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$$\begin{aligned}
& \frac{\Gamma(\nu/2 + 1/2)}{\Gamma(\nu/2)} \left(\frac{\lambda}{\pi\nu} \right)^{1/2} \left(\frac{\lambda}{\nu}(x - \mu)^2 + 1 \right)^{-(\nu/2 + 1/2)} \\
&= \frac{\Gamma(\nu/2 + 1/2)}{\Gamma(\nu/2)} \left(\frac{\lambda}{\pi\nu} \right)^{1/2} \left(\left(\frac{\lambda}{\nu}(x - \mu)^2 + 1 \right)^{\frac{\nu}{\lambda(x - \mu)^2}} \right)^{\frac{-(\nu/2 + 1/2)\lambda(x - \mu)^2}{\nu}} \\
&= \frac{\Gamma(\nu/2 + 1/2)}{\Gamma(\nu/2)} \left(\frac{\lambda}{\pi\nu} \right)^{1/2} \left(\left(\frac{\lambda}{\nu}(x - \mu)^2 + 1 \right)^{\frac{\nu}{\lambda(x - \mu)^2}} \right)^{-(\lambda(x - \mu)^2/2 + \lambda(x - \mu)^2/2\nu)}
\end{aligned}$$

Applying an approximation to Gamma function as $\nu \rightarrow +\infty$ as per this formula where $\Gamma(x + \alpha) = \Gamma(x)x^\alpha$ as $x \rightarrow +\infty$:

$$= \frac{\Gamma(\nu/2)(\nu/2)^{1/2}}{\Gamma(\nu/2)} \left(\frac{\lambda}{\pi\nu} \right)^{1/2} \left(\left(\frac{\lambda}{\nu}(x - \mu)^2 + 1 \right)^{\frac{\nu}{\lambda(x - \mu)^2}} \right)^{-(\lambda(x - \mu)^2/2 + \lambda(x - \mu)^2/2\nu)}$$

Using the limit $\lim_{x \rightarrow +\infty} (1 + 1/x)^x = e$ from link, when we apply $\nu \rightarrow +\infty$, we get:

$$\begin{aligned}
&= \left(\frac{1}{2} \right)^{1/2} \left(\frac{\lambda}{\pi} \right)^{1/2} \exp \{ -\lambda(x - \mu)^2/2 \} \\
&= \frac{1}{(2\pi\lambda^{-1})^{1/2}} \exp \left\{ -\frac{\lambda}{2}(x - \mu)^2 \right\}
\end{aligned}$$

which gives us a normal distribution where $\lambda^{-1} = \sigma^2$.