



### **FOOD/NUTRITION ASSISTANCE- HUDSON COUNTY**

**\*Food Pantries, Soup Kitchens, and Food Assistance Programs\***

If you find yourself without food and/or need help finding food, there are numerous food pantries, soup kitchens, and food assistance programs in the area. Some programs may have restrictions based on the number of times someone may access the resource, the number of individuals they can help, and what specific part of the county they serve. Be sure to contact the resource prior to arriving to confirm details

#### **H.I.G.H.W.A.Y.S**

**Phone:** 201-471-2635

**Website:** <http://windmillalliance.org/aboutus/programs.php>

**Address:** 184 Hobart Avenue, Bayonne, NJ 07002

**Description:** This site provides a thrift shop, emergency assistance to homeless individuals and families, support services, and emergency food pantry. Open Monday-Friday 10am-3:30pm.

#### **Bayonne Economic Opportunity Foundation (BEOF)**

**Phone:** 201-437-7222

**Address:** 555 Kennedy Boulevard, Bayonne, NJ 07002

**Description:** Open Monday-Friday 8:30am-3:30pm

#### **Jewish Family Service of MetroWest NJ- Hudson County Services**

**Phone:** 973-765-9050

**Website:** [www.jfsmetrowest.org/services/for-older-adults/hudson-county-services](http://www.jfsmetrowest.org/services/for-older-adults/hudson-county-services)

**Address:** 1050 Kennedy Boulevard, Bayonne, NJ 07002

**Description:** Provides a wide range of services to seniors and older adults in lower Hudson County. Services include: Kosher Meals on Wheels and Nutrition Site, case management, financial services, support groups and counseling.

#### **North Hudson Community Action Corporation (Emergency Assistance Program)**

**Phone:** 201-210-0333 ext. 22105

**Address:** 7007 Polk Street, Guttenberg, NJ 07093

**Description:** Provides emergency food assistance

# Holy Name

## **Hoboken Shelter**

**Phone:** 201-656-5069

**Website:** [www.hobokenshelter.org](http://www.hobokenshelter.org)

**Address:** 300 Bloomfield Street, Hoboken, NJ 07030

**Description:** Breakfast 9am-11am; Lunch 1:30pm-2pm; Dinner 7:15pm-7:45pm. The shelter also offers showers from noon to 2pm daily.

## **Saint Aloysius Food Pantry**

**Phone:** 201-433-6365

**Address:** 721 Westside Avenue, Jersey City, NJ 07306

**Description:** Open the 2nd and 4th Saturday of every month: 9:30am-12pm

## **Trinity Lutheran Food Pantry**

**Phone:** 201-435-9807

**Address:** 122 Grant Avenue, Jersey City, NJ 07305

**Description:** Open the 3rd Saturday of every month: 10am-12pm

## **Garden State Episcopal Community Development Corporation**

**Phone:** 201-209-9301

**Website:** <http://gsecdc.org/>

**Address:** 118 Summit Avenue, Jersey City, NJ 07304

**Description:** Holds an emergency food pantry every third Saturday of the month at The Church of the Incarnation (68 Storms Ave., Jersey City)

## **St. Paul's Lutheran Church Sharing Place Food Pantry**

**Phone:** 201-963-5518

**Address:** 440 Hoboken Ave, Jersey City, NJ 07306

**Description:** Open last 2 Saturday's of each month, call for details

## **Old Bergen Church- Deacon's Food**

**Phone:** 201-433-1815

**Address:** 1 Highland Avenue, Jersey City, NJ 07306

# HolyName

**Description:** Open the last Tuesday and Saturday of the last full week of the month: 9am-12pm

**Our Lady of Sorrows Food Pantry**

**Phone:** 201-433-0626

**Address:** 93 Clerk Street, Jersey City, NJ 07305

**Description:** Open Monday, Wednesday, Friday 9:30am-12pm; This site provided a food pantry, clothing, and household goods.

**Calvary Kitchen**

**Phone:**

**Address:** 25 Oak Street, Jersey City, NJ 07304

**Description:** Serves lunch from 12pm-1pm every Wednesday

**Saint Mary's Food Pantry**

**Phone:** 201-434-8500

**Address:** 309 Third Street, Jersey City, NJ 07302

**Description:** This site provided a pantry and clothing every Tuesday

**Salvation Army of Jersey City**

**Phone:** 201-435-7355

**Website:** [www.salvationarmynewjersey.org](http://www.salvationarmynewjersey.org)

**Address:** 562 Bergen Avenue, Jersey City, NJ 07304

**Description:** This site provides an emergency food pantry, NJ Shares intake, an Angel Food Ministries host on site, clothing and furniture voucher, Thanksgiving dinner, Christmas toy shopping, and a day care center.

