V & A Waterfront, Cape Town, 8002, South Africa

Location : -33.9085756,18.420427700000005

Contact No : +27 21 410 7100

Website : <https://www.capegrace.com/>

- **Enmasse:**

Address : gate 2, schoonder St, Cape Town, 8002, South Africa

Location : -33.933426,18.418030999999928

Contact No : +27 21 461 5650

Website : <http://www.enmasse.co.za/welcome.html>

- **Romney Park All Suite Hotel and Spa:**

Address : Hill Rd, Green Point, Cape Town, 8051, South Africa

Location : -33.909852,18.402444000000006

Contact No : +27 21 439 4750

Website : <http://www.romneypark.co.za/spa/about/>

- **12 Apostles Hotel & Spa:**

Address : Victoria Street, Camps Bay, Cape Town, 8005, South Africa

Location : -33.9835262,18.358967900000004

Contact No : +27 21 437 9000

Website : <http://www.12apostleshotel.com/>



11. Events calendar

Month

Events

Winelands' harvest festivals

Winelands' harvest festivals
celebrates the previous
season's yields and rejoice in
the abundance of the produce.
Cape Town Cycle Tour


It is a 109 km route that interest
people from across the world.
The route starts from the city
center and ends at the Green
Point. Registrations begin the
previous year in September.
South African Cheese Festival

This showcases some of the best
local and international cheese.
You can also meet the makers of
these wonderful cheese.
Cape Town Marathon

Established in 2007, it provided
runners with a feasible race.
Runners can compete in the 42.2
or the 10 km route.
**Kirstenbosch Summer Sunset
Concerts**

Every year, we get to see

different genres of concerts at the Kirstenbosch botanical gardens. On 20th November, Jimmy Nevis will be performing at the Kirstenbosch NBG and on 27th November, The 3rd Generation Band and Jah Prayzah are performing. City Center Christmas Market & New Year's Eve Celebrations



This is the time of the year when the city turns into an old-style marketplace where merchants put up small wooden booths and sell handmade items like Bohemian treats, arts & crafts, toys etc.

International Short Film festival

The screenings of the festival is done at V&A Waterfront, Cape Town. The Festival starts from Dec 10-Dec 16. 2016.

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12. Key local guides and tours

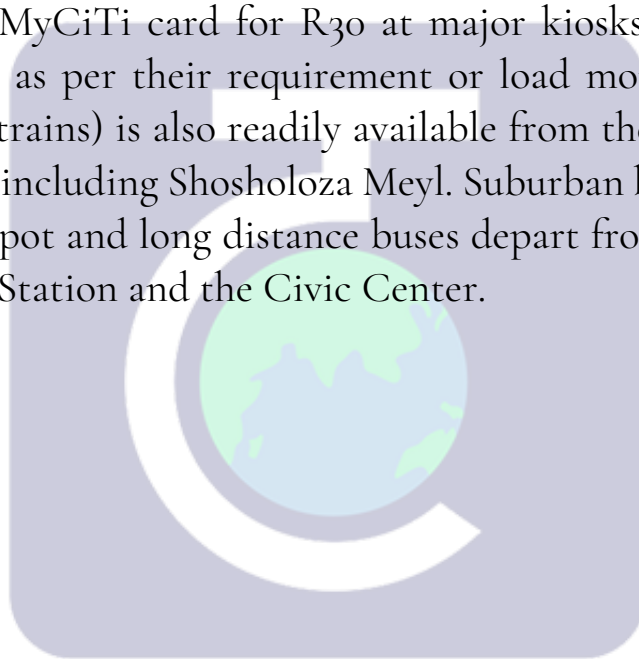
Although Cape Town is a city best explored on your own, having a local guide will help you gain a more immersive experience. There are many custom private tours like the Wine tour, walking tours, peninsula tours and harbour cruises available in the city and you may pick one based on your preference and the company.



