



Zizzi

ALLERGEN & DIETARY REQUIREMENTS MENU & NUTRITIONAL INFORMATION

.....

Do you have a food allergy?

If you have a food allergy, **please make sure you tell us when you order,**
even if you've had the dish before.



Our dish descriptions don't always mention every single ingredient, so please check the allergen tables in this booklet (page 7 onwards) if you have any allergies. Our allergen menu covers the 14 allergens specified by the Food Standards Agency*, and we've also included onion and garlic. Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. If you suffer from an allergy that is not covered in our allergen menu then please contact customer services in advance of your visit and our food team will help you choose suitable dishes.

*The Food Standards Agency does not classify pine nuts (pine kernels) as a nut. Pine nuts (kernels) are included in all variations of the following dishes: Pinoli Pizza, Ravioli di Capra and Bambini Bean & Basil Pesto Dip with Carrot and Cucumber Sticks.

Please note that allergens contained within our condiments & extra toppings are not included in this information. The cheese offered at your table contains milk and will alter the suitability of your dish.

Our fried items are cooked in the fryer with other gluten containing ingredients.

VEGAN MENU

Mains marked with a  contain fewer than 600kcal. V is for Vegetarian. Ve is for Vegan. All of our dishes are made to order, so unfortunately calorie counts can only be approximate. Keep an eye out for any pesky stray olive stones.

When placing your order, please specify that you'd like the Vegan option of this dish to your waiter to avoid confusion.

STARTERS

ZIZZI MIXED OLIVES Our mix of pitted green & purple olives in a garlic, red pepper & herb oil. **V Ve**

NOCELLARA GIGANTI OLIVES Giant bright green olives. Sweet, smooth & mild in flavour, served naked. Sourced from Trapani, Sicily. **V Ve**

VEGAN BRUSCHETTA Speciality tomatoes, red onion & roasted garlic marinated in extra virgin olive oil on toasted bread with super green pesto & fresh basil. **V Ve**

VEGAN GARLIC BREAD With roast garlic cloves, smoked garlic oil & rosemary. **V Ve**

VEGAN 'BEETBALL' POLPETTE Pink beetroot 'beetballs', oven-baked in a pomodoro sauce with melted Mozzarisella (made with coconut oil), chilli threads & fresh oregano. **V Ve**

ALL DISHES LISTED BELOW ARE SUITABLE FOR VEGANS.

Our dish descriptions don't always mention every single ingredient, so please check the allergen tables if you have any allergies. Our allergen tables cover the 14 allergens specified by the Food Standards Agency, and we've also included onion & garlic. Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. Please inform one of our team of your specific allergy or dietary requirement when ordering, even if you have eaten the dish previously. Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. Please note that allergens contained within our condiments & extra toppings are not included in this information. Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

PIZZA



VEGAN MARGHERITA Tomato, Mozzarisella (made with coconut oil) & basil. **V Ve Classic | Rustica**

VEGAN ZUCCA Tomato, Mozzarisella (made with coconut oil), roasted butternut squash, caramelised balsamic onions & spinach. **V Ve Classic | Rustica**

VEGAN PEPPERONATA Tomato, Mozzarisella (made with coconut oil), fire-roasted peppers, sunblush tomatoes, hot roquito chillies & pea shoots. **V Ve Classic | Rustica**

Extra pizza toppings **V Ve**
Caramelised balsamic onions | Mushrooms | Pine nuts | Black olives | Smoky tomatoes | Fire-roasted peppers | Red chillies | Hot roquito chillies | Smoked chilli jelly | Roquito pearls | Spinach | Super green pesto.

PASTA

Swap any of the below for our.....

 Wholewheat penne OR
Non-gluten containing fusilli

NEW LENTIL LINGUINE RAGÙ Rich Italian lentil ragù with baby sunblush tomatoes, kale & linguine. **V Ve**

VEGAN SPAGHETTI POMODORO Our tomato sauce with speciality tomatoes & basil. **V Ve** 

Additions **V Ve**

Fire roasted peppers | Field mushrooms | Pine nuts
Black olives | Red chillies | Roasted red onions | Spinach.

SIDES: **Sweet Potato Wedges** **V Ve** |
Fried Herby Potatoes **V Ve** | **Green beans** **V Ve**

DESSERTS & GELATO

STICKY CHOCOLATE & PRALINE TORTE

A dairy-free chocolate torte with a date, hazelnut, almond, cashew & walnut base. Served with coconut & chocolate ripple gelato. **V Ve**

BANANA & RASPBERRY CALZONE Warm sugared dough filled with banana, raspberries & strawberry & raspberry coulis. Served with crushed honeycomb & coconut & chocolate ripple gelato. **V Ve**

Gelato by the scoop 3 SCOOPS

Coconut & chocolate ripple **V Ve** |
Lemon sorbet **V Ve** | Strawberry sorbet **V Ve**

Extra toppings **V Ve**

Raspberry & strawberry coulis | Honeycomb

VEGAN WINES

Our wines are vegan-friendly (except for the Pinot Noir). Ask to see a main menu for the full list.

We now serve individual portions of soya milk as an alternative to our cow's milk for Americanos & teas only, just ask us.
Unfortunately due to the nature of our coffee machines, we cannot heat soy milk due to cross-contamination risks.

The dishes listed here may contain other allergens, please refer to the Allergen tables in this booklet for more information.

Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

NON-DAIRY MENU

Mains marked with a contain fewer than 600kcals. **V** is for **Vegetarian**. **Ve** is for **Vegan**. All of our dishes are made to order, so unfortunately calorie counts can only be approximate. Keep an eye out for any pesky stray olive stones and small bones from meat and fish items.

