



Universal Human Values

UHV-II

(An Introduction to Value Education)

Today State - At the level of the individual

- **Rising problems of depression**
- **Relative confidence**
- **Psychological disorders**
- **Suicides**
- **Stress**
- **Insecurity**
- **Psychosomatic diseases**
- **Loneliness etc.**

Today State - At the level of the Family

- **Breaking of joint families**
- **Mistrust**
- **Conflict between older and younger generations**
- **Insecurity in relationships**
- **Divorce**
- **Dowry tortures**
- **Family feuds**
- **Wasteful expenditure in family functions etc.**

Today State - At the level of the Society

- **Growing incidences of terrorism and naxalism**
- **Rising communalism**
- **Spreading casteism**
- **Racial and ethnic struggle**
- **Wars between nations**
- **Attempts of genocide**
- **Fear of nuclear and genetic warfare, etc.**

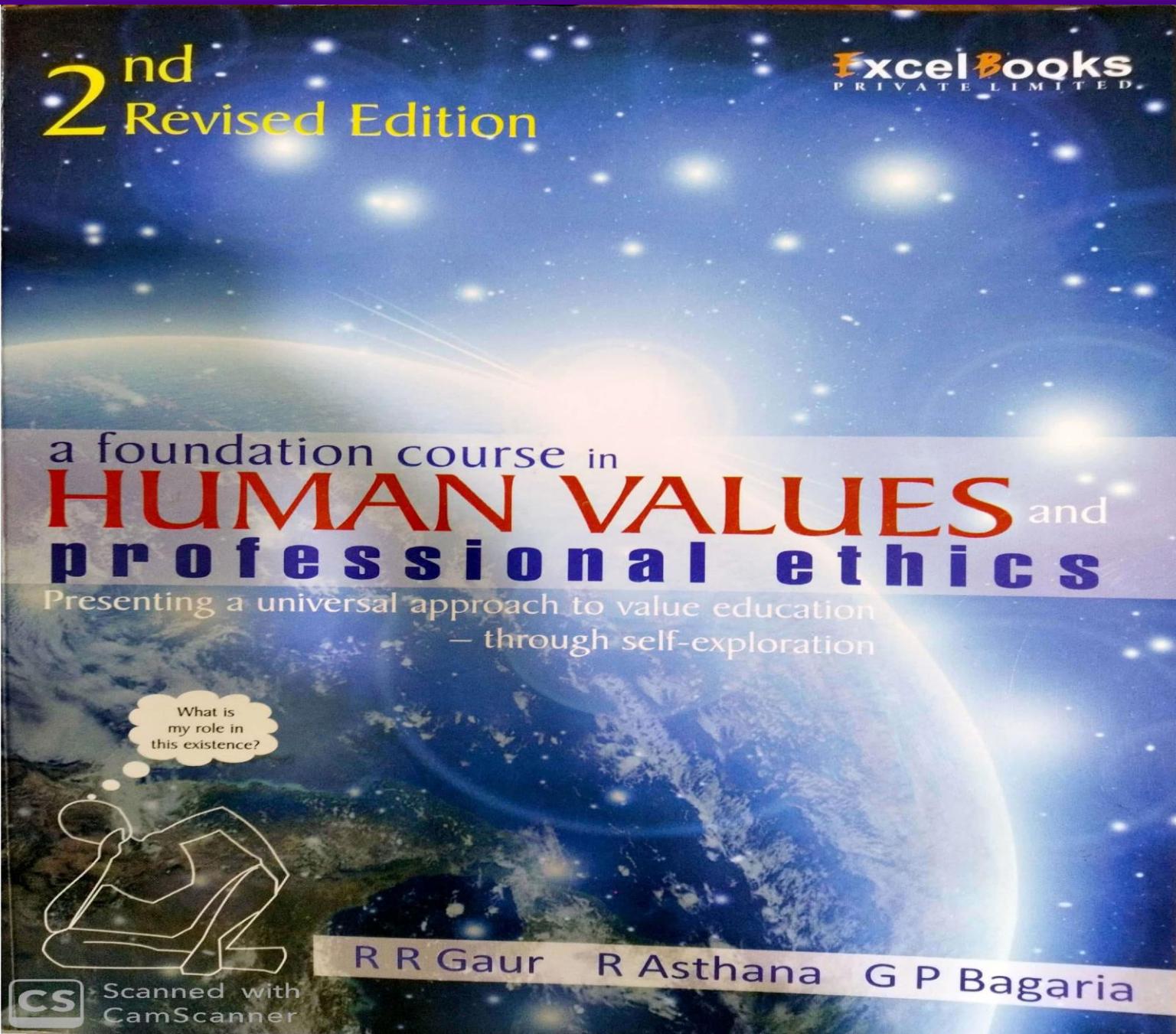
Today State - At the level of the Nature

- **Global warming**
- **Water, air, soil, noise, etc. pollution**
- **Resource depletion of minerals and mineral oils**
- **Sizeable deforestations**
- **Loss of fertility of soil.**

Outcome of the Course (if you understand properly)

- **Clarity regarding a fulfilling life and the program to achieve it.**
(resulting in channelized thoughts)
- **Harmony in Individual**
(Resulting in happiness and a feeling of prosperity and living with absolute confidence)
- **Harmony in Family**
(Resulting in mutual fulfillment in relationship and prosperity in family)
- **Harmony in Society**
(Resulting in trustful, undivided, universal society)
- **Harmony in Nature/Existence**
(Understanding the inherent co-existence resulting in being in harmony in Nature)

About Book



Prof. R R Gaur

Prof. R R Gaur has been a senior professor of **Mechanical Engineering at IIT Delhi** with research focus on **renewable energy conversion systems**. He has also been the **Head of National Resource Centre for Value Education in Engineering at IIT Delhi** and has contributed significantly towards **integrating Science, Technology and Human Values through curricular development and research**. For more than two decades, Prof. Gaur, along with other colleagues at IIT Delhi and other institutions has been seriously experimenting with a variety of innovative inputs in value education. He has recently taken **voluntary retirement** from IIT Delhi in order to fully devote himself to value education activities.

Rajul Asthana

Rajul Asthana, an **alumnus of IIT Delhi**, has **28 years** of corporate experience in **India and USA**. He was the **IT leader of (CIO)** of the Industrial **Products Division of W.L Gore and Associates, USA** and, later, **Senior Vice President** with **Satyam Computer Services, Hyderabad**. As head of their Learning Center globally, he was responsible for co-developing and implementing the company's learning strategy for associate development. He was a founding member of **Global Council of Corporate Universities, France** promoting the idea that corporate universities can be instrumental in personal transformation. He was also the founder director of **The International Resource Center for Universal Human Values and Ethics at Punjab Technical University, Jalandhar**.

Prof. G P Bagaria

Highly respected teacher both in **Electronics and Communication** as well as in **Value Education**. He has carried out extensive research over the past 15 years in evolving a **suitable methodology for Value Education** and has successfully experimented with it, both within the institutional framework as well as with a variety of people in the community at large. He is accepted as an inspiring role model by his students and peers. For the work carried out by him in the area of Value Education and as social activist, he was awarded the **Satyendra K Dubey Memorial Award for the year 2006 by IIT Kanpur**. He is an **alumnus of IIT Kanpur**.

Value

Value of a unit is its participation in the larger order

e.g. The value of a piece of chalk is its participation in the classroom

What is valuable

The chalk writes on the blackboard in the classroom?

or

The chalk scratches the blackboard in the classroom?

What is valuable = value

The context is always the larger order

Value of a unit is definite (does not change with time, place, person)

The value of a unit is also referred to as its role

Thus, the role of chalk is to write on the blackboard

Explore

What is the value of water?

E.g. Value of water for quenching your thirst – the participation of water in quenching your thirst
Does water quench your thirst? Is it valuable?

Is its value (participation) definite?

- Does it remain same over time?
- Does it remain same in different places?
- Is it same for different persons?

You can further reflect on the relationship between value and price

Human Values

Value of a human being is its participation in the larger order

E.g. Your participation in the family defines your value in the family

What is valuable for you? feeling of respect or feeling of disrespect?

You feel happy when you have a feeling of respect

The other feels happy when you express respect to him/her

Living in accordance with human values leads to mutual happiness*

- Your happiness
- Happiness of the other human being

*i.e. in the case of human-human interaction

In the case of human-rest of nature interaction,
living in accordance with human values leads to mutual prosperity

Understanding Human Values

In nature, every unit participates with every other unit in a mutually fulfilling manner

E.g. air nurtures plants and plants enrich air

Except for human being (who does not understand human values)

For a human being to live with human values,
s(he) has to understand human values

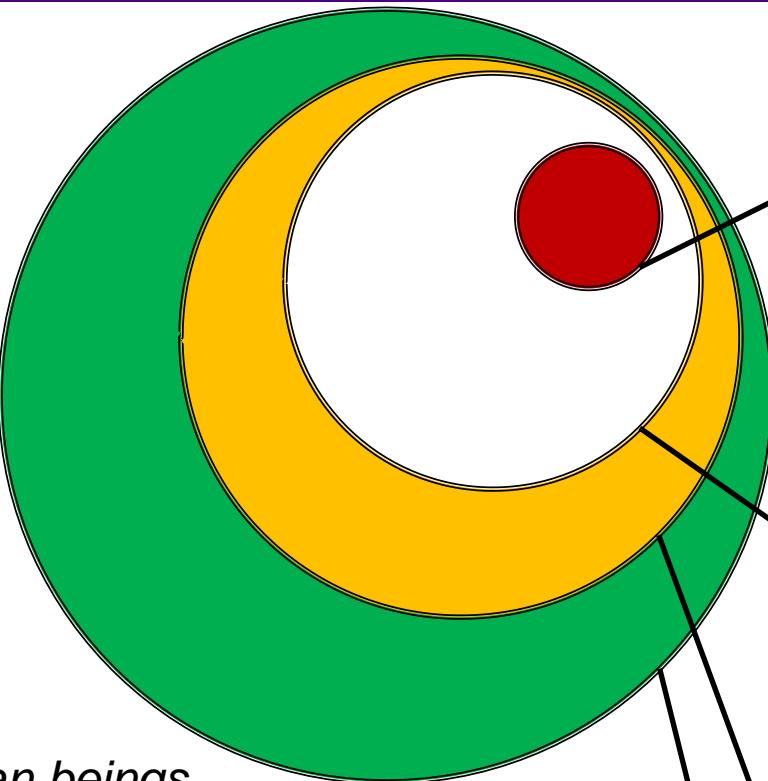
E.g. for a human being to live with a feeling of respect s(he) has to understand the feeling of respect

To live with happiness, human beings have to understand human values

They have to understand their participation

They have to understand their role

Human Values, Participation, Role of Human Being in the Larger Order



Individual

My value for myself
(eg. ensuring happiness in the self and health in the body)

Family

My value in the family
(eg. ensuring feeling of relationship and prosperity)

Society

My value in the society
(eg. to participate in social systems for justice, peace and harmony)

Nature/Existence

My value in nature/existence
(eg. mutual fulfilment with rest of nature)

To live with happiness, human beings have to understand human values, i.e. their participation, their role in the larger order

Without understanding human values, they may assume something about their participation, role, which may or may not be fulfilling

Human Values

Value of a unit is its participation in the larger order

Human values = Value of human being is its participation in the larger order

In human-human interaction, living in accordance with human values leads to mutual happiness

- Your happiness
- Happiness of the other human being

In human-rest of nature interaction, living in accordance with human values leads to mutual prosperity

- Your prosperity
- Prosperity of rest of nature

To live with happiness and prosperity, it is essential to understand human values

Without understanding human values, one may or may not be able to live with happiness and prosperity

The part of education that deals with the understanding of one's participation in the larger order, and thus ensuring it in living, is called as Value Education.