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13. Transportation hubs

Cape Town International airport is located 20 kilometres from the city centre. It takes roughly 20-30 minutes from the airport to reach the city center by the My CiTi Airport service through a dedicated bus lane that offers trips at R35. Services are available between 05:00hours to 21:00hours with buses every 30 minutes. Taxis from the airport to the city centre costs between R180-R240. TCT offers their flagship MyCiTi card for R30 at major kiosks. Travellers can load money on their card as per their requirement or load money as points. Public transport (suburban trains) is also readily available from the Cape Town railway station aka Kaapstad including Shosholozza Meyl. Suburban buses depart from the Grand Parade bus depot and long distance buses depart from the depot between Cape Town Railway Station and the Civic Center.



Index**14. Transportation cost**

Metered taxis are available in the city and are charged basis the distance you travel on the service. However, there is a differential pricing based on the time of the day you travel. A 3 km taxi ride in Cape Town costs between R24 to R30.



Index**15. Baggage allowance**

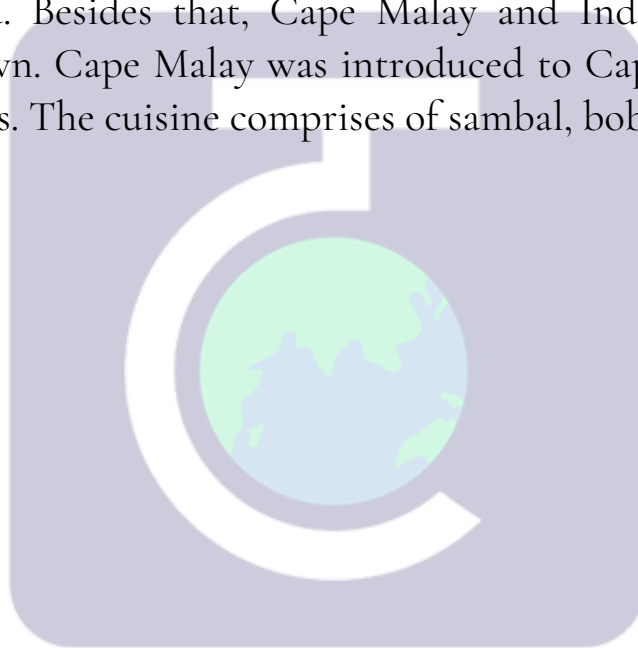
Suburban and out bound trains from Cape Town have no limit on the baggage that can be carried on board. The recommendation is however that tourists travel light with minimum or light baggage.



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16. Must try food and local savouries

Cape Town is considered a popular for a number of different cuisines that it associates itself with. Some of the most popular cuisines include the seafood courtesy its proximity to the ocean, Afrikaans that is particularly an influenced form of Dutch cuisine comprising of Boerewors (sausage), braai (barbeque). It is also famous for its dried salted meat or biltong and fruits that are pickled in lime water and preserved. Besides that, Cape Malay and Indian cuisine is highly popular in Cape Town. Cape Malay was introduced to Cape Town through the Middle Eastern Slaves. The cuisine comprises of sambal, bobotie, pickled fish and sosaties.



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17. Restaurant & Nightlife

While in Cape Town, South Africa one must definitely visit Cape Town City Centre for the best restaurants and nightclubs in the city. Following are few of the restaurants and nightclubs in Cape Town: Cape Town has four major areas for nightlife: Victoria Road in Camps Bay, also known as the 'sunset strip', Long Street that attracts an eclectic pan African crowd and upper Kloof Street.

Food -

While in Cape Town, South Africa one must definitely visit Cape Town City Centre for the best restaurants and nightclubs in the city. Following are few of the restaurants and nightclubs in Cape Town: Cape Town has four major areas for nightlife: Victoria Road in Camps Bay, also known as the 'sunset strip', Long Street that attracts an eclectic pan African crowd and upper Kloof Street.

