

SOCIAL SERVICE RESOURCES

Center for Food Action 192 W. Demarest Ave, Englewood 201-569-1804
Emergency Food, Utility assistance, Late rent assistance, Security deposit/1st
month rental assistance. Bergen County Food Pantries – list available on
BCBSS.com

Bergen County Board of Social Services 218 Route 17 North, Rochelle Park
201-368-4200. General assistance, TANF temporary assistance to needy families,
SNAP food stamps, NJ Familycare Medicaid, NJ Helps, resource guides. Parent's
insurance (Medicaid or private) covers their children/dependents for pregnancy but
does NOT cover newborn beyond delivery. New parent must file for Medicaid for
newborn. Well baby clinics are offered throughout Bergen County, they provide
immunizations and well visits only to residents at no cost, contact town health
department for more information.

Howard Fisher, MD 960 Teaneck Road, Teaneck 201-837-2121. Will see
pediatric patients (newborn) while Medicaid is pending. If patient is denied
Medicaid they will be held responsible for charges accrued.

Meadowlands Family Success Center 100 Washington Ave, Little Ferry 201-
464-4714. Varied community support programs, groups/activities by age, ESL
classes, all at no cost. Monthly calendar posted online.

North Hudson Community Action Program – Appointment line 201-210-0200.
Numerous sites, federally funded clinics offering medical, OB and specialty care.
Accept Medicaid, offer charity care and sliding scale services.

Women's Rights Information Center 108 W. Palisade Ave, Englewood 201-
568-1166. Varied empowerment programs for women.

Lighthouse Pregnancy Resource Center 809 Main Street, Hackensack 201-501-
8876, also have sites in Paterson and Wayne. Offer options counseling, pregnancy
testing, free ultrasounds, parenting classes, baby supplies and general support for
pregnant and women up to one year post partum.

New Hope Inc. 149 Third Ave, Westwood 201-722-4705. Support and resources
for pregnant women in need, require a significant commitment to program
participation.

Paternity testing is a legal issue not a medical issue, it is not covered by insurance, and tests are not conducted here. Labcorp and DNA Diagnostics Center offer testing. Paternity testing can be done in utero or post-partum.

Early Intervention Services 888-653-4463. Children ages 0-3yrs are eligible for intervention at no or low cost. Referral can be made by social worker or parent, evaluation conducted in the home and appropriate services provided including physical, speech and/or occupational therapies. At age 3yrs early intervention is provided by the school system and EIS can assist with the transition. A parent of a child 3+yrs with concerns about developmental delays can make a written request to their district school system identifying concerns and requesting evaluation by the child study system, school has 30 days to respond.

WIC – Women Infant Children nutrition program. Provides predetermined food vouchers to pregnant women, breastfeeding women and children up to age 5, varied sites. Income dependent, follow Medicaid guidelines. Can complete referral form and direct patient to contact appropriate WIC program – Bergen and Passaic office is in Paterson 973-754-4575/4730. Site supervisor is Amalia Neira 973-754-4736. They also provide breast pump rentals to woman returning to work or with babies in SCN. Any child receiving WIC that requires specialized formula should be provided a “Medical Documentation” form signed by MD.

NJ Cares for Kids child care certificate program - Mothers who are working 30+ hrs/wk or attending school full time may qualify for subsidized child care depending on income. Vary by county – Bergen County Office for Children 201-336-7150, Passaic County 4C's program 973-684-1904, Hudson County Urban League 201-451-8888. Also provide list of state approved daycare centers.

Bergen Volunteer Medical Initiative (BVMI) 75 Essex Street, Hackensack 201-342-2478. Provide free medical services to working low income individuals in Bergen County.

Child Support – information and application services provided online at NJChildSupport.org or at 877-NJKIDS1/877-655-4371.

Baby Basics ^{T# 201-261-2800} – 201-261-5970 x7009, part of Children's Aid and Family Services. Provide free diapers to working families with children up to 2yrs of age who do not collect food stamps. Must work or live in Bergen County, income dependent.

Logisticare – 866-527-9934 Medical transportation at no cost to patients with Medicaid, requires 48 hour notice, only medical appointments qualify. If transporting children, parent must provide car seat if applicable. Always have patient request return transportation to avoid long waiting times following appointment completion.