Deciding Our Values

Do you want to be able to decide on your own right?

or

Do you want somebody else to decide for you?

(this somebody may be a group of people, it may be the society or the education system, etc.)

If you are not able to decide on your own right then:

1. Someone else is deciding what is valuable and what is not valuable for you
2. Unconsciously you keep accepting those things as values
3. You get busy with how to implement them, how to realize them, materialize them

Should Education help You to Develop Holistically?

Understanding	What to do	Values	Value Education
Learning	How to do	Skills	Skill Development
Doing	Use of Skills	Skills guided by Values	Practice

The problems around you are
or
more due to lack of skills?
more due to lack of values?

Are both, values and skills, required?

Both are required; Values and skills are complementary to each other

If both are required, then what is the priority?

Values (what to do) first, then skills (how to do), but both are required

What is the state in present-day education?

Education has become skill-biased
(there is a need to make appropriate changes)

- **Skill Education**

- Skills are necessary in our life. (computer, telecom, construction..)
- However, along with skills, it is essential to decide the purpose for which they are to be used.

- **Complementarity of Values and Skills.**

- Right utilization of learnt skills.
- Achieving right purpose.

- **Priority of Values over Skill**

- What is more important: What to do? OR How to do?

Need and Important Implications of Value Education

- Correct identification of our aspirations.
- Develop a Holistic Perspective
- Clarity of Programme to Live with Holistic Perspective.
- Evaluation of our beliefs
- Solution of existing problems
- Development of Ethical Competence

Basic Guidelines for Value Education

Universal

The content needs to be universal – applicable to all human beings and be true at all times, all places

It should not depend on sect, creed, nationality, race, gender, etc.

Rational

It must be amenable to logical reasoning

It should not be based on blind beliefs

Natural and Verifiable

It has to be ‘naturally acceptable’ and experientially verifiable, and not based on dogmas, beliefs or assumptions.

Should not be asked to believe just because it is stated in the course

All Encompassing

It needs to cover all dimensions (thought, behaviour, work and understanding) and levels (individual, family, society and nature/existence) of human life

Should not be confined to only few aspects of life.

Leading to Harmony

Values have to enable us to live in peace and harmony within our own self as well as with others (human being and rest of nature)

This will be sufficiently exemplified in the presentations in this workshop

Content of Value Education

Holistic, All Encompassing

Covers all levels of living:

1. Individual (human being)
2. Family
3. Society
4. Nature/Existence

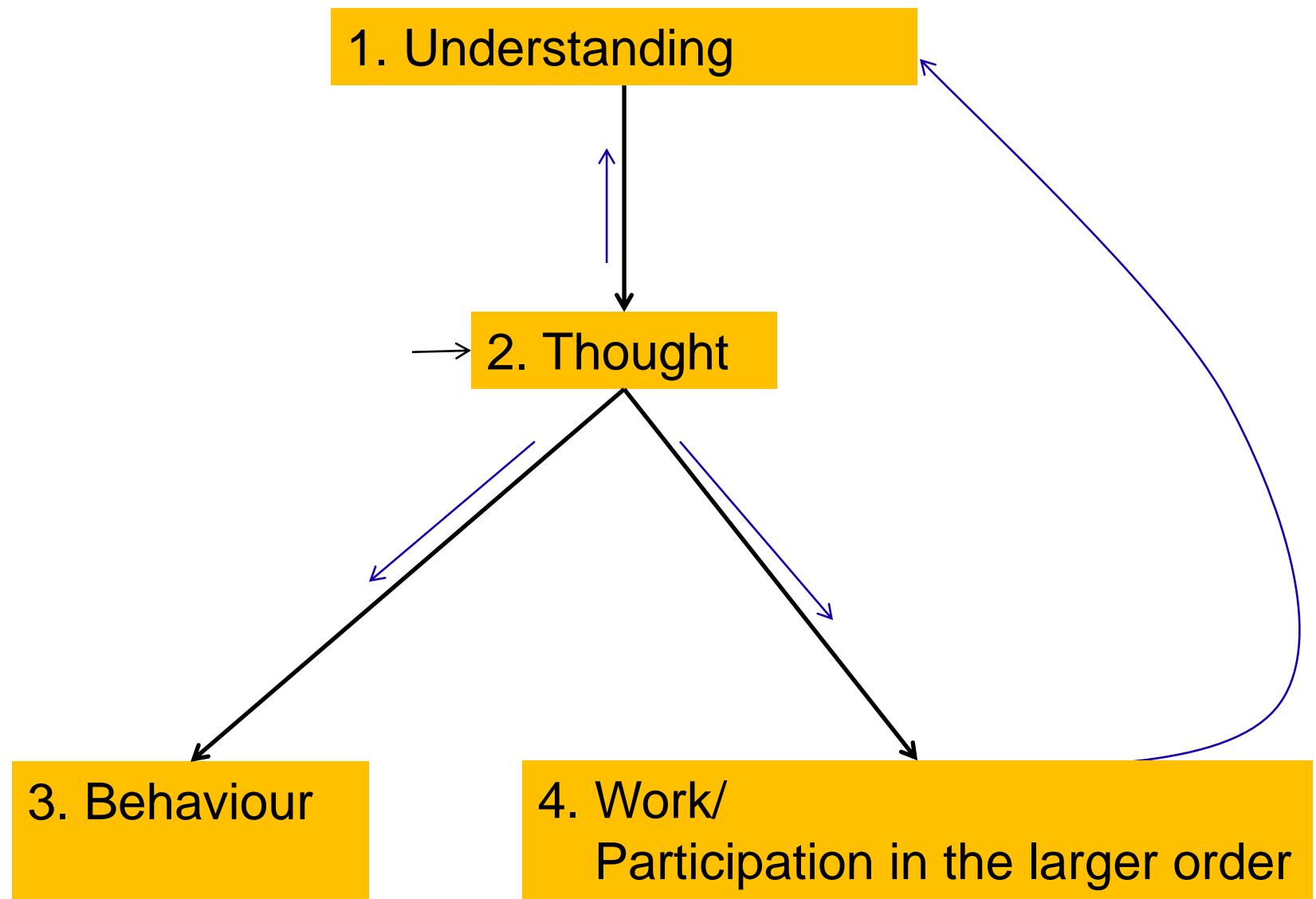
Eg. As a Family, Society – we want
Fearlessness / Trust
NOT fear (mistrust / opposition)

Covers all dimensions of human being, (as an Individual):

1. Understanding/Realization
2. Thought
3. Behaviour
4. Work/Participation in larger order

Eg. In Thought – we want clarity
(a state of resolution, solution)
NOT confusion (a state of problem)

Dimensions of Human Being (as an Individual)



Process of Value Education

Universal

The content needs to be universal – applicable to all human beings and be true at all times, all places

It should not depend on sect, creed, nationality, race, gender, etc.

Rational

It must be amenable to logical reasoning... should be able to question

It should not be based on blind beliefs

Verifiable

The student should be able to verify the values on one's own right

Should not be asked to believe just because it is stated in the course

Leading to Harmony

Values have to enable us to live in peace and harmony within our own self as well as with others (human being and rest of nature)

Process of Value Education – Self-exploration

Whatever is said is a **Proposal**

Verify it on Your Own Right – on the basis of our **Natural Acceptance**

Do not assume it to be true or false

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be (your natural acceptance)

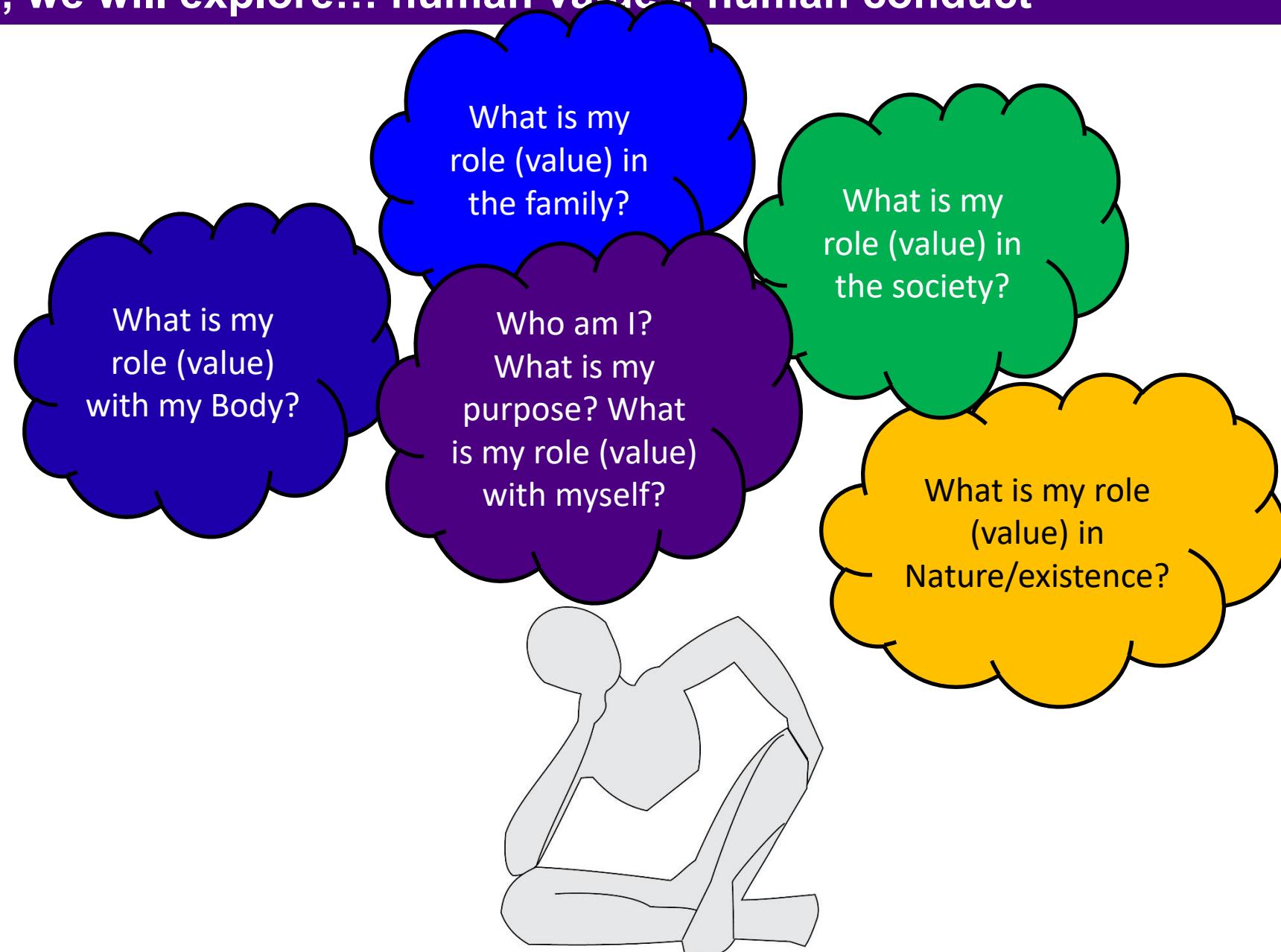
The purpose of this course is to initiate this internal dialogue,
to help you to be self-referential, self-confident

Is this process naturally acceptable to you?