- **Gold Restaurant:**

Address : 15 Bennett St, Green Point, Cape Town, 8005, South Africa

Location : -33.912886,18.419100000

Contact No : +27 21 421 4653

Website : <http://www.goldrestaurant.co.za/>

Open / Close Time : Daily- 18:30hrs-23:00hrs

- **Fish on the Rocks:**

Address : 1 Harbour Rd, Cape Town, 7872, South Africa

Location : -34.0551816,18.348022300

Contact No : +27 21 790 0001

Website : <http://www.fishontherocks.com/>

Open / Close Time : Daily- 10:00hrs–20:00hrs (Winter) 10:00hrs-21:00hrs (Summer)

- **The Africa Cafe:**

Address : 108 Shortmarket Street Cape Town city centre, Cape Town, 8000, South Africa

Location : -33.920539,18.417733999

Contact No : +27 21 422 0221

Website : <http://www.africacafe.co.za/>

Open / Close Time : Monday to Saturday: 18:00hrs-23:00hrs Sunday: Closed

- **The Opal Lounge Restaurant:**

Address : 189 Buitengracht St, Gardens, Cape Town, 8001, South Africa

Location : -33.9268396,18.410856200

Contact No : +27 21 422 4747

Website : <http://www.theopallounge.co.za/>

Open / Close Time : Tuesday to Thursday, Sunday: 17:00hrs-00:00hrs
Friday & Saturday: 17:00hrs-02:00hrs Monday: Closed

- **Aubergine Restaurant:**

Address : 39 Barnet Street, Gardens, Cape Town, 8001, South Africa

Location : -33.93215300,18.416175000

Contact No : +27 21 465 0000

Website : <http://www.aubergine.co.za/>

Open / Close Time : Wednesday to Friday: 12:00hrs-14:00hrs and
18:00hrs-22:00hrs Saturday, Monday & Tuesday: 18:00hrs-22:00hrs
Sunday: Closed

- **Blues:**

Address : The Promenade, Victoria Road, Camps Bay, Cape Town, 8040, South Africa

Location : -33.9531864,18.377353599

Contact No : +27 21 438 2040

Website : <http://www.blues.co.za/>

Open / Close Time : Daily- 12:00hrs–23:00hrs

- **Den Anker:**

Address : Pierhead, Victoria & Alfred Waterfront, Cape Town, 8001, South Africa

Location : -33.9062322,18.421196900

Contact No : + 27 21 419 0249

Website : <http://www.denanker.co.za/>

Open / Close Time : Daily- 11:00hrs–00:00hrs

- **Asoka:**

Address : 68 Kloof Street, gardens, Cape Town, 8001, South Africa

Location : -33.9323941,18.408382899

Contact No : + 27 21 422 0909

Website : <http://asoka.za.com/>

Open / Close Time : Monday to Saturday: 17:00hrs-02:00hrs Sunday: Closed

- **Julep:**

Address : Vredenburg Lane, Cape Town City Centre, Cape Town, 8000, South Africa

Location : -33.9263283,18.415253399

Contact No : +27 21 423 4276

Website : <http://www.julep.co.za/>

Open / Close Time : Tuesday to Saturday: 18:00hrs-02:00hrs Sunday: 18:00hrs-00:00hrs Monday: Closed

- **Café Caprice:**

Address : 37 Victoria Rd, Camps Bay, Cape Town, 8005, South Africa

Location : -33.9507065,18.378710100

Contact No : +27 21 438 8315

Website : <http://cafecaprice.co.za/>

Open / Close Time : Tuesday to Saturday: 09:30hrs-02:00hrs Sunday: 09:30hrs-00:00hrs Monday: 12:30hrs-02:00hrs

- **Alexander Bar:**

Address : 76 Strand Street, Cape Town City Centre, Cape Town, 8000, South Africa

Location : -33.919903,18.420584999

Contact No : +27 21 300 1088

Website : <http://alexanderbar.co.za/>

Open / Close Time : Monday to Saturday: 11:00hrs-01:00hrs Sunday: 15:00hrs-00:00hrs

Index**18. Average meal cost**

A three-course meal in Cape Town costs as following: • Expensive restaurant (expat area): R498 • Inexpensive restaurant: R180 • Mid-range restaurant: R290 • Average alcohol price: A beer pint in Cape Town costs between R15 to R30



Index**19. Shopping**

A great place to start your shopping experience in Cape Town is near the Green Market Square up until Long Street. Other major areas to shop in Cape Town include Kloof Street, Bree Street and Loop Street.



