# Regularization

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 $\ell_2$  and  $\ell_1$  Regularization

### Complexity Penalty

Goal: balance between complexity of the hypothesis space  ${\mathcal F}$  and the training loss

Complexity measure:  $\Omega: \mathfrak{F} \to [0, \infty)$ , e.g. number of features

#### Penalized ERM (Tikhonov regularization)

For complexity measure  $\Omega: \mathfrak{F} \to [0, \infty)$  and fixed  $\lambda \geqslant 0$ ,

$$\min_{f \in \mathcal{F}} \frac{1}{n} \sum_{i=1}^{n} \ell(f(x_i), y_i) + \lambda \Omega(f)$$

As usual, find  $\lambda$  using validation data.

Number of features as complexity measure is hard to optimize—other measures?

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#### Weight Shrinkage: Intuition

Consider linear regression on the following data, which line would you prefer? [draw]

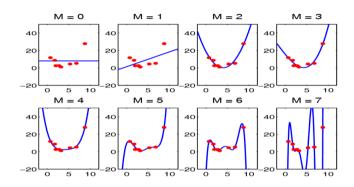
### Weight Shrinkage: Intuition

Consider linear regression on the following data, which line would you prefer? [draw]

- Prefer the line with smaller slope: small change in the input does not cause large change in the output
- If the estimated weights change by a small amount, it wouldn't cause huge change in the prediction (less sensitive to data)

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### Weight Shrinkage: Polynomial Regression



- Large weights are needed to "wiggle" the curve
- Want to regularize the weights to make them smaller, e.g.  $\hat{v} = 0.001x^7 + 0.003x^3 + 1 \text{ vs } \hat{v} = 1000x^7 + 500x^3 + 1$

(Adapated from Mark Schmidt's slide)

#### Linear Regression with L2 Regularization

Consider linear models

$$\mathcal{F} = \left\{ f : \mathsf{R}^d \to \mathsf{R} \mid f(x) = w^T x \text{ for } w \in \mathsf{R}^d \right\}$$

- Square loss:  $\ell(\hat{y}, y) = (y \hat{y})^2$
- Training data  $\mathfrak{D}_n = ((x_1, y_1), \dots, (x_n, y_n))$
- Linear least squares regression is ERM for square loss over  $\mathcal{F}$ :

$$\hat{w} = \underset{w \in \mathbb{R}^d}{\arg\min} \frac{1}{n} \sum_{i=1}^n \left\{ w^T x_i - y_i \right\}^2$$

• Can overfit when d is large compared to n, e.g.  $d \gg n$  very common in NLP (e.g. a 1M features for 10K documents).

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#### Linear Regression with L2 Regularization

Penalize "large" weights where size of weights is measured by  $\ell_2$  norm:

$$\hat{w} = \arg\min_{w \in \mathbb{R}^d} \frac{1}{n} \sum_{i=1}^n \left\{ w^T x_i - y_i \right\}^2 + \lambda ||w||_2^2,$$

where  $||w||_2^2 = w_1^2 + \cdots + w_d^2$  is the square of the  $\ell_2$ -norm.

- Also known as ridge regression.
- We get back linear least square regression with  $\lambda = 0$ .
- $\ell_2$  regularization can be used for other models too (e.g. neural networks)

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# How does $\ell_2$ regularization induce "regularity"?

- Short answer: it controls "sensitivity" of the function.
- For  $\hat{f}(x) = \hat{w}^T x$ ,  $\hat{f}$  is **Lipschitz continuous** with Lipschitz constant  $L = \|\hat{w}\|_2$ .
- That is, when moving from x to x+h,  $\hat{f}$  changes no more than L||h||.
- ullet So  $\ell_2$  regularization controls the maximum rate of change of  $\hat{f}$ .
- Proof:

$$\begin{split} \left| \hat{f}(\mathbf{x} + \mathbf{h}) - \hat{f}(\mathbf{x}) \right| &= \left| \hat{\mathbf{w}}^T(\mathbf{x} + \mathbf{h}) - \hat{\mathbf{w}}^T \mathbf{x} \right| = \left| \hat{\mathbf{w}}^T \mathbf{h} \right| \\ &\leqslant \|\hat{\mathbf{w}}\|_2 \|\mathbf{h}\|_2 \quad \text{(Cauchy-Schwarz inequality)} \end{split}$$

• Note that other norms also provides a bound on L due to the equivalence of norms:  $\exists C > 0 \text{ s.t. } \|\hat{w}_2\|_2 \leqslant C \|\hat{w}_2\|_p$ 

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### Linear Regression vs Ridge Regression

#### Objective:

- Linear:  $L(w) = \frac{1}{2} ||Xw y||_2^2$
- Ridge:  $L(w) = \frac{1}{2} ||Xw y||_2^2 + \frac{\lambda}{2} ||w||_2^2$