THE DISHES LISTED BELOW ARE MADE WITHOUT MILK CONTAINING INGREDIENTS. EGGS ARE NOT CLASSIFIED AS DAIRY.

Our dish descriptions don't always mention every single ingredient, so please check the allergen tables if you have any allergies. Our allergen tables cover the 14 allergens specified by the Food Standards Agency, and we've also included onion & garlic. Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. Please inform one of our team of your specific allergy or dietary requirement when ordering, even if you have eaten the dish previously. Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. Please note that allergens contained within our condiments & extra toppings are not included in this information. Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

When placing your order, please specify that you'd like the non-dairy option of this dish to your waiter to avoid confusion.

STARTERS

ZIZZI MIXED OLIVES Our mix of pitted green & purple olives in a garlic, red pepper & herb oil. **V Ve**

NOCELLARA GIGANTI OLIVES Giant bright green olives. Sweet, smooth & mild in flavour, served naked. Sourced from Trapani, Sicily. **V Ve**

NON-DAIRY BRUSCHETTA Speciality tomatoes, red onion & roasted garlic marinated in extra virgin olive oil on toasted bread with super green pesto & fresh basil. **V Ve**

NON-DAIRY GARLIC BREAD With roast garlic cloves, smoked garlic oil & rosemary. **V Ve**

CALAMARI Crispy squid rings with a lemon & rosemary aioli. **Starter / Main**

VEGAN 'BEETBALL' POLPETTE Pink beetroot 'beetballs', oven-baked in a pomodoro sauce with melted Mozzarisella (made with coconut oil), chilli threads & fresh oregano. **V Ve**

The dishes listed here may contain other allergens, please refer to the Allergen tables in this booklet for more information.

Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

PIZZA

Our non-dairy pizzas can be made using our non-gluten containing pizza base.

NON-DAIRY MARGHERITA Tomato, Mozzarisella (made with coconut oil) & basil. **V Ve Classic | Rustica**

NON-DAIRY ZUCCA Tomato, Mozzarisella (made with coconut oil), roasted butternut squash, caramelised balsamic onions & spinach. **V Ve Classic | Rustica**

NON-DAIRY PEPPERONATA Tomato, Mozzarisella (made with coconut oil), fire-roasted peppers, sunblush tomatoes, hot roquito chillies & pea shoots. **V Ve**

Classic | Rustica

MEAT & FISH

NEW NON-DAIRY PAN-SEARED SALMON Lightly smoked salmon fillet, with a warm salad of new potatoes, artichoke, rocket, baby sunblush tomatoes, green beans & pea shoots.

SIDES:

Fried herby potatoes V Ve | Green beans V Ve | Sweet potato wedges V Ve

We now serve individual portions of soya milk as an alternative to our cow's milk for Americanos & teas only, just ask us. Unfortunately due to the nature of our coffee machines, we cannot heat soya milk due to cross-contamination risks.

PASTA

Any of the below also available with . . .

Wholewheat penne **OR**
Non-gluten containing fusilli

NEW NON-DAIRY LENTIL LINGUINE RAGÙ Rich Italian lentil ragù with baby sunblush tomatoes, kale & linguine. **V Ve**

NON-DAIRY SPAGHETTI POMODORO Our tomato sauce with speciality tomatoes & basil. **V Ve**

Additions **V Ve**
Artichokes | Fire roasted peppers | Field mushrooms | Black olives | Red chillies | Roasted red onions | Spinach.

DESSERTS & GELATO

STICKY CHOCOLATE & PRALINE TORTE

A dairy-free chocolate torte with a date, hazelnut, almond, cashew & walnut base. Served with coconut & chocolate ripple gelato. **V Ve**

BANANA & RASPBERRY CALZONE Warm sugared dough filled with banana, raspberries & strawberry & raspberry coulis. Served with crushed honeycomb & coconut & chocolate ripple gelato. **V Ve**

Gelato by the scoop 3 SCOOPS

Coconut & chocolate ripple **V Ve** |
Lemon sorbet **V Ve** | Strawberry sorbet **V Ve**

Extra toppings

Raspberry & strawberry coulis **V Ve** | Honeycomb **V Ve**
Passion fruit coulis **V**

NON-GLUTEN MENU

Mains marked with a  contain fewer than 600kcals. **V** is for **Vegetarian**. **Ve** is for **Vegan**. All of our dishes are made to order, so unfortunately calorie counts can only be approximate. Keep an eye out for any pesky stray olive stones and small bones from meat and fish items.

When placing your order, please specify that you'd like the non-gluten option of this dish to your waiter to avoid confusion.

STARTERS

ZIZZI MIXED OLIVES **V Ve**

NOCELLARA GIGANTI OLIVES **V Ve**

NON-GLUTEN MINI 'LITTLE SOUL' BREADS

Freshly baked with garlic & smoked sea salt. **V**

Get dipping! Add garlic butter & red pepper tapenade **V**

BUFALA CAPRESE

Speciality tomato salad, Bufala mozzarella, bursting balsamic pearls & fresh basil. **V**

NON-GLUTEN FONDUTA FORMAGGI

A melting pot of three Italian cheeses: Gorgonzola, Alpine & Pecorino. Served with our non-gluten mini 'little soul' breads for dipping.

NON-GLUTEN GARLIC KING PRAWNS

Shell-on, pan-fried in garlic butter, smoky pepper pesto & white wine. With our non-gluten 'little soul' breads.

WILD BOAR POLPETTE

Oven-baked herby wild boar & pork meatballs in a pomodoro sauce with melted smoked mozzarella, grated riserva cheese & chilli threads.