20. Tourist benefits

VAT in South Africa is at 14% of purchases and services. Foreign tourists are allowed to reclaim their value added tax on a collective purchase of more than R250 at multiple offices for refund in the city. The VAT office for refund is also set up at the Cape Town International Airport.



Index**21. Essential local apps**

One should have these following apps for sure with them when travelling to Cape Town include- Uber to book a taxi on the go, Cape Town Creative helps to find the various local events and also helps to connect with Cape Town's creative community, SnapScan helps to pay for goods purchased by scanning bar codes on the goods since your credit card is linked with the snapscan app.



Index**22. Driving**

Every person who drives a motor vehicle in South Africa must carry either a driver's license issued by South Africa itself or an international driver's license that is accepted in the South Africa including one from his/her home state. The speed limit on urban freeways and highways are 120 km/h whereas it is restricted to 100 km/h on secondary and rural roads.



Index**23. Travel essentials**

The standard electricity supply in the Cape Town is 230 volt – 50 Hz AC, 15 A and plugs have two or three prong round pins. Remember to bring an adapter or converter if you need it.



24. Essential clothes

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25. Local currency

The official currency of South Africa is the South African Rand. The current exchange rate in South Africa is 1 USD= 14 ZAR.



26. Change vendor's commission, ATM charges

Credit cards are accepted at most or all shops, restaurants and hotels. South Africa has a sophisticated banking and commercial set up. The Unique Rand Card (UR Card) is a good way to carry money in the absence of credit cards. It offers discounted accommodation and travel packages. It is very easy to find ATMs in the mother city of Cape Town. Travelers cheques are accepted everywhere in Cape Town. ATMs allow you to withdraw an amount of R3000 in one transaction. Visa cards offer good exchange rates at South African bank ATMs. It is advised that you check with your local bank about the fee that is applicable as a charge for every transaction.



Index**27. Staying connected**

Most hostels, hotels, cafes and restaurants in Cape Town offer free wi-fi facility to their customers. As far as cell phone connectivity goes, the city is covered by the GSM 900/ 1800/ GPRS/ HSPDA network. There are three main operators in the city i.e MTN, Cell C and Virgin Mobile and Telkom.



28. Time Zone

Cape Town observes SAST. It is CET (UTC+2)



Index**29. Languages**

The most commonly spoken language in Cape Town is Afrikaans, English is also commonly understood. The localites have a number of colloquial words for a number of things. Although English is one of the 11 official languages in South Africa, it could become a problem communicating with the locals in the language. However the friendly nature of the city should help you with it.



Index**30. Political Scenario**

Cape Town is the home to the Western Cape Provincial Parliament which is the legislative branch of the provincial government. The provincial parliament is headed by head of the departments. The local governance is handled by the City of Cape Town Metropolitan Authority which is divided into five district municipalities and 24 local municipalities.



31. Economic Scenario

Cape Town is a moderate sized city that positions generally amidst most global indices. It is regularly depicted as South Africa's 'second city' after Johannesburg, both as far as its size and the scale and economic activity. The city highlights an expected GDP of US\$ 38 billion and a GDP for each capita of \$ 16 000, highlighting that it is mostly middle income. It represents around 11% of financial earnings in the nation in general and an entire 75% of all monetary earnings in the Western Cape.



Index**32. Religious belief**

Christianity is one of the most dominant religion in South Africa. The census report of 2001 showed a total of 80% of the entire population to be Christians. Islam comprises of about 2 % of the population and is a distant minority. Hinduism makes up about 1.2% of the South African population.