#### Gradient:

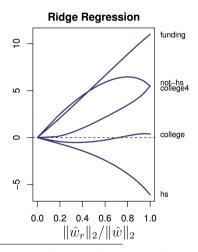
- Linear:  $\nabla L(w) = X^T(Xw y)$
- Ridge:  $\nabla L(w) = X^T(Xw y) + \lambda w$ 
  - Also known as weight decay in neural networks

#### Closed-form solution:

- Linear:  $X^T X w = X^T y$
- Ridge:  $(X^TX + \lambda I)w = X^Ty$ 
  - $(X^TX + \lambda I)$  is always invertible

### Ridge Regression: Regularization Path

#### Regulariztion path shows how the weights vary as we change the regularization strength



$$\hat{w}_r = \underset{\|w\|_2^2 \le r^2}{\arg\min} \frac{1}{n} \sum_{i=1}^n (w^T x_i - y_i)^2$$

$$\hat{w} = \hat{w}_{\infty} = \text{Unconstrained ERM}$$

- For r = 0,  $||\hat{w}_r||_2 / ||\hat{w}||_2 = 0$ .
- For  $r = \infty$ ,  $\|\hat{w}_r\|_2 / \|\hat{w}\|_2 = 1$

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Modified from Hastie, Tibshirani, and Wainwright's Statistical Learning with Sparsity, Fig 2.1. About predicting crime in 50 US cities.

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#### Lasso Regression

Penalize the  $\ell_1$  norm of the weights:

Lasso Regression (Tikhonov Form)

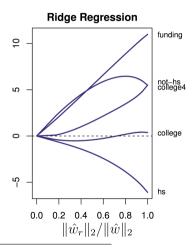
$$\hat{w} = \arg\min_{w \in \mathbb{R}^d} \frac{1}{n} \sum_{i=1}^n \left\{ w^T x_i - y_i \right\}^2 + \lambda ||w||_1,$$

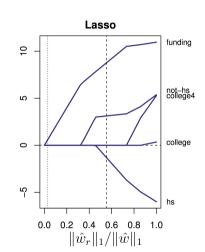
where  $||w||_1 = |w_1| + \cdots + |w_d|$  is the  $\ell_1$ -norm.

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#### Ridge vs. Lasso: Regularization Paths

#### Lasso gives sparse weights:





Modified from Hastie, Tibshirani, and Wainwright's Statistical Learning with Sparsity, Fig 2.1. About predicting crime in 50 US cities.

#### Lasso Gives Feature Sparsity: So What?

Coefficient are  $0 \implies$  don't need those features. What's the gain?

- Time/expense to compute/buy features
- Memory to store features (e.g. real-time deployment)
- Identifies the important features
- Better prediction? sometimes
- As a feature-selection step for training a slower non-linear model

Regularization and Sparsity

### Constrained Empirical Risk Minimization

#### Constrained ERM (Ivanov regularization)

For complexity measure  $\Omega: \mathcal{F} \to [0, \infty)$  and fixed  $r \geqslant 0$ ,

$$\min_{f \in \mathcal{F}} \frac{1}{n} \sum_{i=1}^{n} \ell(f(x_i), y_i)$$
s.t.  $\Omega(f) \leq r$ 

#### Lasso Regression (Ivanov Form)

The lasso regression solution for complexity parameter  $r \geqslant 0$  is

$$\hat{w} = \underset{\|w\|_1 \leq r}{\arg\min} \frac{1}{n} \sum_{i=1}^{n} \{w^T x_i - y_i\}^2.$$

r has the same role as  $\lambda$  in penalized ERM (Tikhonov).

#### Ivanov vs Tikhonov Regularization

- Let  $L: \mathcal{F} \to \mathsf{R}$  be any performance measure of f
  - e.g. L(f) could be the empirical risk of f
- For many L and  $\Omega$ , Ivanov and Tikhonov are "equivalent":
  - Any solution  $f^*$  you could get from Ivanov, can also get from Tikhonov.
  - Any solution  $f^*$  you could get from Tikhonov, can also get from Ivanov.
- Can get conditions for equivalence from Lagrangian duality theory.
- In practice, both approaches are effective.
- We will use whichever that is more convenient.