Cape Center 540 Farview Ave, Paramus 201-343-6000. Offer support, information, referrals and workshops to disabled individuals and their families.

Edinburgh Postpartum Depression Screen is given to women approximately 24 hours after delivery. Any score of 10+ or any response but "never" to question 10 "The thought of harming myself has occurred to me" requires social service assessment, any score of 12+ or any response but "never" to question 10 "The thought of harming myself has occurred to me" additionally requires psyche evaluation by HNP. Be prepared to educate patient on signs/symptoms of postpartum depression and access whether intervention is needed. The NJ Speak Up When You're Down program offers a 24 hotline 800-328-3838 where women can receive information, support and referrals. The program also offers a grant program for patients without insurance or counseling benefits, it entitles them to 12 visits at no cost at the designated county mental health provider. In Bergen County it is Comprehensive Behavioral Healthcare 201-646-0195, Passaic County is Behavioral Health 973-532-6743. The patient is provided a referral number by the PPD hotline, you can make referral or patient can request services independently.

Bergen County Alternatives to Domestic Violence (ADV) 1 Bergen County Plaza, 2nd floor, Hackensack 201-336-7525. Provide 24 hour hotline, referrals, legal assistance and support to families of DV. Women seeking domestic violence shelter in Bergen County can call Center for Hope and Safety 24 hr hotline 201-944-9600. If there is no availability in Bergen County alternative shelter information will be provided.

Department of Developmental Disabilities – services for people 18+ yrs of age. After turning 18 can apply for DDD evaluation and functional eligibility for services, cannot receive services until age 22 and must be Medicaid eligible.

Adoption – Can be initiated by the patient prior to admission for delivery, at admission or following delivery. Adoption agency can be contacted to meet with patient at their request, agency handles all legal documentation, release forms, discharge plan/placement, etc. Legal documents/surrender of parental rights cannot be signed before 72 hours post partem. Important that patient's wishes are met in regards to seeing, holding, feeding, etc. baby and must be communicated with staff. Most agencies offer interim care, newborn can be placed in a temporary home while parents finalize decision and legal forms.

Pregnant Woman (PW) Medicaid – policy ends in 05. Newborn is covered under mother's policy for 60 days, pediatrician bills under mother's number. Patient needs to notify Medicaid after delivery forwarding copy of footprints, newborn is covered for one year before redetermination is required, mother is covered 60 days post partem and must speak with the county board of social services to extend coverage. Must notify HMO of pediatrician choice and forward copy of birth certificate and social security card once received.

Children's Aid and Family Services 200 Robin Road, Paramus 201-261-2800. Offer many programs including foster care, Strive program for developmental disabilities, parenting, Zoe's Place residence for teenage moms, Baby Basics and the Center for Alcohol and Drug Resources.

STAR-Support Team for Addiction Recovery 230 E. Ridgewood Avenue, Paramus 551-497-0763 Comprehensive yearlong outpatient treatment program for Bergen County residents who have an opioid use disorder diagnosis. Other criteria are required.



Child/Adolescent Intensive Mental Health Services

New Pathways, Paramus 201-436-1022. Substance abuse treatment only.

High Focus Intensive Outpatient and Partial Care mental health services 877-960-0197. Treatment age 10yrs+, various locations.

ICCPC Immediate Care Children's Psychiatric Center – Parsippany 973-335-9909. Intensive outpatient and partial care mental health services for children and adolescents.

St. Claire's Hospital Boonton 973-316-1800 pediatric inpatient unit. Outpatient services in Denville 973-625-7009.



Summit Oaks Hospital inpatient admissions 908-522-7071. Located in Summit, accept children ages 5-17yrs.

New Bridge Services 201-967-4000

Carrier Clinic, Belle Meade Admissions 908-281-1395

Trinitas Regional Medical Center, Elizabeth Admissions 908-994-7712

Greater Bergen Community Action Inc. 392 Main Street, Hackensack 201-488-5100. Offers a large variety of community assistance programs including Headstart, Education and Training Center for youth without a high school diploma, Home Energy Assistance, Lead Remediation, Supportive Transitional Living for youth 16-21, Federal Credit Union, Ladder Project sobriety program for homeless men 18yrs+, Financial and Housing Counseling, and Housing Coalition landlord/tenant dispute assistance.

