Grundy SM, et al. J Am Coll Cardiol. 2019: e309-Table 7

## KNOW IT BY HEART: YOUR JOURNEY WITH PLAQUE **BUILDUP IN YOUR ARTERIES (ASCVD)**

This resource is a suggested guide only; each patient's journey varies on an individual basis.

Grundy SM, et al. J Am Coll Cardiol. 2019: e322-Table1

Lloyd-Jones DM, et al. J Am Coll Cardiol. 2022: 1371-A-1; 1375-Table 3; 1376-Table 3; 1377-Table 3

Grundy SM, et al. J Am Coll Cardiol. 2019: e289-Table 1

**General Guidance When Visiting Your HCP: Discuss:** 

to lower bad cholesterol (LDL-C)

- > The importance of monitoring bad cholesterol (LDL-C)
- > Ask questions if you don't understand something<sup>2</sup> > Available treatment options
  - Discuss your goals for lowering your LDL & cardiovascular risk<sup>2</sup>
  - Talk openly about any concerns or preferences regarding your treatment plan<sup>1,2</sup>



Discuss medication planning

& follow-up plan<sup>2</sup> <

Discharge:

Grundy SM, et al. J Am Coll Cardiol. 2019: e291-B-2

Lloyd-Jones DM, et al. J Am Coll Cardiol. 2022: 1380-Table 4

Grundy SM, et al. J Am Coll Cardiol. 2019: e327-A-2

Grundy SM, et al. J Am Coll Cardiol. 2019: e313-A-1; e329-B-2; 19-Table S7

Grundy SM, et al. J Am Coll Cardiol. 2019: e309-Table 7

As a patient with ASCVD, team-based care is available for your journey ahead2



**ACUTE CARE** 

Heart attack or stroke2

to safe levels1



OUTPATIENT CARE )



Discuss goals & treatment plan<sup>2,3</sup>

- > Consider discussing what your LDL-C levels should be & potential treatment options<sup>2,3</sup>
- ➤ Ask about a cholesterol test in 4-12 weeks after starting medicine(s)<sup>2</sup>

Grundy SM, et al. J Am Coll Cardiol. 2019: e291-B-2; e308-B-2; e311-Table 1

Grundy SM, et al. J Am Coll Cardiol. 2019 (Supplement): 21-Table S8; 22-Table S8

Grundy SM, et al. J Am Coll Cardiol. 2019: e311-Table 1

## Short-term Follow-up:

Monitor & customize your treatment plan<sup>2,3</sup>

- Continue to monitor LDL-C levels to see if you're at goal3
- It may be beneficial to ask about next cholesterol test (eg, every 4–12 weeks) & schedule next follow-up<sup>2</sup>

Long-term Follow-up:

Chronic care1-3

- Continue to monitor LDL-C levels to ensure you're at goal. If still unmet, you might want to consider a referral to a lipid specialist 1,3
- > It may be beneficial to ask about next cholesterol test (eg, annually or determined by the HCP)2

Grundy SM, et al. J Am Coll Cardiol. 2019 (Supplement): 21-Table S8

Lloyd-Jones DM, et al. J Am Coll Cardiol. 2022: 1383-Figure 1

Grundy SM, et al. J Am Coll Cardiol. 2019: e311-Table 1

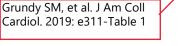
ASCVD, atherosclerotic cardiovascular disease; HCP, healthcare provider; LDL, low-density lipoprotein; LDL-C, low-density lipoprotein cholesterol

cardiovascular disease risk: a report of the American College of Cardiology Solution Set Oversight Committee. J Am Coll Cardiol. 2022;80:1366-1418. 2. Grundy SM, Stone NJ, Bailey AL, et al. 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA guideline on the management of blood cholesterol: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. J Am Coll Cardiol. 2019;73:e285-e350. 3. Grundy SM, Stone NJ, Bailey AL, et al. Supplement to: 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/ PCNA guideline on the management of blood cholesterol: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. J Am Coll Cardiol. 2019:73:e285-e350.

© Amgen 2023. All rights reserved. USA-CCF-80381







Grundy SM, et al. J Am Coll

Cardiol. 2019 (Supplement):

21-Table S8