VEGAN 'BEETBALL' POLPETTE

'Beetballs', oven-baked in a pomodoro sauce with melted Mozzarisella (made with coconut oil), chilli threads & fresh oregano. **V Ve**

NON-GLUTEN TOSCANA SOUP*

Blend of tomatoes, leeks, grilled peppers, curly kale & quinoa. Served with our non-gluten mini 'little soul' breads. **V**

DISHES MARKED WITH AN ASTERISK (*) INCLUDE A COMPONENT WHICH IS COOKED IN A FRYER/BOILER WITH OTHER GLUTEN CONTAINING INGREDIENTS.

Our dish descriptions don't always mention every single ingredient, so please check the allergen tables if you have any allergies. Our allergen tables cover the 14 allergens specified by the Food Standards Agency, and we've also included onion & garlic. Please note our restaurant teams do not hold information on any other allergens and due to the seriousness of allergies and food intolerances our restaurant teams will not be able to help select dishes. Please inform one of our team of your specific allergy or dietary requirement when ordering, even if you have eaten the dish previously. Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen or contamination free. Please note that allergens contained within our condiments & extra toppings are not included in this information.
Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

PASTA

The below sauces do not contain gluten, please ask for the dish with our non-gluten containing fusilli pasta.

NON-GLUTEN POMODORO

Bufala mozzarella, speciality tomatoes & basil. **V **

NON-GLUTEN CHORIZO CARBONARA

A classic with a twist: creamy carbonara sauce with pancetta, chorizo crumb, mushrooms & rosemary.

NON-GLUTEN BEEF BRISKET & VENISON

A beef brisket, venison, red wine & beef dripping ragù with fresh bufala mozzarella & crispy sage.

NON-GLUTEN PESTO ROSSO

Spicy chicken, red pesto, mascarpone & spring onions.

NON-GLUTEN BOLOGNESE

With fresh basil.

NON-GLUTEN KING PRAWN

King prawns & courgette ribbons in a hot roquito chilli, tomato, white wine & lobster sauce.

NON-GLUTEN POLLO PICCANTE

Spicy chicken in a creamy sauce with fresh tomatoes & baby spinach.

NON-GLUTEN LENTIL RAGÙ

Rich Italian lentil ragù with baby sunblush tomatoes, kale & fusilli. **V Ve**

Extra pizza toppings

Pepperoni | 'Nduja sausage | Torn roasted chicken | Spicy roasted chicken | Cotto ham. Mozzarella. **V**

Balsamic onions | Mushrooms | Black olives | Fire-roasted peppers | Pine nuts. **V Ve**

Chilli it up: Red chillies | Hot roquito chillies | Smoked chilli jelly. **V Ve**

CLASSIC PIZZA

Please ask for the below with our non-gluten containing pizza base.

NON-GLUTEN MARGHERITA

Tomato, mozzarella & basil. **V**

NON-GLUTEN PEPPERONI CAMPAGNA

Pepperoni, ham, mushrooms, mozzarella & rosemary.

NON-GLUTEN PINOLI

Goat's cheese, mozzarella, caramelised balsamic onions, sunblush tomatoes, pine nuts, riserva cheese & basil. **V**

NEW NON-GLUTEN GAMBERONE & CHORIZO

King prawns, chorizo crumb, mozzarella, baby sunblush tomatoes, red pesto & smoked garlic oil.

NON-GLUTEN ITALIAN HOT

Pepperoni, spicy 'Nduja sausage, red chillies, mozzarella, riserva cheese & basil.

NON-GLUTEN VEGAN MARGHERITA

Tomato, vegan Mozzarisella (made with coconut oil) & basil. **V Ve**

NON-GLUTEN VEGAN ZUCCA

Tomato, Mozzarisella (made with coconut oil), roasted butternut squash, caramelised balsamic onions & spinach. **V Ve**

NON-GLUTEN VEGAN PEPPERONATA

Tomato, Mozzarisella (made with coconut oil), fire-roasted peppers, sunblush tomatoes, hot roquito chillies & pea shoots. **V Ve**

MEAT & FISH

NEW NON-GLUTEN PAN-SEARED SALMON

Lightly smoked salmon fillet, with a warm salad of new potatoes, artichoke, rocket, baby sunblush tomatoes, green beans & pea shoots.

NEW NON-GLUTEN SEA BASS

Two pan-seared sea bass fillets, with garlic kale & broccoli, fried herby potatoes. 

ZIZI SPIEDINI

A Mediterranean hanging skewer, served with fried herby potatoes & a baby gem salad with avocado Caesar dressing. Choose from:

SPIEDINI PESCATORE

Lightly smoked salmon fillet, shell-on king prawns, courgettes & peppers, with a lemon butter & white wine sauce. 

SPIEDINI POLLO

Spicy harissa chicken breast, peppers, red onions & courgettes, with red pepper tapenade. 

SIDES:

Sweet Potato Wedges*  

Creamy Riserva Cheese Mash 

Fried Herby Potatoes*  

Baby Gem Salad with avocado caesar dressing 

NEW Kale & Broccoli sautéed in garlic butter 

Green Beans  

RISOTTO

RISOTTO PESCE

King prawns, mussels & squid rings, tomato, chilli & white wine. 

RISOTTO POLLO FUNGHI*

Roasted chicken, mushrooms, rosemary, sage & riserva cheese. 

Vegetarian? Ask for it without chicken.*  

SALADS

NON-GLUTEN SUPER ZUCCA SALAD

Roasted butternut squash, goat's cheese, mint, courgettes, lentils, green beans & mixed salad leaves tossed in a white balsamic dressing. Served with our non-gluten mini 'little soul' breads.  

Add chicken skewers

DESSERTS & GELATO

STICKY CHOCOLATE & PRALINE TORTE

A dairy-free chocolate torte with a date, hazelnut, almond, cashew & walnut base. Served with coconut & chocolate ripple gelato.  