Bergen One Stop Career Center – 60 State Street, Hackensack 201-329-9500. Agency provides education, job skills training, career planning, vocational counselling, comprehensive assessments, individual employment plans, case management, job search and placement assistance to all members of the community. Passaic County 973-340-3400.

ESL – Bergen Community College 201-879-8912 or 201-301-1712. Meadowlands Family Success Center 201-464-4714. Passaic County One Stop Career Center 973-340-3400x7100.

Family Support Organization of Bergen County 201-796-6209. Offers family support, referral, resources, parenting skills education.

Mental Health Services. 24 hour crisis hotline 201-262-HELP (4357). Privately insured should explore benefits within network. Medicaid accepted county mental health centers listed.

Care Plus offers comprehensive mental health programs, outpatient, group and partial care, accept private insurance and Medicaid. Access 201-986-5000. Crossroads to Wellness 201-986-5037 offers interim/acute outpatient mental health treatment while awaiting intake appointment.

Comprehensive Behavioral Healthcare offers outpatient counselling services at 25 E. Salem Street, Hackensack and 516 Valley Brook Ave., Lyndhurst – access 201-646-0195. They also have a **Wellness and Support Center** located at 569 Broadway, Westwood 201-957-1800 where individuals experiencing significant mental health issues or psychiatric symptoms can walk in for immediate crisis services and referrals Monday-Friday 8a-8p, weekends 9a-5p.

Mental Health Association in Passaic County 973-478-4444. Provide a list of comprehensive community agencies providing varied social services and mental health referrals.

Perform Care 877-652-7624 – NJ Children's System of Care point of entry; administrator of mental health, intellectual developmental disability and substance abuse treatment services to children/youth up to age 22 in the community and in the home. Parent must request services.

DCPP – Department of Child Protection and Permanency hotline 877-652-2873. If there is a concern that a child is at risk of abuse or neglect a referral must be made. This can be done by staff or any concerned party. Any mother with a positive drug screen at delivery will be referred to DCPP, the Division will request urine and meconium be collected on the newborn, this should be communicated to nursery staff. We do not provide supervision, if DCPP has a concern about parent having contact with child they must communicate this to staff and restrictions will be placed accordingly, ie baby will remain in the nursery. DCCP determines discharge plan.

Partnership for Maternal and Child Health 973-942-3630 is a program that provides a great deal of support programs to women and children including home visitation programs for women who are a first time mother and or TANF recipient, these include Healthy Families and the Nurse Family Partnership programs. A referral can be made by faxing an initial referral form, or patient can contact agency directly. They have a Community Worker program that provides comprehensive referral and community service information by phone. They offer an Emotional Health Phone Support Program where they will outreach patients about post partem depression. They offer New Mom programs throughout the community for support and socialization, the list of meeting sites is updated periodically on their website under Perinatal Mood disorders. The Perinatal Prevention Program provides screening, resources and support for pregnant women in need of substance abuse intervention. Contact person Yisel Alaoui 201-876-8900. All their programs are described on their website partnershipmch.org.

Bereavement – Any fetal death of 20+ gestational weeks requires a death certificate and fetal disposition handled by a funeral director, either cremation or burial. Volk Leber Funeral home charges for the crematorium cost only, approx. \$110, if this is the family's wishes you can schedule an appointment for parent/FOI to meet with Volk staff to sign release and determine disposition of ashes. Some families may wish to bury fetus and have a family burial plot where such can occur. If parent(s) wants burial but has limited resources, Holy Cross Cemetery 340 Ridge Rd, North Arlington 201-997-1900 will provide a plot at no charge, family can purchase a grave marker for \$100, head stone is additional. For burial the body must be prepared by a funeral director including placement in a casket, Volk charges \$250 for the casket, \$750 staff accompaniment to the cemetery and \$15 per death certificate. Some Medicaid recipients may be eligible for burial/cremation stipend, in Bergen County call Jerry Abraham @BCBSS 201-368-4311.

Support groups are available at Valley Medical Center, contact Trudy Herema 20-447-8539 and at HNMC. Support programs for siblings of deceased fetus include Hearts and Crafts 201-818-9399, Ridgewood YMCA Rainbows 201-218-0719 and Valley Medical Center's Art Therapy program 201-291-6243.