Is the purpose of this course valuable for you?



In this course, we will explore... human values, human conduct



Sum Up

Need for Value Education

To live with fulfilment, happiness, continuous happiness...
it is essential to understand what is valuable for human being (human values)
To understand human values, human conduct we need value education

Basic Guidelines for Value Education

Basic Guidelines for Value Education

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All Encompassing

It needs to cover all dimensions (thought, behaviour, work and understanding) and levels (individual, family, society and nature/existence) of human life
Should not be confined to only few aspects of life.

Leading to Harmony

Values have to enable us to live in peace and harmony within our own self as well as with others (human being and rest of nature)

Content of Value Education

All encompassing
Holistic

Process of Value Education

Self exploration, becoming Self-referential



Self-exploration as the Process for Value Education

Process

Whatever is said is a **Proposal** (**Do not assume it to be true or false**)

Verify it on Your Own Right – on the basis of our **Natural Acceptance**

It is a process of **Dialogue**

A dialogue between me and you, to start with

It soon becomes a dialogue **within your own self**

between what you are and what you really want to be
(your natural acceptance)

The purpose of this workshop is to initiate/strengthen this internal dialogue

प्रस्ताव है (मानें नहीं)

जाँचें – स्वयं के अधिकार पर।

अपनी **सहज स्वीकृति** के आधार पर।

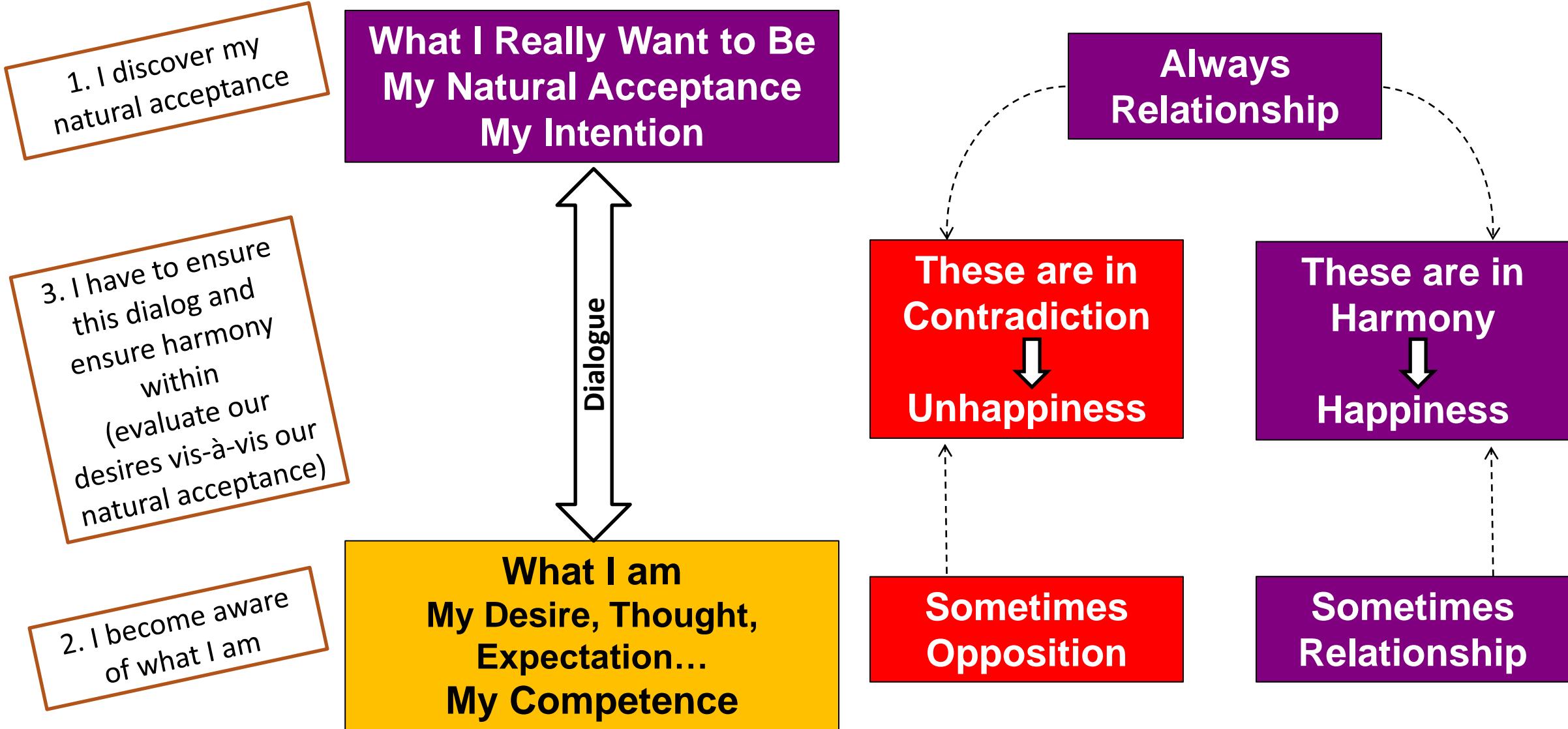
यह **संवाद** की प्रक्रिया है।

यह संवाद आपके और मेरे बीच शुरू होता है, फिर आप में चलने लगता है।

What is this Course

1. It is a process of dialogue – between me and you, to begin with
यह संवाद की प्रक्रिया है। यह संवाद आपके और मेरे बीच शुरू होता है।
2. It soon becomes a dialogue (Self-exploration) within your own Self...
शीघ्र ही यह संवाद आपके स्वयं में चलने लगता है।

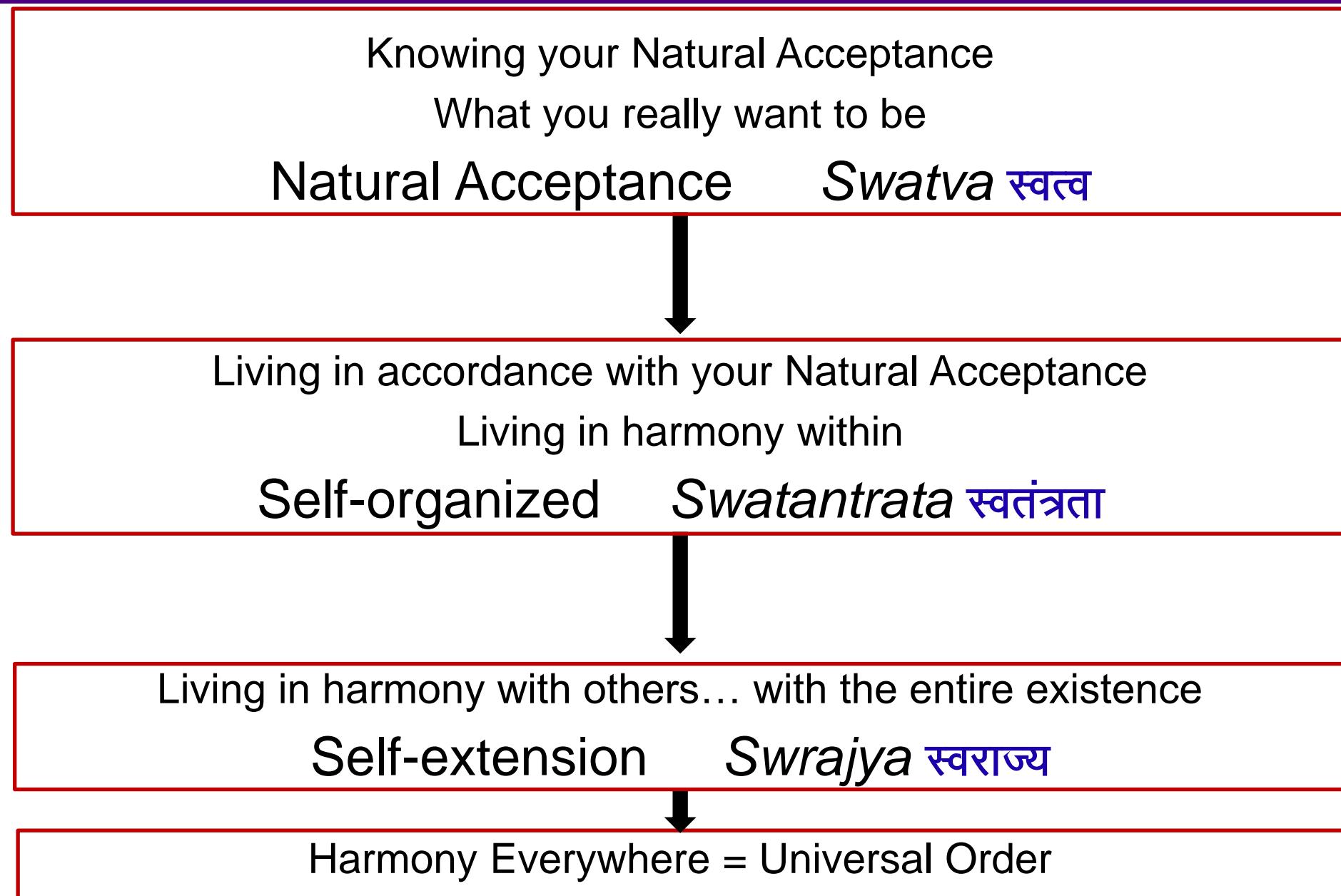
The Dialogue Within



Process of Self-exploration, Self-investigation

1. It is a process of dialogue – between me and you, to begin with. It soon becomes a dialogue within your own self
2. It is a process of dialogue between what I am (**जैसा मैं हूँ**) and my Natural Acceptance or what I really want to be (**जैसा होना मुझे सहज स्वीकार्य है = स्वत्व**)
3. It is a process of Self-exploration, Self-investigation → Self-evolution
4. It is a process of knowing oneself; and through the self, knowing nature and the entire existence
5. It is a process of recognizing one's relationship with every unit in nature/existence; and fulfilling that relationship
6. It is a process of knowing Human Conduct (**मानवीय आचरण**) and living according to it
7. It is a process of living in harmony within, living in harmony with others... living in harmony with entire existence

Scope of this Course: Self-evolution, Self-extension



Self-exploration, Self-investigation

1. Content of Self Exploration:

a. Desire (**चाहना**) - Aim, Objective, Basic Aspiration, Purpose

What do I want to achieve?

b. Program (**करना**) – Process of achieving the desire, action

How do I achieve it ?

