

## **LAKE RIDGE ASSISTED LIVING**

### **HCBS (Home & Community Based Services) Rights for People Receiving Services**

The information below describes your rights while receiving services and supports from this program.

#### **Lease**

You have a right to have a lease which outlines the rights, rules, responsibilities and protections for both the resident and the provider. It is a legal contract, so please read it carefully.

#### **Lockable Doors**

All people receiving HCBS services have the right to privacy, including a lockable door. If staffs have access to your apartment, they will knock on the door before entering. You have a right to lock your door and to have a key of your own. Management will notify you of any scheduled appointments which require access to your apartment. However, there are times when management may have to enter your apartment without notice, such as safety or emergency concerns.

#### **Furnishings and Decorations**

You have the right to furnish and decorate your apartment as you wish. Personal effects like pictures, mementos and furnishings that make your home unique are welcome. Your lease outlines modifications that may require prior authorization from management.

#### **Roommates**

We do not have shared apartment suites at Lake Ridge Assisted Living.

#### **Daily Schedule**

You have the right to determine how you spend your time, who you want to spend time with, and which activities you want to participate in. You also have the right to decline participation in activities. The schedule of planned activities is distributed each month and posted in the dining and mail areas or by request from the Activity Director. If you have ideas for future activities, please relay these to the Activity Director. Information about local community activities and events is posted in the dining and mailing areas or by request from the Housing Director. Information about transportation options and assistance is available by requesting it from the Housing Director. Meal times are posted by the dining room. If you know you will not be present for mealtime, you can request your meal be saved for later. You can ask any care staff to request this. Food and beverages may be kept in your apartment so that you may access them at any time.

### **Visitors**

You have the right to welcome visitors at any time, including overnight. You have the right to visit with them in your apartment or any of the common areas. Please see the lease for details on having guests that will be staying overnight for extended periods of time.

### **Accessibility**

Lake Ridge Assisted Living is designed to be accessible to all residents. If you feel that certain environmental modifications should be made to your apartment to meet your needs, you may request a reasonable accommodation by contacting the Housing Director. You have the right to the use of and access to common area of the building, including shared living areas, dining rooms, outdoor space and personal laundry rooms. Based upon an assessment of your needs, you may reside in an apartment that is located in a part of the building that has managed entry and egress. Your plan will reflect the need for this to ensure safety.

### **Employment**

If you are employed or choose to volunteer, you have a right to have a work or volunteer schedule of your choice. We offer flexibility in our services to accommodate your schedule.

### **Community Life**

Lake Ridge Assisted Living wants to provide residents with opportunities to access and engage in local community life. For the convenience of our residents, we offer onsite services such as a beautician, podiatry, occupational and physical therapy appointments on-site. However, you are always free to use any community provider of your choice. Please ask the Housing Director if you need resources.

### **Control of Money**

Lake Ridge Assisted Living does not provide money management services for residents. If you need assistance with managing your personal funds, contact Wright County as they can assist with locating a financial worker.

### **Privacy**

Staff will respect your right to privacy, and will follow policies that ensure that you're personal, financial, service, health and medical information is kept private. Please refer to the Minnesota Home Care Bill of Rights for Assisted Living Clients of Licensed Only Home Care Providers, a copy of which was given to you when you moved into The Homestead, for a listing of your rights relating to privacy. If you need an additional copy of this document, contact the Housing Director.

**No Force/Restraint**

Lake Ridge Assisted Living ensures freedom from coercion and restraint for all residents, where their preferences and choices are accounted for and honored. Staff is trained in its policies that prohibit abuse, neglect and financial exploitation. Residents and responsible parties are provided with information about how to file complaints and concerns. Reports that are filed anonymously will be given the same investigative follow up as those that are submitted with identifying information. This process is located under the Grievance section of the Resident Handbook.

**Independent Choices**

Lake Ridge Assisted Living optimizes individual initiative, autonomy, and independence for you to make your own life choices, including daily schedule and with whom to interact. Staff is trained in person centered care, and honors your choices, interests and preferences. You are encouraged to plan your daily schedule that suits your needs. We support you in finding balance between your independence and receiving the care you need. We encourage your input and want you to advocate for the community living experience you desire.

Signing below confirms I have received a copy of these rights and had the opportunity to ask questions

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Person receiving HCBS services