CHOCOLATE MELT

Hot, gooey chocolate pudding served with vanilla gelato. 

NEW SALTED CARAMEL SUNDAE

Salted caramel gelato, whipped mascarpone, chocolate gelato, salted caramel sauce, bronze crunch, crumbled honeycomb & white chocolate curls. 

Gelato by the scoop

3 SCOOPS

Vanilla  | Chocolate  | **NEW Salted caramel**  | Honey, sea salt & mascarpone  | Coconut & chocolate ripple  | Lemon sorbet  | Strawberry sorbet  | (Sorbets under 150 kcals each)

Extra toppings V

Add strawberry & raspberry coulis, passion fruit coulis, popping candy, lemon curd, chocolate sauce or salted caramel sauce.

The dishes listed here may contain other allergens, please refer to the Allergen tables in this booklet for more information.

Any changes to ingredients of these dishes will alter the allergen or dietary information which may render them unsuitable.

ALLERGEN TABLES

Starters

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Zizzi Mixed Olives															Yes		Yes	Yes	Yes	None
Nocellara Olives																	Yes	Yes	Yes	None
Little Soul Breads (Without Dips)	Yes: Wheat					Yes								Yes	Yes		No	Yes	Yes	None
Garlic Butter Dip							Yes								Yes		No	Yes	Yes	None
Red Pepper Tapenade															Yes	Yes	Yes	Yes	Yes	None
Garlic Bread	Yes: Wheat						Yes								Yes		No	Yes	Yes	None
Garlic Bread With Mozzarella	Yes: Wheat						Yes								Yes	Yes	No	Yes	Yes	None
'Nduja Garlic Bread	Yes: Wheat						Yes								Yes		No	No	No	None
Arancini	Yes	Yes: Wheat					Yes								Yes	Yes	No	Yes	Yes	None
Mushroom Brindisi		Yes: Wheat, Barley					Yes								Yes	Yes	No	Yes	Yes	None
Mushroom Brindisi With Prosciutto		Yes: Wheat, Barley					Yes								Yes	Yes	No	No	No	None
Bufala Caprese							Yes								Yes	Yes	Yes	No	Yes	None
Bruschetta		Yes: Wheat					Yes								Yes	Yes	No	Yes	Yes	None
Bruschetta With Bufala Mozzarella		Yes: Wheat					Yes								Yes	Yes	No	Yes	Yes	None
Wild Boar Polpette	Yes						Yes								Yes	Yes	No	No	No	None
Fonduta Formaggi		Yes: Wheat					Yes								Yes		No	No	No	None
Garlic King Prawns		Yes: Wheat	Yes				Yes								Yes	Yes		No	No	Wheat comes from 'little soul' breads.
Calamari		Yes: Wheat		Yes				Yes	Yes						Yes	Yes		No	No	None
Toscana Soup	Yes	Yes: Wheat					Yes								Yes	Yes	No	Yes	Yes	Wheat & milk comes from dipping bread.

Sharers

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Cicchetti Board	Yes: Wheat			Yes			Yes	Yes	Yes				Yes	Yes	Yes	Yes	No	No	None
Antipasto Grande Board	Yes: Wheat			Yes			Yes							Yes	Yes	No	No	No	None

Classic Pizza

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Margherita	Yes: Wheat						Yes										No	Yes	None
Gamberone & Chorizo	Yes: Wheat	Yes					Yes						Yes		Yes		No	No	None
Italian Hot	Yes: Wheat						Yes								Yes		No	No	None
Pepperoni Campagna	Yes: Wheat						Yes								Yes		No	No	None
Pinoli	Yes: Wheat						Yes								Yes	Yes	No	Yes	None

Skinny Pizza

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians		
Skinny Margherita	Yes: Wheat						Yes									Yes	Yes	No	Yes	Yes
Skinny Gamberone & Chorizo	Yes: Wheat	Yes					Yes						Yes		Yes	Yes	No	No	None	
Skinny Italian Hot	Yes: Wheat						Yes								Yes	Yes	No	No	None	
Skinny Pepperoni Campagna	Yes: Wheat						Yes								Yes	Yes	No	No	None	
Skinny Pinoli	Yes: Wheat						Yes								Yes	Yes	No	Yes	None	

Rustica Pizza

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Wagyu Polpette	Yes: Wheat						Yes								Yes		No	No	None	
Pollo Rosso	Yes: Wheat						Yes								Yes		No	No	None	
Pulled Pork Roma	Yes: Wheat						Yes							Yes		Yes	Yes	No	No	None
Piccante	Yes: Wheat						Yes							Yes		Yes		No	No	None
Primavera	Yes: Wheat						Yes							Yes	Yes	Yes		No	Yes	None
Sofia	Yes: Wheat						Yes							Yes		Yes		No	No	None

Calzone

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Calzone Carne Piccante	Yes: Wheat						Yes						Yes			Yes	Yes	No	No	None
Calzone Pollo Spinaci	Yes: Wheat			Yes			Yes						Yes			Yes	Yes	No	No	None

Meat & Fish

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Pollo Prosciutto		Yes: Wheat					Yes							Yes	Yes	Yes	No	No	None
Pork Belly Arrosto							Yes								Yes	Yes	No	No	None
Lemon Butter Sea Bass		Yes: Wheat		Yes		Yes								Yes	Yes		No	No	None
Pan-Seared Salmon		Yes: Wheat		Yes		Yes								Yes	Yes	Yes	No	No	None
Spiedini Pescatore		Yes	Yes	Yes		Yes		Yes						Yes	Yes		No	No	None
Spiedini Pollo			Yes		Yes		Yes		Yes				Yes	Yes	Yes	Yes	No	No	None

Salads

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Chicken & Prosciutto Salad	Yes: Wheat			Yes			Yes		Yes					Yes	Yes	Yes	No	No	None
Super Zucca Salad	Yes: Wheat						Yes							Yes	Yes		No	Yes	Wheat from 'little soul' breads only.
Super Zucca Salad With Chicken	Yes: Wheat						Yes							Yes	Yes		No	No	Wheat from 'little soul' breads only.

