CS 6120: Natural Language Processing

# Nurse Practitioner Copilot for Remote Patient Monitoring (RPM)

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# **Problem Statement & Motivation**

#### What is RPM?

- Remote Patient Monitoring (RPM) uses devices like smartwatches and wearable heart monitors to track patients' health at home
- Sends real-time data to nurses for continuous monitoring

#### **Problem Statement**

- Too much real time data -> RPM devices stream nonstop health data
- Heavy workload -> nurses spend a lot time writing & reviewing notes which means less time for patient care
- Patient data is spread across multiple platforms (ie. device portals) -> hard to quickly get overall picture
- Nurses have to read through long clinical notes to find key info which is time-consuming

#### **Motivation**

- Nurses need faster, smarter tools
- Patient benefits from quicker, informed care
- Our project fills that gap

# Contribution

#### **Abhinav Dholi:**

- Implemented SQL QA Agent with security validation
- Designed and trained BiLSTM neural network for NER
- Implemented clinical note summarization with chunk processing
- Developed Flask web application backend with RESTful API
- Developed data preprocessing workflow for NER training
- Architected MySQL database with 11 interconnected tables
- Engineered regex-based text extraction pipeline for clinical notes

#### Feng Hua Tan:

- Tested ClinicalBERT for risk scoring; deprioritized due to noisy, non-specific entities (ie. "issue" as "other\_event", "sprain" as "condition" but without location like ankle)
- Explored keyword-based classification; ruled out due to ambiguous risk thresholds
- Chose MEWS (Modified Early Warning Score) for patient risk triaging
- Applied BiLSTM-based NER model to tag key medical entities in clinical notes
- Created triage dashboard and visualization of NER in clinical notes in Flask web application

### **Datasets**

#### Synthea Clinical Notes

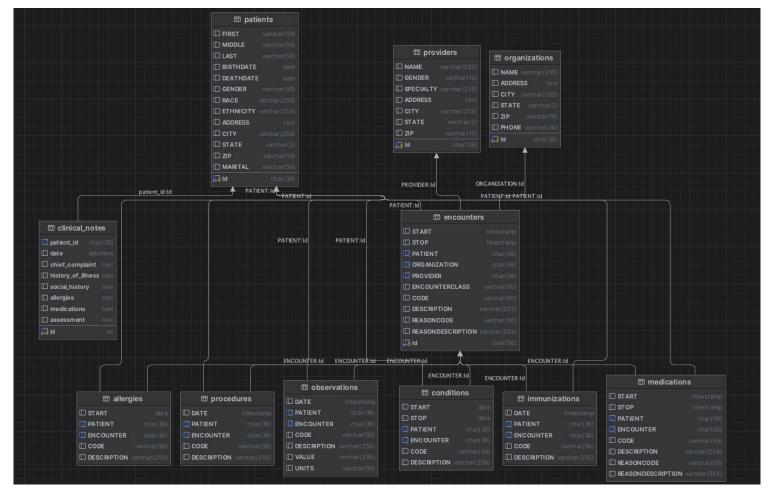
- Synthetic clinical notes for 65 patients across lifetime (total 4789 notes)
- Average 450 words per note
- Used to populate the RPM database

#### **Database Schema (Synthea Generated)**

- 11 interconnected tables: patients, providers, encounters, conditions, medications, observations, procedures, immunizations, allergies, clinical\_notes, organizations
- Diagram shown on next slide

#### MACCROBAT 2018 Dataset (Used for NER training)

- 200 clinical documents with annotations
- 17,010 clinical entities across 78 classes
  - ibuprofen -> medication
  - chest pain -> symptoms
- 3,000-5,000 characters per document average
- Data split: 70% train, 10% validation, 20% test



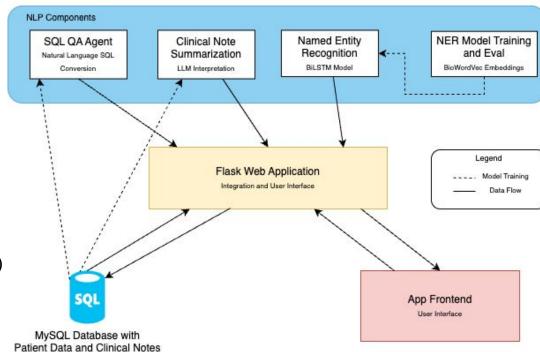
**Database Schema** 

# **System Architecture**

#### **Key Components**

- SQL QA Agent for natural language database queries
- Clinical Note Summarization for documentation efficiency
- Named Entity Recognition (NER) for extracting clinical entities
- NER Model Training and Evaluation Pipeline
- Patient Risk Assessment using
  Modified Early Warning Score (MEWS)
- Flask Web Application for unified interface

