

INITIAL PERINATAL PSYCHOSOCIAL ASSESSMENT

DATE: _____ TIME: _____ ☐ AM ☐ PM

LANGUAGE:
Spoken _____ Understood _____
Interpreter Needed ☐ Yes ☐ No Translator _____ ☐ N/A

Referral Source:

Reason Referred:

Diagnosis:

Health Insurance:

Telephone #:

Relative:

Address:

Home Telephone #:

Work Telephone #:

Patient's: Age: _____ S M D SEP B W H G _____ P _____ EDC _____

Patient's Presentation:

Family Data:

Living Arrangements:

Employment History:

Financial Status:

Needs for Baby:

Father of Infant (Involvement):

Drug or Psychiatric Involvement:

History of Abuse/Domestic Violence:

Feelings about Pregnancy: *Feelings about the postpartum period:*

Affect:

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Special Problems:

Assessment:

Plan:

A. Referrals

☐ Bd. of Soc. Svcs. For:
(1) AFDC/MA // (2) Housing

- ☐ MCH Resource Guide
- ☐ Community Support Group
- ☐ Outpatient Counseling
- ☐ Inpatient Psych Facility
- ☐ Birthright
- ☐ WIC
- ☐ Other: _____

☒ ~~Jersey Care~~

- ☐ Other: _____
- ☐ Education/Employment Program
- ☐ Adoption Agency
- ☐ Drug/Alcohol Program
- ☐ Domestic Violence Program
- ☐ Legal Aid
- ☐ HNH Peds Home Care

B. Will receive pediatric care at:

☒ ~~HNH Peds Clinic~~ ☐ Other: _____

C. Social Services:

- ☐ Available as needed
- ☐ To review chart in _____.
- ☐ Social Service assessment required before inpatient discharge.
- ☐ No additional Social Service intervention needed at this time.

Comments:

Social Worker:

Ext. #:

Beeper #:



Women and Children Consult Checklist

Assessment should include:

- History of mental health conditions
- History of perinatal mood/anxiety disorder
- History of substance use conditions
- Stress factors
- Support system
- DCPP history
- Legal involvement

If applicable, inquire about:

- Highest level of education (If applicable)
- Employment history (i.e. if there is a question of disability and/or bonding time benefits)
- Government assistance (i.e. SNAP Benefits, WIC, Cash Assistance, General Assistance).
- Community resources (i.e. agencies the family is working with).

All patient should be provided with:

- Psycho-education on postpartum mental health and written resources

Document:

- Interventions provided (i.e. Motivational Interviewing, Trauma Informed Care and/or supportive counseling among others).