Are these questions important for you?

Do you have any other questions?

Recall: Exercise from UHV-I (SIP)

Explore – Why are You Making Any Effort

to Become Something?	to Do Something?	to Get Something?	To Be Something?
an engineer	Build bridges...	Money, name, respect...	Happy, prosperous
a doctor	Keep people healthy...	Fame, money...	Happy, prosperous
a farmer	Grow nutritious food...	Acceptance, respect, money...	Happy, prosperous
an artist	Inspire through music...	Name, fame, money...	Happy, prosperous
a teacher	Educate...	Money, respect...	Happy, prosperous

-----Steps / Pathways ----- --Basic Aspiration--

Which is your basic aspiration? Your goal?
(if being is your goal, the others are steps/ pathways)

If one pathway is not available is there no way to achieve your basic aspiration?
(one can choose another pathway)

Desire – Aim, Objective, Basic Aspiration, Purpose (What do I want to achieve?)

1. Happiness
2. Prosperity
3. **The continuity of Happiness and Prosperity**

Let us find out:

Do we desire for Happiness?

Do we desire for Prosperity?

Do we desire for the continuity of both (happiness & prosperity)?

If continuity of happiness and prosperity is ensured then what else would you desire?

Our basic aspiration is for **happiness, prosperity and its continuity**
(our desires are not unlimited or indefinite)

Self-exploration, Self-investigation

1. Content of Self Exploration:

a. Desire (**चाहना**) - Aim, Objective, Purpose

What do I want to achieve?

Happiness, Prosperity
↓
Continuity

b. Program (**करना**) – Process of achieving the desire, action

How do I achieve it ?

2. Process of Self Exploration

a. Whatever is stated is a **Proposal**

Verify it on your own right

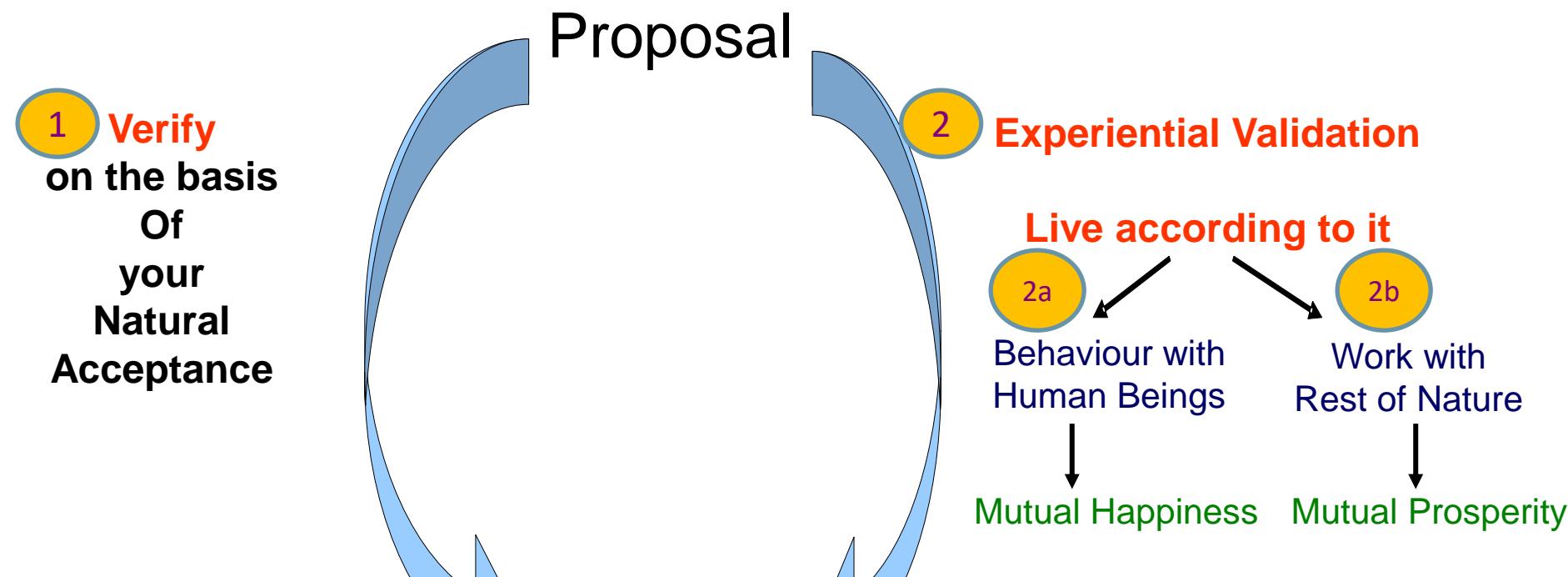
Do not assume it to be true/ false

b. Self-verification

Process of Self-verification

Whatever is stated is a **Proposal** – Verify it on your own right

(Do not assume it to be true/ false)



Which process is Naturally Acceptable to you?

A process of self-exploration, self-verification on your own right, leading to understanding in yourself
or

A process of do's & don'ts, in which you assume what is said, without verification

Acceptance

What one accepts under the circumstances, influence of

Others (peer pressure)

Own preconditioning, tastes, likes-dislikes...

Sensation...

Sometimes respect, sometimes disrespect...

Sometimes nurture Body, sometimes exploit...

Respect elders

Natural Acceptance

What is acceptable naturally

Innate Nature (natural acceptance)

Always respect

Nurture the Body

Respect all

Acceptance

**What one accepts
under the circumstances, influence of**

Others (peer pressure)

Own preconditioning, tastes, likes-dislikes...

Sensation...

May change with time

May change with place

May change with person

Indefinite

may depend on circumstances, influences...

Happiness or unhappiness

Natural Acceptance

**What is acceptable naturally
About your participation with the other unit**

Innate Nature (natural acceptance)

Does not change with time

Does not change with place

Does not change with person

Definite

uncorrupted by preconditioning...

Happiness always (assurance, satisfaction)

Characteristics of Natural Acceptance

- It does **not change with time**. (Invariant)
- It does **not change with place**.
- **It doesn't change with the individual.** It is the same for all of us: it is a part and parcel of every human being.
- It does not depend on our **likes, dislikes, beliefs or past conditioning**.
- It is **innate** (constantly there), we don't need to create it.
- Natural Acceptance is **definite**.



Basic Human Aspirations and Its Fulfilment

Desire, What We Want to Be

Do we want to be happy?

क्या हम सुखी होना चाहते हैं ?

Do we want to be prosperous?

क्या हम समृद्ध होना चाहते हैं ?

Do we want the continuity of happiness and prosperity?

क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?

State of Being, What We Are

Are we happy?

क्या हम सुखी हैं ?

Are we prosperous?

क्या हम समृद्ध हैं ?



Is there continuity of our happiness and prosperity?

क्या हमारे सुख, समृद्धि की निरंतरता है ?

Why this gap?

- between our desire and our state of being
- between what we really want to be and what we are

What are we doing to fill this gap? Is it getting filled up or getting wider?

We will explore into this

Desire चाहना

Do we want to be happy?

क्या हम सुखी होना चाहते हैं ?

Do we want to be prosperous?

क्या हम समृद्ध होना चाहते हैं ?

Do we want the continuity of happiness and prosperity?

क्या हम सुख, समृद्धि की निरंतरता चाहते हैं ?

Effort करना

Is our effort (**हमारा प्रयास**):

- For continuity of happiness and prosperity?
सुख, समृद्धि की निरंतरता के अर्थ में है or या
- Just for accumulation of physical facility?
केवल सुविधा-संग्रह के अर्थ में ?



Have we assumed that happiness and prosperity will be ensured when we have enough physical facility?

What effort are we making, other than accumulation of physical facility?

Physical Facility is Necessary...

When an animal has lack of physical facility it becomes uncomfortable, when it gets physical facility it becomes comfortable

Eg. When a cow gets a stomach-full of grass, it becomes comfortable, sits and chews the cud

पशु को सुविधा का अभाव होता है, तो वह परेशान होता है, सुविधा मिल जाए तो वह आराम में आ जाता है, (जैसे पेट भर घास मिल जाए तो गाय आराम से जुगाली करती हैं)।

When a human being has lack of physical facility, he becomes uncomfortable and unhappy

But once he gets the physical facility, he forgets about it and starts thinking about hundred other things

मनुष्य को सुविधा का अभाव होता है, तो वह परेशान व दुःखी होता है,

परंतु सुविधा मिल जाए तो उसके बारे तो भूल ही जाता है, उसके अलावा सौ और चीजें सोचने लगती हैं।



(Check for yourself if you feel happy every day that you are getting enough to eat?)

(आप ही अपने में जांच कर देखें, क्या आप इस बात पर रोज खुश होते हैं कि आपको पेट भर भोजन मिल रहा है ?)

Something more is required (over and above physical facility)

Physical facility is necessary for human being
but
something more is also required

To find out what else is required (over and above physical facility)

Check: Is the unhappiness in our families

- More due to lack of physical facility or
- More due to lack of fulfillment in relationship?

आपके परिवार में जो दुःख है, वह सुविधा के अभाव में ज्यादा है या संबंध का निवाह न होने के कारण ज्यादा है ?



To find out what else is required (over and above physical facility)

How much time and effort are we investing:

- For physical facility
- For fulfillment in relationship



आप सुविधा जुटाने के लिए कितना समय व प्रयास लगा रहे हैं और संबंध का निर्वाह के लिए कितना समय व प्रयास लगा रहे हैं ?

The unhappiness is more due to lack of fulfillment in relationship

Most of the time and effort is spent for physical facility

दुःख संबंध का निर्वाह न होने के कारण ज्यादा है; परन्तु, समय व प्रयास सुविधा के लिए ज्यादा लगाया जा रहा है

For Human Being, Relationship is also Necessary

For human being physical facility is necessary but relationship is also necessary

मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।

On examining carefully, we find that this is a fundamental difference between animals and human being

ध्यान से देखें तो मानव व पशु के बीच यह एक मूलभूत अंतर है।

Physical facility is necessary for animals and necessary for human being also

सुविधा पशु के लिए आवश्यक है, मनुष्य के लिए भी आवश्यक है।

However, परंतु,

For animals physical facility is necessary as well as adequate

पशु के लिए सुविधा आवश्यक भी है और पूर्ण भी है,

For human being physical facility is necessary but not adequate

मनुष्य के लिए भी सुविधा आवश्यक है पर पूर्ण नहीं है।

In Addition to Physical Facility, Relationship is Necessary

For human beings physical facility is necessary but relationship is also necessary

मानव के लिए सुविधा भी आवश्यक है, परंतु संबंध भी आवश्यक है।

RELATIONSHIP

संबंध

with human being

PHYSICAL FACILITY

सुविधा

With nature

For animals:
necessary & largely
adequate

पशु के लिए
आवश्यक
एवं पूर्ण

For human beings:
necessary but not
adequate

मानव के लिए
आवश्यक
परंतु पूर्ण नहीं

Although we have Recognised the need for Relationship...