Pasta

	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
MENU ITEM	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Casareccia Pollo Piccante		Yes: Wheat					Yes						Yes			Yes		No	No	None
King Prawn Linguine	Yes	Yes: Wheat	Yes		Yes		Yes	Yes						Yes	Yes	Yes	No	No	None	
Ravioli Di Capra	Yes	Yes: Wheat		Yes			Yes								Yes	Yes	No	Yes	None	
Spaghetti Chorizo Carbonara	Yes	Yes: Wheat		Yes			Yes						Yes		Yes	Yes	No	No	None	
Spaghetti Pomodoro	Yes	Yes: Wheat					Yes								Yes	Yes	No	Yes	None	
Spaghetti Bolognese	Yes	Yes: Wheat					Yes								Yes	Yes	No	No	None	
Strozzapreti Pesto Rosso		Yes: Wheat					Yes						Yes		Yes	Yes	No	No	None	
Beef Brisket & Vension Tagliatelle		Yes: Wheat		Yes			Yes							Yes	Yes	Yes	No	No	None	
Vegan Lentil Linguine Ragù		Yes: Wheat													Yes	Yes	Yes	Yes	Yes	None

Oven-baked Pasta

	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
MENU ITEM	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Lasagne		Yes: Wheat		Yes	Yes		Yes						Yes	Yes	Yes	Yes	No	No	Worcestershire sauce within the lasagne contains anchovies.
Wild Boar Meatballs Al Forno	Yes	Yes: Wheat					Yes								Yes	Yes	No	No	None
Pasta Della Casa	Yes	Yes: Wheat					Yes							Yes	Yes	Yes	No	No	None
Crab Cannelloni	Yes	Yes: Wheat	Yes	Yes	Yes		Yes						Yes		Yes	Yes	No	No	None

Risotto

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Risotto Funghi							Yes								Yes	Yes	No	Yes	None
Risotto Pollo Funghi							Yes								Yes	Yes	No	No	None
Risotto Pesce	Yes		Yes	Yes		Yes	Yes							Yes	Yes	Yes	No	No	None

Sides

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Green Beans																Yes	Yes	None	
Garlic Kale & Broccoli							Yes								Yes		No	Yes	None
Courgette Fritt	Yes: Wheat					Yes											No	Yes	None
Creamy Riserva Cheese Mash						Yes											No	Yes	None
Baby Gem Salad				Yes		Yes		Yes						Yes	Yes		No	Yes	None
Sweet Potato Wedges																	Yes	Yes	This dish is cooked in the fryer with other gluten containing ingredients.
Fried Herby Potatoes															Yes		Yes	Yes	This dish is cooked in the fryer with other gluten containing ingredients.

Non-gluten Starters, Salads, Meat & Fish

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians		
Non-Gluten Garlic Bread							Yes									Yes	No	Yes	None	
Non-Gluten Garlic Bread With Mozzarella							Yes									Yes	Yes	No	Yes	None
Non-Gluten Fonduta Formaggi							Yes									Yes	No	No	None	
Non-Gluten King Prawns				Yes			Yes								Yes	Yes	No	No	None	
Non-Gluten Mini 'Little Soul' Breads																	Yes	Yes	None	
Non-Gluten Bufala Caprese							Yes								Yes	Yes	No	Yes	None	
Non-Gluten Toscana Soup	Yes															Yes	Yes	Yes	The crispy sage in this dish is cooked in the fryer with other gluten containing ingredients.	
Non-Gluten Super Zucca Salad							Yes								Yes		No	Yes	None	
Non-Gluten Super Zucca Salad With Chicken							Yes								Yes		No	No	None	
Non-Gluten Spiedini Pescatore			Yes	Yes	Yes		Yes		Yes						Yes	Yes	No	No	None	
Non-Gluten Spiedini Pollo				Yes			Yes		Yes						Yes	Yes	Yes	No	None	
Non-Gluten Pan-Seared Salmon				Yes												Yes	Yes	No	No	None
Non-Gluten Lemon Butter Sea Bass				Yes		Yes									Yes	Yes	No	No	None	

Non-Gluten Pasta

Ask for any of the below with our non-gluten containing fusilli pasta

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians		
Non-Gluten King Prawn	Yes		Yes		Yes		Yes	Yes						Yes	Yes	Yes	No	No	None	
Non-Gluten Fusilli Pomodoro	Yes						Yes									Yes	Yes	No	Yes	None
Non-Gluten Beef Brisket & Venison						Yes								Yes	Yes	Yes	No	No	None	
Non-Gluten Bolognese	Yes						Yes									Yes	Yes	No	No	None
Non-Gluten Chorizo Carbonara	Yes				Yes		Yes						Yes			Yes	Yes	No	No	None
Non-Gluten Pollo Piccante							Yes						Yes			Yes		No	No	None
Non-Gluten Pesto Rosso							Yes						Yes			Yes	Yes	No	No	None
Non-Gluten Vegan Lentil Ragù																Yes	Yes	Yes	Yes	None

Non-Gluten Pizza

Ask for any of the below with our non-gluten containing pizza base

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Non-Gluten Classic Margherita Pizza						Yes											No	Yes	None
Non-Gluten Classic Gamberone & Chorizo		Yes				Yes							Yes		Yes		No	No	None
Non-Gluten Classic Italian Hot Pizza						Yes									Yes		No	No	None
Non-Gluten Classic Pinoli Pizza						Yes									Yes	Yes	No	Yes	None
Non-Gluten Classic Pepperoni Campagna Pizza						Yes									Yes		No	No	None

