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**ACTIVITIES BULLETIN**

**ISSUE 6 VOLUME 5 NOVEMBER-DECEMBER 2015**

This **Activities Bulletin** includes all client activities held at both our Lehigh Valley and Monroe County offices. Generally, any client may attend any activity regardless of where it is held. If your own driver brings you, they may stay for the activity. Some activities, however, are noted specifically as combined activities for both offices.

**Reservations are ALWAYS required for agency transportation, 7 days in advance!** Transportation tickets cost $3 each way. Following each activity description there may be one or more of the following abbreviations for the kinds of transportation available:

**TA-T**ransportation **A**vailable from Center for Vision Loss. In the Lehigh Valley

Office, call Shirley at **610-433-6018, x. 226**. In the Monroe County Office,

call **570-992-7787**.

**TOYO-T**ransportation **O**n **Y**our **O**wn

**LVCS-T**ransportation by **L**ANta**V**an (Lehigh Valley Office only). **C**all **S**hirley at

**610-433-6018, x 226**.

And don't forget to check out the Low Vision Buzz and any other inserts with special information you will find helpful and informative.

**Lehigh Valley Office 610-433-6018 Monroe County Office 570-992-7787**

[**www.centerforvisionloss.org**](http://www.centerforvisionloss.org) ***-We Look Beyond Vision-***

**LEHIGH VALLEY OFFICE ACTIVITIES**

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**LEHIGH VALLEY MALL WALK**

**Dates:** Wednesdays, November 4, 11, 18; Wednesdays, December 2, 9, 16

NOTE: No Walk on November 25, December 23 and December 30

**Topic:** **Leisurely stroll around the Lehigh Valley Mall**. All are welcome! Join the gang and make new friends! Call Shirley at 610-433-6018, x. 226 for info.

Time: 9-10:30 am

Transportation: TA (Note: Transportation not available from all areas)

**------------------------------------------------------------------------------------------------------------------SUPPORT GROUPS**

**Dates:** Thursday, November 5; Thursday, December 3

**Topic: General Support Group**: Facilitated by James Van Horn. All are welcome! Join other customers who share similar concerns and experiences about living with vision loss.

Time: 10-11:30 am

Transportation: TA

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**Dates:** Thursday, November 12; Thursday, December 10

**Topic: Men’s Club House**: For men only-topics and activities vary.

**Time**: 10-11:30 am

**Transportation:** TOYO, LVCS

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**Dates:** Tuesday, November 17; Tuesday, December 15

**Topic: Women’s Support Group**: For women only-**November: Covered Dish** **Lunch- Helpful Tips when preparing for the Holidays with Vision Loss; December: Cookie Exchange**

**Time:** 11am-12:30 pm

**Transportation:** TOYO, LVCS

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**VISIONARIES ACTIVITY GROUP**

Meetings of this group have been postponed until further notice.

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**LIFESKILLS EDUCATION**

**Dates**: Monday November 16; November 30; December 14

**Topic: Braille Instruction Class**-A continuation of braille instruction for clients who are dedicated to learning braille. Consistent attendance is a requirement. Facilitated by Dianne Michels.

**Time:** 10-11:30 am

**Transportation:** TA

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**Date:** Monday, November 23

**Topic: Awesome Autumn Recipes**- Join us for a cooking class featuring fall vegetables. We will be making three different fall recipes. We will eat what we make! Please bring your

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own knife, cutting board, measuring cups, and measuring spoons. We will have fun as well as learn some techniques for cooking. You MUST call Rita at 610-433-6018, x. 225 by November 16 to sign up. Facilitated by Dianne Michels.

**Time:** 10 am-12:30 pm

**Transportation**: TA

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**Date:** Friday, December 18

**Topic: Cookies and Carols**- Come and bake some of your favorite cookies and sing the classics. Bring a lunch. Facilitated by Dianne Michels. You MUST call Rita at 610-433-6018, x. 225 by December 11 to sign up.

**Time:** 11 am-1:30 pm

**Transportation:** TA

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**ASSISTIVE TECHNOLOGY**

**Date:** Wednesday, November 18

**Topic: iOS Device Info Group**-Gain a better understanding of accessibility features and useful apps. You must have an iOS device to participate. Bring money to order lunch.

**Time:** 11 am-1:30 pm

**Transportation:** TOYO LVCS

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**CUST****OMER ENRICHMENT PROGRAMS**

**Date:** Friday, December 4

**Topic: Allen Organ Holiday Concert**

Join us for an evening of festive holiday music. CVL purchased 20 tickets. The cost is $13.00. You must make your reservation and send payment to CVL no later than November 25. Call Rita at 610-433-6018, x 225 to reserve your tickets.