We do get into arguments, opposition and fights... even in the family, with close friends, with colleagues at work... in the marketplace...

Every time we have a fight, we want to resolve it...

Even though we don't want to, a fight does take place once again

(we want the other to improve... and the other wants us to improve...)

Is this happening?

Are incidences of reaction... not speaking to the other... arguments... debates... divorce... increasing or decreasing?

Explore your close relationships – in the family, with friends, in the workplace, in the society

In spite of our acceptance for relationship, why is it happening?

Let's check our Perspective about Relationship

Let us find out if

1. We want to live in relationship (harmony) with others or
2. We want to live in opposition with others or
3. We believe living has to be necessarily in opposition with others, i.e. There is 'struggle for survival' , 'survival of the fittest' and check if we feel happy living this way?

आप ही अपने में जांच कर देखें,

1. आपकी चाहना संबंधपूर्वक जीने की है या
2. आपकी चाहना विरोधपूर्वक जीने की है या
3. आपने मान रखा है कि जीना तो विरोधपूर्वक ही संभव है, 'struggle for survival', 'survival of the fittest' और क्या आप वैसा जीते हुए सुखी होते हैं ?



What is our present perspective? Which view do we promote?
(at home, in the family... in schools and colleges... and in the society)

Is it the naturally acceptable view?

Right Understanding is also Essential for Human Being

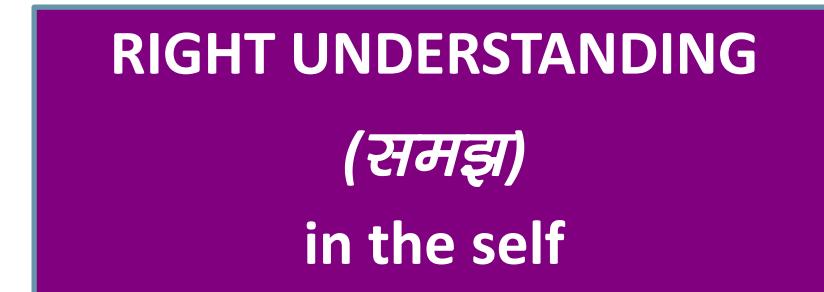
For fulfilment in relationship, it is necessary to have right understanding about relationship

i.e. Right understanding is also necessary for human being

With right understanding:

- We have clarity about relationship with human being; we are able to fulfil relationship
- We also have clarity about how much physical facility we need

Right Understanding is also Essential for Human Being



RELATIONSHIP
(संबंध)
with human
being

PHYSICAL FACILITY
(सुविधा)
with rest of nature

For animals:
necessary & largely
adequate

For human beings:
necessary but not
adequate

Are all 3 required? Is something redundant? Is anything more required?

Are we working on all 3?

If all 3 are required, what would be the priority*?

*Working on the high priority facilitates the realisation of the lower priority

Priority: Right Understanding, Relationship & Physical Facility

1

RIGHT UNDERSTANDING

(समझा)

in the self

2

RELATIONSHIP (संबंध)

with human
being

Feeling
- Trust
- Respect
- ...

3

PHYSICAL FACILITY

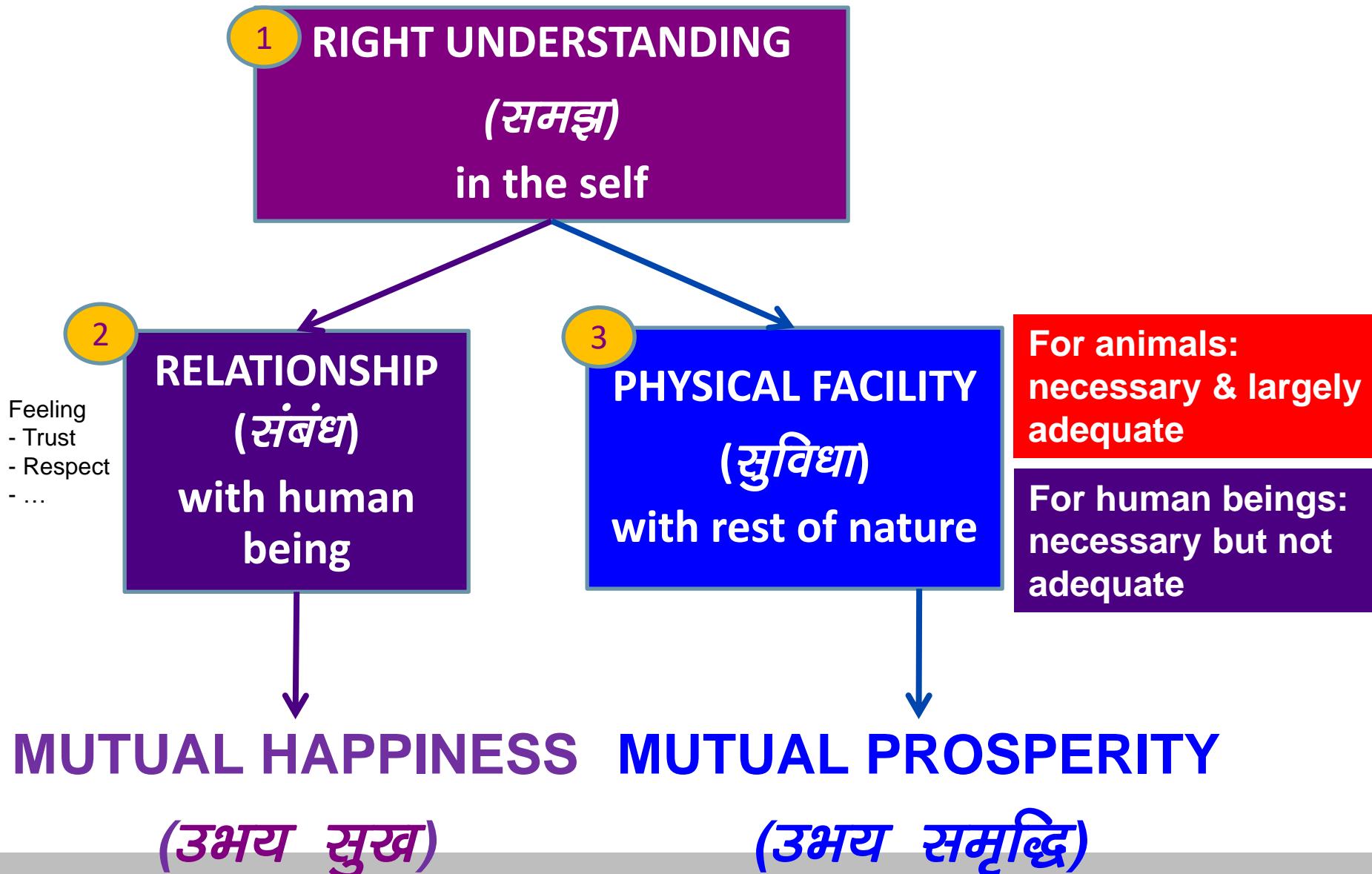
(सुविधा)

with rest of nature

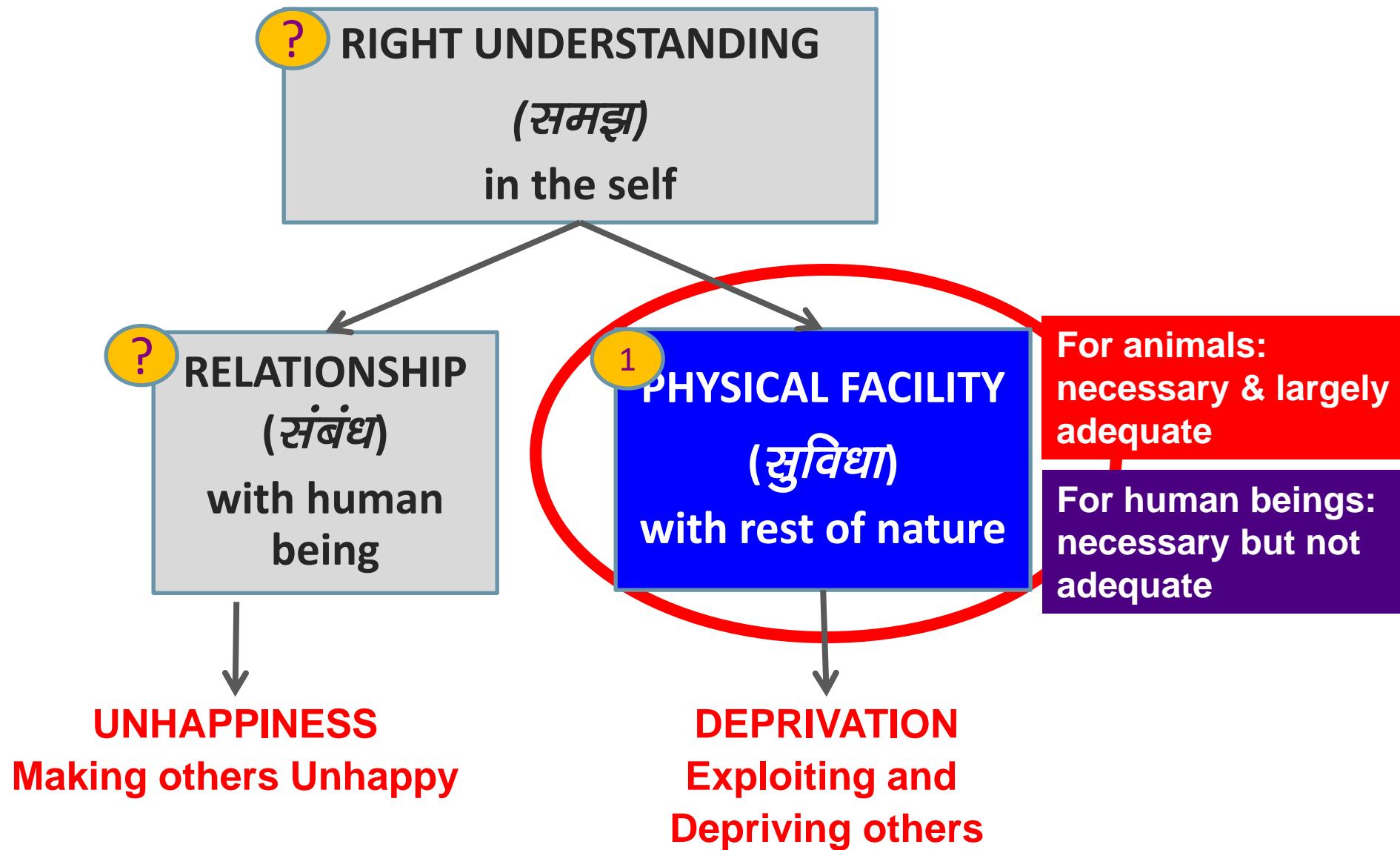
For animals:
necessary & largely
adequate