Vegan

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?			
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-		
Vegan Mozzarella Alternative Only, No Base																	Yes	Yes	None		
Vegan Garlic Bread	Yes: Wheat														Yes		Yes	Yes	None		
Vegan Garlic Bread With Mozzarella Alternative	Yes: Wheat														Yes	Yes	Yes	Yes	None		
Vegan 'Beetballs' Polpette	Yes														Yes	Yes	Yes	Yes	None		
Vegan Bruschetta	Yes: Wheat														Yes	Yes	Yes	Yes	None		
Vegan Margherita	Yes: Wheat																Yes	Yes	None		
Vegan Zucca	Yes: Wheat															Yes	Yes	Yes	None		
Vegan Pepperonata	Yes: Wheat														Yes		Yes	Yes	None		
Vegan Lentil Linguine Ragù	Yes: Wheat														Yes	Yes	Yes	Yes	None		
Non-Gluten Vegan Pepperonata Pizza																Yes		Yes	Yes	None	
Non-Gluten Vegan Zucca Pizza																	Yes	Yes	Yes	Yes	None
Vegan Spaghetti Pomodoro	Yes	Yes: Wheat													Yes	Yes	Yes	Yes	None		
Non-Gluten Vegan Pomodoro	Yes														Yes	Yes	Yes	Yes	None		
Non-Gluten Vegan Margherita																	Yes	Yes	None		
Vegan Dessert Calzone		Yes: Wheat															Yes	Yes	None		

Non-Dairy

MENU ITEM	Celery	DOES IT CONTAIN?														IS IT SUITABLE FOR?		COMMENTS?		
		Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Non-Dairy Garlic Bread		Yes: Wheat													Yes		Yes	Yes	None	
Non-Dairy Garlic Bread With Mozzarella Alternative		Yes: Wheat													Yes	Yes	Yes	Yes	None	
Vegan 'Beetballs' Polpette	Yes														Yes	Yes	Yes	Yes	None	
Non-Dairy Bruschetta		Yes: Wheat													Yes	Yes	Yes	Yes	None	
Non-Dairy Margherita		Yes: Wheat															Yes	Yes	None	
Non-Dairy Rustica Margherita		Yes: Wheat															Yes	Yes	None	
Non-Dairy Zucca		Yes: Wheat														Yes	Yes	Yes	None	
Non-Dairy Pepperonata		Yes: Wheat														Yes	Yes	Yes	None	
Non-Dairy Pan-Seared Salmon				Yes											Yes	Yes	No	No	None	
Non-Dairy Calamari		Yes: Wheat		Yes			Yes	Yes						Yes	Yes		No	No	None	
Non-Dairy Lentil Linguine Ragù		Yes: Wheat														Yes	Yes	Yes	Yes	None
Non-Dairy Spaghetti Pomodoro	Yes	Yes: Wheat														Yes	Yes	Yes	Yes	None
Non-Gluten Non-Dairy Pomodoro	Yes															Yes	Yes	Yes	Yes	None
Non-Gluten Non-Dairy Margherita																	Yes	Yes	None	
Non-Dairy Dessert Calzone		Yes: Wheat															Yes	Yes	None	

Extras - Pizza Toppings & Extra Menu Items

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?	COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Mushrooms																Yes	Yes	None	
Mozzarella							Yes									No	Yes	None	
Fire-Roasted Peppers																Yes	Yes	None	
Spicy Roasted Chicken																Yes	No	None	
Red Chillies																Yes	Yes	None	
Roquito Pearls																Yes	Yes	None	
Cotto Ham																No	No	None	
'Nduja Sausage																No	No	None	
Chorizo Crumb																Yes	No	No	
Pepperoni																Yes	No	No	
Pine Nuts																Yes	Yes	None	
Caramelised Balsamic Onions																Yes	Yes	None	
Black Olives																Yes	Yes	None	
Crispy Prosciutto																No	No	None	
Torn Roast Chicken																No	No	None	
Smoked Chilli Jelly																Yes	Yes	None	
Florentines							Yes				Yes: Almond, Hazelnut					Yes	No	Yes	None
Honeycomb																	Yes	Yes	None
Riserva Cheese Crisp							Yes										No	Yes	None

Other Menu Items

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Tomato & Mozzarella Salad							Yes								Yes	Yes	No	Yes	None
Toscana Soup With Soul Breads	Yes	Yes: Wheat					Yes								Yes	Yes	No	Yes	None
Party Sharer Starter		Yes: Wheat		Yes			Yes	Yes							Yes	Yes	No	No	None

Desserts

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Chocolate & Banana Calzone		Yes: Wheat					Yes							Yes			No	Yes	None
Sticky Chocolate & Praline Torte										Yes: Almond, Cashew, Hazelnut, Walnut			Yes			Yes	Yes	None	
Salted Caramel Chocolate Brownie		Yes: Wheat		Yes			Yes						Yes	Yes		No	Yes	None	
Lemon Curd Cheesecake		Yes: Wheat		Yes			Yes						Yes			No	Yes	None	
Prosecco Panna Cotta							Yes							Yes			No	No	None
Chocolate Melt				Yes			Yes						Yes			No	Yes	None	
Tiramisu		Yes: Wheat		Yes			Yes						Yes			No	Yes	None	
Espresso Affogato		Yes: Wheat		Yes			Yes									No	Yes	Amaretti biscuits contain apricot kernels.	