#### Nurse Practitioner Copilot for RPM



# Demo

# **SQL QA Agent**

**Functionality:** Translates natural language questions into patient-specific SQL queries

#### Implementation:

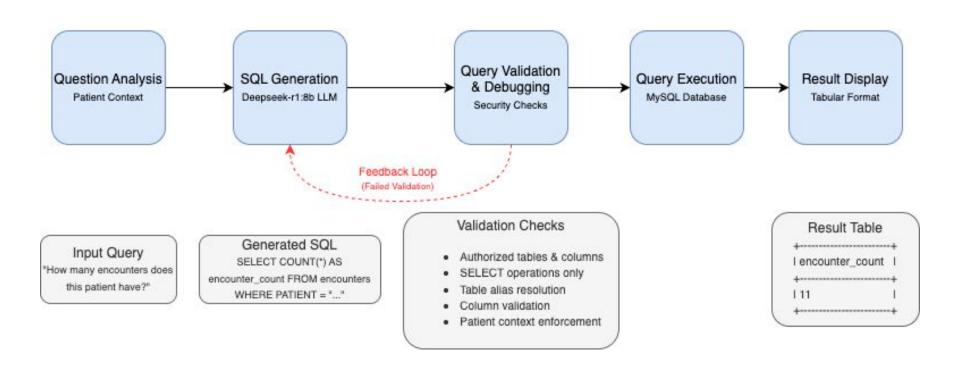
- Built with LangChain and Ollama frameworks using DeepSeek-r1:8b LLM
- 4-step process:
  - 1. Question Analysis & Context Preparation
  - 2. SQL Generation
  - 3. Query Validation & Debugging
  - Query Execution & Result Display

#### **Security Features:**

- Custom SQL validator with AST-based parsing
- Ensures only authorized tables/columns are accessed
- Verifies only SELECT operations (no data modifications)
- Enforces patient context to maintain privacy

#### Performance:

- 90% accuracy on nurse-generated queries
- 100% recall for patient-specific information
- 90% of initially failed queries successfully corrected through feedback



SQL QA Agent Pipeline

# **Note Summarization**

**Purpose:** Efficiently process lengthy clinical notes while preserving critical information

#### Approach:

- Chunking methodology to handle documents exceeding LLM context windows
- Multi-stage processing:
  - Text chunking (3,000 character segments)
  - Partial summarization of each chunk
  - 3. Combine summaries
  - Temporal analysis (for yearly summaries)

#### Implementations:

- Single-note summarization
- Yearly summarization across multiple notes
- Preserves clinical context across sections (complaints, history, medications, etc.)
- See example on the right

#### Original clinical note

DATE: 2024-02-16 00:00:00 Chief Complaint: No complaints. History of Illness: Isaiah615 is a 5 year-old nonhispanic white male. Patient has a history of sprain (morphologic abnormality), medication review due (situation), primary dental caries (disorder), acute viral pharyngitis (disorder), sprain of ankle (disorder), viral sinusitis (disorder). Social History: Patient has never smoked. Patient comes from a middle socioeconomic background. Patient currently has UnitedHealthcare. Allergies:

Medications: amoxicillin 250 mg / clavulanate 125 mg oral tablet; acetaminophen 160 mg chewable tablet Assessment: Patient is presenting with acute bronchitis (disorder).

#### Generated summary

A 5-year-old nonhispanic white male presents with no complaints. He has a documented history of multiple conditions, including sprain (morphologic abnormality), primary dental caries, acute viral pharyngitis, sprain of the ankle, and viral sinusitis. Currently, he is prescribed amoxicillin/clavulanate and acetaminophen. The assessment reveals that his current condition is acute bronchitis.