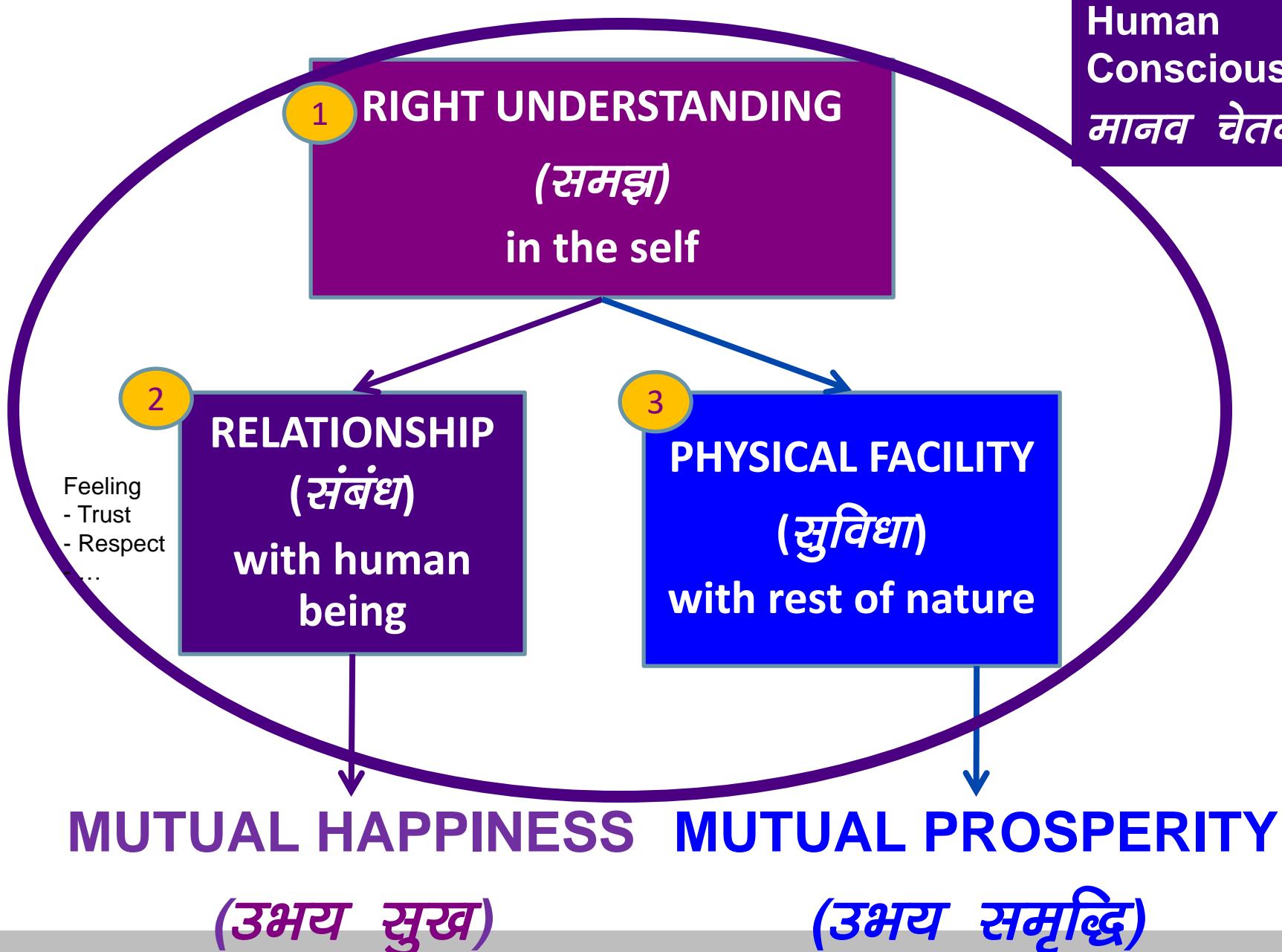
For human beings:
necessary but not
adequate

Priority: Right Understanding, Relationship & Physical Facility



Priority: Physical Facility

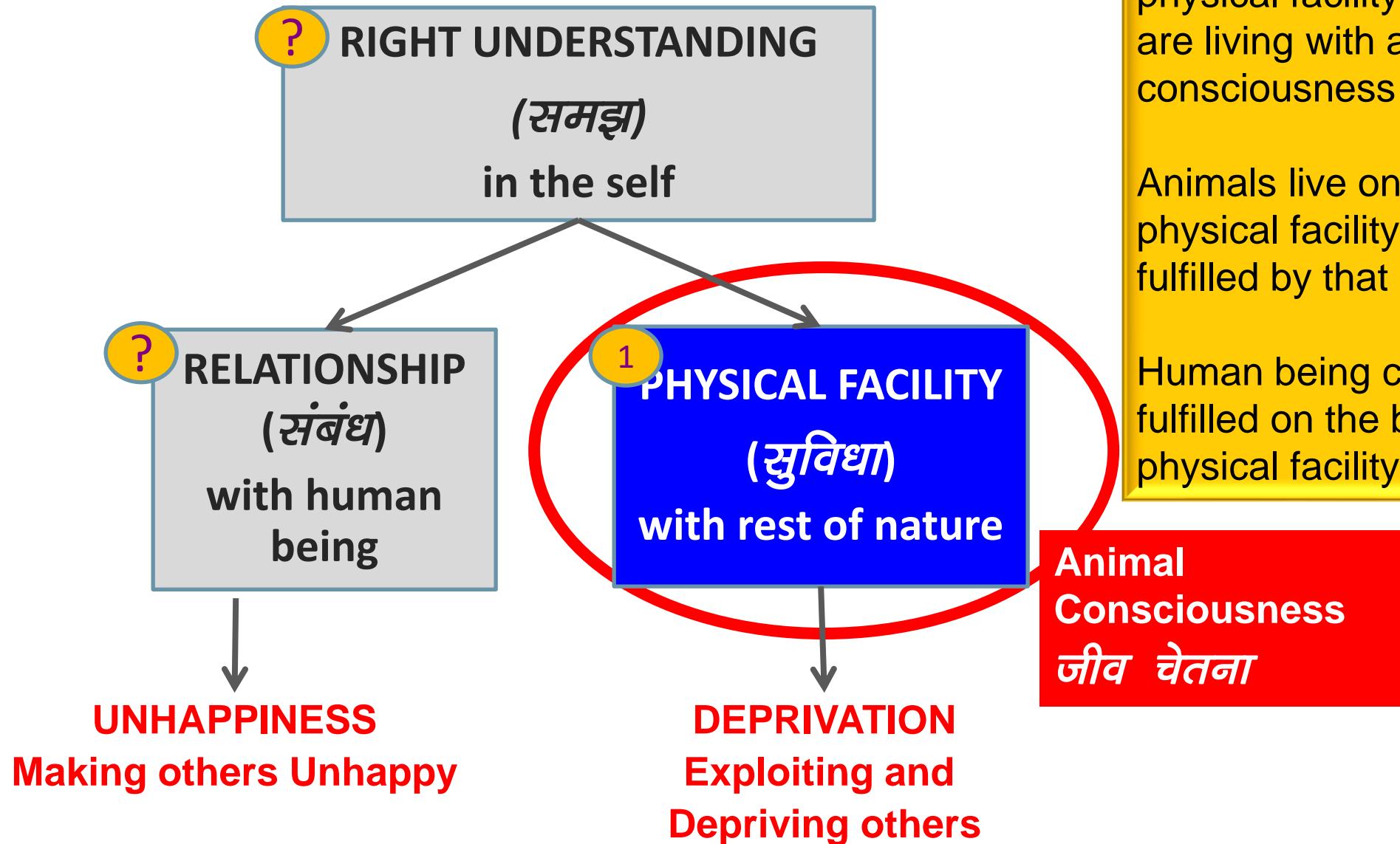




Human
Consciousness
मानव चेतना

If we are living with all three (right understanding, relationship and physical facility, in that priority order) then we are living with human consciousness

Human being can be fulfilled (be happy and prosperous) on the basis of these three



If our living is only for physical facility, then we are living with animal consciousness

Animals live only for physical facility and can be fulfilled by that

Human being can not be fulfilled on the basis of physical facility alone

Animals living with
animal consciousness

they are in harmony

this is fine

Human being living with
human consciousness

they are in harmony

this is fine

Human being living with
animal consciousness

they are in disharmony

this is the
problem

Since we generally don't have clarity about our physical needs...

In the society, we can observe two categories of human beings

इसीलिए अभी दो तरह के मनुष्य दिखाई देते हैं-

1. Lacking physical facility, unhappy deprived (सुविधा विहीन दुखी दरिद्र)
2. Having physical facility, unhappy deprived (सुविधा संपन्न दुखी दरिद्र)

While we want to be – जबकि हम होना चाहते हैं-

3. Having physical facility, happy prosperous (सुविधा संपन्न सुखी समृद्ध)

Find out

- Where are we now – at 1, 2 or 3 and
- Where do we want to be?

अपने में जांच कर देखें-

- अभी हम कहाँ हैं? - 1, 2 या 3 में और
- कहाँ होना चाहते हैं?



Resources are already in Plenty!

Of the 4.2 billion tons of food produced, more than 1 billion tons of food is lost or wasted every year, UN-backed report finds (11 May 2011)

About a third of all the food produced for human consumption each year – or roughly 1.3 billion tons – is lost or wasted, according to a new **study** commissioned by the United Nations Food and Agriculture Organization (**FAO**)

Global Food Production is 6 times requirement

Global Food Wastage is 1/3rd of production

Wastage is enough to feed 1300 crore people/year

Have we understood right utilisation?

Is it a question of production?

Is it a question of distribution?

Is it a question of relationship?

Is it a question of right understanding?

It is a question of education

<http://www.un.org/apps/news/story.asp?NewsID=38344&Cr=fao&Cr1>



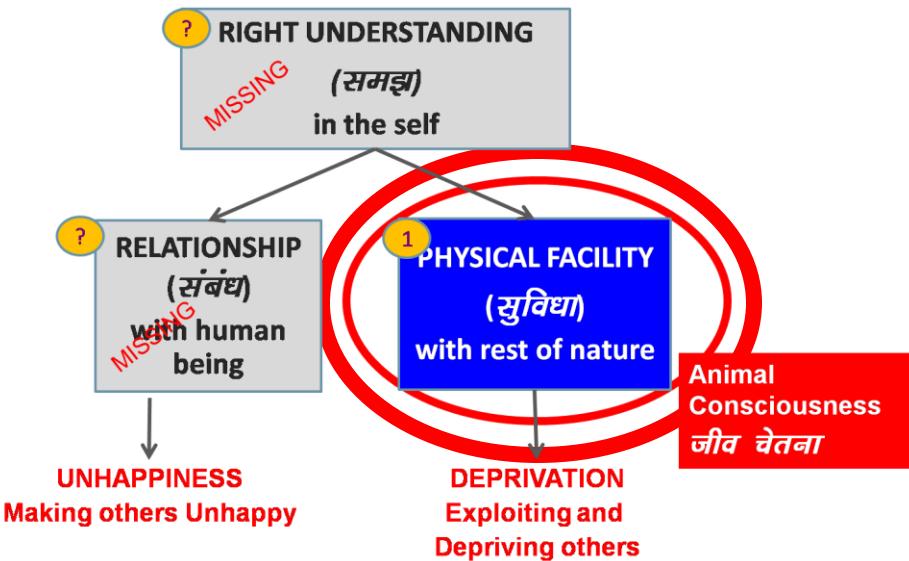
Transformation (संक्रमण) = Holistic Development (विकास)

Is development just in increasing physical facility or development is ensuring of all 3?