Sundaes, Gelato & Gelato Toppers

Menu Item	Does It Contain?														Is It Suitable For?		Comments?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Lemon Meringue Sundae		Yes: Wheat		Yes		Yes							Yes	Yes			No	Yes	Wheat from pink raspberry snap only.
Salted Caramel Sundae						Yes							Yes				No	Yes	None
Strawberry Sundae				Yes		Yes											No	Yes	None
Vanilla Gelato						Yes											No	Yes	None
Chocolate Gelato						Yes											No	Yes	None
Coconut & Chocolate Ripple Gelato																	Yes	Yes	None
Salted Caramel Gelato						Yes							Yes				No	Yes	None
Honey, Sea Salt & Mascarpone Gelato						Yes											No	Yes	None
Lemon Sorbet																	Yes	Yes	None
Strawberry Sorbet																	Yes	Yes	None
Chocolate Sauce Gelato Topper						Yes								Yes			No	Yes	None
Bronze Crunch																	No	Yes	None
Passion Fruit Coulis Gelato Topper																	No	Yes	None
Raspberry & Strawberry Coulis Gelato Topper																	Yes	Yes	None
Salted Caramel Sauce Gelato Topper						Yes								Yes			No	Yes	None
Lemon Curd Gelato Topper				Yes		Yes								Yes			No	Yes	None
Honeycomb																	Yes	Yes	None
Popping Candy Gelato Topper						Yes											No	Yes	None
Amaretti Biscuit Gelato Topper		Yes: Wheat		Yes		Yes											No	Yes	Amaretti biscuits contain apricot kernels.

Specials

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Vegan Caramelised Biscuit Cheesecake	Yes: Wheat												Yes				Yes	Yes	None
Peanut Butter & Chocolate Fondant			Yes		Yes					Yes			Yes				No	Yes	None
Strawberry Sweet Pizza Special	Yes: Wheat					Yes							Yes				No	Yes	None

Softails & Soft Drinks

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Apple Juice																	Yes	Yes	None
Appletiser																	Yes	Yes	None
Coke Bottle																	Yes	Yes	None
Coke Zero 330ML																	Yes	Yes	None
Diet Coke Bottle																			None
Lemon Dash																	Yes	Yes	None
Lemonade Fresh																	Yes		None
New Raspberry & Mint Cooler																	Yes		None
New Sicilian Summer																	Yes		None
Orange Juice																		Yes	None
Orchard Pig - Totally Minted																	Yes	Yes	None
Orchard Pig Deeply Rooted																		Yes	None
Orchard Pig Flower Power																		Yes	None
Passion Fruit Punch Base																		Yes	None
Raspberry Dash																	Yes	Yes	None
San Pellegrino Blood Orange																		Yes	None
San Pellegrino Limonata																		Yes	None
Seedlip																	Yes	Yes	None
Sparkling Water																	Yes	Yes	None
Sprite																		Yes	None
Still Water																	Yes	Yes	None
Strawberry & Cucumber Cooler Base																	Yes	Yes	None

Cocktails & Spirits

Menu Item	Does it contain?															Is it suitable for?		Comments?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	
Amaretto																	Yes	Yes	None
Archers																	Yes	Yes	None
Bacardi																	Yes	Yes	None
Baileys							Yes											Yes	None
Bloom																	Yes	Yes	None
Brandy																			None
Campari								Yes											None
Chase Vodka																		Yes	None
Ciao Bella Cocktail																	Yes		None
Cointreau																			None
Dark Rum																			None
Edinburgh Christmas Gin																	Yes	Yes	None
Frangelico																	Yes	Yes	None
Gin																	Yes	Yes	None
Grappa																	Yes	Yes	None
Jack Daniels																	Yes	Yes	None
Limoncello																	Yes	Yes	None
Malibu																	Yes	Yes	None
Martini Bianco																			None
Martini Extra Dry																			None
Martini Rosso																			None
Morgan Spiced Rum																	Yes	Yes	None
New Aperol Spritz							Yes							Yes					None

Cocktails & Spirits (continued)

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
New Garden G&T																	Yes		None
New Pink G&T																	Yes	Yes	None
New Raspberry & Prosecco Mojito														Yes			Yes		None
New Zizzi G&T																	Yes		None
Passion Fruitini														Yes			Yes		None
Pimms																			None
Pinkster Gin																	Yes	Yes	None
Sambuca																	Yes	Yes	None
Seedlip																	Yes	Yes	None
Southern Comfort																	Yes	Yes	None
Tia Maria																	Yes	Yes	None
Vodka																	Yes	Yes	None
Whiskey																			None

White Wine

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Frascati Lazio														Yes			Yes	Yes	None
Nz Sauvignon Blanc St Clair														Yes					None
Pinot Grigio Veneto														Yes			Yes		None
Sauv Blanc Zizzi														Yes					None
Trebbiano Marche														Yes			Yes	Yes	None
Bio Chardonnay														Yes			Yes	Yes	None

Red Wine

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?			COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Malbec														Yes					None	
Merlot Sicilia														Yes			Yes	Yes	None	
Montepulciano Abruzzo														Yes			Yes	Yes	None	
Nero D'avola														Yes			Yes	Yes	None	
Pinot Noir														Yes					None	
Bio Primativo														Yes			Yes	Yes	None	

Pink Wine

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?			COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-	
Pinot Blush Veneto														Yes			Yes	Yes	None	
Provence Rose														Yes			Yes	Yes	None	
Zinfandel Rose														Yes					None	
Zinfandel California														Yes					None	

Bubbly

MENU ITEM	DOES IT CONTAIN?														IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Camel Valley Brut														Yes			Yes	Yes	None
Pink Fizz														Yes					None
Camel Valley Brut														Yes			Yes	Yes	None
Hse Prosecco														Yes			Yes	Yes	None
Pimp Up Aperol							Yes												None
Pimp Up Passion Fruit																	Yes	Yes	None
Pimp Up Sicilian Lemonade																		Yes	None
Pimp Up Strawberry																	Yes	Yes	None