Index**33. Visa requirements**

The visa requirements are different for different countries of residence of the traveller. Visa requirements depending on the country of residence can be found on: <http://www.dha.gov.za/index.php/immigration-services/exempt-countries> It is advisable to keep 2 pages free in your passport for arrival and departure stamps. In certain cases, it has been observed that applying and receiving a visa can be a process of 20-30 days. Hence, it is essential that you check the timeline with the relevant authority in the country where you intend to make the visa application.



Index**34. Essential vaccination**

One does not need to take any specific vaccination before entering this country. All other vaccines are recommended for taking travels to South Africa. Advice: There is no risk of yellow fever in South Africa. The government of South Africa requires proof of yellow fever vaccination only if you are arriving from a country with risk of yellow fever. This does not include the US. If you are traveling from a country other than the US, check this list to see if you may be required to get the yellow fever vaccine: <http://wwwnc.cdc.gov/travel/yellowbook/2016/infectious-diseases-related-to-travel/yellow-fever#4728>



Index**35. Theft and Safety**

South Africa as a country is one of the safest countries in the world where there is zero tolerance for crimes. It is advised that you do not carry large sums of cash and valuables in the open. Visitors are advised to be wary of street children and beggars who may approach you for alms. Keep your photocopies of documents on you at all times and be vigilant around ATMs and be known of emergency numbers in Cape Town.



Index**36. Embassy/Consulate**

A list of foreign embassies and consulates of Cape Town, South Africa can be seen online at: <http://embassy.goabroad.com/embassies-in/south-africa>



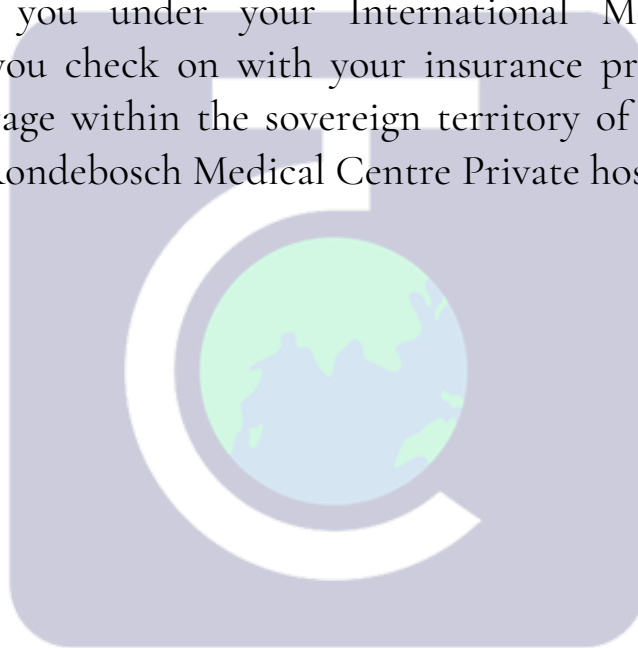
37. Accessibility

Cape Town as a destination is wheelchair and disabled friendly. An organisation called the Accessible Cape Town provides useful access level information for disabled and old visitors. It also aims to help people with other disabilities. For further details, follow: <http://www.accessiblecapetown.com/>