Is this transformation desirable?

Are we making effort for it?

Do we need to make effort for it?



Transformation- Progress
संक्रमण-विकास



We will explore into the effort required for transformation, for holistic development

Role of Education-Sanskar: To Enable Transformation

Holistic development is transformation to Human Consciousness

The role of education-sanskar is to enable this transformation by way of ensuring the development of the competence to live with human consciousness and definite human conduct

For this, it has to ensure

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,
the skills and practice for sustainable production of more than what is required – leading to the feeling of prosperity

Required for Transformation

Present State

1. Right understanding in every child
2. The capacity to live in relationship with the other human being
3. The capacity to identify the need of physical facility,
the skills and practice for sustainable production of more than what is required
right utilisation of physical facility
leading to the feeling of prosperity

Missing

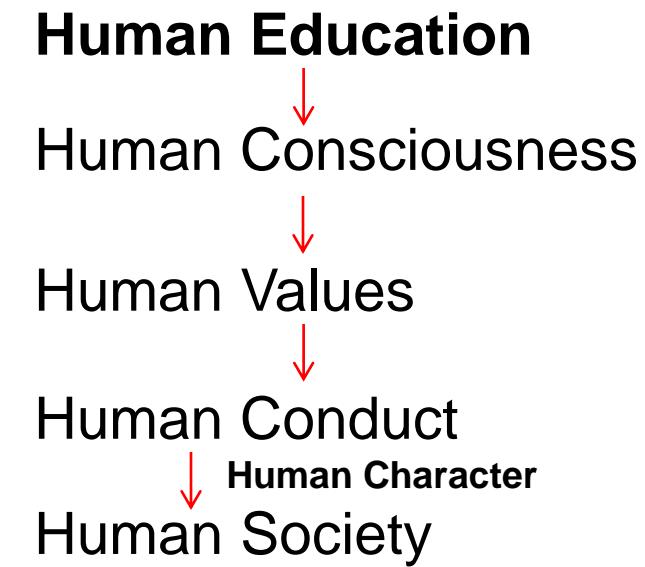
Missing

Identification of need of physical facility is missing.
The willingness to produce by way of labour is also missing.
The core feeling generated is
to accumulate more & more,
to consume more & more,
(rather than to produce more & more...)

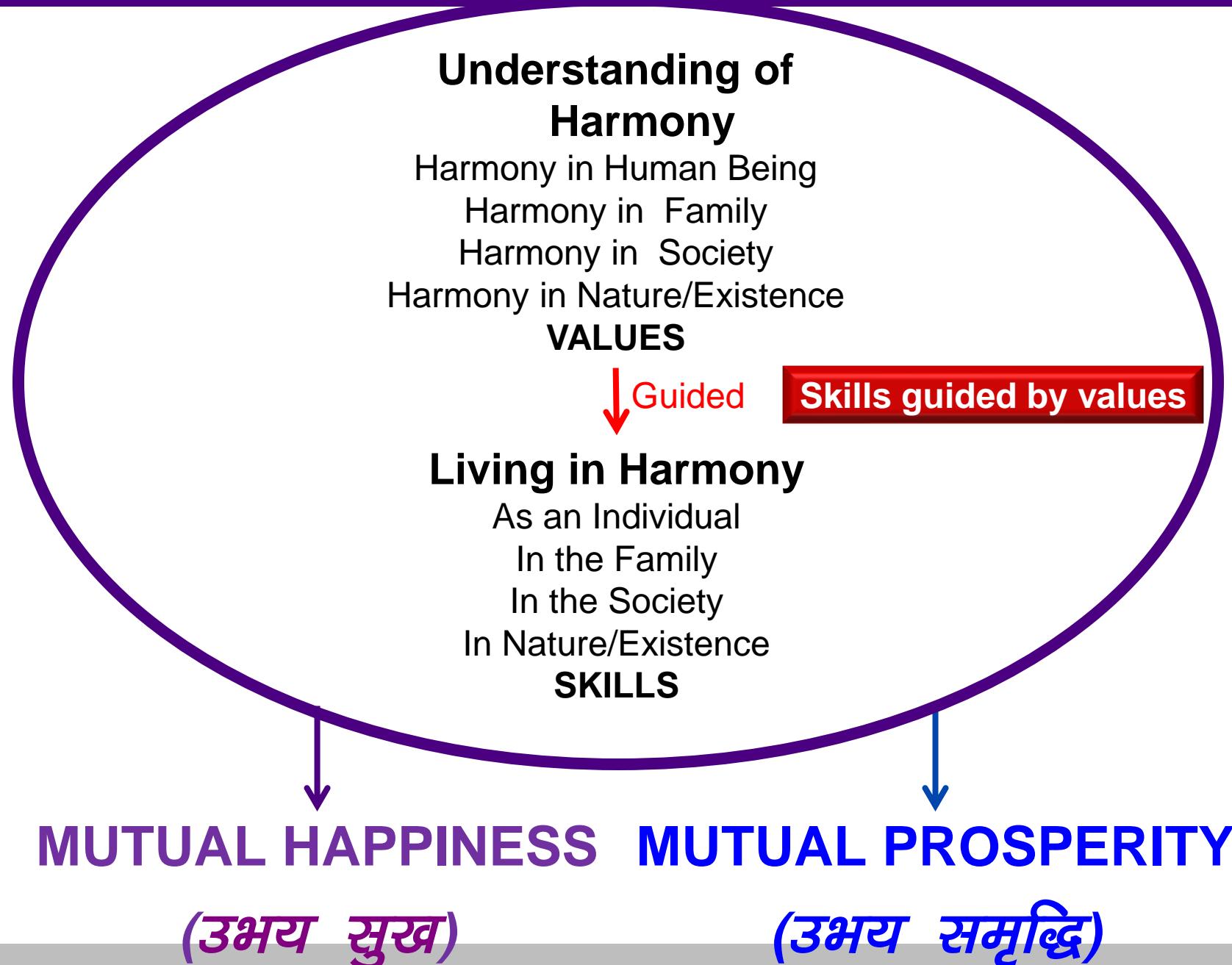
Problems = Indication of Lack of Effort for Holistic Development

Most of the problems we see around us are really only the symptoms of human beings not living with human consciousness

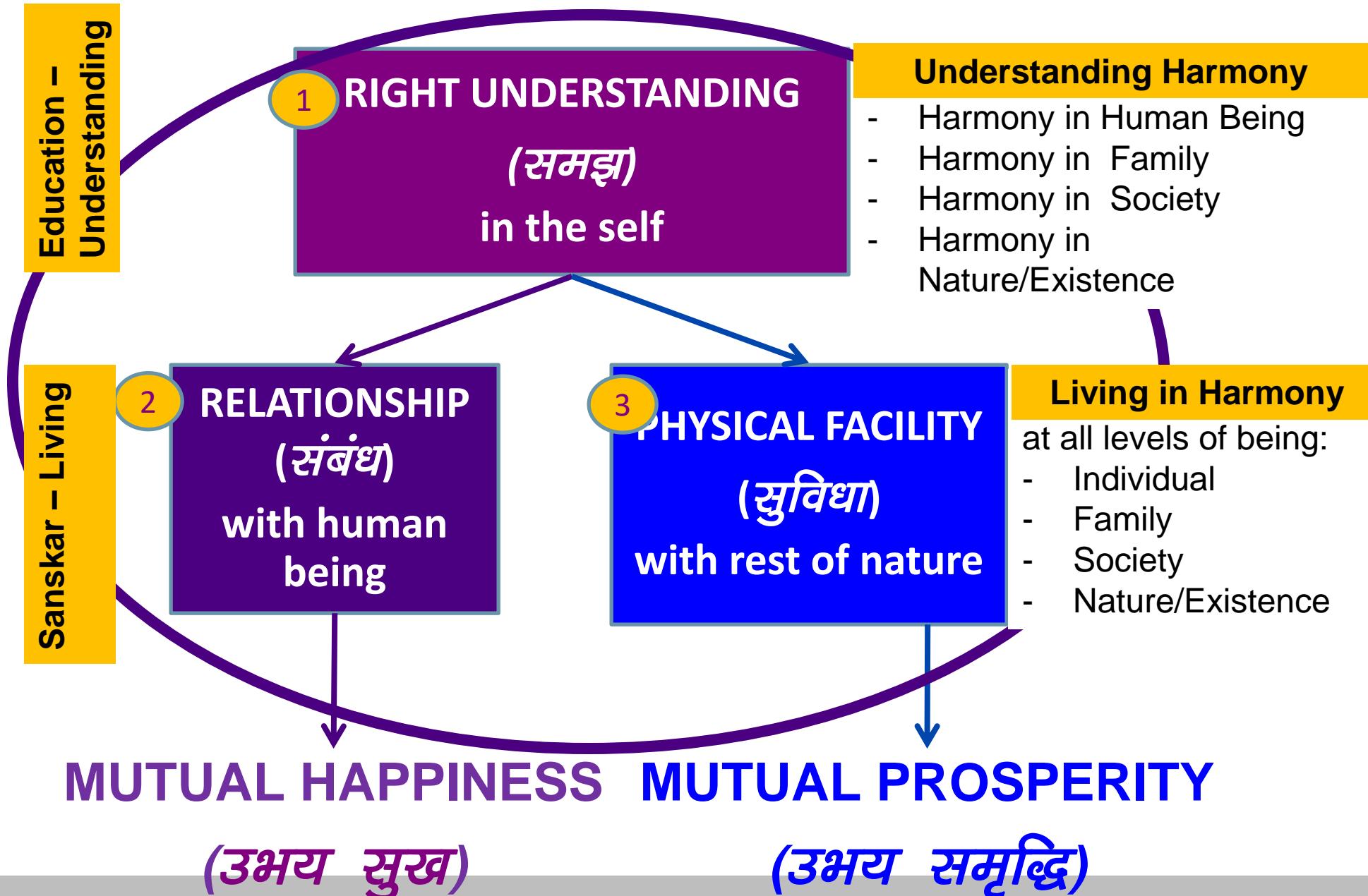
The basic effort is required to ensure human consciousness
(through human education)



