



SURVEY QUESTIONNAIRE ON ACTIVE-AGEING

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Objective

The objective of this survey is to gather a few personal, financial, health and social details of people above the age of 50 to extend healthy life expectancy and quality of life as they age, including those who are frail, disabled and in need of care.

Personal Details

1. What is your age?

☐ >50 ☐ 50-55 ☐ 55-60 ☐ 60-65 ☐ >65

2. What is your gender?

☐ Male ☐ Female

3. You live in a

☐ rural area ☐ small town ☐ city

4. What's your educational qualification?

☐ high-school ☐ undergraduate ☐ postgraduate ☐ post-doctoral

5. What is your current occupation?

☐ unemployed ☐ self-employed ☐ engaged in voluntary unpaid work ☐ white-collar job
☐ retired

6. What is your marital status?

☐ married ☐ single ☐ divorced or separated ☐ widow(er)

7. You are living

☐ Alone ☐ with family ☐ at an assisted living facility

Opinion Questions

8. How would you describe yourself?

- ☐ young ☐ middle-aged ☐ old

9. According to you, when does one start to be regarded as old?

- ☐ 50-55 ☐ 55-60 ☐ 60-65 ☐ 65-70 ☐ >70

10. How would you like to spend / spending your time after retirement?

- ☐ paid formal employment
☐ volunteer service
☐ pursue leisure activities and hobbies
☐ spend time with family and friends
☐ Don't know

11. During old-age you would like to live / living

- ☐ Independently
☐ At home cared by family members
☐ At home cared by health professionals
☐ At assisted living facilities
☐ other (mention).....
☐ Don't know

General Quality of Life

12. How satisfied are you with the following aspects? (grading scale 5- very dissatisfied, 4- dissatisfied, 3- neither satisfied nor dissatisfied, 2- satisfied, 1- very satisfied)

Sl.No.	Aspects	1	2	3	4	5
a)	Life in general					
b)	Health in General					
c)	Work					
d)	Ability to perform day to day activities					

e)	Relationship with family members					
f)	Living conditions					

13. Have you been discriminated on the basis of age or witnessed such discrimination in the following places?

Sl.No.	Aspects	Personal experience	Witnessed	Never	Don't know
a)	Employment				
b)	Education/Training				
c)	Health care Institutions				
d)	Leisure				
e)	Access to government services				

14. How do you rate the accessibility to the amenities near your locality? (grading scale 5- very dissatisfied, 4- dissatisfied, 3- neither satisfied nor dissatisfied, 2- satisfied, 1- very satisfied)

Sl.No.	Aspects	1	2	3	4	5
a)	Public Buildings					
b)	Public Transport					
c)	Road and Pedestrian Crossings					
d)	Public Parks					
e)	Commercial Premises					

16. These days, many public services and other organizations use technology such as the Internet or mobile phones to interact with their customers instead of traditional means such as meeting in person. In your opinion, this isfor older people

☐ not an obstacle ☐ a learning ☐ manageable ☐ a minor obstacle ☐ a major obstacle

Financial Security/ Work

17. At what age do you intend to retire?

☐ 50-55 ☐ 55-60 ☐ 60-65 ☐ 65-70 ☐ >70

18. Do you think that the retirement age needs to be increased?

☐ strongly agree ☐ agree ☐ neither agree nor disagree ☐ disagree ☐ strongly disagree

19. How do you rate the following reasons that stop people from working as they get older? (grading scale, 1-very important, 2- fairly important, 3-not very important, 4-not at all important, 5-don't know)

Sl.No.	Aspects	1	2	3	4	5
a)	Mandatory retirement					
b)	There are no opportunities to gradually reduce working hours					
c)	Older workers are not positively viewed by employers					
d)	Older workers lack skills for employment in a modern workspace					
e)	Work places are not built to suit the needs of older workers					
f)	Care obligations toward relatives prevent them from continuing their work					

20. In your opinion should people be allowed to continue work after retirement?

☐ Yes ☐ No ☐ Don't know

21. If it was possible to combine a part time job with partial pension, instead of full time retirement. How appealing will it be to you?

☐ Most appealing ☐ Somewhat appealing ☐ Neutral ☐ Not appealing ☐ Don't know

Social Life

22. Do you currently actively participate or volunteer at one or more of the following?

Sl. No.	Activities or Organizations	Yes	No
a)	Sports club/Gym/Club for outdoor recreational activities		
b)	Education/Arts/Music/Cultural organizations		
c)	Business/Professional organizations		
d)	Religious organizations		
e)	Social organizations		

23. If yes, how many hours a month do you volunteer?

☐ Less than 20 hours ☐ 20-40 hours ☐ 40-60 hours ☐ 60-80 ☐ More than 80 hours

24. If no, why do you not engage in volunteer work?

☐ Lack of time ☐ Not interested ☐ Don't know how to go about it ☐ Cannot find an organization that can make right use of your skill set ☐ Financial reasons (travel expense)

Health

25. Do you have a health insurance or social security?

☐ Yes ☐ No

26. Is healthcare affordable for you?

☐ Yes ☐ No

27. Are healthcare facilities accessible to you?

☐ Yes ☐ No

28. Are the available healthcare facilities adequate for you?

☐ Yes ☐ No

E-Survey link - <https://kwiksurveys.com/s/BiHBJqZq#/0>