$$\sum_{n=1}^{N} \sin(\theta_n - \theta_0) = 0$$

$$\implies \sum_{n=1}^{N} (\cos \theta_0 \sin \theta_n - \cos \theta_n \sin \theta_0) = 0$$

$$\implies \cos \theta_0 \sum_{n=1}^{N} \sin \theta_n - \sin \theta_0 \sum_{n=1}^{N} \cos \theta_n = 0$$

$$\implies \cos \theta_0 \sum_{n=1}^{N} \sin \theta_n = \sin \theta_0 \sum_{n=1}^{N} \cos \theta_n$$

$$\implies \tan \theta_0 = \left\{ \frac{\sum_{n=1}^{N} \sin \theta_n}{\sum_{n=1}^{N} \cos \theta_n} \right\}$$

$$\implies \theta_0^{ML} = \tan^{-1} \left\{ \frac{\sum_{n=1}^{N} \sin \theta_n}{\sum_{n=1}^{N} \cos \theta_n} \right\}$$

which is the result in 2.184 that we wanted.