$$p(\mu|\mathbf{X}) \propto p(\mathbf{X}|\mu) p(\mu)$$

From 2.137 and 2.138, we get:

$$\begin{split} R.H.S &= \frac{1}{(2\pi\sigma^2)^{N/2}} exp \left\{ -\frac{1}{2\sigma^2} \sum_{n=1}^{N} (x_n - \mu)^2 \right\} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{(\mu - \mu_0)^2}{2\sigma_0^2} \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} exp \left\{ -\frac{1}{2\sigma^2} \sum_{n=1}^{N} (x_n - \mu)^2 \right\} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{(\mu - \mu_0)^2}{2\sigma_0^2} \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} (x_n - \mu)^2 - \frac{(\mu - \mu_0)^2}{2\sigma_0^2} \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \left(\frac{(x_n - \mu)^2}{\sigma^2} + \frac{(\mu - \mu_0)^2}{N\sigma_0^2} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \left(\frac{(x_n^2 + \mu^2 - 2x_n\mu)}{\sigma^2} + \frac{(\mu^2 + \mu_0^2 - 2\mu\mu_0)}{N\sigma_0^2} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \left(\frac{N\sigma_0^2 x_n^2 + N\sigma_0^2 \mu^2 - 2N\sigma_0^2 x_n \mu + \sigma^2 \mu^2 + \sigma^2 \mu_0^2 - 2\sigma^2 \mu \mu_0}{N\sigma_0^2 \sigma^2} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{(\sigma^2 + N\sigma_0^2)\mu^2 - 2\mu(N\sigma_0^2 x_n + \sigma^2 \mu_0) + N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2}{\sigma_0^2 \sigma^2} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2)}{(\sigma^2 + N\sigma_0^2)}} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2)}{(\sigma^2 + N\sigma_0^2)}} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2)}{(\sigma^2 + N\sigma_0^2)}} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2)}{(\sigma^2 + N\sigma_0^2)}} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n^2 + \sigma^2 \mu_0^2)}{(\sigma^2 + N\sigma_0^2)}} \right) \right\} \\ &= \frac{1}{(2\pi\sigma^2)^{N/2}} \frac{1}{2\pi\sigma_0^2} exp \left\{ -\frac{1}{2} \sum_{n=1}^{N} \frac{1}{N} \left(\frac{\mu^2 - 2\mu \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)} + \frac{(N\sigma_0^2 x_n + \sigma^2 \mu_0^2)}{(\sigma$$

$$=\frac{1}{(2\pi\sigma^2)^{N/2}}\,\frac{1}{2\pi\sigma_0^2}\exp\left\{-\frac{1}{2\left(\frac{\sigma_0^2\sigma^2}{(\sigma^2+N\sigma_0^2)}\right)}\left(\mu^2-2\mu\left(\frac{(N\sigma_0^2\mu_{ML}+\sigma^2\mu_0)}{(\sigma^2+N\sigma_0^2)}\right)+\sum_{n=1}^N\frac{1}{N}\frac{(N\sigma_0^2x_n^2+\sigma^2\mu_0^2)}{(\sigma^2+N\sigma_0^2)}\right)\right\}$$

From the term inside the exponent, we can see that:

$$\mu_n = \left(\frac{(N\sigma_0^2 \mu_{ML} + \sigma^2 \mu_0)}{(\sigma^2 + N\sigma_0^2)}\right)$$
$$= \frac{\sigma^2}{N\sigma_0^2 + \sigma^2} \mu_0 + \frac{N\sigma_0^2}{N\sigma_0^2 + \sigma^2} \mu_{ML}$$

The denominator in the exponent gives us the variance such that:

$$\begin{split} \sigma_N^2 &= \frac{\sigma_0^2 \sigma^2}{(\sigma^2 + N \sigma_0^2)} \\ \Longrightarrow \frac{1}{\sigma_N^2} &= \frac{\sigma^2 + N \sigma_0^2}{\sigma_0^2 \sigma^2} = \frac{1}{\sigma_0^2} + \frac{N}{\sigma^2} \end{split}$$