**Friends of the Lifers Youth Corporations**

**Phone:** 201-938-1419

**Address:** 152 Martin Luther King Drive, Jersey City, NJ 07305

**Description:** Open Thursdays and Fridays 10am-2pm (3rd week of each month ONLY); This site provides a pantry, clothing, and referrals to social services.

# HolyName

## **The Square Meal Community Kitchen**

**Phone:** 201-332-0864

**Address:** 46 Fairview Avenue, Jersey City, NJ 07304

**Description:** The TSM Community Kitchen serves nutritious hot breakfast (8am-9am) and lunch (11:30am-1:30pm) each weekday

## **Salvation Army of Greater Kearny**

**Phone:** 201-991-1115

**Website:** [www.newjersey.salvationarmy.org/NewJersey/kearny](http://www.newjersey.salvationarmy.org/NewJersey/kearny)

**Address:** 443 Chestnut Street. Kearny, NJ 0032

**Description:** Office Hours: 9am-2pm, Family service and food pantry; Monday-Friday 10am-12pm

## **City of Hope International Church-Renaissance Food Pantry**

**Phone:** 201-998-9460

**Website:** [www.cohic.com](http://www.cohic.com)

**Address:** 22 Wilson Avenue, Kearny, NJ 07032

**Description:** Office hours: Monday-Friday 9am-5pm

## **Gospel Tabernacle Church**

**Phone:** 201-867-1000

**Address:** 5029 Kennedy Boulevard, North Bergen, NJ 07047

**Description:** Open every 2nd and 4th Tuesday of the month; 4:30pm-9m

## **Woodcliff Community Church**

**Phone:** 201-869-4555

**Address:** 7605 Palisade Avenue, North Bergen, NJ 07047

**Description:** Food Pantry: Every 2nd and 4th Saturday of the month starting at 8:30am

## **Secaucus Emergency Food Pantry**

**Phone:** 201-330-2014

**Website:** [www.secaucusnj.org/departments/social-services/](http://www.secaucusnj.org/departments/social-services/)

**Address:** 101 Centre Avenue, Secaucus, NJ 07094

# HolyName

**Description:** Office Hours: 9am-4pm and Food Pantry open by appointment

**Palisades Emergency Residence Corporation (PERC)**

**Phone:** 201-348-8150

**Website:** [www.percshelter.org](http://www.percshelter.org)

**Address:** 111 37th Street, Union City, NJ 07087

**Description:** Food Pantry: Wednesdays 1pm-3pm; Soup Kitchen- Everyday 6pm-7pm

**Salvation Army-Union City**

**Phone:** 201-867-4093

**Website:** [www.newjersey.salvationarmy.org/NewJersey/unioncity](http://www.newjersey.salvationarmy.org/NewJersey/unioncity)

**Address:** 515 43rd Street, Union City, NJ 07087

**Description:** Soup Kitchen: Wednesday, Thursday and Friday 11:45am - 1pm; Food Pantry: Thursday at 10am

**North Hudson Community Action Corporation- Women, Infants, and Children (WIC)**

**Phone:** 201-866-4700

**Address:** 407 39th Street, Union City, NJ 07087

**Description:** NHCAC will help families apply for WIC, a program that provides healthy foods, nutrition education, and other resources to pregnant, breastfeeding, and those women who have had a baby in the last 6 months, as well as babies, and youth to the age of 5.

**Hudson County Welfare & Supplemental Nutrition Assistance Program (SNAP)**

**Phone:** 800-687-9512

**Website:** [www.nj.go/humanservices/dfd/programs/njsnap/apply/](http://www.nj.go/humanservices/dfd/programs/njsnap/apply/)

**Description:** SNAP, also known as food stamps, is government funded food assistance

**Women, Infants, and Children (WIC)**

**Phone:** 201-547-6842

**Description:** Provides healthy foods, nutrition education, and other resources to pregnant, breastfeeding, and those women who have had a baby in the last 6 months, as well as babies, and youth to the age of 5.



**Al Iman - Food Distribution Center**

**Phone:** 201-705-8956

**Address:** 598 Communipaw Ave, Jersey City, NJ 07304

**Description:** Charitable organization. Food distribution center.