$$H[x] = -\int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) \ln(\mathcal{N}(\mu, \sigma^2)) dx$$

$$= -\int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) \ln\left(\frac{1}{(2\pi\sigma^2)^{1/2}} exp\left\{-\frac{(x-\mu)^2}{2\sigma^2}\right\}\right) dx$$

$$= -\int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) \left(-\frac{1}{2}\ln(2\pi\sigma^2) - \frac{(x-\mu)^2}{2\sigma^2}\right) dx$$

$$= \int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) \left(\frac{1}{2}\ln(2\pi\sigma^2) + \frac{(x-\mu)^2}{2\sigma^2}\right) dx$$

$$= \frac{1}{2}\ln(2\pi\sigma^2) \int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) dx + \int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) \frac{(x-\mu)^2}{2\sigma^2} dx$$

$$= \frac{1}{2}\ln(2\pi\sigma^2) \int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) dx + \frac{1}{2\sigma^2} \int_{-\infty}^{\infty} \mathcal{N}(\mu, \sigma^2) (x-\mu)^2 dx$$

$$= \frac{1}{2}\ln(2\pi\sigma^2)(1) + \frac{1}{2\sigma^2}\sigma^2$$

$$= \frac{1}{2}(\ln(2\pi\sigma^2) + 1)$$