

औषधी सेवन गर्दा शरीरमा डाक्टर आउने वा अन्य कुनै असामान्य
असर देखा परेमा, उक्त औषधीको सेवन रोकी तुरुन्त नजिकको
अस्पताल वा सम्बन्धित डाक्टरसँग सम्पर्क गर्नुहोला ।

Skin Analysis

11/09

Sebum 89/4
75 :

Skin Sensitivity : 95

Pores 90 :

UV Spot 75 :

Spot 65 :

Deep Pigment 55

Wrinkles 45

Deep Layer Skin Acne UV : 85

Acne 60 :

Skin Collagen Loss Test : 65

Blackhead 35

3D Simulation :

Darkcircle 25

Skin Age 25 :

Skin Tone :
White

Att. Dr.

Clinical Records & Treatment Advice

Date: 11/09

Patient History:

R_x

Diagnosis: Abolucystic
Acid



Plan: To start Desbetinoin

R_x

1)

Cap Povidox 100mg
P10 x 30 x 2 weeks.

Clinical Records & Treatment Advice

Date :


Patient History :

R_x

2) Tab. Povidone Iodine Pls
oo x 2 weeks

3) Madiplon-A Gel CA x.
HS x 1 month

Test : Continue Sunscreen
moisturizer - facemask


Dr. Sita

Clinical Records & Treatment Advice

Date :

Patient History :

R_x

wt = 60 kg.

Cumulative

Dose : 120 - 150 mg/kg

= 7200 mg.

Adv

- F&P

- LFT.

flu in 2 weeks &

report

Clinical Records & Treatment Advice

Date: 2081/12/02

Patient History :

R_x

flur case of A.V.

FLP }
KFT } WNL

FBS : 95 mg/dl

WNL

R_x

Cap Atenolol 20mg po -

x HS x 1 month

Clinical Records & Treatment Advice

Date :

Patient History :

R_x

2) Tab Pantop 40mg po
x 00 x 1 month.

3) Nadiplo - A gel CA x
Hs x ctd

4) Alolip - SP. lipbalm

Rest continue same med.

flu in 1 month/sos



Dr. Sita

Clinical Records & Treatment Advice

Date: 2082/01/10

Patient History:

R_x

Flu. case of A.V. - IV

Status Improving

1) Cap. Acetret 20 mg
PO x HS x 1 week

2) (Tab Pantop 40 mg po
BID

Clinical Records & Treatment Advice

Date :

Patient History :

R_x

3) Nueliplo... Gel CA x
Boo x ctd,

4) Ciolip- SR lipbalm

Rest continue same,

dot,

8

Clinical Records & Treatment Advice

Dr. Sita Poudel

MD Dermatology,
Venereology, Leprology
N.M.C. Reg. 18187

Date: 2082/03/26

Patient History :

Rx

F/U. case of A.V. IV

Status : Improving.

↓ Cap Isotretinoin x 3 months

Adv

• F&P - (lipid profile)

• AFT

Rx

- 1) Cap Acenetret long P/O.
x HS x 1 month.
- 2) Clobip - SP lipbalm.
- 3) Royal positive. Acne scar Gel
all day (night).

Clinical Records & Treatment Advice

Date : _____

Sebum :	Acne :	Skin Sensitivity :	Collagen Loss Test :
Pores :	Blackhead :	UV Spot :	Skin Age :
Spot :	Darkcircle :	Pigment :	
Wrinkles :	Skin Tone :	Skin Acne UV :	

Patient History :

Rx

flu - in. 1 month / sos -



Dr. Sita
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Reg. No. 91638/068/069

Gorakh Medical & Diagnostic Center Pvt. Ltd.

Balkot Chowk, Bhaktapur, Ph: 01-6638300, 9841385891



96220

Patient ID 96220
Patient Name ABHINAV NEPAL
Address BALKOT
Age / Gender 17/M
Mobile No 9803887475



2082 3439

Sample Number 2082-3439
Sample Collected 16/04/2082 8:46:55 AM
Report Authorised 16/04/2082 1:49:00 PM
Referred By Self

BIOCHEMISTRY

Test Name	Result	Unit	Flag	Method	Reference Range
Lipid Profile					
S. Cholestrol	160.0	mg/dl			<200
S. Triglycerides	200.0	mg/dl	H		65 - 160
HDL-Cholestrol	48.0	mg/dl			35 - 75
LDL-Cholestrol	72.0	mg/dl			<150
VLDL-Cholesterol	40.0	mg/dl	H		2 - 30
Liver Function Test (LFT)					
S. Bilirubin (Total)	0.8	mg/dl			0.4 - 1.4
S. Bilirubin (Direct)	0.2	mg/dl			0.1 - 0.4
SGPT(ALT)	25.0	U/L			5 - 42
SGOT (AST)	36.0	U/L			5 - 40
Alk. Phosphatase	136.0	U/L			Male 53-128 Female 42-141 Children <15yrs 350

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