**Tim**e: 7:30 pm

**Transportation**: TOYO

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**Date:** Tuesday, December 8

**Topic:** **Shopping Trip to Walmart** on Route 248 in Bethlehem and lunch at Frank’s Pizzeria. Enjoy lunch first then work on your holiday shopping. Walmart will provide guides for your assistance.

**Time:** 11 am-2:30 pm

**Transportation:** TA

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**Date**: Friday, December 11

**Topic: Client Holiday Luncheon Party**-Location: Hops at the Paddock, 1945 W. Columbia St, Allentown 18104 (located off Walbert Ave.) Lunch is on your own.

**Time**: 11:30 am-2:00 pm

**Transportation**: TOYO, LVCS

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**Date:** Monday, December 21

**Topic: Activities Bulletin Mailing Group**. Call Rita at 610-433-6018, x 225 if you want to help with preparing the next Bulletin for mailing.

**Time**: 10 am-3 pm

**Transportation:** TOYO

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**\*\*COMBINED CUSTOMER PROGRAMS FOR LEHIGH VALLEY AND**

**MONROE COUNTY OFFICES\*\***

**Date:** Thursday, November 12

**Topic: Annual Nuvisions SWAP Meet at Monroe County Office**. No longer using a particular adaptive aid or in need of a different device to assist you in completing a task? Come prepared to “swap” or share your unused items. You might just find something you did not know you needed! Kitchen, household and gadgets featured. Bring $4 for a pizza lunch.

**Time:** 11 am-1 pm

**Transportation**: TA

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**Date:** Thursday, November 19

**Topic: Trip to Allentown Farmers Market**-Shop for all your Thanksgiving goodies. CVL will provide sighted guide volunteers.

**Time:** 11 am-2 pm

**Transportation:** TA

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**LEHIGH VALLEY CONSUMER GROUP MEETINGS**

**Date:** Saturday, November 14; Saturday, December 12

**Topic: GLV/NFB of PA**. Lutheran Manor, 2085 Westgate Dr., Bethlehem.

Call 610-432-3276.

**Time:** 10 am-12 noon

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**Date:** Saturday, November 21; Saturday, December 12

**Topic: Lehigh Valley Council of the Blind.** November: Location is Center for Vision Loss; December is Holiday Party, location to be announced, Call Debbie Rozear for more information.

**Time:** November-10 am-12 noon; December-12-3 pm

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**MONROE COUNTY OFFICE ACTIVITIES**

**SUPPORT GROUP**

**DATE:** Monday, November 2; Monday, December 7

**Topic: General Support Group**

Facilitated by James Van Horn. Join other clients who share similar concerns and experiences about living with vision loss. All are welcome!

**Time:** 10-11:30 am

**Transportation:** TA

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**LIFE SKILLS EDUCATION**

**Date:** Thursday, November 5

**Topic: Affordable Care Act**

**Time:** 10-11 am

**Transportation**: TA

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**Date:** Friday, December 4

**Topic:** **Eating Healthy During the Holidays.** Join dietician Rhianna Cenci from Kingsley’s Shoprite to discuss how to eat healthy during the holiday season.

**Time**: 10-11 am

**Transportation:** TA

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**NUVISIONS ACTIVITY GROUP MEETING AND PROGRAMS**

**Date:** Thursday, November 12

**Topic: Annual Nuvisions SWAP Meet**

Not using an adaptive aid or in need of some device to assist you in completing task? Come prepared to “swap” or share your unused items. You might just find something you did not know you needed! Join us as we share our kitchen, household, and gadgets with those that can use what we no longer need.

Bring $4 for a pizza lunch.

**Time:** 11 am-1 pm

**Transportation:** TA

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**Date:** Friday, November 20

**Topic: Visit to Christkindlmarkt in Bethlehem**

ArtsQuest’s popular holiday marketplace at Steelstacks in Bethlehem showcasing aisles of handmade works and gifts by the nation’s finest artisans. Get into the spirit by listening to live holiday music and tasting delicious food.

**Cost:** $8 a person

**Time**: 11 am-2 pm

**Transportation**: TA

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**Date**: Thursday, December 10

**Topic**: **Holiday Craft Day!** Jump into the holiday spirit by joining us to make mugs and holiday cards. Bring $4 for pizza lunch.