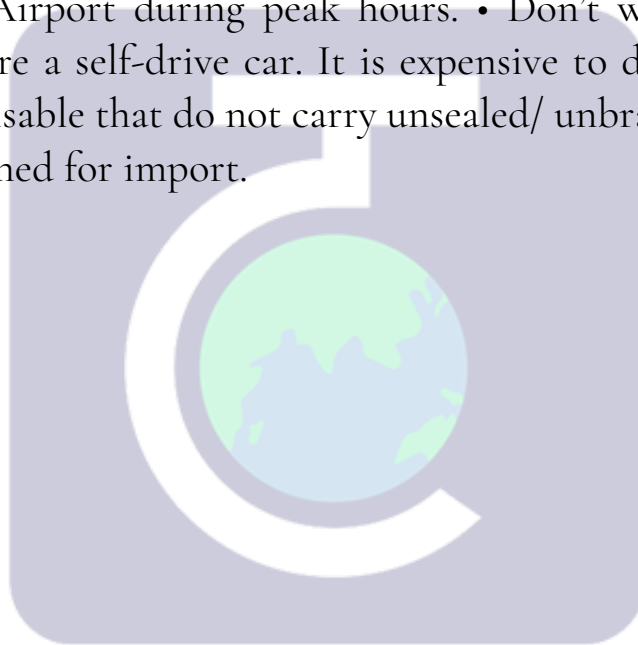
Index**38. Emergencies**

All emergencies in Cape Town can be reported on 107, the single emergency telephone number. The calls made to this number are toll free and can be completed from any Telkom phone and link you to all emergency services. The hospitals in Cape Town are state of the art with complimentary pharmacies that also remain 24X7. These hospitals have highly trained doctors. Most hospitals in Cape Town cover you under your International Medical policy, it is recommended that you check on with your insurance providers to check the extent of their coverage within the sovereign territory of South Africa. • New Somerset hospital • Rondebosch Medical Centre Private hospital



Index**39. Do's and Don'ts**

Do's • Do keep an eye on your belongings at all times, especially in the tourist areas. • It is advisable to carry a certified doctor's prescription along with the medicines to ensure hassle free import clearance. • Haggle for the best price in Cape Town. Don'ts • Never count/ exchange your money on the street. • Don't flag down a taxi on the street but book it from a reliable source beforehand. • Avoid Cape Town Airport during peak hours. • Don't wander near the City Centre at night • Hire a self-drive car. It is expensive to drive and it is equally dangerous. • It is advisable that do not carry unsealed/ unbranded food articles as the same may be banned for import.



Index**40.Tipping basics**

Tipping and rounding up of restaurant bills and taxi fares is common. The usual tipping amount is 5 - 10% of the total bill. Tips are paid in cash directly to the waiters even if you've made the payment using a credit card.



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41.Pet info

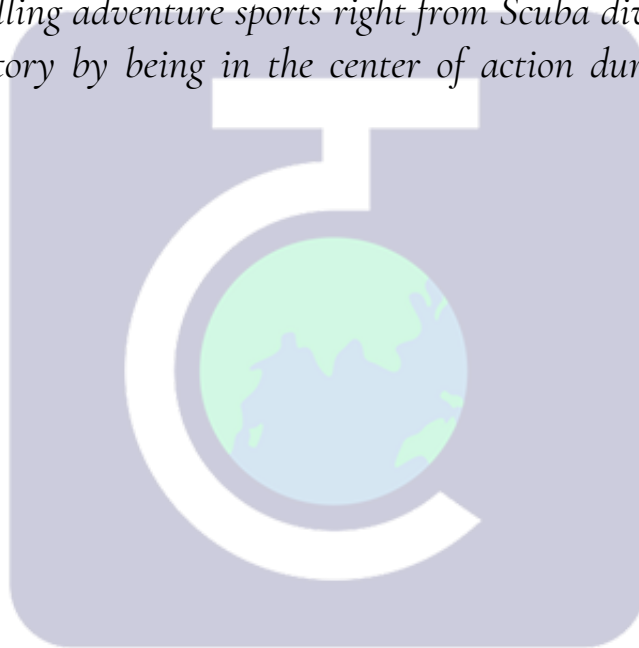
South Africa has set regulations for pets entering the mainland. All animals are microchipped with a 15 digit ISO microchip. It requires an application submitted to the Director of Animal Health, post which a Veterinary Import permit is issued.



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Conclusion – Why to select this destination

Cape Town is one of the most beautiful and best preserved places on earth. With its beautiful beaches, mountains and stunning natural reserves, it appeals to tourists of all ages. It offers plenty of space for children to roam outdoors, encounter wildlife. Cape Town has come to be known as a popular travel destination and if you are someone who enjoys natural beauty along with cultural diversity, you will definitely love this city! The city is also known for the thrilling adventure sports right from Scuba diving to Kitesurfing. It is also known for its history by being in the center of action during the Apartheid and Architecture.



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