

Medical Report

Patient Name: John Doe

Age: 29

Gender: Male

Date of Visit: 2025-04-05

Physician: Dr. Amanda Blake, MD - Speech and Language Pathologist

Chief Complaint:

The patient reports frequent disruptions in speech, including involuntary repetition of sounds and syllables. Symptoms began during childhood and have worsened under stress.

Medical History:

- No history of neurological disorders.
- Normal hearing test results.
- No prior speech therapy.

Clinical Observations:

- Stuttering observed during conversational speech.
- Repetition of initial consonants and blocks were present.
- Tension in facial muscles while speaking.
- Anxiety-related triggers noted.

Diagnosis:

- Developmental Stuttering (ICD-10 Code: F98.5)

Treatment Plan:

1. Referral to a certified Speech-Language Pathologist (SLP) for weekly fluency therapy sessions.

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2. Cognitive Behavioral Therapy (CBT) recommended to address anxiety associated with speaking.

3. Medication prescribed:

- Propranolol 10mg, to be taken once daily for anxiety control.
- Monitor for side effects such as fatigue or low blood pressure.

Follow-up:

- Review in 4 weeks with therapy progress assessment.
- Consideration of dosage adjustment based on anxiety levels and speech fluency.

Notes:

- Encouraged patient to join a local support group for people who stutter.
- Provided educational material about speech exercises for home practice.

Signature:

Dr. Amanda Blake

NPI: 1234567890