# Clinical Notes Named Entity Recognition

Purpose: Identify and classify clinical entities within nurse practitioner notes

#### **Entity Types:**

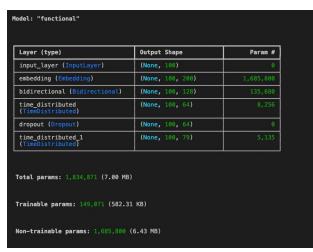
- Medications, vital signs, symptoms, diagnoses, procedures, treatment plans, etc.
- 78 clinical entity classes using Begin-Inside-Outside (BIO) tagging scheme

#### **Model Architecture:**

- BiLSTM neural network with BioWordVec embeddings
- 1.83M parameters (1.69M non-trainable, 149K trainable)
- Preprocessing: tokenization, cleaning, lemmatization

#### **Training Details:**

- Adam optimizer with categorical cross-entropy loss
- Early stopping based on validation F1 score
- Learning rate reduction on plateau
- ~20 epochs with batch size of 32



#### Clinical note with NER entities

Isaiah615, a 2–3-year-old (Age) nonhispanic (Sex) white (Personal\_background) male (Sex) with a middle (Detailed\_description) socioeconomic (History) background and UnitedHealthcare insurance (History), had 4 (Duration) visits (Clinical\_event) in 2021.

His medical history includes acute (Detailed\_description) viral (History) pharyngitis (Disease\_disorder), viral (History) sinusitis (Disease\_disorder), an ankle (Biological\_structure) sprain (History), and primary dental (Nonbiological\_location) caries. During these visits (Clinical\_event), he was prescribed amoxicillin/clavulanate for infections (Disease\_disorder) and acetaminophen (Medication) for pain (Sign\_symptom), with no specific allergies (Disease\_disorder) noted.

The year saw the development of dental (Nonbiological\_location) caries in May 2021 and consistent use of antibiotics (Medication) and analgesics (Medication). Key observations highlight his growing health concerns, particularly related to dental (Therapeutic\_procedure) issues.

### Results

#### **SQL QA Agent:**

• Precision: 89%

Recall: 100%

• F1-Score: 94%

Accuracy: 90%

#### **NER Model Performance:**

• <u>Token-Level Metrics</u>

Precision: 97.3%

Recall: 93.7%

F1 Score: 95.4%

Accuracy: 95.0%

#### **NER Model Performance continued:**

- Entity-Level Performance
  - Best entities: Age (F1 95%), Sex (F1 97%)
  - Moderate entities: Medication (F1 77%), Clinical Event (F1 77%)
  - Challenging entities: Sign/Symptom (F1 62%)
  - Overall weighted F1: 71%
- Performance Analysis
  - Notable disparity between token-level metrics (95% F1) and entity-level metrics (71% F1)
  - B-I tag performance gap indicates challenges with entity continuation (ie. shortness of breath)
  - Shorter, standardized entities perform better than complex, variable expressions

## **Discussion**

#### **Interesting findings:**

- NER accuracy varies by entity type and tag position (B vs I tags)
  - Short, simple terms (ie. age) are easier to detect than longer, complex ones (ie. sign/symptom)
  - o B-I tag performance gap show that detect the beginning of a term but miss the continuation
- SQL QA agent achieved perfect recall (1.0) despite complex natural language queries
- Chunking approach for notes summarization effectively mitigates LLM context limitations

#### **Challenges faced:**

- Training with limited clinical data (200 documents) required specialized embeddings and architecture
- Striking a balance between making notes shorter & easier to read while preserving medical details
- Generated SQL queries from natural language raised concerns for correctness so we implemented several validation checks
- Ensuring safety from prompt injection attacks

# **Limitations and Conclusion**

#### Limitations:

- Limited training data (only 200 annotated documents)
- Entity class imbalance causing varied performance
- SQL query complexity for certain edge cases
- LLM context limitations requiring chunking approach

#### **Future Work:**

- Transfer learning and few-shot adaptation for rare entities
- Enhanced temporal reasoning for patient trends
- Multi-modal integration with wearable device data
- Explainable AI for clinical decision support
- User interface improvements based on real-world usage

**Conclusion:** The Nurse Practitioner Copilot demonstrates a promising approach to streamlining clinical workflows, improving documentation efficiency, and enhancing clinical decision-making in remote patient monitoring scenarios.