Beer & Cider

MENU ITEM	DOES IT CONTAIN?														IS IT SUITABLE FOR?		COMMENTS?		
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Millionaire Wild Beer	Barley, Wheat					Yes											Yes		None
Neck Oil IPA	Barley															Yes	Yes		None
New Peroni Zero	Barley															Yes	Yes		None
Non Gluten Peroni																Yes	Yes		None
Peroni	Barley															Yes	Yes		None
Peroni Gran Riserva	Barley															Yes	Yes		None
Reveller Cider														Yes			Yes	Yes	None
Sassy Pear																			None
Sassy Rose																			None
Wild Beer	Barley, Wheat															Yes	Yes		None

Hot Drinks

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Americano							Yes											Yes	None
Cappuccino							Yes											Yes	None
Decaffeinated Americano							Yes											Yes	None
Decaffeinated Cappuccino							Yes											Yes	None
Decaffeinated Latte							Yes											Yes	None
Decaffeinated Liqueur Coffee							Yes											Yes	None
Decaffeinated Macchiato							Yes											Yes	None
Decaffeinated Mocha							Yes											Yes	None
Double Espresso																	Yes	Yes	None
Earl Grey							Yes											Yes	None
English Tea							Yes											Yes	None
Espresso																	Yes	Yes	None
Fresh Mint Tea																	Yes	Yes	None
Hot Chocolate							Yes											Yes	None
Latte							Yes											Yes	None
Liqueur Coffee							Yes											Yes	None
Macchiato							Yes											Yes	None
Mao Feng Green Tea																			None
Mocha							Yes											Yes	None
Peppermint Tea							Yes											Yes	None
Tea - Clipper Redfruit & Aronia																	Yes	Yes	None
Tea- Clipper Chameleon																	Yes	Yes	None

BAMBINI

Kids Menu

Bambini Kids Menu

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians
Olives																Yes	Yes	None
Carrot, Cucumber & Garlic Bread		Yes: Wheat				Yes								Yes		No	Yes	None
Vegan Starter - Carrot, Cucumber & Non Dairy Garlic Bread		Yes: Wheat												Yes		Yes	Yes	None
Non-Dairy Starter - Carrot, Cucumber & Non Dairy Garlic Bread		Yes: Wheat												Yes		Yes	Yes	None
Non-Gluten Starter - Carrot, Cucumber & Non-Gluten Soul Breads																Yes	Yes	None
Bean & Basil Pesto Dip With Carrot & Cucumber Sticks														Yes		No	Yes	None
Mini Pasta Pomodoro	Yes	Yes: Wheat													Yes	Yes	Yes	These dishes can be ordered with our non-gluten containing fusilli pasta. This removes wheat allergen only.
Mini Pasta Formaggi		Yes: Wheat				Yes							Yes		Yes	No	Yes	
Mini Pasta Bolognese	Yes	Yes: Wheat												Yes	Yes	No	No	
Mini Pasta Pesto		Yes: Wheat												Yes		Yes	Yes	None
Decorate Your Margherita (Base & Toppings)		Yes: Wheat					Yes									No	No	See pizza toppings for additional toppings allergens.
Mini Pizza Margherita		Yes: Wheat					Yes									No	Yes	These dishes can be ordered with our non-gluten containing pizza base. This removes wheat allergen only.
Vegan Mini Pizza Margherita		Yes: Wheat														Yes	Yes	
Non Dairy Mini Pizza Margherita		Yes: Wheat														Yes	Yes	

Bambini Kids Menu (Continued)

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?		COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians	-
Fish Goujons	Yes	Yes: Wheat			Yes				Yes						Yes	Yes	No	No	None
Pizza Topping - Ham																	No	No	None
Pizza Topping - Mushrooms																	Yes	Yes	None
Pizza Topping - Roasted Peppers																	Yes	Yes	None
Pizza Topping - Pepperoni																Yes	No	No	None
Green Beans																	Yes	Yes	None
Broccoli																	Yes	Yes	This dish is cooked in the boiler with other gluten containing ingredients.
Sweet Potato Wedges																	Yes	Yes	
Courgette Fritti		Yes: Wheat							Yes								No	Yes	
Gelato Cones & Popping Candy [See Gelato Flavours For Additional Allergens]		Yes: Wheat		Yes			Yes						Yes				No	Yes	None
Fruit Pot																	Yes	Yes	None
Chocolate Gelato							Yes										No	Yes	None
Coconut & Chocolate Ripple Gelato																	Yes	Yes	None
Vanilla Gelato							Yes										No	Yes	None

Bambini Kids Menu (Continued)

MENU ITEM	DOES IT CONTAIN?															IS IT SUITABLE FOR?	COMMENTS?	
	Celery	Cereals with Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide/ Sulphites	Garlic	Onions	Vegans	Vegetarians
Lemon Sorbet																Yes	Yes	None
Strawberry Sorbet																Yes	Yes	None
Garlic Bread (Tiny Tummy)		Yes: Wheat				Yes								Yes		No	Yes	None
Mini Pasta Pomodoro (Tiny Tummy)	Yes	Yes: Wheat														Yes	Yes	This dish can be ordered with our non-gluten containing fusilli pasta. This removes wheat allergen only.

Are Your Cheese Products Pasteurised?

Please find the information below.

MASCARPONE	YES
RISERVA	YES
SCAMORZA	YES
PIZZA MOZZARELLA	YES
GOAT'S CHEESE	YES
BUFALA MOZZARELLA	YES
GOAT'S CHEESE WITHIN THE RAVIOLI DI CAPRA DISH	YES