**Time:** 10 am-12 pm

**Transportation:** TA

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Date:** Friday, December 18

**Topic:** Nuvisions Meeting Robert’s Rules

**Time:** 10-11:30 am

**Transportation:** TA

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**COMBINED CUSTOMER PROGRAMS**

**Date:** Thursday, November 19

**Topic: Trip to Allentown Farmers Market**-Shop for all your Thanksgiving goodies. CVL will provide sighted guide volunteers.

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**Time:** 11 am-2 p.m.

**Transportation:** TA

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**MONROE COUNTY CONSUMER GROUP MEETINGS**

**Monroe County Council of the Blind**-4th Saturday of month, 10 am-12 pm.

Pocono Medical Center, Brodhead Conference Room, 206 E. Brown St, East Stroudsburg, PA 18301. Contact Thomas Reid at 570-328-0545 or [treid99@gmail.com](mailto:treid99@gmail.com) for more info or assistance with transportation.

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**FOR SALE-**Used table top CCTV. Call Mr. Pysher at 610-258-4679.

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**THE CENTER FOR VISION LOSS LOW VISION BUZZ**

**STAFF CHANGES**

**BEST WISHES, LISA!** TheCenter for Vision Loss reluctantly bids farewell to caseworker Lisa Vasquez. Lisa has moved on to another position and will be missed by all, especially

those she so ably assisted for so many years. We all wish her the best.

**WELCOME, JENNIFER PANDOLFO!** Jennifer is now the Director of Monroe Operations. She brings valuable experience and expertise to her new position and will continue to move our Monroe County services forward!

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**AUDIO DESCRIBED THEATRE**

Another live theatre performance with audio description is planned by Muhlenberg College Theatre. “Chicago” will be presented on November 8 at 2:00 pm. For tickets and information, contact the box office at 484-664-3333 and let them know you would like to use the audio description service.

**THE BLIND GUIDE**

An associate, Ed Henkler, has set up a new website related to vision loss called “The Blind Guide: Resources for People Who Are Blind or Visually Impaired” and it now features his ebook “Blindness: Coping With Vision Loss.” A percentage of ebook sales generated through the Center for Vision Loss will benefit our agency. To view, go to [www.theblindguide.com](http://www.theblindguide.com).

**ACTIVITY REGISTRATION**

Clients planning on participating in programs are encouraged to register with their local

office of the Center for Vision Loss even if they are planning to attend using LantaVan (in the Lehigh Valley only) or their own transportation. It is critical that we have your reservation as early as possible so we can plan properly for the activity. If you signed up for an activity but find you cannot attend, we ask that you cancel with us in a

timely fashion. By observing this courtesy, you may open a place for a client who has their

name on a waiting list. Since we are entering the winter bad weather season, we also suggest calling the office to determine if programs may have been cancelled before making the trip in.

**OUR LOW VISION AIDS STORE IN ALLENTOWN**

The Low Vision Aids Store in our Allentown Office features various items to help you live

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better and more independently with your vision loss. We invite you to shop here but **highly recommend** that you call ahead at **610-433-6018** and make an appointment--don’t just drop in! This way we can make sure that someone is available to provide you with the highest level of customer service and can answer your questions about the products we feature. The following list includes some of our best selling items:

Fit Over Sunglasses in various lens colors

Prismatic Glasses of various strengths

Large Face Wall Clocks

Talking Clocks

Talking Wrist Watches

20/20 Pens

Big Button Phones

Walking Canes and White Canes

Hand-held Magnifiers

Digital Magnifiers

Large Print Bingo Cards

White and Yellow Bold Lined Paper

Liquid Level Indicators

Signature and check writing guides

Large Print Check Registers

**GIVING PAGE**

The Center for Vision Loss is the region’s only non-profit agency dedicated to improving the

lives of people affected by vision loss and promoting healthy vision. Help us continue our

work in Lehigh, Northampton and Monroe Counties with a tax-deductible gift. Send your gift

to: Center for Vision Loss, 845 W. Wyoming St., Allentown, PA 18103. You can also go to

our website at [www.centerforvisionloss.org](http://www.centerforvisionloss.org) and click on the Donate Now icon to print out a

Giving Page or make your gift by PayPal or credit card. You may also wish to consider a

legacy gift such as a Bequest (Gift by Will) as a gift option to help ensure the agency’s future

and financial health. Contact your tax and/or legal advisor for more details. Find out more

about legacy giving through our The Helen Keller Society on our website by clicking on the

Support Us tab and then clicking on Legacy Giving. 12