## Ivanov vs Tikhonov Regularization (Details)

Ivanov and Tikhonov regularization are equivalent if:

• For any choice of r > 0, any Ivanov solution

$$f_r^* \in \operatorname*{arg\,min}_{f \in \mathcal{F}} L(f) \text{ s.t. } \Omega(f) \leqslant r$$

is also a Tikhonov solution for some  $\lambda > 0$ . That is,  $\exists \lambda > 0$  such that

$$f_r^* \in \underset{f \in \mathcal{F}}{\arg\min} L(f) + \lambda \Omega(f).$$

2 Conversely, for any choice of  $\lambda > 0$ , any Tikhonov solution:

$$f_{\lambda}^* \in \operatorname*{arg\,min}_{f \in \mathcal{F}} L(f) + \lambda \Omega(f)$$

is also an Ivanov solution for some r > 0. That is,  $\exists r > 0$  such that

$$f_{\lambda}^* \in \operatorname*{arg\,min} L(f) \text{ s.t. } \Omega(f) \leqslant r$$

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### The $\ell_1$ and $\ell_2$ Norm Constraints

- For visualization, restrict to 2-dimensional input space
- $\mathcal{F} = \{f(x) = w_1x_1 + w_2x_2\}$  (linear hypothesis space)
- Represent  $\mathcal{F}$  by  $\{(w_1, w_2) \in \mathbb{R}^2\}$ .
  - $\ell_2$  contour:  $w_1^2 + w_2^2 = r$



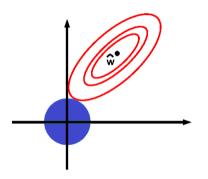
•  $\ell_1$  contour:  $|w_1| + |w_2| = r$ 



Where are the "sparse" solutions?

### The Famous Picture for $\ell_2$ Regularization

•  $f_r^* = \operatorname{arg\,min}_{w \in \mathbb{R}^2} \sum_{i=1}^n (w^T x_i - y_i)^2$  subject to  $w_1^2 + w_2^2 \leqslant r$ 



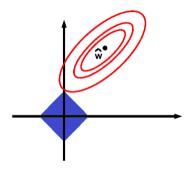
- Blue region: Area satisfying complexity constraint:  $w_1^2 + w_2^2 \leqslant r$
- Red lines: contours of  $\hat{R}_n(w) = \sum_{i=1}^n (w^T x_i y_i)^2$ .

KPM Fig. 13.3

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### The Famous Picture for $\ell_1$ Regularization

•  $f_r^* = \arg\min_{w \in \mathbb{R}^2} \frac{1}{n} \sum_{i=1}^n (w^T x_i - y_i)^2$  subject to  $|w_1| + |w_2| \leqslant r$ 



- Blue region: Area satisfying complexity constraint:  $|w_1| + |w_2| \le r$
- Red lines: contours of  $\hat{R}_n(w) = \sum_{i=1}^n (w^T x_i y_i)^2$ .
- $\ell_1$  solution tends to touch the corners.

KPM Fig. 13.3

### Why does $\ell_1$ gives sparse solution?

Geometric intuition: Euclidean projection onto a convex set encourages solutions at corners or edges.

•  $\hat{w}$  in red/green regions are closest to corners in the  $\ell_1$  ball.

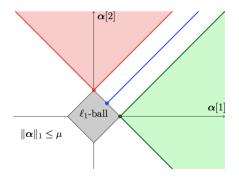


Fig from Mairal et al.'s Sparse Modeling for Image and Vision Processing Fig 1.6

### Why does $\ell_1$ gives sparse solution?

Geometric intuition: Euclidean projection onto a convex set encourages solutions at corners or edges.

•  $\ell_2$  ball encourages solution in any direction equally.

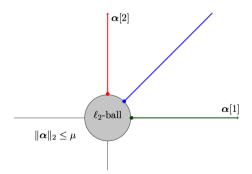


Fig from Mairal et al.'s Sparse Modeling for Image and Vision Processing Fig 1.6

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### Why does $\ell_1$ gives sparse solution?

#### For $\ell_2$ regularization,

- As w<sub>i</sub> becomes smaller, there is less and less penalty
  - What is the  $\ell_2$  penalty for  $w_i = 0.0001$ ?
- The gradient goes to zero as w<sub>i</sub> moves towards zero

#### For $\ell_1$ regularization,

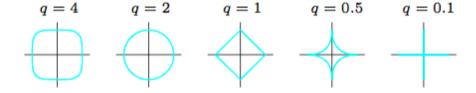
- The function is non-smooth and the gradient stays the same as the weights becomes smaller
- Thus it pushes them to exactly zero even if the weights are already tiny

(More discussion in lecture)

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# The $(\ell_q)^q$ Constraint

- Generalize to  $\ell_q$ :  $(\|w\|_q)^q = |w_1|^q + |w_2|^q$ .
- Contours of  $||w||_q^q = |w_1|^q + |w_2|^q$ :



- Note:  $||w||_q$  is a norm if  $q \ge 1$ , but not for  $q \in (0,1)$
- ullet  $\ell_q$  constraint when q<1 is non-convex, so hard to optimize
- $\ell_0$  ( $||w||_0$ ) is defined as the number of non-zero weights, i.e. subset selection

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