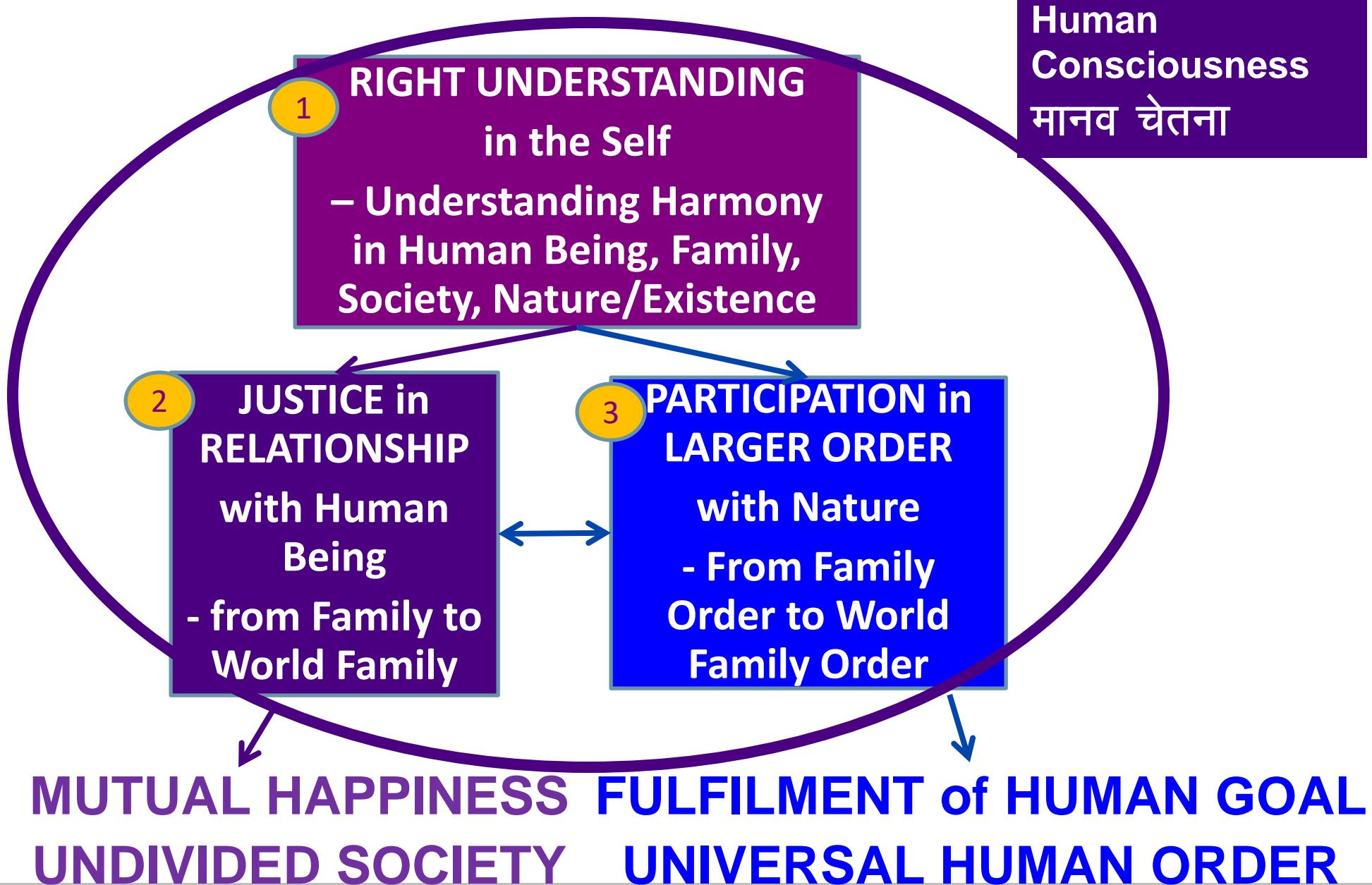
Ultimately it will result in a human tradition,
in which the human goal is fulfilled for all,
generation after generation



Human Being Living with Human Consciousness



Societal implications of living with Human Consciousness





Understanding Happiness and Prosperity

Their Continuity and Programme for Fulfilment

Happiness

The state or situation, in which I live,

if there is harmony / synergy in it,

then it is Naturally Acceptable to me to be in
that state / situation

(and I want to continue to be in that state / situation)



To be in a state of Harmony / Synergy is
Happiness



Happiness = To be in Harmony

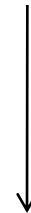
Unhappiness

The state or situation, in which I live,

if there is disharmony / contradiction in it,

then it is not Naturally Acceptable to me to be
in that state / situation

(and I want to get out from that state / situation)



To be forced to be in a state of Disharmony /
Contradiction is Unhappiness



Unhappiness = Disharmony

Happiness

The state or situation, in which I live,

if there is harmony / synergy in it,

then it is Naturally Acceptable to me to be in
that state / situation

(and I want to continue to be in that state / situation)



To be in a state of Harmony / Synergy is Happiness



Happiness = To be in Harmony

Continuity of Happiness

State / Situation in which I live or expanse of my being:

1. As an Individual Human Being
2. As a member of a Family
3. As a member of Society
4. As an unit in Nature/Existence



Continuity of Happiness

= Harmony at all levels of being i.e.

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

Our Program

To facilitate understanding of the harmony at all levels of being

1. Harmony in the Human Being
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

} **Proposals**

To understand & to live in harmony at all levels of being

1. In the Human Being
2. In the Family
3. In the Society
4. In Nature/Existence

}
1 **Verify the proposals
on the basis of your
NATURAL ACCEPTANCE**
2 **Experiential validation
by LIVING ACCORDINGLY**

↓
**Right Understanding
Right Feeling**

Prosperity (समृद्धि)

Prosperity – The feeling of having / producing more than required Physical Facility

समृद्धि – आवश्यक सुविधा से अधिक की उपलब्धि / उत्पादन का भाव

A prosperous person thinks of right utilisation, nurturing the other
“ deprived ” “ ” “ accumulation, exploiting ” ”

समृद्ध व्यक्ति सदुपयोग का, दूसरे का पोषण करने का सोचता है
दरिद्र ” संग्रह ” ” ” शोषण ” ” ” ” ”

Continuous Happiness – Basic Aspiration of every Human Being

Every human being aspires for continuous happiness

The program for it depends on whatever s/he has understood or assumed about it

e.g. big house, lots of money... tasty food, loud music, fast car... attention, name, fame...

Keeps shifting from one program to another when the program is not successful

e.g. not getting attention of spouse... shift to watching TV... add tasty food... smoking, drinking...

Indulgence... renunciation...



Some Prevailing Notions related to Happiness

- I will be bored of happiness if I am always happy
- I will grow only if I am unhappy. If I become happy, my growth will stop
- I need to be unhappy to recognize that I am happy
- We think of others only when we are unhappy. Thus it is important/useful to be unhappy so that one can help others
- Happiness and unhappiness go together, they cannot be separated
- Yes, I want happiness. But my desiring does not guarantee it. So, why to talk of desire?
- My happiness depends on the others. What can I do about it
- We do not want happiness for ourselves – but we want to make others happy (while we stay unhappy)
- Happiness is a small thing. We have higher aspirations – like contentment, peace, bliss etc.
- Do not bother me with happiness. I have to live and deal with things in my real life.

Some Prevailing Notions of Happiness – Excitement not Happiness

Owning / accumulating physical facility

Physical facility is required, but it alone does not suffice for human being

Dependence on physical facility, can't be continuous

Pleasure (from favourable sensation)

Sound, Touch, Form, Taste, Smell – Through the Body

Tasty-Necessary → Tasty-Unnecessary → Tasteless-Unnecessary → Intolerable

Dependence on sensation, can't be continuous

Attention, appreciation... (favourable feelings) from others

Dependence on the other, can't be continuous



Sometimes “happiness”, excitement...

Sometimes “unhappiness”, depression...



Some Prevailing Notions about Escaping from Unhappiness, Depression

Over eating

Over sleeping

...

Gutka (Doma)

Alcohol

Drugs

...

Violence

...

Suicide

Excitement and Escape – Not Happiness

Excitement (Temporary Happiness) From Outside

Consumption of physical facility, enjoyment of favourable sensations (sound, touch, form, taste, smell)

Tasty-Necessary → Tasty-Unnecessary → Tasteless-Unnecessary → Intolerable

Receiving favourable feeling from others

Attention, appreciation...

Escape (Running away from unhappiness)

Over eating

Over sleeping

...

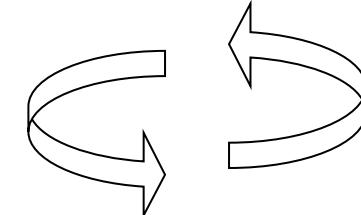
Gutka / Tobacco

Alcohol

Drugs

...

Temporary Excitement



Temporary Escape from Unhappiness

Animal Consciousness



Sources of Happiness

1. Right Understanding	Harmony at all levels of being Human Being, Family, Society, Nature/Existence – in Self (I) Definite completion point, Continuity is possible, Self-organization (<i>Swatantrata</i>)
2. Right Feeling	Trust, Respect, Affection, Care, Guidance, Reverence, Glory, Gratitude, Love – in Self (I) Definite completion point, Continuity is possible, Self-organization (<i>Swatantrata</i>)
– From Other	Temporary, Dependence on Other, No completion point, Continuity not possible
3. Sensation, PF	Sound, Touch, Form, Taste, Smell – Through Body Temporary, Dependence on Body & Other, No completion point, Continuity not possible

Tasty-Necessary → Tasty-Unnecessary → Tasteless-Unnecessary → Intolerable

Some Prevailing Notions related to Prosperity

- Accumulation of Wealth = Prosperity?
- The richer you are, the more prosperous you are, i.e. the more you have accumulated, the more prosperous you are.



Prosperity (समृद्धि)

Prosperity – The feeling of having / producing more than required Physical Facility

समृद्धि – आवश्यक सुविधा से अधिक की उपलब्धि / उत्पादन का भाव

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दरिद्र ” संग्रह ” ” ” शोषण ” ” ” ”

Our Program

To facilitate understanding of the harmony at all levels of being

- 1. Harmony in the Human Being
- 2. Harmony in the Family
- 3. Harmony in the Society
- 4. Harmony in Nature/Existence

} **Proposals**

To understand & to live in harmony at all levels of being

- 1. In the Human Being
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}
1 **Verify the proposals
on the basis of your
NATURAL ACCEPTANCE**
2 **Experiential validation
by LIVING ACCORDINGLY**

↓
**Right Understanding
Right Feeling**

Sum Up : Self-exploration, Self-investigation

1. Content of Self Exploration:

- a. Desire (**चाहना**) - Aim, Objective, Purpose
What do I want to achieve?

Happiness, Prosperity
↓
Continuity

- b. Program (**करना**) – **To understand & to live in harmony at all levels of being**

1. In the Human Being
2. In the Family
3. In the Society
4. In Nature/Existence

2. Process of Self Exploration

- a. Whatever is stated is a **Proposal**
Verify it on your own right
Do not assume it to be true/ false

- b. Self-verification

